Manovikas Kendra

Yearly Report 2020-2021





"There is immense power when a group of people with similar interests get together to work towards the same goals."- Idowu Koyenikan

This Annual Report would not have been possible without the support, cooperation and dedication of all the wings of Manovikas Kendra. The immense challenges we faced in this academic year were conquered as a result of team effort. We want to take this moment to thank all the special educators, psychologists and therapiets who ensured that children and young adults with disabilities are not left behind because of the pandemic.

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Vision & Mission



VISION

To explore and develop to the fullest, the potential that lies in each individual with special needs in order to bring them to the mainstream of the society."

MISSION

To promote research and services through identification, intervention and rehabilitation of individuals with special fixeds and learning disabilities.

To educate the community and train numan resources to ensure that No Child is Left Behind.



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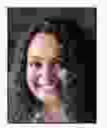
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Dr. Swagata Sinha

Psychiatrist, Manoylkas Kendra

Dr Kanchan Mukhopadhyay

Director, Hiomedical Research & Diagnostic Contin, MVX

Or Arramika Sinha

Tirector, Mannyikas Repora





The human species is known for its indomitable spirit, which has been known to compar several adversities.

This is essentially as potion of ability, resilience, persoverance and strength that makes as unique. It is the spirit and scal this people have belond persons with disabilities to overcome societal and attitudinal horriers.

Since 1974, Monarikas Keinlen has been in the journey of assisting them to lead dignified lives. Over the law four decades, we have strived to ensure that persons with disabilities receive respect from society as well.

Manovikas Kendva started its journey as a school for children and young adults with disabilities to bring about a positive change in their lives while making them feel included. Improving their quality of life is our main concern and even after 45 years our team works with the same dedication to provide equal apportunities for individuals with disabilities. We believe that inclusion is the only way forward to ensure that people with disabilities are respected by everyone in society and without assistance and empathy from society, true inclusion can never be achieved.

Disability is a global challenge but empirical evidence har shown that it disproportionately affects those who were marginalized. It has been observed that powerty and disability are interrelated. Therefore, it is unperative that legislation around the world enter to such factors. While viewing disability, the less has to be untersectional and should include variables such as gender, caste, meno economic status, otherwise and race. With changing times, our view of disability also has to change.

India has a his most to achieve when it comes to creating a supportive and empathetic environment in switch. People mostly will believe in the charry model when it comes to disability which does not help persons with disabilities in the long van. However, Mannoikas Kendra will continue to work in these areas with complete dedication without our day all persons with disability will love in a society that is barrier five and also kind companionate.

Vog Deranders

Sri Vijay Dhandhania Chairman, Manovikas Kendra



MESSAGE FROM CHAIRPERSON EMERITUS

"You have to dream before your dream can come true"

In the present New World', everyday is a learning experience. The contribution of scientific research in the lives of individuals is undentable. After more than five decades of my work practice in the 'Disability sector', I feel the need to facilitate research that may alleviate challenges of this valuerable section of our society. Research in recent years shows that the brain is no languer considered to be hard-wired. Brain is now considered to be 'Neuroplastic'. One person's ability can be changed by means of various science based teaching methods and technologies. It gives me hope to see that the diversity among individuals can be narrowed down. Dedicated teachers and scientists of various units of Manarikas. Kendra releatlessly varry out their work to help challenged individuals to get over their challenges and claim their place in the society. With the changing times, modes of learning are changing. Teaching-learning is taking a new dimension. The impact of the changing modalities in teaching and new discoveries in science upon all individuals that walk through the gates of the institute need to be documented for our future generations to come. I welcome the introduction of sophisticated administrative mechanisms to enhance better services to students of Manorikas Kendra.

My divam beacous a plorious tomorrow!

Sharada fatelypuria

Dr. Sharada Fatehpuria



"From classrooms in buildings to classrooms on devices" - The story of the year 2020

They say shat the questions asked in life's exam are always out of syllabur. The year 2020 proved this was

The pandence hit the world when our academic session 2019–2020 was consting to a successful close. A nationwide lockslown was announced and there was fear of the unknown. All the departments and wings of the institute had to be closed.

Some of the mainstream schools began their online classes. But for us, the challenges were mare as we work with children with special needs. For us, virtual education was need of the bour, so that the development of our students would not be stalled. Even in our rural setup, we tried to make education accessible by involving parents and siblings in the academic work of their word. The digital divide was conquered to an extent with the help of generous patrons who provided smart phones for some students in need.

We ensured that any students did not miss out on the simple joys of life and so all festivities and colebrations were conducted virtually. We constantly received support and cooperation from the parents of our students. The parents, teachers and students have emerged even stronger than before. Their teamwork has been commendable.

The hoon of this pandemic has been learning about the extensive use of technology and working from home while ensuring work life balance. The transformation has been challenging, but also rewarding. It has come with its own share of promises and hopes. Most importantly, it has shown as how crucial it is to be prepared for the unprepared.

Dr. Anamika Sinha

Dimens

Annual Report 2020-21

Centre for Assessment and Therapy (OPD unit)

Centre for Education (School Unit)

Manochetna
Academic and
Research Centre
(MARC)

Manovikas
Biomedical
Research and
Diagnostic Centre
(MBRDC)



Manovikas Kendra New Alipore Branch

Dhankhet Manovikas Kendra

MANOVIKAS KENDRA



The creation of something new is not accomplished by the intellect but by the play instinct.

Centre for Assessment and Therapy (OPD)







Centre for Assessment and Therapy (OPD unit)

The objective of the Centre for Assessment and Thorapy (popularly known as OPD unit) is to address the problems of young children through appropriate intervention programs. This is the entry point for the children with disabilities. The focus is to assess the child and diagnose the disability, its severity white providing Early Intervention [Ed.]

Assessment includes consultation and diagnosis of the problem reported along with psychiatric, psychological, special educational, speech and language therapy, sensory integration and occupational guidance.

It also conducts some tests which include diagnostic tests for Autism Spectrum Disorder. Attention delicit hyperactivity disorder: Educational tests comprising Intelligence Quotient, Specific Learning Disability. Personality tests consisting of Thomatic Apperception Test, Children's Apperception Test, Rerschach Ink Blot Test and many more psychological tests.





















Services offered

- Child and Parental Counseling
- Detailed Psychometric evaluation
- Sensory Integration Therapy
- Multisensory therapy.
- Hydrotherapy
- Sett help skills
- Play Therapy
- Music and Dance/Movement Therapy
- Art and Eraft
- Games and Outdoor Activity
- Audiovisual stories
- Hand Therapy:
- Genetic Counselling for parents
- Pacental Workshops
- Computer classes for children in early intervention group classes

New programs introduced in 2020-2021

The entire academic session of 2020-2021 was conducted virtually due to the Coronavirus pandemic. All classes lacademic, co curricular and therapyl and assessments have been conducted through virtual platforms.

- Weekly parent counselling for the early intervention groups.
- Non thermal cooking with parental help is taught to make children self sufficient.
- Along with the essential therapies we have also introduced art and design classes for El group classes.
- The overall assessment by a muth disciplinary team is also being provided virtually.

OPD Regular Classes

- B- PlayGroup
- Beginner
- El-Junior
- Ellipsyn's
- EE-ASD
- E-Pre Académir.
- Transit

No of cases- 125 (virtually & physically both)

Parents Speak



"I lound Manovikas Kendra as my guide when I was utterly confused with the diagnosis of autism of my son. If introduced the process of learning for the children of special need to me. The institution locuses on the child's alt-round growth and the maintenance of it through online classes is very commendable. They organized the celebration of each and every occasion so beautifully that it made us feel that our children can do everything, I want to thank all the persons retated to Manovikas Kendra for their support. Wish Manovikas Kendra all the success." Parent of Oishayu Debsingha

'We are very satisfied with the online classes that provide a wide range of skill enhancing activities for our children. Our ward is getting the best possible idea of a school environment within the boundaries of his home.' Parent of Rihaan Anand

"After getting admission in Monovikas Kendra, Mainak is doing online classes from April 2021. In this platform he got the testing of a regular school environment. He can now interact with his triends. The leacher care and provide personalized attention. He employs his to curriculum activity classes, especially Yoga classes. Parent of Mainak Das

"Earlier Prahit could not walk without support and now be can run of his own Now he can follow few instructions. His improvements owe much to the efforts of leachers of Manovikas Kendra" - Parent of Prahit Saha.

"My son NovemiRoychowdhirrystuding at Early Intervention of Manovikas Kendra is slewly getting into the habit of schooling and showing signs of improvement, which would not have been possible without the focussed approach of the institution. All teachers are very committed and passionate about the work they do. It has given us hope and courage to handle and face the chattenges which looked daunting without Manovikas Kendra's help" - Parent of Novonil Roychowdhury



Team - Centre for Assessment & Therapy (OPD)



If I don't learn with the way you teach, then teach the way I learn

Centre for Eduction





CENTRE FOR EDUCATION

The Centre for education caters to the educational requirements of students with disabilities through several therapeutic programs. Students are placed in different classes based on a thorough assessment of various factors including the Level of their disability, functional age, chronological age and interests. Special attention and care is provided to each student keeping in mind their strengths and challenges.

There are 5 units and a total of 32 classes.

- 1. Pre School Unit (PSU)-PSU Beginners and PSU Junior
- School Unit (SU) + Autism Unit- (SU II, SU III, SU III, SU IV, OBE Level A.

