

Annual Report

2020-2021



Support Foundation

contribution to humanity

Who We Are and What We Do

I Support Foundation is dedicated to promoting solutions, across the spectrum and throughout the lifespan, for the needs of individuals with special needs and their families through Day Care Center, Residential Care Home advocacy and support; increasing understanding and acceptance of Autism Spectrum Disorder, Cerebral Palsy, Mental Retardation and other multiple disabilities; and advancing research into causes and better interventions for related conditions. I Support Foundation enhances lives today and is accelerating a spectrum of solutions for tomorrow.

I Support Foundation was founded in January 2014 by Bobby Ramani, also the sibling of a child with autism. Recognizing the need for a powerful voice, I Support Foundation, led by Bobby Ramani, has made extraordinary advancements in the Special Community. Chief among these advancements are increased awareness of autism, a better understanding of the breadth of the autism spectrum, and advocacy to increase research and access to care and support.

As a team, we will require the organization to grow in new ways and build capacity to be a sustaining organization to accelerate progress in science and support individuals with special needs and their families over a lifetime.

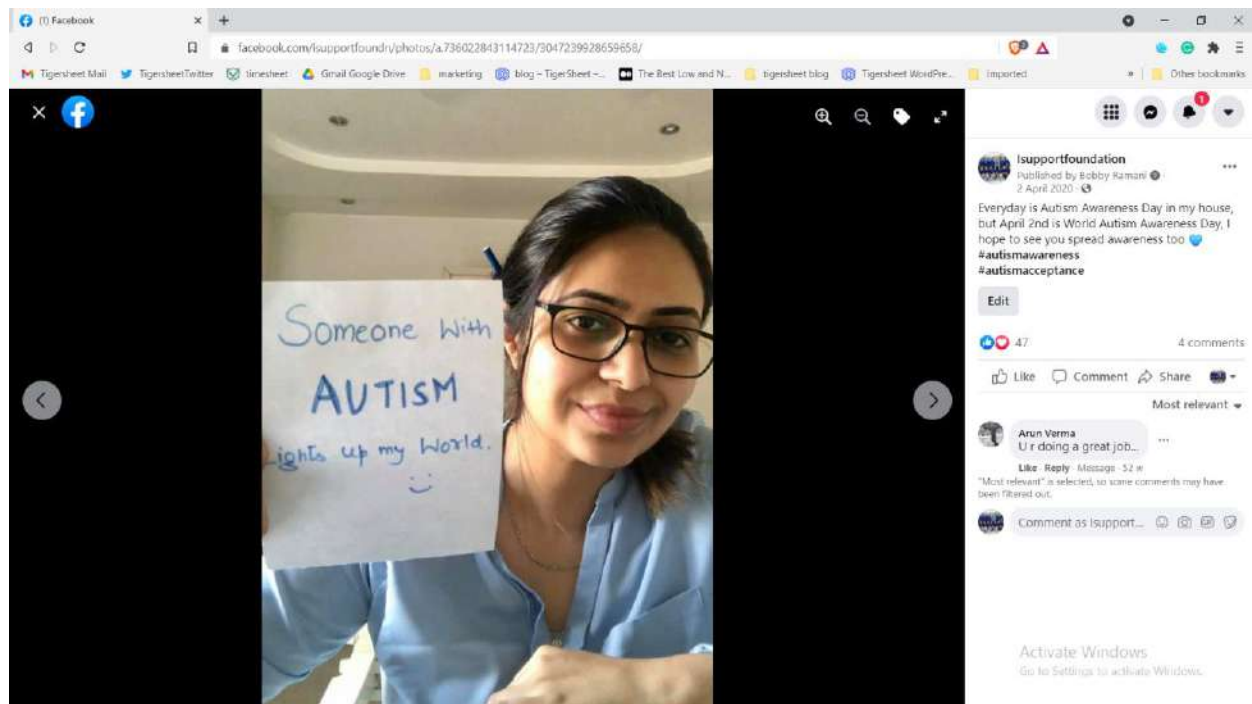
Annual Report -I Support Foundation (Autism Care Home) 1st April 2020 to 31st March 2021

1 April, 2020

Everyday is Autism Awareness Day in my house, but April 2nd is World Autism Awareness Day, I hope to see you spread awareness too 💙

[#autismawareness](#)

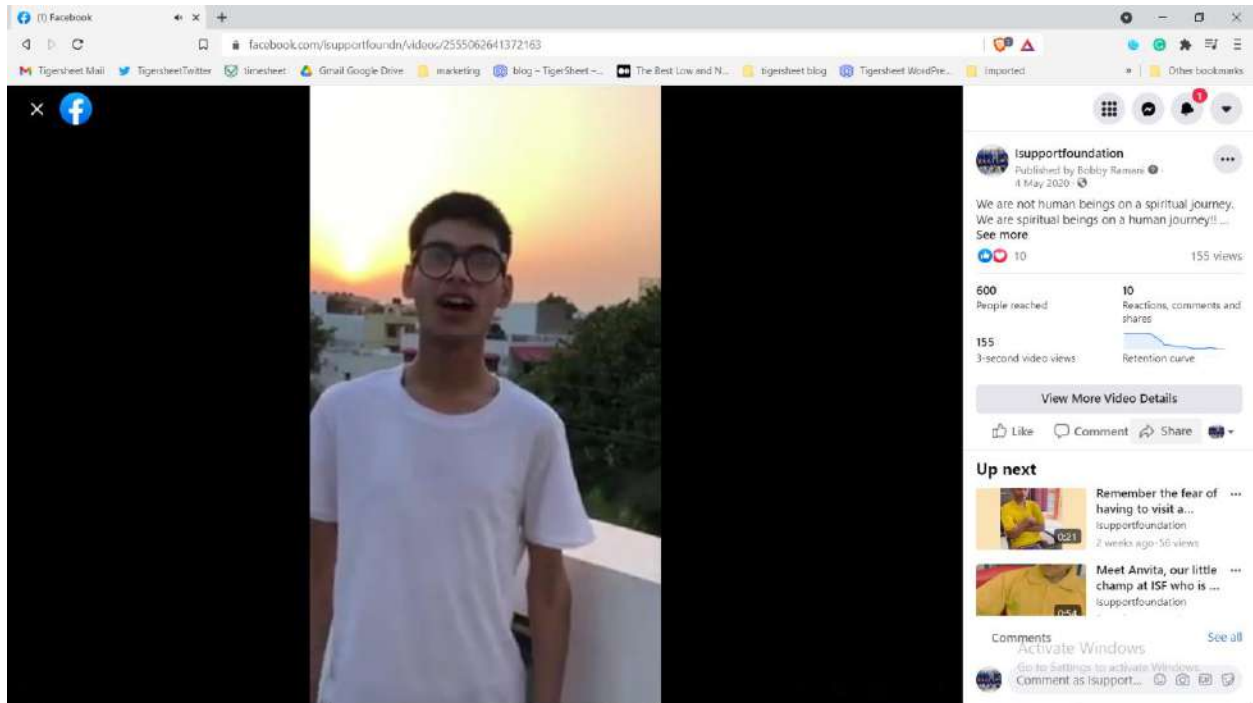
[#autismacceptance](#)



4 May, 2020

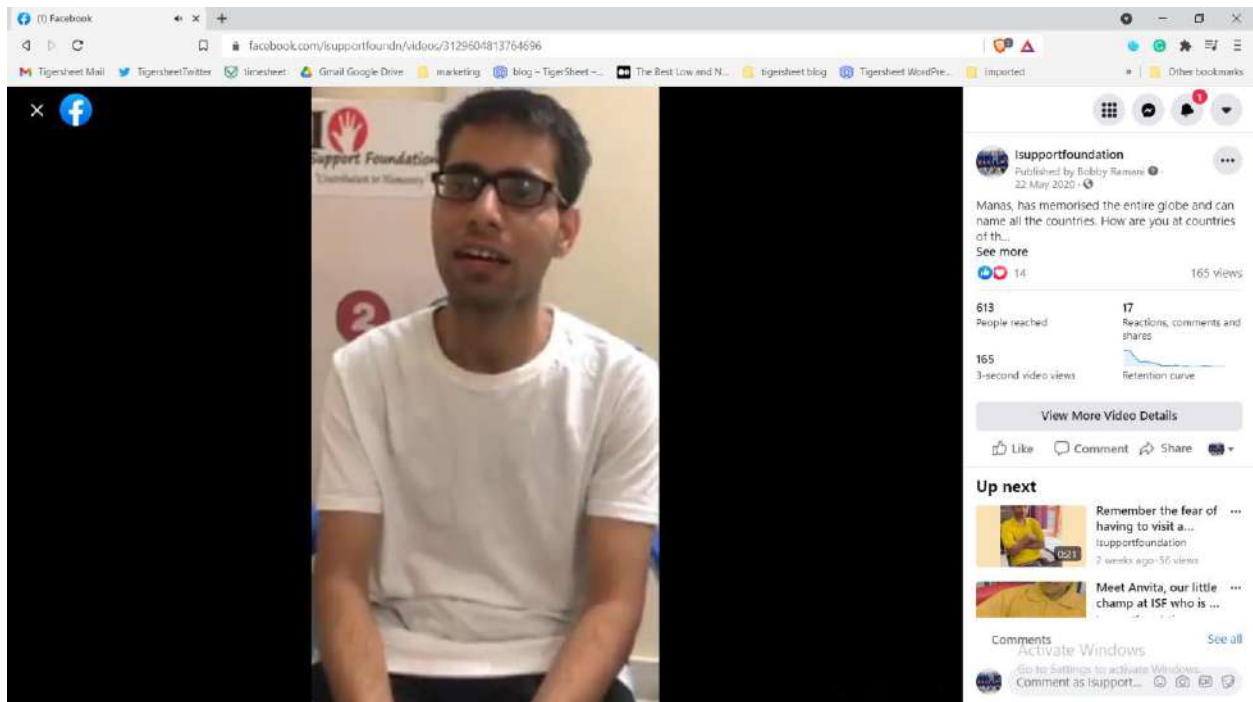
We are not human beings on a spiritual journey. We are spiritual beings on a human journey!!

@ISF, evenings be like.....



22 May, 2020

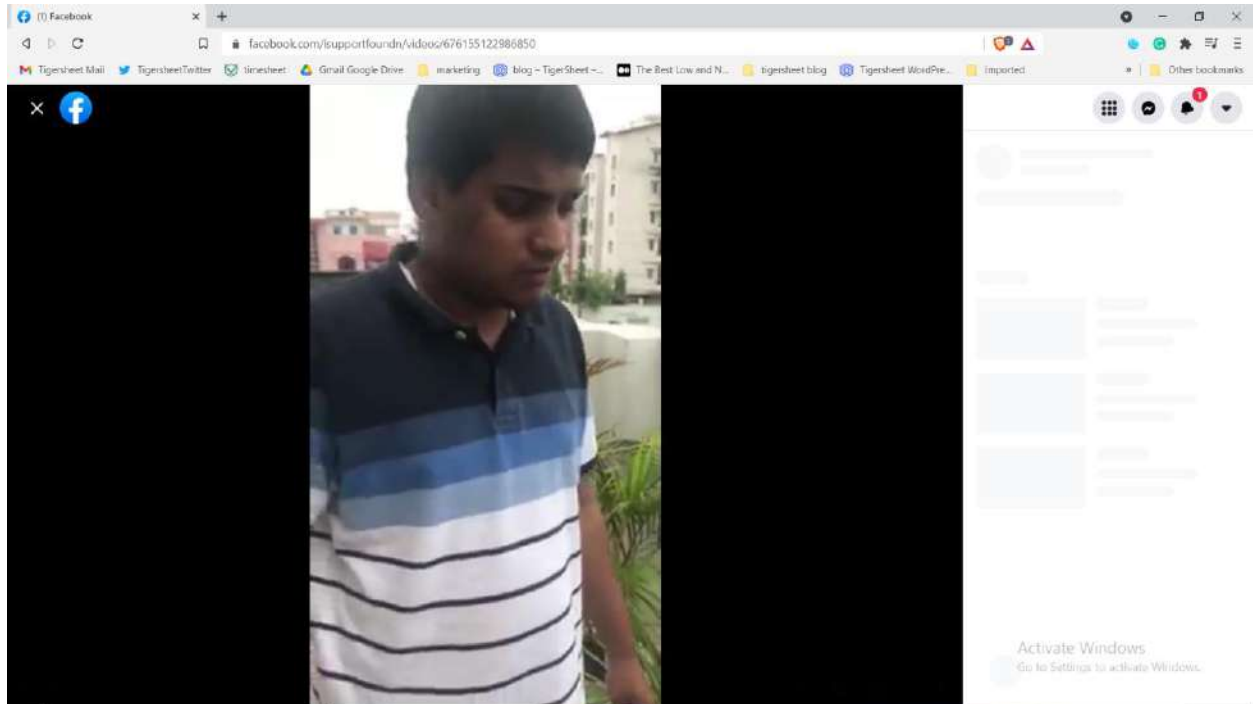
Manas, has memorised the entire globe and can name all the countries. How are you at countries of the world ?



25 June, 2020

Plants are everywhere around us, but how do plants grow and what makes plants grow?

Watch how smartly Naveen Answers!



3 July, 2020

“Autism is a part of your child. It’s not everything he is. Your child is so much more than his diagnosis”

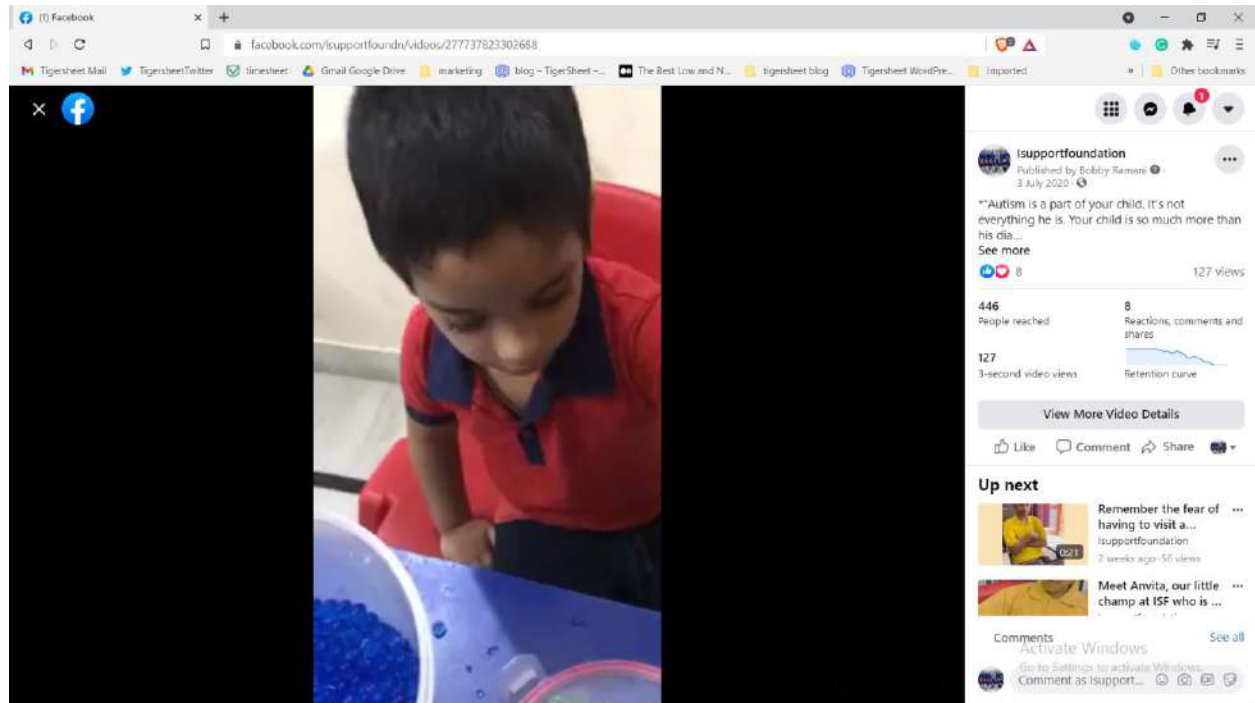
What’s a parent to do when their kiddo with ASD is home while others are at school? How can you keep them motivated, educated, and entertained? Sensory play!

Meet, Arnav, our sabse chhota bacha of ISF. He is a 4-year-old and extremely energetic!

Here in the video, Arnav is seen performing a sensory play indoor activity. Exploring sea animals from squishy jelly water is a search activity that has several benefits.

- It helps in improving brain and body coordination
- Promotes speech and language skills
- Helps in calming down emotions when agitated

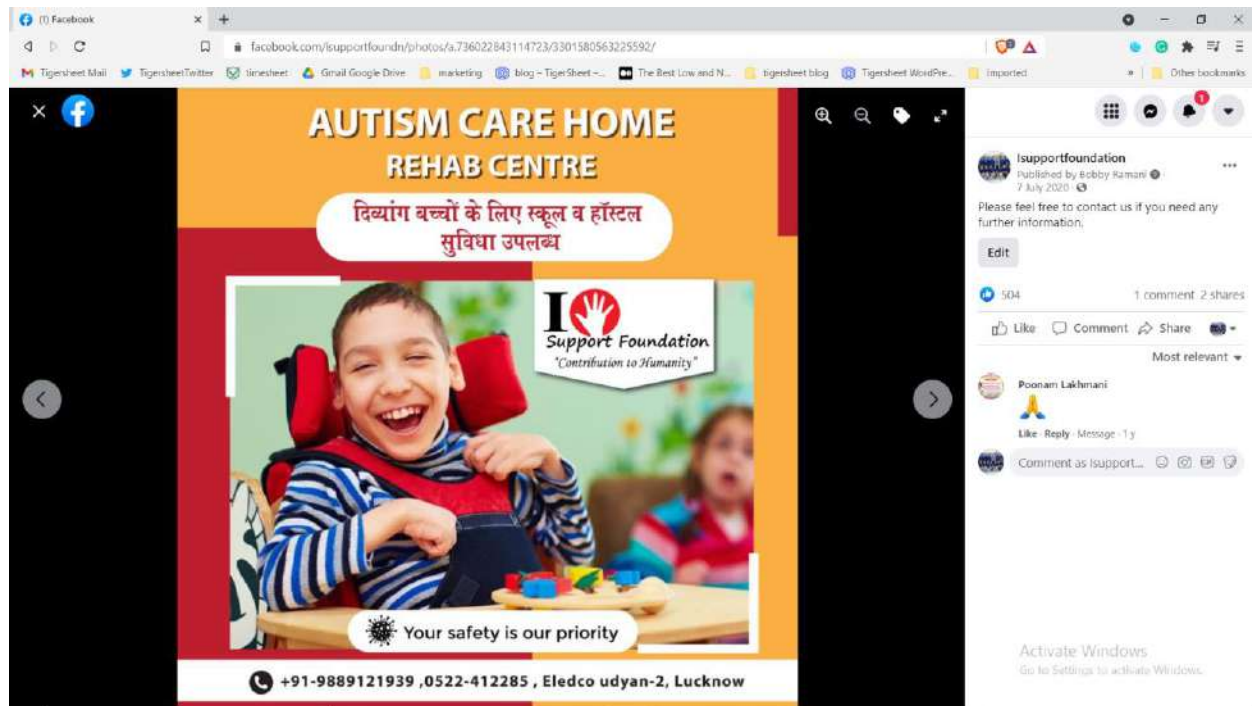
[#autismcare](#) [#autismacceptance](#) [#autismawareness](#)



7 July, 2020

Please feel free to contact us if you need any further information.