 Autism Beginners and Autism Junior)
- Pre Vocational Pre Vocational Boys I, II & II; Pre Vocational Girls, OBE Level B & C, After School Boys and After School Girls
- Vocational Unit- Voc I, II, III & IV
- Hearing Impairment unit & NIOS- HI Junior, NIOS Secondary and Senior Secondary
- Extended Services Adult Leisure Learning Program (ALLP), Extended Program and Workplace Grooming class



PRESCHOOL UNIT (PSUI - Pre School is the first place where a child experiences a structured and formal educational setting that has teachers and other children. The focus here is on developing independence in the children and academic skills comes later. The classes help young children to learn according to their abilities and interests. Many corricular and continues are conducted to ensure social emotional, cognitive and physical development of the child.

In 2020-2021, PSU catered to the needs of 15 students in two sections. PSU BEGINNERS and PSU JUNIOR. Students were taught via virtual modes throughout the session. They tearnt various Co Curricular activities such as Yoga, Games, Bance, Rhymes, Tabla, Music, Audio Visual stories, art and Craft along with their academics and therapies like Sensory and Speech therapy Language and Communication. This ensures bullstic development of the young child.

SCHOOL UNIT [SU] - After attaining their developmental goals in PSU, the students are then promoted to School Unit ISUI. The focus of the curriculum in this unit is to develop socialization skills, along with functional academics and prevocational skill development Students here receive additional therapeutic services as per their needs and are given ample opportunities to participate in several activities. In 2020-2021 there were 33 students and 3 students. got selected for the Open Basic Education Program IOBE level A. The teachers and students with the help of parents successfully overcame the barrier of virtual classes and everyone gradually get accustomed to the new method of classes. The students participated in many cultural programs and competitions,



AUTISM UNIT - The Autism unit is divided into 4 classes- Autism Beginners, Autism Junior, Autism School and Autism Pre Vocational Their curriculum includes functional academics (English/Bengali ,Maths) and daily living activities like drassing up, eating, tying shoelaces etc. to secure independence and pre vocational skills. A wide range of co-curricular classes are provided to the students such as games, yoga, art and craft. Two exclusive classes are provided only for the students of the Autism unit-Dance Movement Therapy and Synthesizer class. A new program-Social Skills Class was started this year where students were taught the elementary skills of socialization such as making friends, initiating and sustaining conversations, taking turns, consent and permission. The purpose of this class: was to assist students with Autism to develop social skills because they have prominent difficulties with the same in 2020-2021 there were 46 students in the 4 classes and 2 students have successfully completed

the Open Basic Education Program IOBEI level A. On 2nd April, World Autism Awareness Day was celebrated to showcase the spirit of artists with Autism. An Art Exhibition cum sale was organised by Nirmaan in collaboration with Kolkata Centre for Creativity (KCC). Our student from ASD Junior Swastik Chattopadhyay received a prize money as his painting was selected for sale.



PRE VOCATIONAL UNIT: The Pre-Vocational unit consists of 9 classes including the Open Basic Education [OBE] Program and the After School Program. The locus here is to assist this students to learn certain skills that are prerequisites in professions, with the hope that they can obtain employment opportunities. Students here tearn skill based training to enhance their readiness to work so that they can choose their preferred area of work, as per their skills and interests.

In 2020-2021 there were 85 students in the Pre-Vocational unit. They participated in yoga, games, nonthermal cooking, music, dance, table, bakery and tailoring. All classes were conducted virtually this session.

Pre vocational skills: paper punching, cutting and stapling, use of scale, measurements, peeling vegetables

Sorting: Money, food items (vegetables, fruits, dairy products and process)

Counting: Money, various objects Stacking: Books, clothes, utensits

Thread and needle work: Running stitch, stitching

buttons

Catendar activity Time concept

Price lag reading/matching

Tying knots, packing









Hearing Impairment (HI) Unit & NIOS:

This unit has 3 divisions

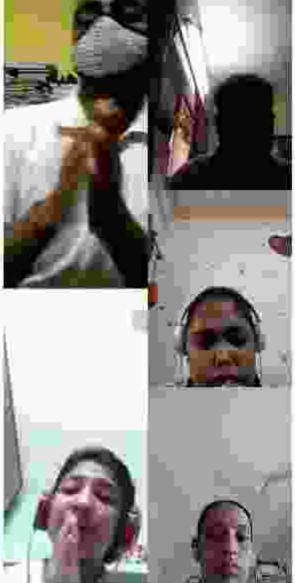
- HT&II [Junior] Having students aged between 10-12 years
- HIIII (OBE) Students aged 12 years and above
- Pre NIOS and NIOS Secondary & Senior Secondary Affiliated to NIOS

Students in this unit are taught using hearing aids and they communicate through speech reading, syllabilication, and oral aural approach. This year all the students were taught via virtual modes which was an added challenge. Students were taught their respective subjects via video calls and worksheets were shared with them. Students completed their classworks and sent them to the class teacher for correction. They also participated in all co corricular activities including games, yoga and music. To enhance their motivation, students were asked to engage in household chores that will help them to develop skills for independence. They spent quality time with parents and learnt to cook simple dishes during the lockdown.











Smt. Mahuya Chakraborty School Coordinator & In-Charge, NIOS

National Institute of Open Schooling (NIOS):

The National Institute of Open Schooling (NIOS) under the Ministry of Human Resource Development, Govt. of India, provides opportunities to the students with special needs, lwho, for any reason, are unable to cope with the formal education system! and helps them to pursue their education by allowing a tot of flexibility in the selection of the subjects, curriculum and the system of evaluation.

Manovikas Kendra offers three courses under NIOS

1. Open Basic Education (OBE)

- Level A lequivalent to class 3
- Level B [equivalent to class 5]
- Level C [equivalent to class 8]

2. Secondary and Senior Secondary Courses

3. Vocational Education courses

- Bakery & Confectionery
- Housekeeping



Performance in the session 2020-2021

84 students have successfully completed the OBE level A, B and C. Below are the highest scores in each level

Level A Bhoomi Saha and Swastik Chattopadhyay got Grade A in all subjects

Level 8 - Soumi Majhi, Ahana De, Wrick Chakraborty, Bhabya Lakhani, Debjii Ghosh,

Sreyanshu Sengupta got grade A in all subjects.

Level C Roshan Kr. Jha, Indrajit Midya

Secondary and Senior Secondary course. Anushka Chatterjee successfully completed her Secondary course.

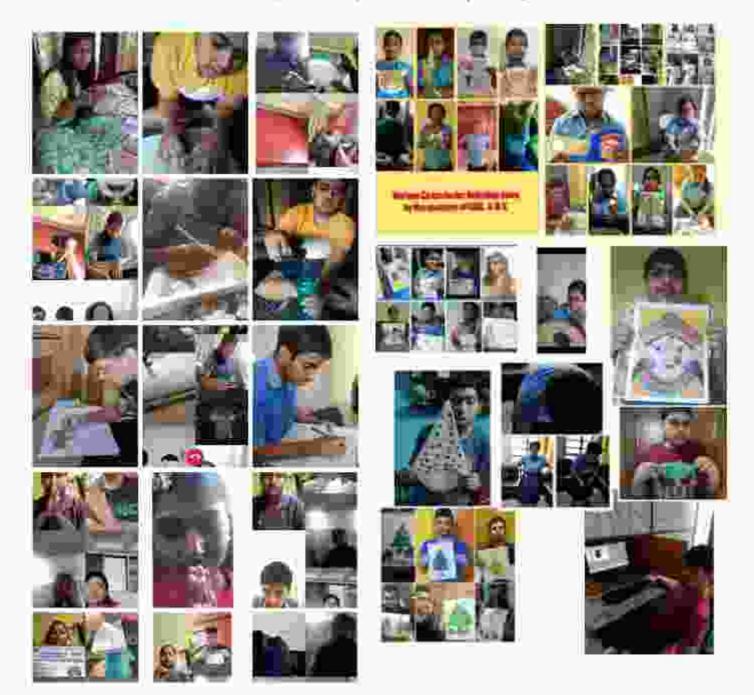
Arnob Sinha and Abhijit Ojha completed the Senior Secondary Course

Vocational Courses - Abhijit Ojha (88 in Housekeeping course)

Arnab Sinha (92 in Housekeeping course)

Bhabyashree Patra 195 in Bakery & Confectionery course!

Sounak Paul (88 in Bakery & Confectionery course)





VOCATIONAL UNIT:

The Vocational unit is Monovikas Kendra's attempt to ensure that young adults with disabilities can become financially independent. The process begins by identifying the interest areas of the students following which they are provided training in a particular vocation so that they can develop job oriented skills. In 2020-2021 the unit had 25 students in 4 classes where they were taught baking, canteen work, jewetry making & jute bag making, tailoring, multimedia work. Students are also taught independent living skills and activities of daily life such as the proper use of electronic gadgets, basics of banking, use of calculators for making

bills This year 'Workplace Grooming' classes were started with the aim to develop appropriate interpersonal skills for the students who are already employed or are seeking for employment. They also pursue functional academics related to their specific vocation. Our two students, Sujoy Mondal and Salmoli Chakraborty received the State Award for Persons with Disabilities from the Department of Women and Child Development; Government of West Bengal.











SECURING EMPLOYMENT FOR YOUNG ADULTS WITH DISABILITIES

At Manovikas Kendra, we firmly believe that true inclusion and acceptance in society can only be there when persons with disabilities are able to secure jobs. Although the job market is gradually becoming more open to persons with physical disabilities, the case is not the same for persons with intellectual disabilities. There continues to be a great deal of stigma around it because of which it is a herculean effort to provide vocations for young adults with intellectual difficulties.

With the cooperation of certain organizations, we are extremely proud to announce our vocational partners. Maple Tree, Tea Junction. Mic Amore, Novotel and Oyo Hotels who have been open enough to take a chance with our students to see their potential. Such initiatives will go a long way to secure inclusion and



acceptance in society. Currently a total of eight students are employed across these organizations.

Thank you for all the support. We wish to continue a long term fruitful association with you all!







ADULT LEISURE & LEARNING PROGRAM (ALLP):

The ALLP program was started exclusively for our older students (aged above 20) with more severe disabilities with the main goal to make them as independent as possible. Their corriculum tocoses on independent living skills, household activities, and cooking simple dishes. They are also involved in specific vocational activities and also pursue functional academics related to their specific vocation. In 2020-2021 there were 9 students in the class who were all taught via virtual mediums. They attended talloring & jewelry making class, vocational exposure classes, rhymes & story telling class as well as co curricular activities like table, dance, you and games









MULTIMEDIA PROGRAM:



With the ever changing technology, Multimedia has become a crucial part of the computer world its importance has been realized in almost all walks of life including education, cinema, advertising and even fashion. Keeping this in mind, Manovikas Kendra Started the journey to educate its students from 2018 and introduced a

new computer course named LEARNING BASED ABILITY ENHANCEMENT MULTIMEDIA PROGRAMME (LBAEMP) in collaboration with AIMS MEDIA. This year we have successfully completed three years of our Multimedia course. The LBAEMP course duration is of 18 months and divided into three phases-

Pre Production Phase - Includes Illustration, Clip art, Comicscript, Set and Prop designs

Production Phase - Includes Camera & photography, Computer Interface, Graphic designing

Post Production Phase - Includes Cinematography, Offstage commentary and reproduction, Animation.

The eligibility for the course is that the student must be at least 14 years old and candidates must





qualify in CO (Creativity Quotient) Test with minimum 50 marks. The first batch started on 2nd August, 2018 10 students and the number increased to 12 in the 2019 batch. Parent interactions are an important part of the course in order to make this programme more effective for the students. Students of our first batch completed their course in March 2020 and the second batch completed the LBAEMF course in







March 2021. They all performed very well and have even received their certificate. They have learnt sketches and colouring, clay modeling, prop designing, making story board, creating comic strips, still photography, designing posters in Photoshop. These help them to improve their motor skills, artistic sense, cognitive skills and social communication skills. Since March of 2020, due to the Covid-19 pandemic, unline classes were arranged to avoid the loss of the learning Students have displayed enthusiasm to attend class with support from their parents.











PRE SCHOOL UNIT



SANJUKTA DUTTA

If am Sanjukta: A 12 year old with Downs Syndrome, When I joined Manovikas Kendra in 2016, I was stubborn, had poor attention span, was unable to communicate. I also had poor motor function skills and was unable to make friends. In this lest year we had only virtual classes and slowly I adopted this mode of education in virtual mode, I could follow curricular and co-curricular activities especially in Music and Art craft. I seng a beautiful Rabindra Sangeet for the colebrations at school. Previously in physical classes, I would be quiet and did not respond much. But the virtual mode of education has helped my communication skills. I can now make friends and do many activities like craft work and self help activities.

SCHOOL UNIT



DEBDYUT GHOSHAL

"I am **Debdyut** and I have ASD. When I joined Manovikas Kendra, I had behavioural issues such as restlessness, less eye contact, poor sitting ability and hyperactivity. During lookdown I faced some difficulties and could not adjust to online classes because it was a new challenge for me. After a few weeks I adapted to virtual classes. With special care, support and intervention I am enjoying my online classes. Now my behaviour is under control. I can participate in all online class activities and school programmes. My teachersays that my improvement is remarkable."

AUTISM UNIT - Junior



SNEHANGSHU BISWAS

Tam Snehangshu and I am 10 years old. I took admission at Manovikas Kendra in 2015. I was diagnosed with Autism Spectrum disorder, at the time of admission I was very restless, shy, fearful and did not show any age appropriate behaviour. After receiving proper interventions, I have improved in academics, self-help skill, and fine motor skill. I have shown a lot of improvements and hope that I will continue to move forward in the future too.

AUTISM UNIT - Pre Vocational



AYUDH DUTTA

My name is Ayudh Dutta and I amia 21 year old student of pre-vocational class of autism unit. I have learned to have conversations among friends on video call in group class in the 2020-21 session. I can receive and call start video calls independently. I have also learned various pre-vocational skills such as bag making, fan fold, flower making, boat making etc. I can also make salad, sandwich, masala mum, Alu kabil in non thermal cooking. I have also completed DBEALE vellevel from NIOS.

H.I. - Junior



ALIFIYA MIRZA

My name is Allfiya Mirza and I am 9 years old. I have intateral sensorineural hearing loss with speech and tanguage deticiency. With special care and educational intervention, guidance, my tanguage and communication skills have developed a lot I am nowable to follow verbal instructions and respond to them. This teachers say my receptive and expressive tanguage has developed more than before. I have also learns to identify common and uncommon frosts and vegetables. I know the names of primary and secondary colours. Tove activities like dance, Yoga and games.

Pre Vocational Unit



SOHAM HALDER

My name is Soham Halder and I am a student of DEE level B. I am 16 years old. I joined this school in 2009. From 13th April 2020, when our teaching method and mode changed to online, traced a lot of challenges because I have hearing impairment. So it was difficult for me to understand anything taught in class online. As a result I showed a tack of interest and attention. To solve this problem my teacher included pistorial presentations. Gradually I took interest in all class activities. At present I enjoy and love my class and eagerty wait for the next day. Now I requirity attend your game. DMT classes on virtual platforms.



SHAKYA BHATTACHARYA

Downs Synerome, Earlier I used to have many problems. One of them being that I could not sit at one place for very long. With time, this has improved a lot. Hove my classes and I also participate in games, your, and dance. My passion is playing the table. Last year I won an award from the State government on the occasion of International day for persons with disabilities.

Vocational Unit



SOUNAK PAL

"I am Sounak and I am 29 years old. I am a student of vocation-4. I previously bod various challenges such as emotional weakness, lack of confidence, restlessness, and did not show much attention to the co-curricular activities. Now I enthusiastically participate in the class and in other co-curricular activities. I have participated in various painting competitions such as "Program". I recently joined the Art and Design course and am enjoying it. I am interested in taking so I have enrolled for NIOS Baking course.

NIOS Senior Secondary



ARNOB SINHA

Tam Arnob Sinha, a student of Mahovikas Kendra, I am 24 yrs old and joined Mahovikas Kendra in the year 2007. Before joining Mahovikas Kendra I studied at a mainstream school but could not copy up there and then I took admission in Mahovikas Kendra. I have successfully completed OBE level A.B. & C then registered myself under NiOS Secondary and passed with 60 percent marks with subjects English, HomeScience, Painting, Data Entry Operation & Vocational Subject Bakery & Confectionery. In the year 2021, I completed NiOS Sr. Secondary Tilke to sing and Lalso participate in skits. I have completed the AIMS Media 18 months cerniticate course. My future plan is to complete graduation under ISNOU.

ACHIEVER - (NIOS Secondary)



ANUSHKA CHATTERJEE

"My name is Anushka Chatterjee. I am 20 years old. I recently completed my NIOS Socondary course with 5 subjects and am cutrently pursuing Pre Senior Secondary. I recently also started to develop a liking for interior designing and want to continue with it in the future. I am fond of artistic, creative activities and love to cook. In my free time I like to experiment with new cuisines and listen to music."



Duty makes us do things well, but love makes us do them beautifully.



Annual Report on Speech Therapy 2020-2021

Disabilities include various difficulties in several areas and one such is limited or absent speech as per the child's chronological age. Thus for some students, speech therapy is an important component of their curriculum to ensure holistic development and independence.

Services offered at Manovikas Kendra includes:

- QPD speech assessment
- Ongoing Speech Therapy for regular school students
- Hearing Aid management.
- Guidance for Language training & auditory traimou.
- Group Hearing Aid Class
- Parents counselling
- Once a Year evaluation Report.
- Individual Teacher's Buidance
- Group Therapeutic Classes

in 2020-2021 the mode of service was purely virtual due to the Covid 19 pandemic. Approximately (wenty cases were assessed from the Center for Assessment and Therapy where they were diagnosed under ASO+BSL, Bown Syndrome, ADHD, CP, ID. About 21 regular school students (Male-18, Female-3) underwent a speech therapeutic program with a time slot of 20 -25mins per week. Cases for assessment were referred from different places like Murshidabad, Heeghly, Burdwan, Punulra, Howrah and Kolkata. The average attendance of the students in the Speech therapeutic session was around 80 Fifteen Individual Teacher's were conducted during this session and two Group Teacher's meetings were done during this session.

Remarkable Achievements of the Unit in 2020-2021

- Draf communication improvement rate is 40-50 from the previous stage.
- Language perception level improved signilicantly for every student who were under the speech therapeutic intervention program.



- Drafexpression improved significantly...
- Every child can communicate through total Communication.

A brief synopsis of a student who has improved remarkably:

ARYAN KAR

I am a fourteen years old boy with Autism Spectrum Disorder (ASD), and I have been under the Speech Therapeutic Intervention Program in 2020-2021. When I first arrived for therapy, I



displayed restlessness, and could only use a few words and phrases for oral communication, which was slurred. I also displayed problems with speech lluency. I could barely follow simple commands and was also stubborn. Now I am able to follow verbal instructions and can respond to the speech training for a longer period of time. I can write in single words and also can take word dictation. Presently I can speak in sentences that can be understood to all.









COUNSELLING REPORT:

Total 23 students attended counselling sessions with different types of issues like behavioural problems, hyperactivity, emotional disturbance etc. All the candidates did individual counselling sessions; some of them did their session with the help of their parents. Various behaviour and emotional problems modified and currected through various methods and techniques like behaviour modification programme with behaviour monitoring chart and positive & negative reinforcement system. Attention enhancing tasks were used to deal with attention concentration. problems. Parents were also informed and guided about handling their child. General awareness regarding responsibility, self help skills, social skills, sex education and self advocacy were also: discussed with the children in their sessions.