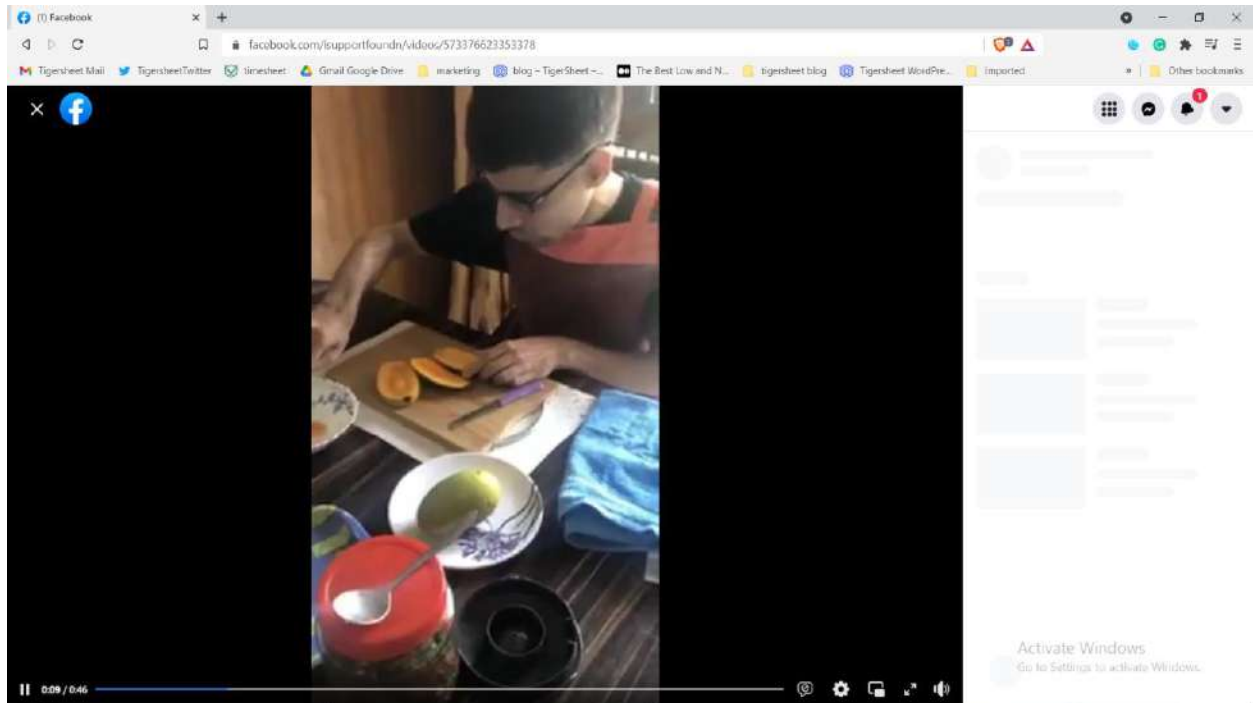




8 July, 2020

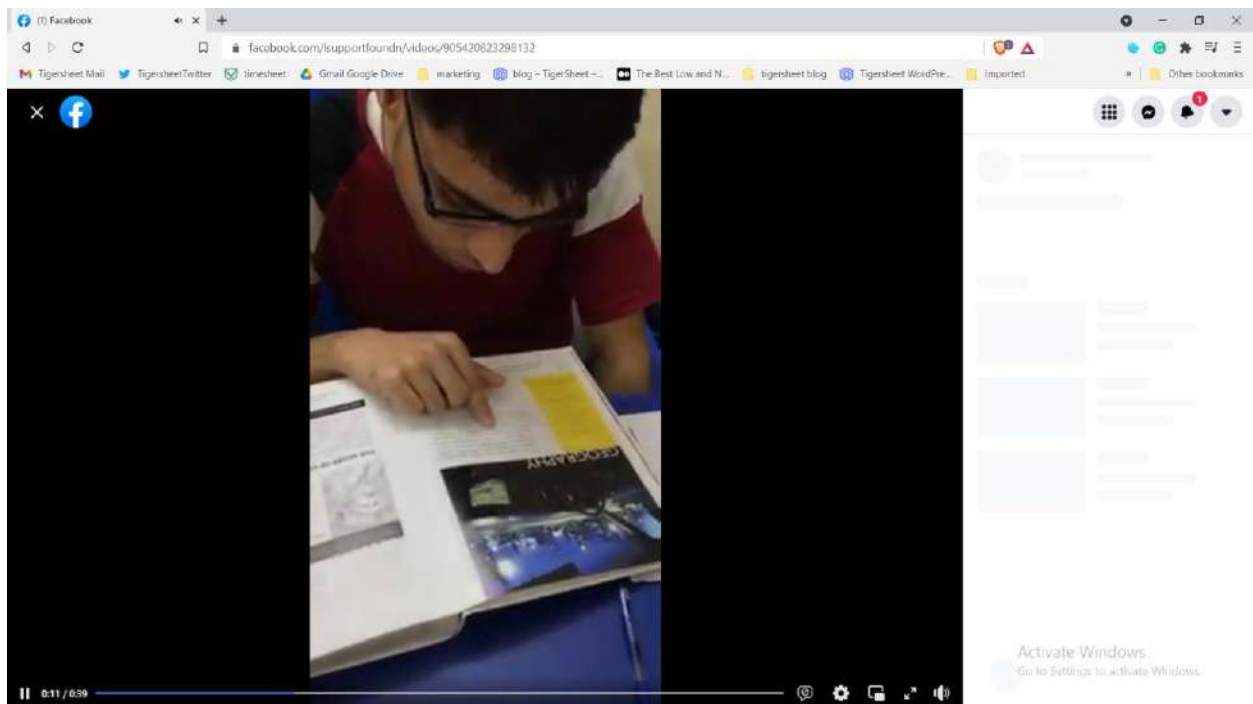
Who would say no to a chilled glass of mango shake this summer?

Meet Manas, a 22 year old, young and dynamic boy who makes a perfect mango shake (right from scratch) for everyone at Team ISF!



13 July, 2020

Today at ISF 😊

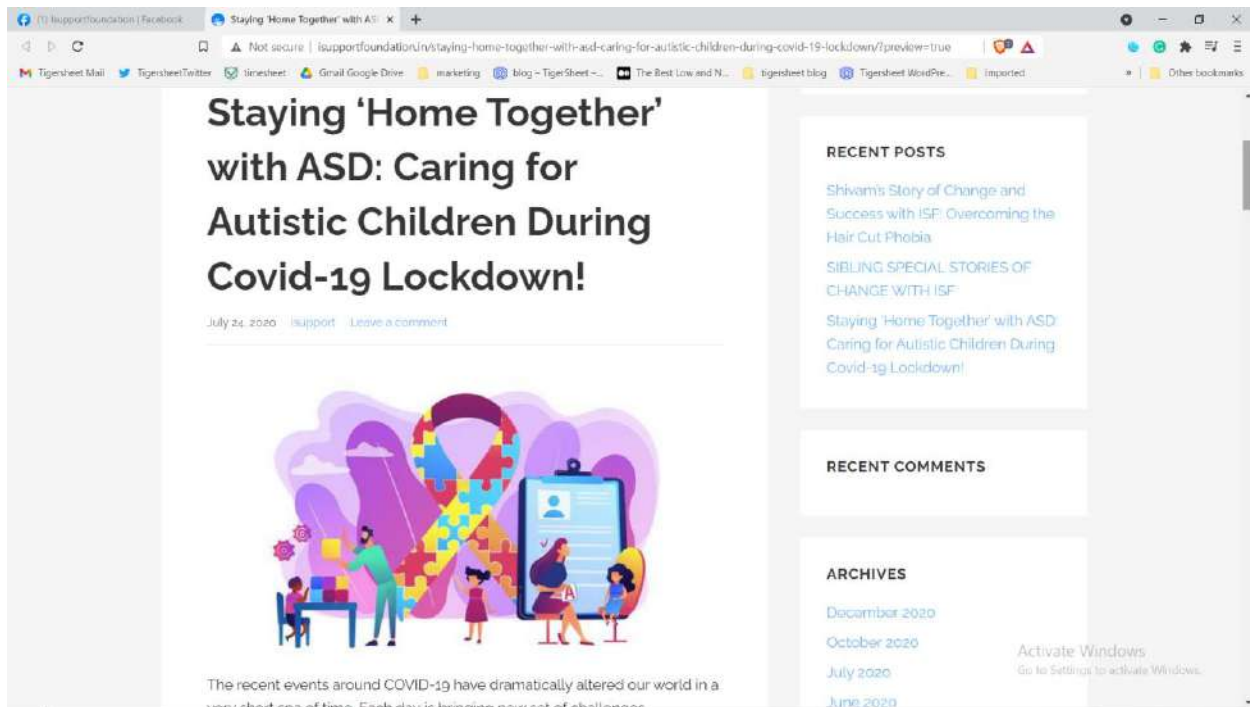


26 July, 2020

Parents who have kids with autism describe quarantine as exhausting, difficult and overwhelming. Indeed!

With our children home with us 24/7 now, how do we keep things on an even keel amidst this chaos? ISF brings some tips and strategies that can greatly help :

<http://www.isupportfoundation.in/staying-home.../...>



2 August, 2020

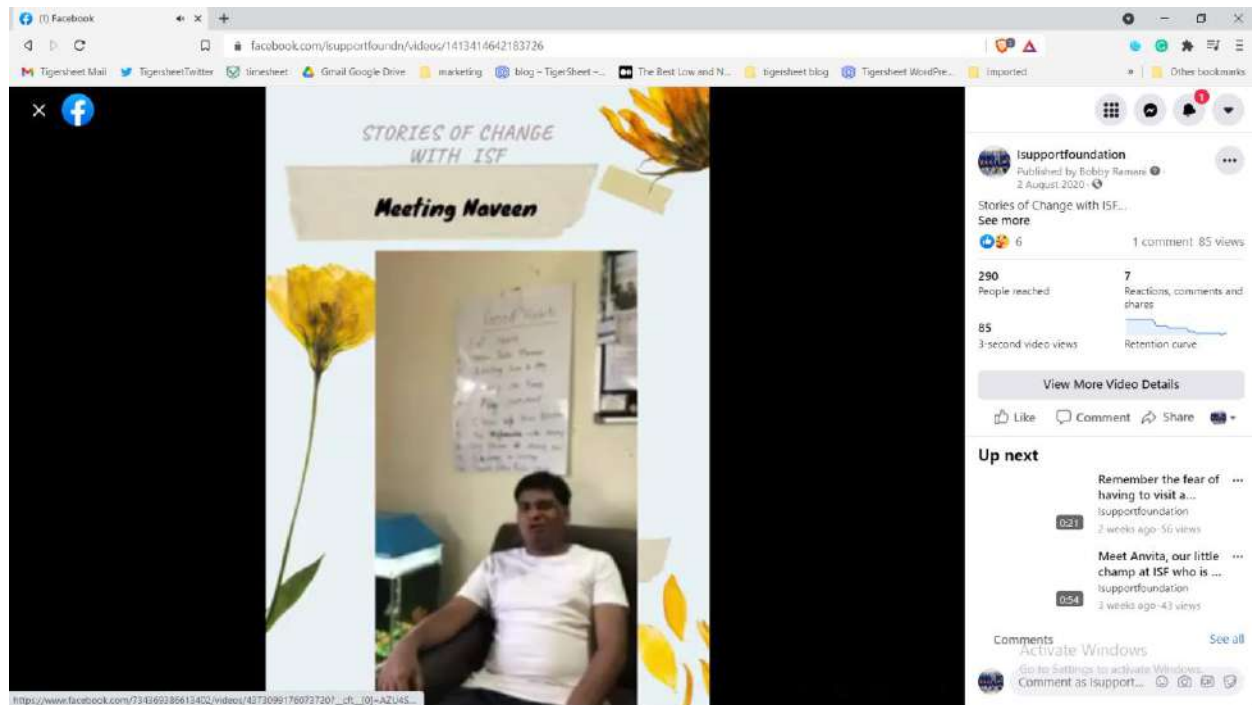
Stories of Change with ISF

Meet Naveen, an 18 years young boy, the most active and obedient student at Autism Care Home by ISF who will change the way you think about Disability & Depression! *

Naveen joined the center only 8 months back and has shown remarkable progress and growth since then.