CASE STUDY



SANHITA DE

"My name is Santina De 1 study in the vocation unit. I have some behavioural problems like hyperactivity, mood swings, mattentiveness, attention seeking trendency Semetimes I am stubborn and say the same thing constantly. Which is why I started counseling. I team to lot in my sessions with malam, Sho told me to follow a daily rigid no schooldle and bry modifation, deep breathing to reduce my impulsivity. For my repetitive behaviours and OCL) (Obsession Compulsive Trails) trails. Cognitive Behaviour Therapy (CBT) was used and malam suggested that I

involve myself in a variety of activities that will help to reduce intrusive thoughts. My mother would also attend the counselling sessions so that she could tearn about my concerns and challenges. After attending counselling sessions and engaging in other activities, I have become more calm and relaxed. My hyperactivity has reduced and I can adjust more easily now."

Observed Behaviour. Sankita came with some serious behaviour problems, like hyperactivity, mood swings, matteningness, afternion seeking tendency; stubburnness and repetitive talks. She used to disturb her parents and was a little bit aggressive.

Techniques used for the behavioural challenges:

- She asked to follow a daily routine schedule which is appropriate for her.
- Tried to deal with her ocd traits with cognitive behaviour therapy [CBT].
- She asked to do meditation and deep breathing to reduce her impulsivity.
- Mother asked to Ignore her repetitive questions.
- The negative impact of her unacceptable

- behaviour is clearly discussed with her.
- Her all demands should not be fulfilled.
- She should involve in different tasks which will reduce her repetitive thoughts and activities

Development during the session:

After going through counselling sessions and other activities, she became more calm and settled, her hyperactivity also reduced. Her adjustment capacity increased too. She enjoys her sessions and is now serious about the guidelines.



Winning has a value for the ego, but participation has value for life.

ANNUAL EVENTS



EVENTS CONDUCTED IN 2020-2021



- Learning to Rap- Kolkata Center for Creativity [KCC] organized a 3 day performance workshop based on writing and body movement in collaboration with Wild at Hearts organization in Australia keeping in mind International Bay for Persons with Disabilities. The event was facilitated by artists from USA. UK and Australia where the students learnt how to write rap songs and perform hip hop dance. In 2021, they will release a rap song written by young adults with disabilities of Manovikas Kondra and Tokrewsive' Ian inclusive music proup based in Melbourne, Australia!
- 2. Divya Shakti Kala: Hosted by National Institute for Locomotor Disabilities (Divyangjan), Divya Shakti Kala was an event aimed to showcase the wide range of talent that lies in children and young adults with disabilities but They are deprived of chances, interested students could participate in Cultural programs (dance, song, instrumental) or theater, drama, public speaking 8 students from Manovikas Kendra participated in the event and Satwik Dutta was selected for the Cultural Program held at Patna.
- Poornam 2020: Hosted by Unmish, Poornam is an event designed to showcase the talents of persons with disabilities. In 2020 it was a virtual fest where children and young adults of all age



groups could participate in 4 categories as per their interests and abilities [Katakriti an art workshop, Dhwani- for instrumental and vocal music, Breaking Records - perform any activity in under a minute and Compose- Focused on acting]. 81 students from Manovikas Kendra participated in the event.

4 Sabal Awards Hosted by Tata Steel Foundation as a part of their Corporate Social Responsibility ICSRI, Sabal Awards is a celebration of the spirit of persons with disabilities and is a step forward to create a more inclusive society. Participants could choose to perform in two categories Sabal Awards for Spirit of Expression where persons with intellectual disabilities could express themselves in various art forms like dance.

















music, painting or singing and Sabal Award lot Dutstanding vision which was aimed to recognize the stories of resilience, Uterary skills and entrepreneurial drive of persons with disabilities in order to break the stigma of disability as a liability 28 students participated in the event and our student Sankar Narayan Saha won 3rd prize for exceptional performer

5. Art Workshop hosted by Apeejay Anand Children's Library. The theme of the art workshop "Sustainability for a Better Tomorrow" where six students from Manovikas Kendra participated. They painted masks for the events and displayed their artistic skills.





- 6 Project Discovery by ELLates Project Discovery is a video competition aimed at collating various innovative solutions used by persons with disabilities and their carers across the country to make their lives barrier free. Solutions could be related to daily living, workplace, transportation or technology and the aim was to share unique solutions that can be used by other persons with disabilities and their families to make their lives easier. 15 videos were sent from Manovikas Kendra.
- 7 Kalakriti 2020 Organized by the Department of Psychology by Loreto College, Kalakriti is hosted every year to celebrate a wide range of fatents across several abilities. This year it was conducted virtually where 8 students participated in their choice of events (waste to wealth, Go as you like, dance and music). Raghay Dhanuka received second runner up prize for Waste to Wishth.
- 8 Tail Tarang- Conducted by 'Dhwani Talant hunt' based in Bombay this was an event for adolescents with disabilities to showcase their talents. There were live performances of cultural events like dance, music and instrumentals. Three students from Manovikas Kendra participated.













- 9. Teachers Day 2020 with National Institute of Persons with Intellectual Disabilities— Regional Center Kolkata | NIEPID RC: Kolkatal-To mark Teachers Day, an international webinar was hosted on 5th September 2021 on the theme Teachers: Shaping minds and building lives. Eminent speakers gave their varied viewpoints on the theme and several participants from across the country joined for the webinar.
- 10. CRE Program on 'Writing Disorders-Dysgraphia' - In association with National Institute of Persons with Multiple Disabilities (NIEPMD), a state level training program was conducted virtually in March 2020 on the topic

Writing Disorder (Dysgraphia): Assessment and Diagnosis

Practices in India: In association Best Practices in India: In association with INTEPMOT, a national conference was conducted virtually in March 2020 on the topic Inclusive Education Best practices in India Eminent speakers apoke various issues related to Inclusive Education such as right to curricular access, the role of inclusive design, role models conflicts and needs and enhancing skill development. There were over 100 participants for the event and it was a greatly enriching experience.





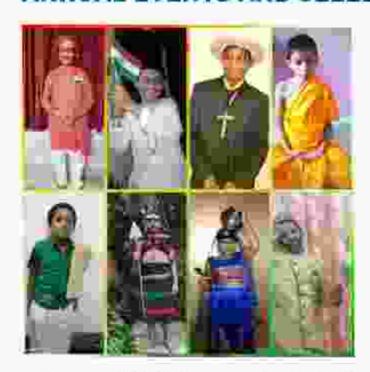








ANNUAL EVENTS AND CELEBRATIONS IN 2020-2021



In the year 2020–2021, due to the Covid 19 pandemic, all classes and events were conducted virtually. Our entire team including the students, teachers and parents gradually adjusted to the changes and along with classes and co-curricular activities all annual celebrations too were conducted on virtual platforms. Despite all challenges we celebrated Rabindra Jayanti, Independence day, Teachers' day, Children's day, Saraswati puja just as we would in regular times. Students showed us their talents by taking part in various cultural programs where they danced, sang, recited poetry and dressed up as famous.

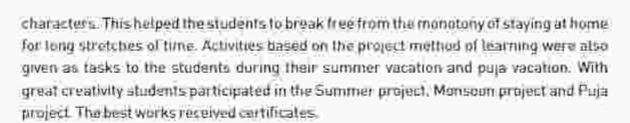














Task - 3
Topic - make up a story ending

Title - a lovely dog







LOVING IS CARING.















Inclusion is within everyone's ability

VISITS AND INTERNSHIPS



VISITS AND INTERNSHIPS

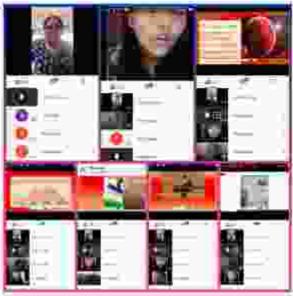
Due to the Covid 19 pandemic, a lot of things changed in session 2020–2021. Everything was done via virtual mediums to follow guidelines of social distancing. In regular times, several students from various colleges have visited the institute and met our students as a part of their curriculum. Students of regular schools have also done their internships and data collection work. Besides, there would also be exchange programs between Manavikas Kendra and other schools of the city to facilitate inclusion and awareness regarding disabilities. In 2020–2021, two virtual programs were conducted.

1 NSHM Knowledge Campus: As a part of their curriculum, 10 students from the department of M.Sc in Clinical Psychology were placed at Manovikas Kendra for a virtual month-long internship. Students were placed in several curricular and co-curricular classes where they got the chance to interact with the students: They also submitted assignments and delivered a group presentation before completion of the internship. All the students received a certificate at the end of one month.

Feedback. "Hiked the enthusiasm of children and despite disability they are doing their best. That made one coalise that disability doesn't defines you what defines you is your willingness to teach and in MVK all are willing to teach on their own ways." Divya Wankhade "The management of the classes, co-operative & empathetic teachers, helpful administration & Principal and the genuine efforts of each member associated with MVK to be the change in society. Shazin

2. Indus Valley World School. As part of an exchange program, special educators from Manovikas Kendra visited the virtual classrooms of Indus Valley World School, which is a regular school. It enabled our teachers to interact with other professionals in the field and obtain creative ideas that can be applied with the students of Manovikas Kondra.