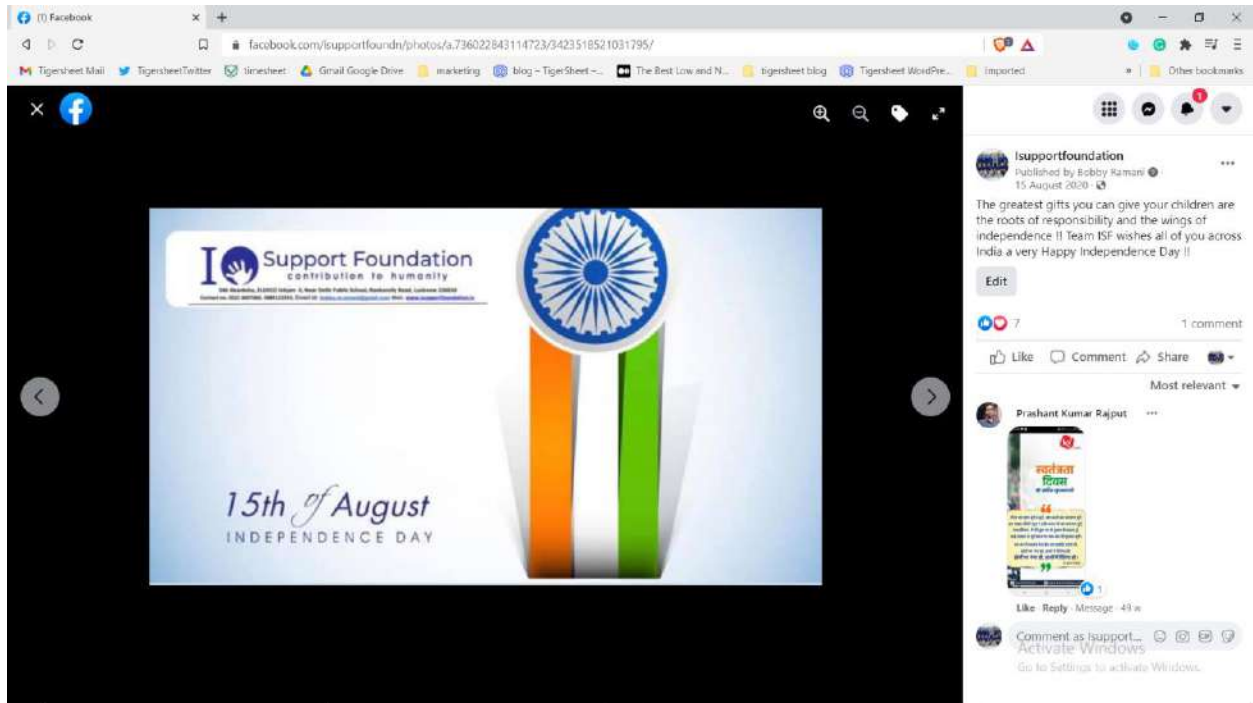
However, things were not all rosy for Naveen before, life took a jolt when he lost his mother 2 years back. Losing a mother at any age is a tremendous loss and so was for Naveen who subsided to depression, stopped talking, and taking interest in anything. The scratch mark on his face? It is a result of his constant peeling of skin using his thumb.

Naveen today is quite active in reading, writing and takes great interest in music & dancing. His father is immensely happy and proud of him. Naveen is a perfect example that is bringing the essence loud and clear “However difficult life may seem, there is always something you can do, succeed and come out with flying colors.”



15 August, 2020

The greatest gifts you can give your children are the roots of responsibility and the wings of independence !! Team ISF wishes all of you across India a very Happy Independence Day !!



5 September, 2020

“Teachers are the backbone of any country, the pillar upon which all aspirations are converted into realities.” - APJ Abdul Kalam

Team ISF wishes all the teachers a Happy Teachers' Day. Thank you for your relentless support and guidance over these years.



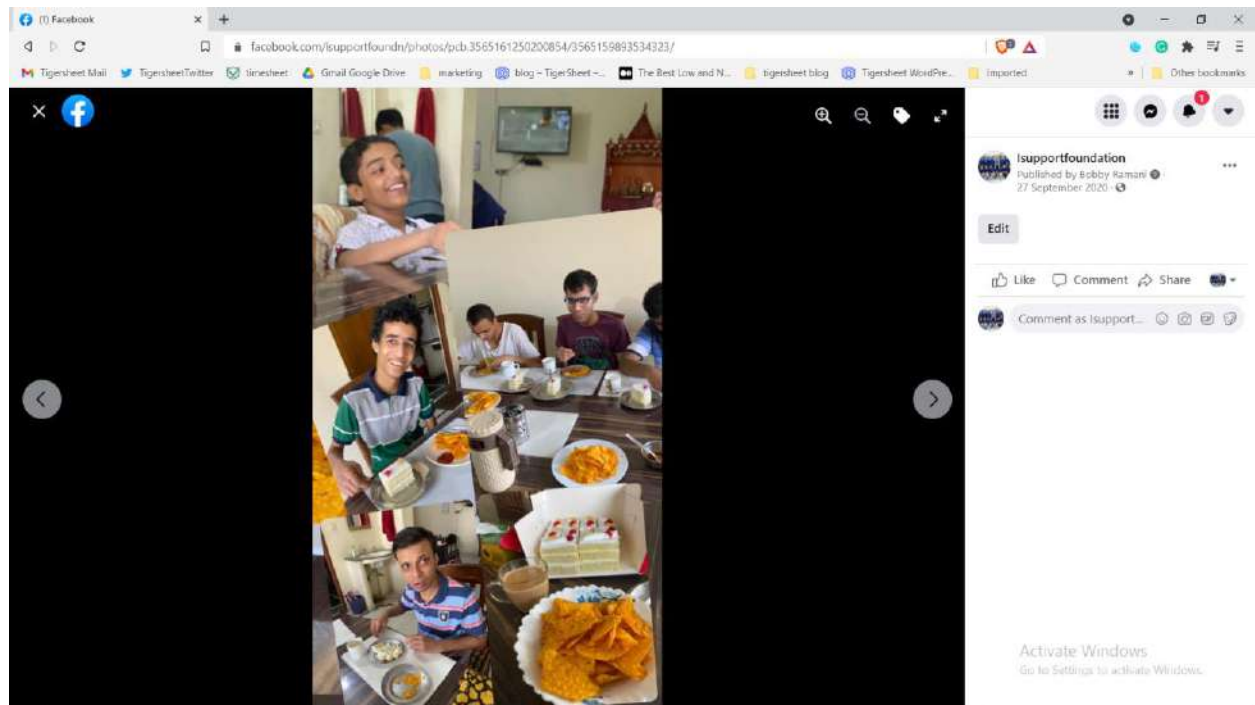
15 September, 2020

Today @ISF



27 September, 2020

Sunday funday !! 😊



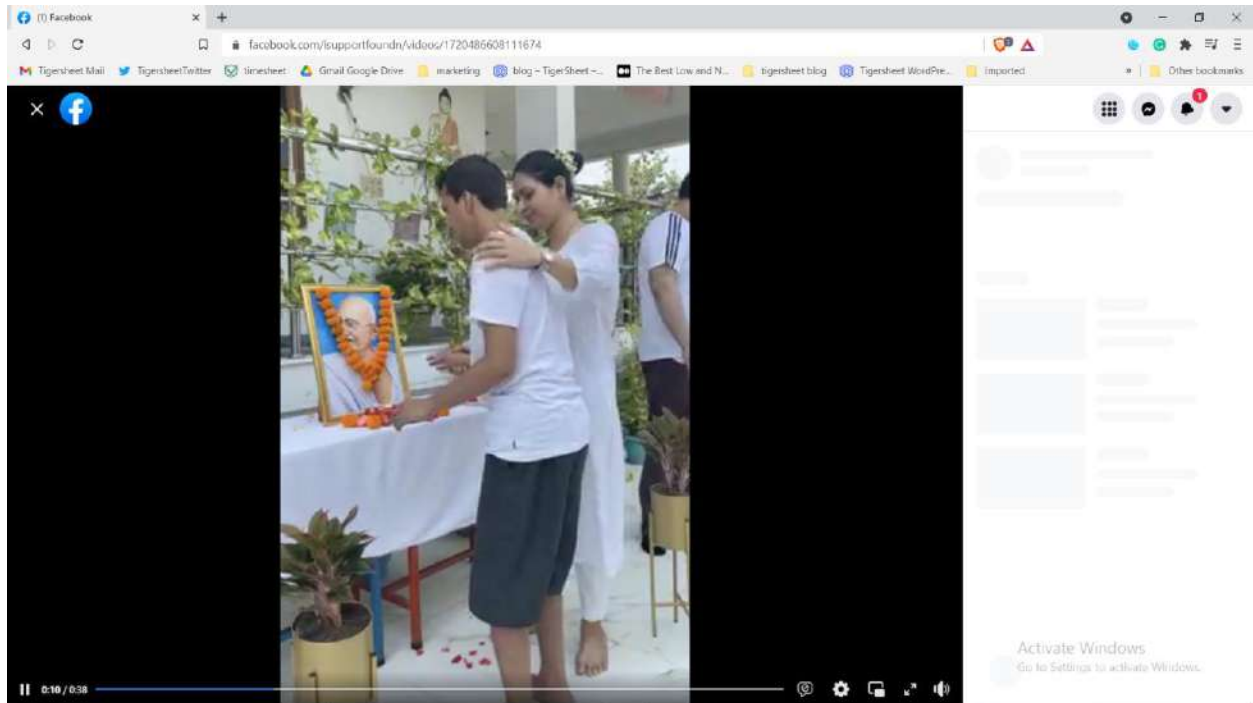
2 October, 2020

Symbol Of Truthfulness Love And Harmony Folded hands

Let Us All Remember The Great Freedom Fighter On His Birth Anniversary And Take Inspiration From His Words And Actions.

Team ISF wishes everyone a very Happy Gandhi Jayanti !

[#GandhiJayanti2020](#) [#ISupportFoundation](#) [#ISF](#) [#FatherOfTheNation](#) [#Bapu](#) [#India](#) [#Satyagraha](#)
[#NonViolence](#)



4 October, 2020

[#covid safetymeasures](#)

A successful school is one that provides a clean and safe environment for its students. We at ISF Day Care Centre agree to this no less!

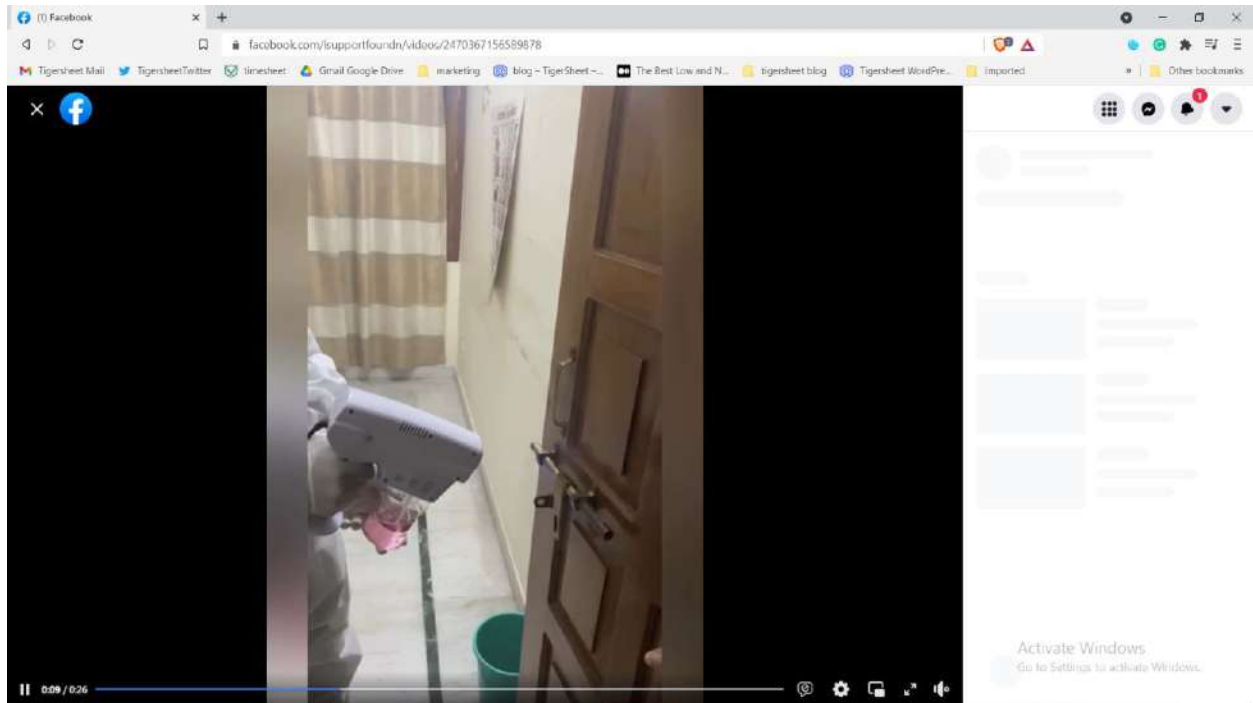
Cleaning and sterilization are the essentials that need to be followed amid the COVID spread.

and ISF is leaving no stone unturned in ensuring the safety of its students, teachers, and staff.

Here's a glimpse of our routine sanitization going in our classrooms, waiting area, school vans, and the entire premise

We also guide our students to wash their hands, wear masks, and help them practice utmost hygiene.

After all Padhega India Tabhi to Badhega India!



10 October, 2020

While unlimited time with smartphones may keep your child busy, you don't want them to have too much screen time. We can feel you!

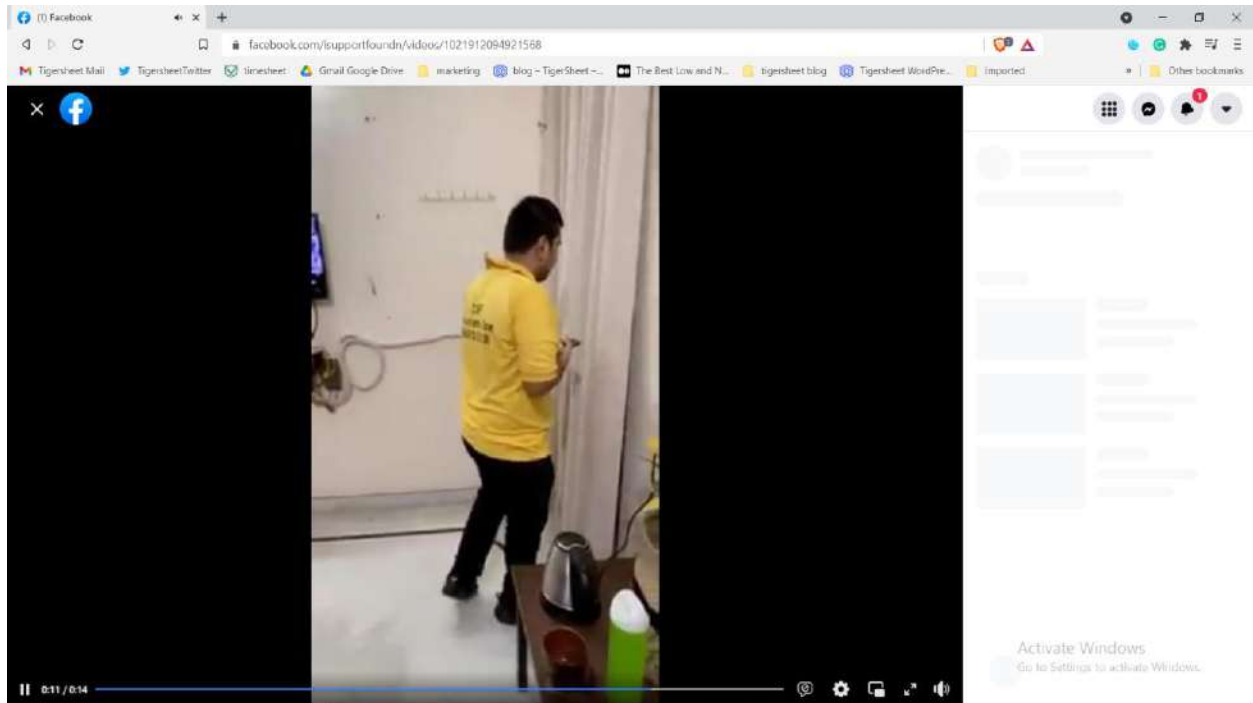
That said, setting limits on TV, smartphones or video games for kids isn't always easy in today's screen-filled world. But, we at *ISF Daycare Centre know how to set a balanced approach.*

Team ISF limits screen time by keeping a mobile check for its students wherein their smartphones are kept safe with the authorities from Mon to Friday. While on Saturday and Sunday evenings, the kids are handed over their smartphones for use.

This makes screen time a privilege for kids rather than a right. Setting such limits keeps them at check and in balance with technology.

What? Don't believe us?

Watch how "Abhinav" an ISF students is sweetly requesting to hand over his smartphone on a weekend evening. 😊



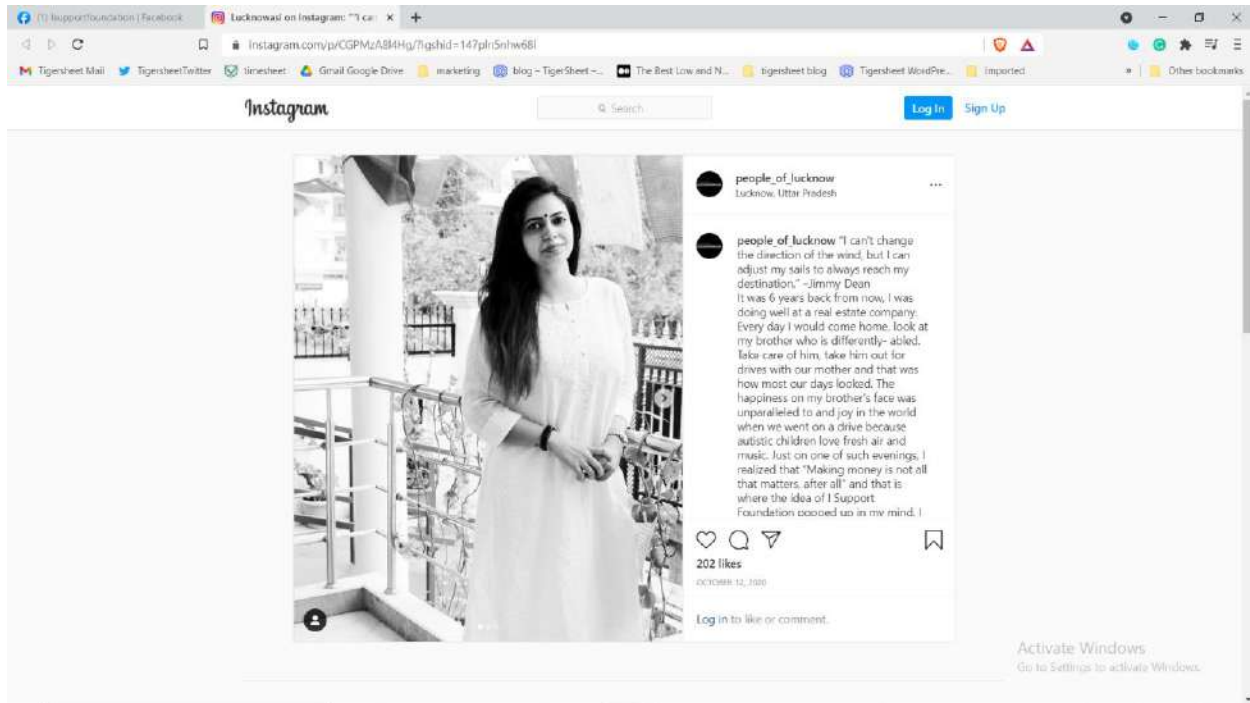
12 October, 2020

When we do the best we can, we never know what miracle is wrought in our life, or in the life of another."

We are proud and happy to share that we have been featured with "People of India " at Instagram.