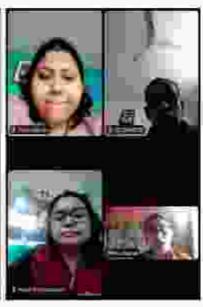
EMPOWERING OUR EDUCATORS-TEACHERS' FORUM



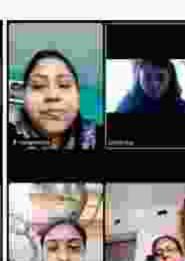
For the purpose of empowering our, Manovikas Kendra organizes Teachers' Forum weekly to ensure that the special educators, therapists and psychologists stay updated regarding the various new trends and developments in the field. Moreover it also gives them the chance to share their doubts and concerns with other professionals in a constructive way that will ensure generation of solutions. In 2020–2021 Teachers' Forum was conducted virtually where presentations on relevant topics were delivered and case studies were discussed.

A special event was conducted on September 5th, 2020 an international webinar was conducted with National Institute of Persons with Intellectual Disabilities - Regional Center Kelkata INIEPID RC:Kelkatal on the topic Teachers: Shaping minds and building lives. Eminent speakers including Prof. Jayanthi Narayan (Former Deputy Director, NIMFI): Prof. Richard Rose (Professor of Inclusive Education, University of Northampton) and Prof. Amitav Mishra (Professor of Special Education, IGNOU) joined for the webinar and gave their varied viewpoints on several aspects related to the topic. Participants from across the country joined for the webinar, which ensured meaningful interactions and discussions.











A lot of different flowers make a bouquet

NEW PROGRAMS STARTED



NEW PROGRAMS STARTED IN 2020-2021



Social skills class A Social skill development program was started for the students of Autism unit and School Unit where the focus was to develop age appropriate socialization white feaching them the basics of social behaviour. Lack of social skills is commonly observed among students with intellectual disabilities and it is imperative that skill bacaut training is provided to them, so that they can learn to be independent. Keeping these in mind, the social skills program was started where students learnt how to make friends, give self introductions, turn taking, consent & permission and other relevant topics. The classes were appreciated by students and parentsatike.

Feedback: "It was a great session, I am excited for the next session," parent of Swastik Chattopadhyay

"Nice initiative. Classes should be more often, Viz. twice a week" Parent of Sarthak Jha

Workplace Grooming Manovikas Kendra strongly believes In securing inclusion In larger society by ensuring adequate employment apportunities for young adults with disabilities. The aim of this program is to get the students primed and ready for work so that they have an adequate understanding of how worklife is different from student life. Several of our students are currently employed in various organizations and to ensure that they have appropriate knowledge of correct workplace behaviour, this new initiative was started. Students who are ready for employment and are seeking opportunities are also attending the classes. The approach taken for the classes is that of the Rights based model where students are also empowered about bullying and harassment, the special provisions they receive as persons with disabilities

Feedback by Abhiroop Ghosh - "I have been attending the Workplace Grooming class since February 2021. I have learnt a lot of things such as how to attend an interview, and how to work with coworkers. As I have a disability so there might be a chance of workplace Bullying we learnt to deal with that as well. We also learnt about the RPWD act and how it helps us. The classes have been very useful."

Feedback by Shubham Basu Thakur - "For the last7 months we have been doing workplace grooming class . The topics of discussion are interesting . We do our homework and share in the class with other friends. That is also interesting . Our teachers are very friendly with us. I am happy and look forward to class."

- 3) Non thermal cooking: At Manovikas Kendra we try to secure a better quality of life for children and young adults with disabilities and an important component of this is to ensure their independence as much as possible. Keeping this in mind, non thermal cooking was started as a class from session. 2020-2021 where the students learnt flow to make simple dishes that do not require any source of flame. They are learning to make dishes like sandwiches; chaats; mocktails; fruit salads that are simple to make and deticious to eat. It is an important stepping stone to ensure that with age the students can develop more refined cooking skills.
- Tata Pre Engage Engage Tata Group organizes a volunteering initiative every year by the name "ProEngage". It is a skill based

weekend volunteering programme that enables interested individuals from various Tata companies to lend their skills & expertise to non-profits for specialized functions Currently we are working on eight projects pertaining to different areas. The program provides a unique opportunity for the NGOs to receive inputs from expert professionals while providing exposure to the volunteers about how NGOs function with minimum resources.

Feedback by volunteer - "It was an absolute delight to work with you and we admire the clarity of thought from your end. This helped a lot in providing deliverables from our end. It has also been a great deal of learning for me and I believe it will help in discharging my role as D&I champion in my company. I wish all the very best to MVK for your future and wish for good health and wellbeing of the children." - Pro Engager Nayana Rokade who worked on the project "Create a disability awareness session for corporates."

SPECIAL EVENTS IN 2020-2021

- 1. Vaccination Camp: A new hope in the form of 3. vaccines arrived in early 2021. It was said that quick vaccination is imperative to control the spread of the Pandemic so that life could go back to normal. Since the existing medical intrastructure is inaccessible and unaccommode-ting to the neurodiverse population, keeping their needs in mind Manovikas Kendra organized a vaccination drive with the help of Apollo Hospital at institute premises on 8th June and 3rd September where around 200 beneficiaries received the Covishield vaccine. This included adults with disabilities, their parents and caregivers and institute staff. With great ease and convenience 4 everyone received their vaccines and no vaccination charges were there for students.
- 2. Virtual Fun filled Sports Meet: Annual Sports is one of the most anticipated events of Manovikas Kendra but due to the Covid 19 pandemic, in 2020 it was conducted virtually and the name of the program was also changed accordingly. The Sports Meet was conducted to ensure that the students who eagerly wait for the program don't have to miss out on it because of the social distancing restrictions. It was ensured that all students from all classes, regardless of the level of disability, got the chance to participate in some event. The nature of the events were changed for the program and new games were hosted.
- L. Smartphone disbursement: The Covid 19 pandemic forced us all to confine ourselves within the Walls of our homes white performing all activities via virtual platforms. This naturally created a huge digital divide as a minuscule percentage of people in the country have access to smartphones and laptops. To ensure that no student has to miss out on education due to poor e-infrastructure. Manovikas Kendra provided a smartphone to those students whose education and progress were being affected due to the same. A total of 25 beneficiaries were given smartphones.
- State Award For Empowerment Of Persons
 With Disabilities 2020 Government of West
 Bengal (Department of Women & Child
 Development and Social Wellarel on 3rd
 December, 2020 to mark International Day of
 Persons with Disabilities awarded 5 students
 from Manovikas Kondra in different
 categories
 - Salmoli Chakraborty (Durstanding Sports Person)
 - Sujoy Mondal (Dutstanding Creative Person)
 - Anjali Mishra (Outstanding Creative Child)
 - Shakya Bhattacharya (Outstanding Creative Person)
 - Debali Dutta (Role Model)







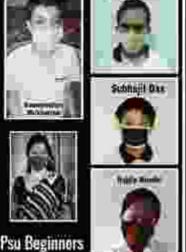
















PARENT TRAINING PROGRAM

Manovikas Kendra strongly believes that empowering parents is an integral part of the process of the development of students with disabilities. It is only when parents have a sound understanding of their child's abilities and difficulties, can they fully reach their potential and explore their abilities. Keeping this in mind, Manovikas Kednra organizes Parent Training programmes in every academic session which serve as a form of training to parents of children with disabilities. Families gain information about their child's disability, gain information about the programs and services that are available to holp the child and the family. Moreover, families learn how to deat effectively with their child and learn valuable methods to advocate for themselves and for their child. These programs are kept interactive so that the educators and psychologists get to hear from the difficulties that the parents face on a regular basis. They serve to improve parental competency and parental health. The program is also aimed to increase positive parenting practices and secure better social connections.

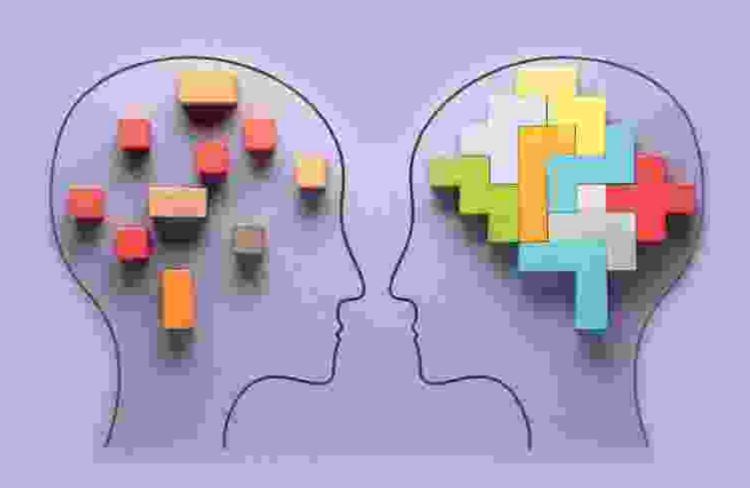
PARENT TRAINING PROGRAM (Session: 2020 - 2021)

| UNIT | TOPIC 1 | TOPIC 2 | торіса |
|---|--|--|--|
| Early Intervention | Adaptive Behaviour Skill – | Social Skill Training – | Developing Pre Academic Skills |
| IEH - Intollectual | 11.06.20 | 11.89.20 | 18.02.21 |
| Disability (ID) | – By Dr. Swells Shah | By Rituparne Sarkar | by Rituparna Sarkar |
| Early Intervention [EU - Autism Spectrum Disorder (ASD) | Sensory Integration - 26,05,20 -by Proseniit Chattepadhyay | Developing Pre - Academic Skills 18:02-21 - by Rituparna Sarkar | Social development through play for student with disabilities - 31,03.21 - By Shirin Ray |
| Pre School Unit (PSU)- | Adaptive Behaviour Skill | Social Skill Training | Developing Pre - Academics |
| Intellectual Disability | 11.96-20 | 11.09.20 | 18.02.21 |
| (ID) | - by Dr. Sweta Shah | -by Ritigarna Sarkar | - by Rituparisa Surkar |
| Pre School Unit (PSU)- | Sensory Integration | Developing Pre - Academics | Social development through play for student with disabilities 31.93.21 - By Shirin Roy |
| Autism Spectrum | 26.02.20 | 18:02:21 | |
| Disorder (ASU) | - by Prosergit Chattopadhyay | - by Rituparna Sarkar | |
| School Unit (SV) | Doveloping Functional Skills | Sensory Integration | Social Skill Training – |
| | - 29.06,20 | 26.08.20 | 11,09,20 |
| | - by Rituparna Sarkar | - by Prasanjil Chattepadhysy | – by Rituparna Sarkar |
| Pre Vocational Unit Pre Voc1 | Developing Functional Skills - 29.06-20 - by Rituparna Sii/kar | ■ How to Teach Money Concept – 12.08.20 - by Rituparna Sarkar ■ Skill Involved in Community Uving - 11.09.20 - by Shirin Roy | Emotional Intelligence - 21:81:20 OBE - by Shirin Roy |
| Pre Vocational Unit [High Support Needs] | Safety, Security & Sex Education - 04.02.21 - by Dr. Anamika Sinha | Enhancing Communication skill - 25 02.21 - by Partho Bandhopadhyay | |
| Vocational Unit (Voc) | How to Teach Money Concept | Emolional Intelligence | Skill Involved in Community |
| | - 12.08.20 | - 21.01.20 | - 11.07.21 |
| | - by Rituparou Surkar | - by Shirin Roy | - by Shirin Ruy |
| Autism Unit | Emotional Regulation for students with Autism Spectrum Disorder (ASD)- 20.07.2020 by Shirin Roy | Sensory Integration - 26.08.20 - by Prosenjit Chattopadhyay | Social development through play for student with disabilities - 31.03.21 - By Shirin Ray |



If you desire to make a difference in the world, you must be different from the world.

Manochetna Academic and Research Centre





Manochetna aims to help at-risk children in mainstream schools in an effective manner. Learning Difficulties of children in mainstream schools are identified and appropriate interventions are provided for remediation.

Manovikas Kendra (MVK) has been working in the field of Learning Disabilities for over four decades. Its Reach India project was launched in 2005 and has benefitted approximately 1000 selected vulnerable children with Learning Difficulties in 25 government – aided schools in South Kolkata. Manovikas Kendra started its wing Manochetna Academic and Research Centre (MARC) on 7thSeptember, 2012 with the motto 'No Child Left Behind'.

Manochetna Academic and Research Centre

- Provides regular after- school remedial classes for children with Learning Difficulties
- Provides one to one lesson and remedial lessons to children with Learning Difficulties within and after school bours.
- Maintains regular communication with schools regarding a student's performance.
- Provides educational institutions with regular formul reports.
- Conducts teaching skill enhancement courses for teachers of mainstream schools.
- 6. Conducts awareness programmes for

- teachers, administrators, special educators and parents (Lecture, PPT Presentation and Interactive sessions) free of cost
- Provides counselling sessions for parents, children as well as teaching staff of educational institutions.
- Helps class teachers make informal identification of children with Learning Difficulties.
- Conducts formal Psychometric Tests and Educational Assessments
- Manochetna Prepares formal reports for Learning Difficulty Accommodation for schools of the ICSE/CBSE boards.

Important Projects and Events conducted

- 13th May 2020 Webinar on Education and well being of young children and adolescents organised by Sister Nivedita University - Dr. Arundhati Sarkar along with Prof. Annuttama Bonnerjee addressed 700 teachers - School and University administrators and parents
- 28th & 29th July 2028 Webinar of International Conference on Learning Diversity 2020 organised by Manochetna Academic and Research Centre, MVK, along with Department of Education, Calcutta University
- 3. Chief Patron of the conference was : Vice -Chancellor of Calcutta University - Prot. Sonall Chakravarty, Resource persons included : Prof. Richard Rose, Chairperson Emeritus of Northhampton University, Prof. Jayanti Narayan, Former Dy-Director of National Institute of Mentally Handicapped, Secunderabad, Prol. Nitanjana Sanyal, Former Head of the department Psychology, C.U. Prof. Anttama Banories, Leading mental Health professional, Prof. Suvra Chunder .. Leading Mental Health Professional , Dr. Kishore Thomas, Faculty, NIMH Bangalore, Dr. Johnson Jament, University of Northampton campus, Bangalore, Prol. Habiba Hussain and Prof Raicev Chatteriee from NITTIR and Mr. R. Bernstein, Child. Behaviour Therapist from USA. Even also

- saw presentation made by CEO of Maharashtra Dyslexia Association: Dr. Masarrat Khan, Mumbai, President of Madras Dyslexia Association: Mr. D. Chandrashekhar, Chairperson of Ummed. Ms. Salony Priya, Founder -Director of Trinayani: Ms. Ritika Sahni, 2 day event was attended by over 500 participants.
- 4 Sth September 2020 West Bengal Child Protection and Child Rights organised a programme on 'Challenges of teachers during Covid 19' on Teachers' Day Dr. Arundhati Sarkar was one of the panellists.
- Manochetna undertook research project |Survey method | on Education and mainstream school teacher's role during the pandemic situation [on-going]
- 5th December 2020 Reviewers meeting for publication of ICLD conference papers
- 8th January 2021 Manochetna organized a training for Government school teachers along with MDA Chennai on Traditional Games. The programme was appreciated
- 15th February 2021 Manochetna was granted the Orkids India's Bengali translation work for Screening of Children with Learning Disabilities. It was finished and submitted in April 2021 as due to the second wave of the pandemic, the workflow got staggered.



Projects And Events Accomplised & Proposed In 2021

| Date | Event | Description | |
|-------------------------|---|--|--|
| 28° April 2021 | Engagement with Orkids Foundation | App Translation work in Bengati Language for Orkid Foundation , India's "First Screen App I a free App I identify Children with LDI , completed and submitte | |
| 17. June 2023 | Lecture session at the Department of Education, Calculta University | Lecture session at the Department of Education, Calculte University | |
| B June 2021 | Lecture session at the Department of Education, Celcutta University | Lecture session of the Department of Education, Calculta University | |
| 12" July 2021 | A webinar organised by Edu Extension from Singapore on | Dr Arundhati Sarkar was the Key Speaker on Neorodiensity and learning or role of mainistreum school teachers, at the weblinar | |
| 8 September 2021 | Webmar on Communication and Learning during Pandemic | Webman on Communication and Learning during Pandemic on 8th September 2021, Introductory Address by Dr Arundhall Sarker, Keynote Address by Mr Rotiert Bernstien , Education and Behaviour Hierapist, Speaker on Psychiasocial/Issues Dr Anuttama Baneries & Moderator & Speaker on Communication skills: Mr S.V. Kainan | |
| September 2021 | Publication work for International Conference (Final Approval for publication) | Paper submissions littally send to reviewers for publication approval for international Conference on Learning Diversity 2020. Proceedings ITSBN Not with a deadline to publish selected papers, by November 2021. | |
| 6" August 2021 | Internal stall Training | Staff of Manochetria attended an online up-gradation of knowledge, workshop for 3 hours. | |
| 6 -11m December 2021 | Webmar on Qualifative Research | | |
| Till date | | Consultation work and engoing student guillance work | |
| Tuf.date | Ongoing Project work of Manochetne and National Technical Teacher Training and Research | Ongoing Project work of Manachetra and National Technical Teacher Training and Research (Target group students and teachers of Higher Education) Data collection going (m) | |
| Till date | Ungoing project of Manochesna. | Disposing project of Manachetria on: Tearning during pundernic' [target group students and teachers of Government and private schools of Kolkata) | |
| Till.date | | Samagra Shiksha Abhiyan remedial work with Manachetha in Government schools postponed till 2022 due to the pandemic situation intermittent beather training with SSA in going on | |

Future work :

- † Online short courses to be rolled in partnership with MDA, Chennal and Kalvi Foundation, Chennal, India.
- Webinar on Commonitation and learning.
- Virtual programme to be held on awareness of Learning Disabilities in Nevember 2021.
- A. Proposed research project to roll in partnership with RKM Vivekananda University.



Somewhere something incredible is waiting to be known

Biomedical Research and Dignostic Centre





MANOVIKAS BIOMEDICAL RESEARCH & DIAGNOSTIC CENTRE

Our effort to ease life during the Pandemic

Duthreak of the Pandemic is due to a novel Coronavirus (CoV), named as severe acute respiratory syndrome [SARS]-CoV-2. The World Health Organization has classified each emerging variant of SARS-CoV-2 as either a Variant of Concern [VOC] or a Variant of Interest [VOI]. The Alpha, Beta, Gamma and Delta variants fall under VOC, whereas the Eta, lota, Kappa and Lambda follunder VOI categories.

Transmission of SARS-CoV-2 occurs through direct, indirect, or close contact with infected people through infected secretions such as saliva and respiratory secretions or their respiratory droplets, which are expelled when an infected person coughs, sneezes, talks or sings.

Sudden emergence of SARS-CoV-2 and its potential to cause a Pandemic posed an Insurmountable challenge to the public health system. Since March 2020, we have faced two rounds of lockdown to minimize the transmission and were stuck in the house for weeks. Everyday seemed to be the same due to lack of much variety.