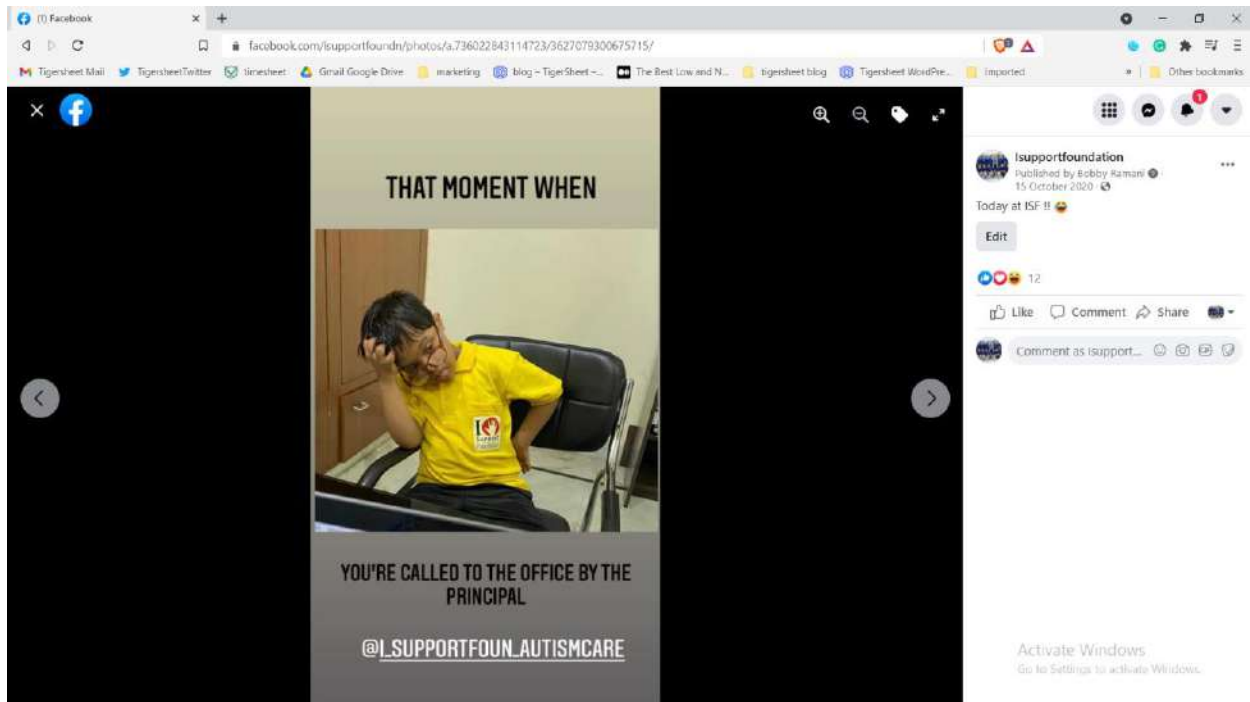
Cheers to ISF's journey and the dedicated team so far in bringing tangible differences in the lives of individuals.

You can check out the ISF feature here: <https://www.instagram.com/p/CGPMzA8l4Hg/...>



15 October, 2020

Today at ISF !! 🤪



17 October, 2020

Team ISF sends warm wishes to all.

May the blessings of Goddess Durga always be with everyone.

Wishing you all happiness!

Happy Navratri!

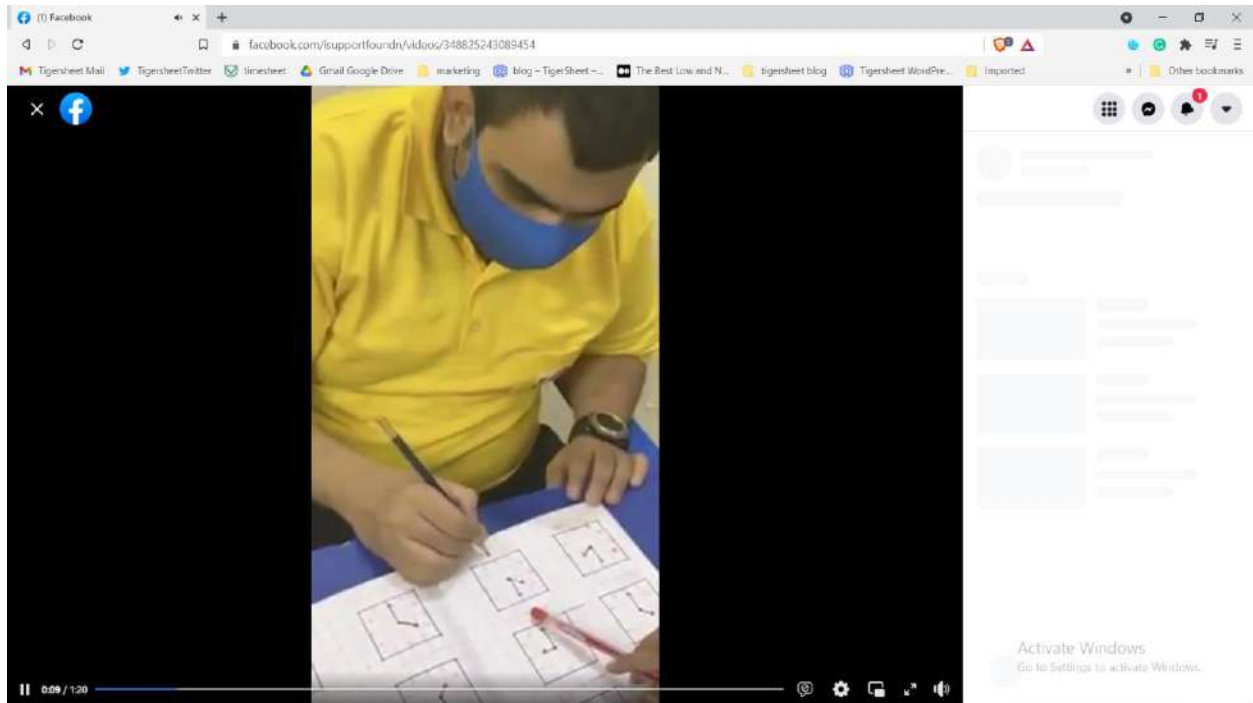
[#festival](#) [#navratri](#) [#celebration2020](#) [#happynavratri2020](#) [#specialschool](#)



18 October, 2020

Helping special education students master the concept of time is an important part of helping them develop independence.

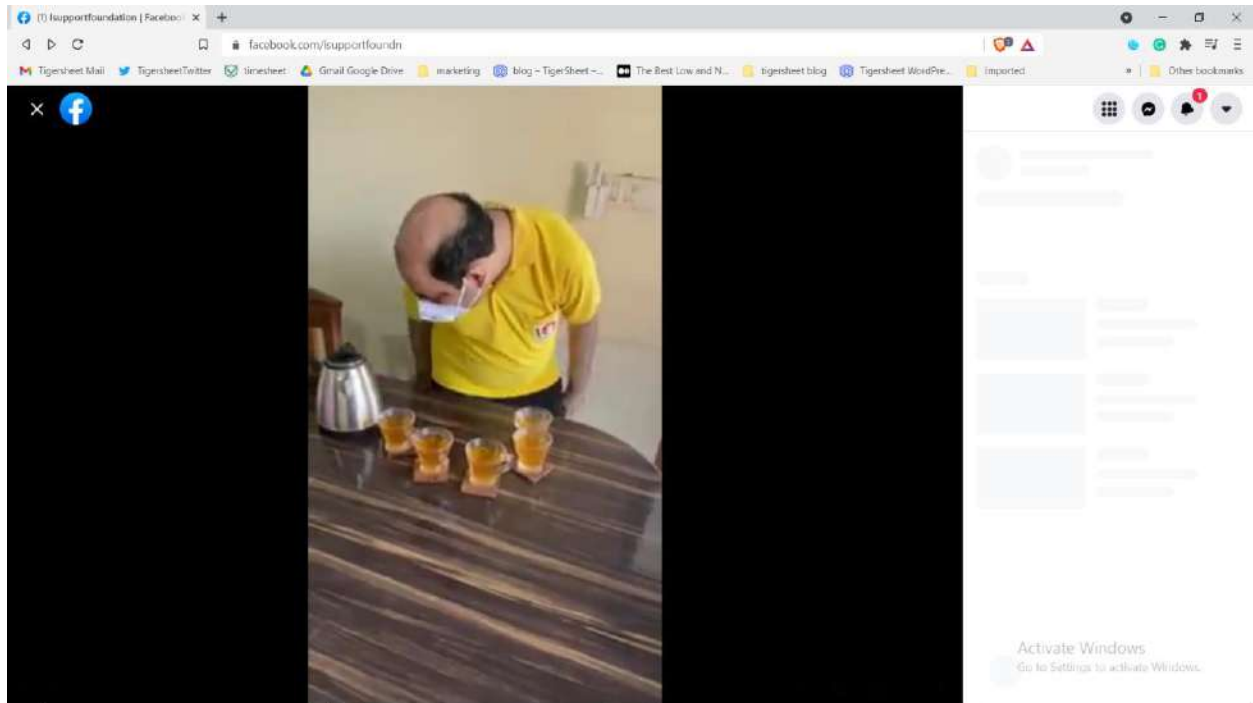
This lesson offers some ideas about how you can teach the concept of time to children with special needs !! (Feat. Abhinav)



23 October, 2020

The [#Covid19](#) pandemic has made us realise the importance of immunity like never before! Watch Suri (our new sabse bada bacha) to find out how you can make this [#kadha](#) at home using simple kitchen ingredients.

[#HealthyRecipe](#) [#healthshots](#)



8 November, 2020

As a child development and care organization, *ISF-Autism Care Home* believes in the power of storytelling to engage audiences, touch hearts, connect people, and inspire hope.

In our new edition of “Stories of Change with ISF” we want you to meet Aditya & Roselyn” the Inspirational Brother Sister Duo Who _Fought Disability_ and Rose Up to a Life of Dignity. These stories are a way to celebrate life and to bask in the feeling that no matter how hard it gets going, hope and help are always a call away.