Children/adolescents fell distressed because of lack of fresh air, feeling hopeless and seeing the apparently endless Pandemic. Concerned by the situation, we have put in regular Social Media posts on how to handle anxiety, fear, depression, and behavioral problems in the children/adolescents as well as their parents or guardians. These posts are available at the Facebook page of Manovikas Kendra Imanovikaskendra) as well as the Instagram account of the Biomedical Research & Diagnostic Centre Imvk.biomed).

Participation in the Global BioIndia 2021-A drive made by the Govt, of India



This was an interactive platform to congregate, confer and converse on the

current and future trends, growth drivers and challenges with doyens of biotech industry, senior policy makers and government dignitaries. This platform brought multi-faceted benefits for all stakeholders in Life-Scionces, Healthcare, Industrial Biotech, Agri-Tech, Med-tech, Clean Energy industry not only by offering chances for business growth but also opening up doors for bigger opportunities by having dialogue with key policy makers:



Assets of MBRDC were reflected in the list of the system which was visible to more than 100 companies and delegates.



The Companies we interacted with are:

- StimVeda Neurosciences based in New Delhi
- Genetico Research and Diagnostics Pvt. Ltd., New Delhi
- IKP Eden- Knowledge Park, Bangalore, Karnataka
- IKP PRIME, Knowledge Park , Hyderabad, Karnataka

- Bayshure, A California based Company
- Cognuse OU, Based in Estonia and California
- Param Care based in Ahmedabad
- Centre for Cellular and Molecular Platforms, Bangalore, Karnataka.

We had a successful meeting with all of them opening new doors for collaboration.

3. Participation in Webinars

- a) Dr. Kanchan Mukhopadhyay attended several virtual presentations by Dr. Anirban Ray, MD Associate Professor, Psychiatry, Institute of Post-Graduate Medical Education & Research, Centre of Excellence, Kolkata.
- Mahasweta Chatterjee participated in various workshops organized by the Fortis Healthcare Limited hold during 27th July-2nd August, 2020.
- c) Mahasweta Chatterjee attended the International Online Conference on "Emerging Trends in Healthcare Technology in Post-COVID-19 Era", Organized by SPARC Cell and SMST, Indian Institute of Technology Kharagpur, on 8th – 9th August 2020.
- d) Mahasweta Chatterjee attended a webinar on Open Research Publishing, organized by the Taylor & Francis Group, an Informa Business and DeLCON DBT e-Library Consortium on the 11th August 2020.
- el Mahasweta Chatterjee and Sharmistha Saha attended a webinar on "A session on accessing T&F journals & Open Access Features", organized by the Taylor & Francis Group an Informa Business and DeLCON DBT e-Library Consortium on the 19th August 2020.
- Mahasweta Chatterjee and Shormistha Saha attended a webinar on Publishing in academic journals and how to succeed with





your publication, organized by the Taylor & Francis Group, an Informa Business and DeLCON DBT e-Library Consortium, on the 26th August 2020.

- gl Mahasweta Chatterjee and Sharmistha Saha attended a webinar on the Trends in Biomedicine & Life Sciences, Publishing and Nuances & Tools of Scientific Publishing part of a webinar series on All about Scientific Publishing- Trends, Nuances, Tools, Ethics etc, organized by the SPRINGER NATURE in collaboration with DeLCON DBT e-Library Consortium on the 2nd September 2020.
- h) Mahasweta Chatterine and Sharmistha Saha attended a webinar on Abstracting & Indexing- how to get indexed and how to increase research impact of a webinar series on All about Scientific Publishing-Trends, Nuances, Tools, Ethics etc, organized by SPRINGER NATURE in collaboration with DeLCON DBT e-Library Consortium on the 9th September 2020.

4. Basic research carried out to improve intervention

- Attention Deficit Hyperactivity Disorder [ADHD]
 - We have identified role of gene variants that could be the reason for the male biasness of ADHD.
 - Analysis of dopammergic genevariants

frequently detected in subjects with ADHD revealed their contribution in drug addiction.

Autism Spectrum Disorder

Neurotransmitters, chemicals through which the brain controls several vital bodily functions, were proved to play important role in the severity of Autism Spectrum disorder. This information would help in determining future therapeutic strategies for symptomatic remediation.

- Down's syndrome- Nutritional factors were found to have major contribution in trisomy 21.
- Emotional regulation

Electrical impulses in the frontal region of the brain showed association with emotional responses, even in normal healthy higher education aspirants.

Articles published in international peer reviewed journals

Adhesion G protein-coupled receptor L3
gene variants: Statistically significant
association observed in the male IndoCaucasoid Attention Deficit Hyperactivity
Disorder probands, Chatterjee M, Saha S,
Shom S, Sinha S, Mukhopadhyay K,
Molecular Biology Reports, 48(4):32133222, 2021, doi:10.1007/s11033-02106365-2.

- A pioneering study indicate role of GABRO rs3810651 in ASD severity of Indo-Caucasoid female probands. S Saha, M Chatterjee, S Sinha & K Mukhopadhyay. Scientific Reports 11, 7010, 2021 doi.org/10.1038/s41598-021-86496-5.
- Association of Departme Transporter Gene with Heroin Dependence in an Indian Subpopulation from Manipur: Koijam A.S., Hijam A.C., Singh A.S., Jaiswal P., Mukhopadhyay K., Rajamma U., Haobam R., Journal of Molecular Neuroscience, 71, 122-136, 2021, doi.org /10.1007/s12031-020-01633-5.
- An Association Study of Gamma-Aminobutyric Acid Type & Receptor Variants and Susceptibility to Autism Spectrum Disorders. Adak P. Sinha S. Banerjee N. Journal of Autism & Developmental Disorders. 2021 [Online first doi: 10.1007/s10803-020-04865-x.
- Working memory, impulsivity and emotional regulation correlates with frontal asymmetry of healthy young

- subjects during auditory session. Maitra S., Chatterjee M., Sinha S., Mukhopadhyay K., Neural Network World, 6: 367–378, 2020. doi.org/10.14311/nnw.2020.36.024
- Autistic traits and components of the folate metabolic system: An explorative analysis in the eastern Indian ASD subjects. Saha S, Saha T, Sinha S, Rajamma U, Mukhopadhyay K. Nutritional Neuroscience, 23(11), 860-867, 2020. doi.org/10.1080/1028415X.2019.1570442.
- A single nucleotide polymorphism in OPRM1 Irs4834811 and risk for heroin use disorder. Koijam AS, Chakraborty B, Mukhopadhyay K, Rajamma U, Haobam R, Journal of Addictive Diseases, 38:2, 214– 222, 2020. doi.org/10.1080/ 10550887, 2029,1740070.
- Folate system gene variant rs1801394 66A→6 may have a causal role in Down's syndrome in the eastern Indian population. Chatterize M, Saha T, Maitra S, Sinha S, Mukhopadhyay K. International J of Molecular & Cellular Medicine, 9:3, 2020.











Tell me and I forget.

Teach me and I remember.

Involve me and I learn

Manovikas Kendra -New Alipore Unit





New Alipore Branch

Manovikas Kendra, New Alipora Branch is an extended center for special education and vocational training for children and young adults, with disabilities, it is located at 173, Block-G, New Alipore, Kotkata-53. The entire building which consists of ground floor & first floor was donated by the philanthropic personality Late (Smit) Namita Gupta.

In 2020-2021, Manovikas Kundra, New Alipore Branch, started the academic year through an online process. Due to the Coronavirus pandemic, there were several hundles. In Spite of all challenges, the team solved all the problems with coordination and determination. New Alipore Branch also provided academics and all co-curricular activities, through the virtual medium. Ilke yoga, games, music, art & craft, non-thermal cooking, dance, dish decoration, gift packing laught, by the special educators. Along with this, the team also provided language & speech development, occupational therapy, counseling sessions. We also offered & executed the baking practical class and computer practical class successfully for the DBE students through the virtual medium.

New Alipore Manovikas Kendra has the following sections:

- Pre- School Unit
- School Unit
- Computer Training Unit
- Open Basic Education Classes under NIOS Board
- Care Group
- Adutt Leisure Learning Programme (ALLP)

Pro Vocational and Vocational Skill Training Programme - the unit also offers the following:-

- Pre Vocational Activities
- Vocational Activities
- Tailoring

- Jewellery Making
- Non Thermal Cooking
- Dish Decoration
- Envelope Making
- Mask Making
- Card Occoration









Students also make various vocational products under the supervision of leachers. These include:-

- Taitoring Unit: Fancy bags, purses, napkins; bedcovers, custion covers, table mats, handle covers for refrigerators, aprons, mobile covers and mask.
- Weaving Unit :- Khes
- Minor Vocation Unit: Paper Bags & Greeting Cards

Transition from physical to virtual classes;

In the covid-19 situation, New Alipore Branch started online classes with all services and thirrapy which is very needful for the students. When the country as well as the whole world was experiencing the pandemic, we all were stock at home and so virtual classes were the most leasible option. I personally think that online learning is bringing an innovation in the learning pattern and it's a welcoming change. However virtual classes are making education for many students as they are facing a tot of challenges. Some students do not have smart phones so the institute provided the same to ensure a smooth learning process. From the New Alipora Branch Prithish Sarkar and Ankita Barua received smart phones from the school and were able to continue their online classes.

This year we also had a virtual collaborations/internships with other educational institutes

- NSHM Knowledge Campus
- Indus Valley School

New Programmes:-

- 1. 16-06-21 POORNAM UNMISH 9 Students
- 1 st to 3 rd December Workshop by Kulkata Creativity Center - 6 Students
- 3 U3-12-20 World Disability Day 2 Students
- 93-12-21 Art Work shop AIMS Media óstudents











Parents Remarks: -

- It was excellent experience to have online sports. We have not thought of even: I must say that it is
 only possible for pur own Manovikas Kendra. Thanks for the wonderful event. Bristi Das
- It was excellent experience to have online sports Arnab Samanta

CASE STUDIES



ANUSHKA DAS

My name is **Anushka** Tam a 22 year old girt with I joined Manovikas Kendra in 2017. When I joined I had many problems. I would repeat the same words, bang my head and hand against objects and get hart. With the help of my teachers I have improved a lot over these last 5 years. I am now pursuing OBE C tevel. Virtual classes have been fun. I really enjoy non thermal cooking.



ANANYA ROY CHOWDHURY

"Hi everyone I am Ananya I am 36 years old and I have Intellectual Disability. I first arrived at Manovillas Kondra with several amotional and psychological issues But with help from my teachers and the counselor i am doing much better. I recite well and love to do it. I regularly take part in cultural programs and I have learnt a lot in the online classes. Leven tearnt to cook new types of non-thormal dishes."



DHRUPAD ROY CHOWDHURY

My name is **Dhrupad**. I am 8 years old and I have Autism Spectrum Disorder IASDI. I joined New Alipore Manovikas Kendra in 2019. Back then I could not keep eye contact with anyone around me and could not speak. With the help of my teachers and closes I have now improved a lot. Now I can speak a few words and I can also sing. I can do online group classes attentively in initial mode. I have also learnt to independently do some household work like dusting and pouring water in a bottlo."









We are all different, which is great because we are all unique.
Without diversity life would be very boring

Dhankhet Manovikas Kendra





Dhankhet Manovikas Kendra was established on 1st July 1986 at Bonhoogly, Sonarpur, South 24 Parganas. West Bengal, with the aim to uplift the quality of life through education and training of the under-privileged children with disabilities. The main objective is to empower the under-privileged children of nearby areas by making them self-sufficient and independent while rehabilitating them in larger society. Since most of the beneficiaries come from modest socio-economic backgrounds, this center does not charge anything from the students. The center also provides daily refreshment, school uniform, winter dress, stationeries and books to the students, free of charge.

Objectives

- Need-based education and training for the under-privileged children of nearby rural areas.
- Improve the quality of life of underprivileged children of nearby areas through education and pre-vocational training.
- Creating awareness amongst the rural population about the causes, prevention and rehabilitation of children with disabilities.

Services provided

- Special education
- Co-curricular activity
- Assessment of children with special need
- Speech therapy
- Multisensory activities
- Occupational therapy
- Physiotherapy
- Prevocational activity
- Indoor play









Various Programs of the Institute

- 12thFebruary Virtual Fun Filled Sports Meet
- Tüth May Rabindra Jayanti Celebration
- 15th August Independence Day Celebration and Monsoon observation
- 5th September Teachers day celebration.
- 30th September Late Nirmal Sengupta and Vidyasagar's birthday celebration
- 21st October Childrens' Day Celebration
- 3rd December observation of International Day for Persons with Disabilities
- 24th December Christmas celebration

CASE STUDIES



SATTYABRATA MAJUMDAR

"My name is **Sattyabrata** and I am 29 years old. I have Downs Syndrome so I am not like the other people of my age. I joined Manovikas Kendra in 2007 and at that time I was very shy and timid. I could not make Iriends or behave like the other people of my age. Here with special education and therapies I have improved a let. I am now pursuing my OBE level A"



ZAHIR HOSSAIN MAL

Tam Zahir, a 6 year old boy with Autism Spectrum Disorder. I joined Manayikas Kendra in 2019. At the time of admission, many things were difficult for me. I was fearful, resitess and stubborn. I would also cry a lot end could not sit still in one place for a long time. Now with the help of my trachers I have improved a lot in pre-academic skills and colouring. I like to colour and recite rhymes.







SPECIAL THANKS AND ACKNOWLEDGMENT



"Gratitude turns what we have into enough". The academic year 2020-2021 was filled with challenges. A worldwide pandemic forced us to isolate ourselves and created mental health difficulties for most people. Children and young adults with disabilities went through a peritous journey. Team Manovikas Kendra took initiative to work via various virtual mediums to ensure that the progress of our students would not be jeopardized. This challenging year would not have been possible without the constant support from our Board of Trustees and members of the Governing Board.

It is not possible to create meaningful social change in isolation and always involves a team effort. We thank each and everyone who helped us this academic year. We want to thank the members of the Academic Advisory Committee IAAC) for their constant guidance and support to ensure best quality services for the students with disabilities, even in such dire circumstances. Working in the held of disability requires the involvement and cooperation from all walks of life, only then can true inclusion be secured.

We acknowledge the cooperation and involvement of several individuals, groups, organizations and government agencies and convey our deepest and most sincere gratifude to the following organizations.

- 1. AIMS Modia
- Apeciay Anand Children's Library
- Apolto Hospital Bariahat, Apolto Hospital Beliaghata
- Central Industrial Security Force (CISF)
- Contederation of Indian Industry, Young Indians | CII-Yil
- Central Reserve Police Force (CRPF) Govt of India
- 7. Elliabs
- Election Commission, Government of India (West, Bengal State Election Commission)
- Govt_of West Bengal-Department of Health and Family Welfare
- 10. Indus Valley World School
- 11 India Autism Centra IIAC
- 12 JD Birta Institute
- 13. Kolkata Centre for Creativity (KEC)

- 14. Lareta College, Department of Psychology
- 15. National Institute of Open Schooling [NIGS]
- 16. NSHM Knowledge Campus
- 17 National Institute for Locomotor Disabilities INILDI
- 18 National Institute of Persons with Intellectual Disabilities - Regional Centre Kolkata (NIEPID RC: Kolkata)
- National Institute of Persons with Multiple Disabilities (NIEPMD)
- 20. Rotaract Club of Calcutta Universe
- Salyant Ray Film and Television Institute (SRFT)
- 22 Tate Steel Foundation (TSF)
- 23 Tata Sustainability Group [TSG]
- 24. Tata Consultancy Service [TCS]
- 25 Unmish School
- West Bengal Commission for Protection of Child Rights (WBCPCR)

27. Ministry of Social Justice and Empowerment; Ministry of Science and Technology and Ministry of Finance, Govt. of India; Department of Social Welfare and Women's Development-Govt. of West Bengal; Directorate of Social Welfare-Govt. of West Bengal; Office of the Commissioner of Persons with Disabilities-Govt. of West Bengal, Welfare, Govt. of West Bengal-Department of School Education, Govt. of West Bengal-Kolkata Municipal Corporation, Kolkata Metropolitan Development Authority (KMDA).

A special acknowledgement for the members of Trustee Board of Manovikas Kendra who provided smartphones to some of our students to ensure digital access. Many more individuals and groups have worked with and supported our noble cause. Although it is not possible to thank everyone, we are grateful for your cooperation and expect that you will continue to assist us in the future.



Patrons and Donors for the year 2020-2021

"It's good to be blessed. It's better to be a blessing"

We extend our thanks and gratitude to you for all our patrons and donors for their support. Without your unconditional love and encouragement for our institution, our work would not have been strong.

- Shri Vijay Kumar Dhandhania
- Shri Arun Lohia
- 3. Shri Pradeep Kumar Singhi
- Smt. Shraddha Kanoria
- Shri Sushil Kajaria
- Ms. Diya Chattopadhyay
- Shri Pawan Kanoria
- Shri Anshuman Kanoria
- 9. Shri Prakash Chandra Poddar
- Shri R. N. Sawalka
- 11. Shri Ram Swaroop Dhoot
- 12. Shri Bhagwati Prasad Bihani
- Ms. Chikky Goenka
- 14. Maheshwari Investors Private Limited
- 15. Tiji Devi Choudhury Charitable Trust
- 16. Archana Khaitan Foundation
- 17. Korp Resources Pvt. Ltd.
- 18. Kalidas Mullick No.1 Charitable Trust
- West Bengal State Electricity Transmission Company Limited

OUR TEAM



Dr. Anamika Sinha, Director

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Coordinator

Special Teachers & Instructors Ms Supriya Mukherjee

In-charge Vocational Uniti

Ms Gita Basu

(in-charge Manovikus Kendra,

Dhankhotl

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Ms Shyamashree Chakraborty

Ms Panchali Guha

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Consultant Psychologist

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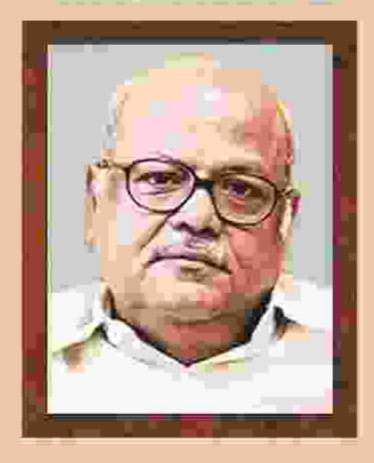
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Mr. Samir Ghosh

Peon

Mr. Mrinal Mondal

We Remember ...



In Loving Memory of Shri Shravan Kumar Todi

We finally remember Shri Shravan Kumar Todi. An inspiring leader and a beloved mentor. He was attached with Manovikas Kendra right from its inception and played a pivotal role in acquiring the plot for the institute at EM Bypass in the year 1990. Without his assistance it would not have been possible to have such a sprawling campus to serve and contribute to the cause. He joined the Governing Board of the institute as a member in 1990 and had been an active member until his health started to deteriorate. Shri Todi was always there for the institute, caring for the cause and taking interest in all one children and their activities. He always offered assistance spontaneously and guided as with his wisdom and vision.

Shri Todi was our friend, philosopher and guide for years. To this date he remains admired, loved and respected by everyone at Manurikas Kendra.



Manovikas Kendra

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