<http://www.isupportfoundation.in/sibling-special-stories.../>

[#abilitynotdisability](#) [#disabilitylife](#) [#differentnotless](#) [#disabilitypride](#) [#inspirationalstories](#)
[#StoriesofChange](#) [#ISF](#) [#ISFStories](#) [#inspirationalert](#) [#disabilityservices](#) [#awareness](#)
[#inclusionmatters](#) [#disabilitysupport](#) [#disability](#) [#disabilityawareness](#) [#disabled](#) [#specialneeds](#)
[#accessibility](#) [#love](#) [#InvisibleIllness](#) [#storyoftheday](#) [#life](#) [#specialneeds](#)

[#disabilitytoowhite](#) [#disabilitycommunity](#)

ISF Support Foundation | Facebook

SIBLING SPECIAL STORIES OF CHANGE WITH ISF

We often hear about children with intellectual disabilities who face challenges as they grow into adulthood. Less often, we hear about their siblings. They often experience a unique set of emotions, responsibilities and opportunities when it comes to their siblings with special needs. Today, we have brought a sibling special edition of "stories of change" with ISF. These highlight the struggles of three 'DIFFERENTLY ABLED' brother who after getting inclusive support & education at ISF-Autism Care Home are living a life of dignity. Aditya and Roselyn



Aditya is a young active boy who was living a carefree life studying at a hostel in Roorkee. He was hyperactive, curious, sweet and had a cheerful attitude towards life. Life took a miserable turn when he lost both his parents. Aditya's sister, Ms. Roselyn who is working at a corporate company

SIBLING SPECIAL STORIES OF CHANGE WITH ISF

[Staying 'Home Together' with ASD: Caring for Autistic Children During Covid-19 Lockdown!](#)

RECENT COMMENTS

ARCHIVES

- [December 2020](#)
- [October 2020](#)
- [July 2020](#)
- [June 2020](#)
- [July 2018](#)

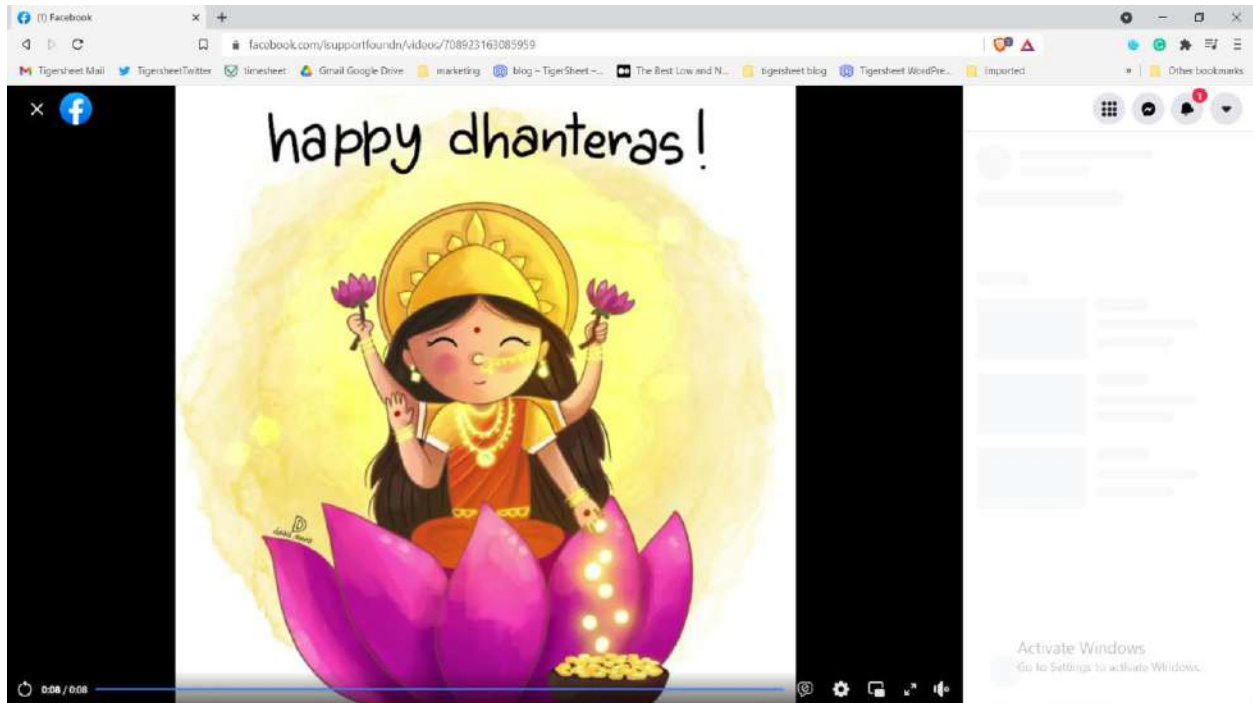
Activate Windows
Go to Settings to activate Windows.

12 November 2020

Team ISF- Autism Care Home wishes you all a very Happy Dhanteras !!

[#Dhanteras](#)

#2020



16 November, 2020

🎉 Festivals at ISF have always been a big deal.

These festivals aren't only just that time of the year when we get to have fun but they also symbolize the importance of togetherness and sticking up for each other through thick and thin.



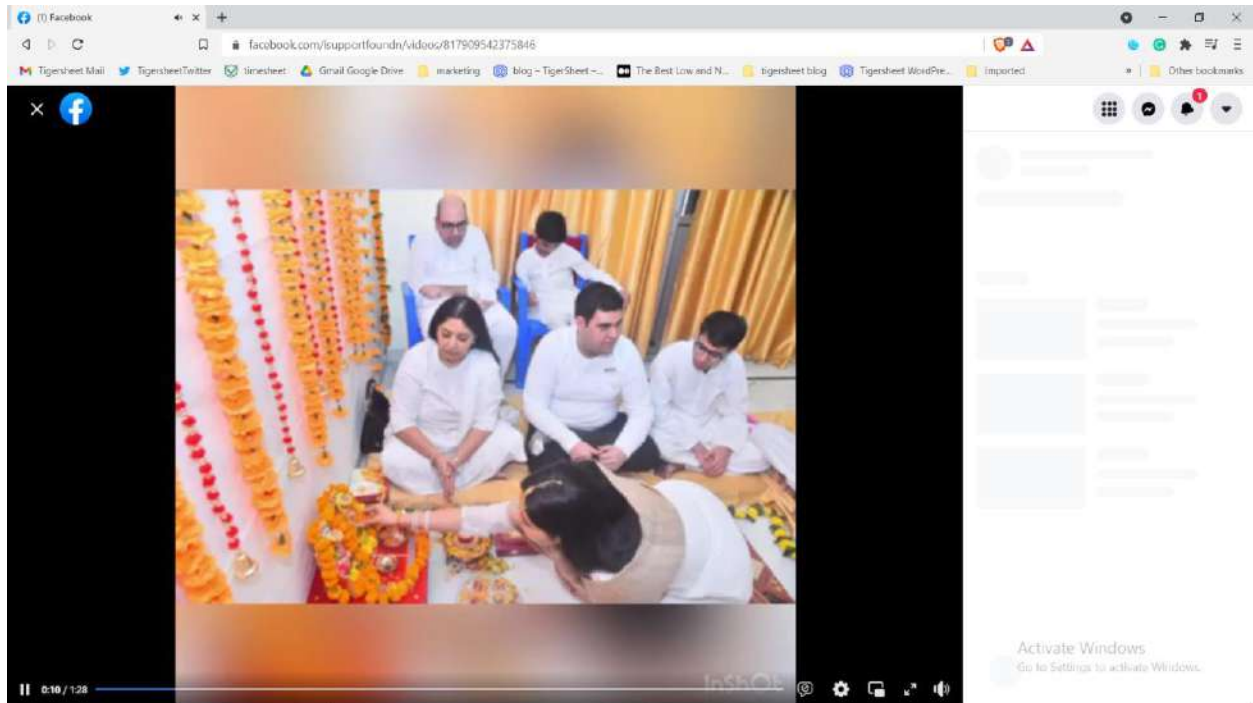
Team ISF and family had a gala time this “Diwali” when celebrations went full swing.

Day 1 marked “Lakshmi Poojan” which was then followed by *Musical Evenings” on 2nd day where parents of families came to pay a visit and celebrate the festival together.

We were overwhelmed to receive innumerable messages & requests from friends and enthusiasts who wanted to join in the ISF fever. To them we would say, don't be disappointed please...We would like to *welcome all of you and be a part of the team* for our Christmas celebrations and more! DM us @contact.isfautismcare@gmail.com

2020 has been a difficult year for all of us in various aspects but we have been together in these difficult times; and we are stronger than ever! 🌸🌸

👁️👁️ Here's a glimpse of *our Diwali at ISF!



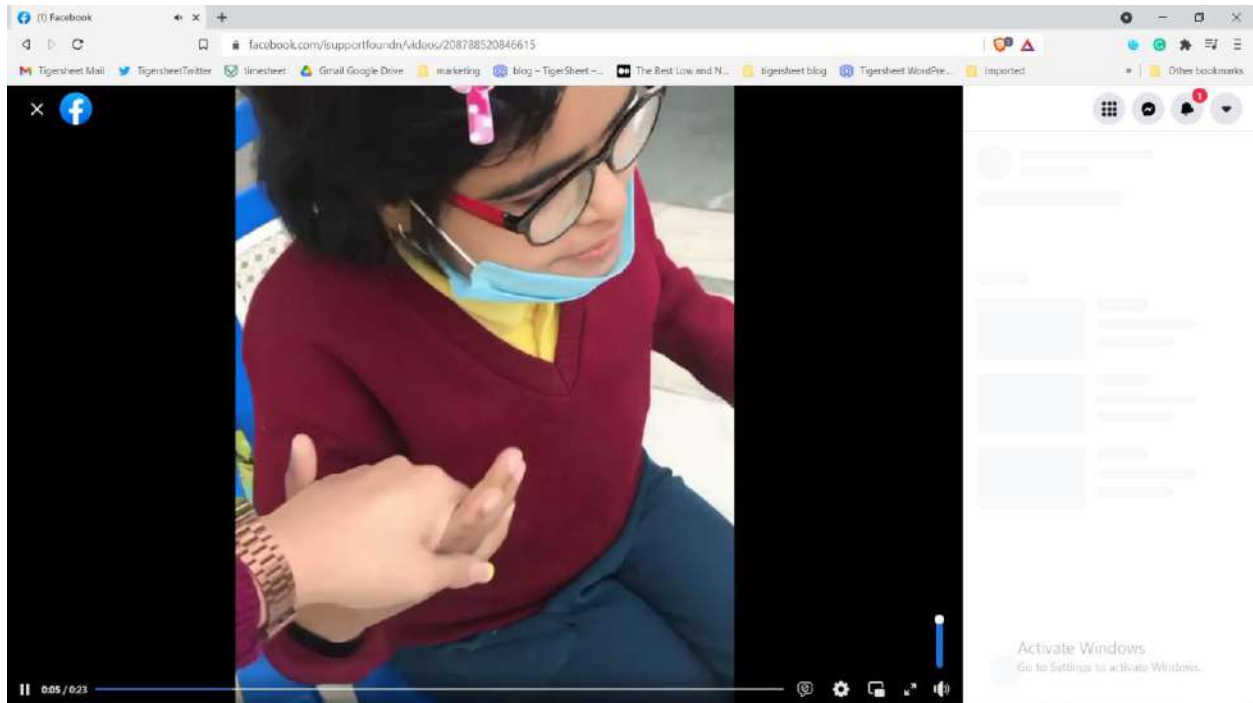
28 November 2020

All we need in life is a little love..but the little gestures now and then are like a cheery on the cake!

Coming to office and being showered with the unconditional love of ISF children, makes me wonder how blessed can I get 😊

She is sanjana, the chirpiest of them who never forgets to embrace me [Bobby Ramani](#) with her warmth and innocence whenever she spots me in the office

[#abilitynotdisability](#) [#disabilitylife](#) [#differentnotless](#) [#disabilitypride](#) [#inspirationalstories](#)
[#StoriesofChange](#) [#ISF](#) [#ISFStories](#) [#inspirationalert](#) [#disabilityservices](#) [#awareness](#)
[#inclusionmatters](#) [#disabilitysupport](#) [#disability](#) [#disabilityawareness](#) [#disabled](#) [#specialneeds](#)
[#accessibility](#) [#love](#) [#InvisibleIllness](#) [#storyoftheday](#) [#life](#) [#specialneeds](#)
[#disabilitytoowhite](#) [#disabilitycommunity](#)



4 December 2020

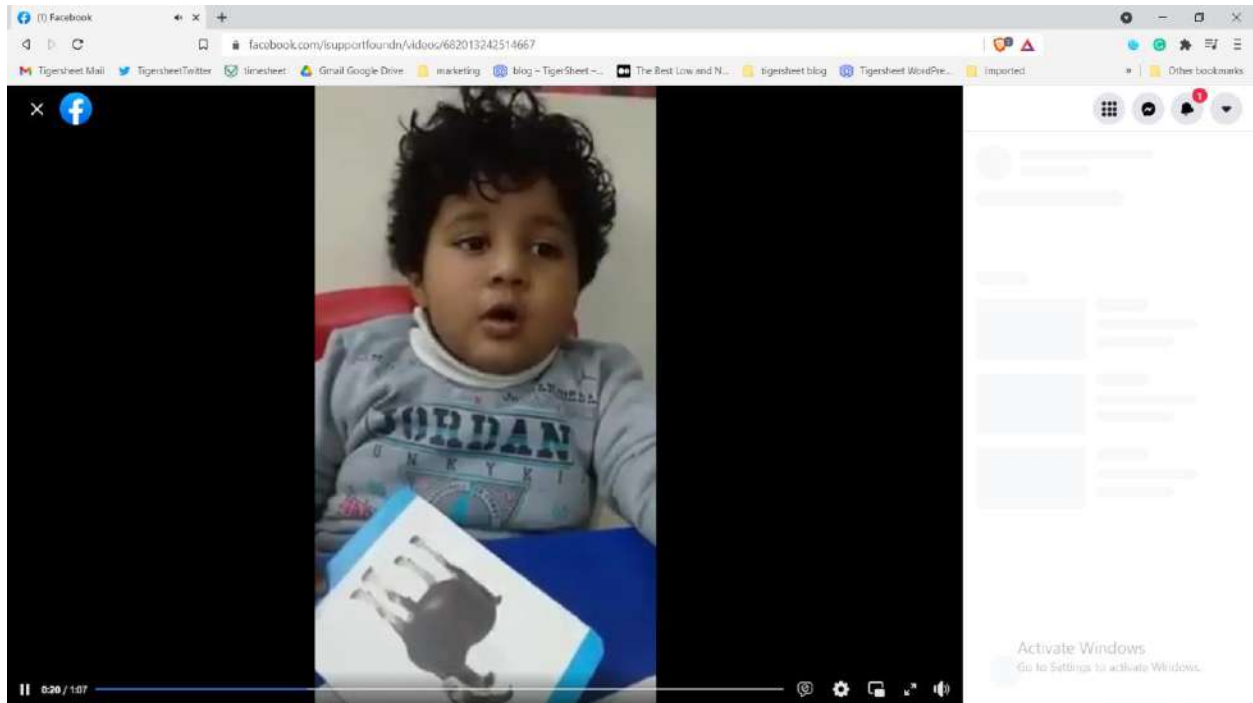
Helping children communicate successfully and speak clearly is truly a joy like no other!

Meet *Aradhya*, our 2-year 10 months old, lovely child at ISF who has shown phenomenal improvement in overcoming speech impediment (developmental disorder).

She can be seen reciting alphabets in a crystal clear voice with her therapist guiding her through the process.

Aradhya's parents are super happy and proud and so is Team ISF!

[#autismawareness](#) [#speechtherapy](#) [#specialneeds](#) [#love](#) [#differentnoless](#) [#inclusion](#) [#ISF](#)
[#Autismcarehome](#)

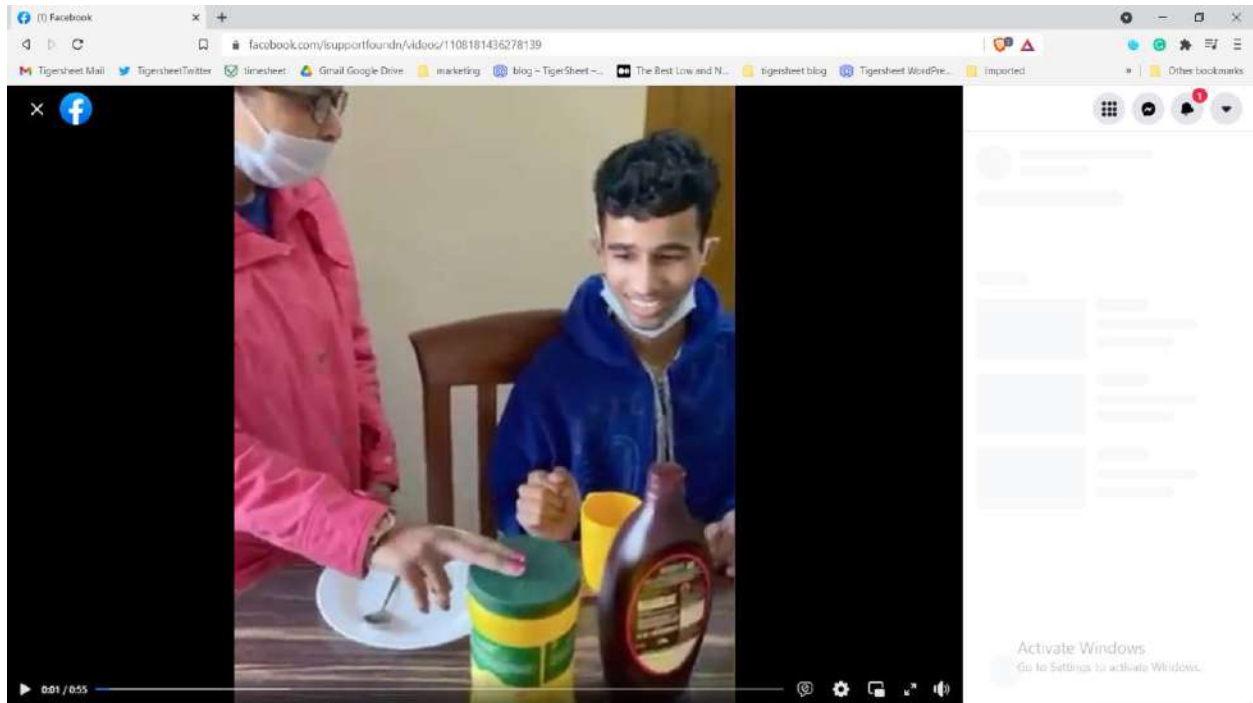


13 December 2020

Chocolate is the answer...who cares what the question is ! 😊

When asked upon to make a choice b/w chocolate milk and turmeric, our kids choose chocolate 🍫

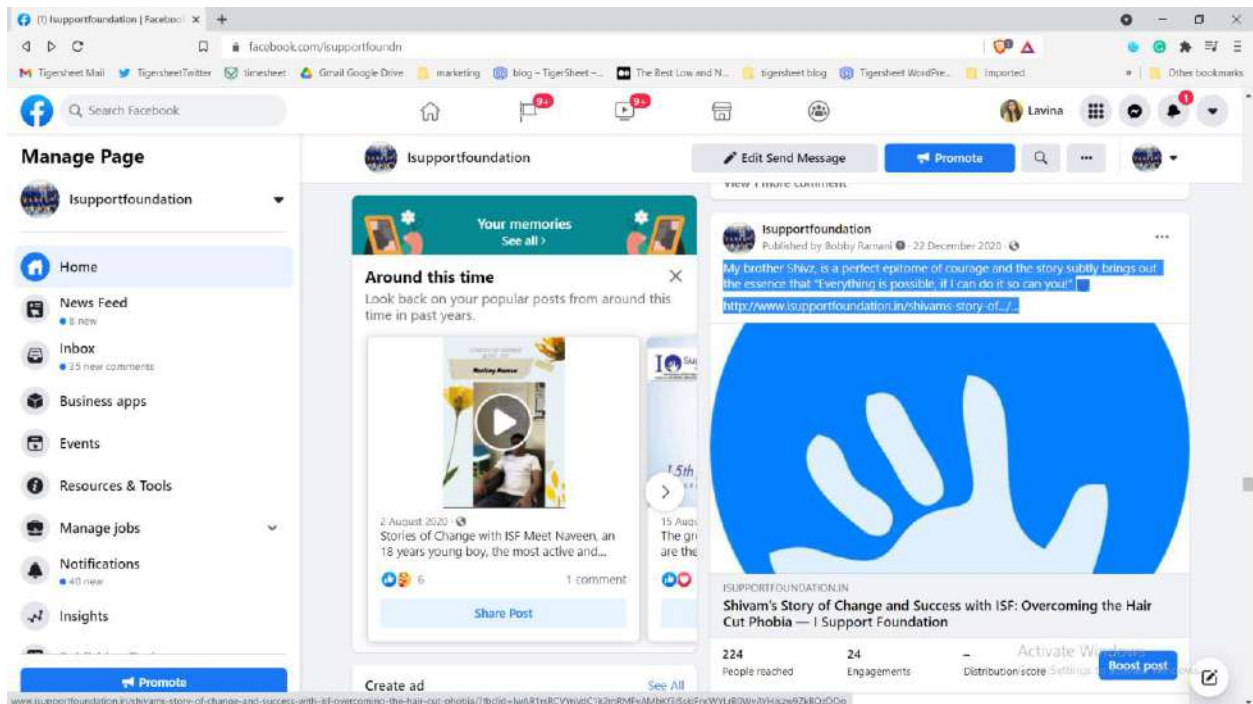
[#ISF](#) [#ISFDiaries](#) [#NutritionShots](#) [#Choclatemilk](#) [#Food](#)



22 December 2020

My brother Shivz, is a perfect epitome of courage and the story subtly brings out the essence that “Everything is possible, if I can do it so can you!” ❤️

<http://www.isupportfoundation.in/shivams-story-of-...>



23 December 2020

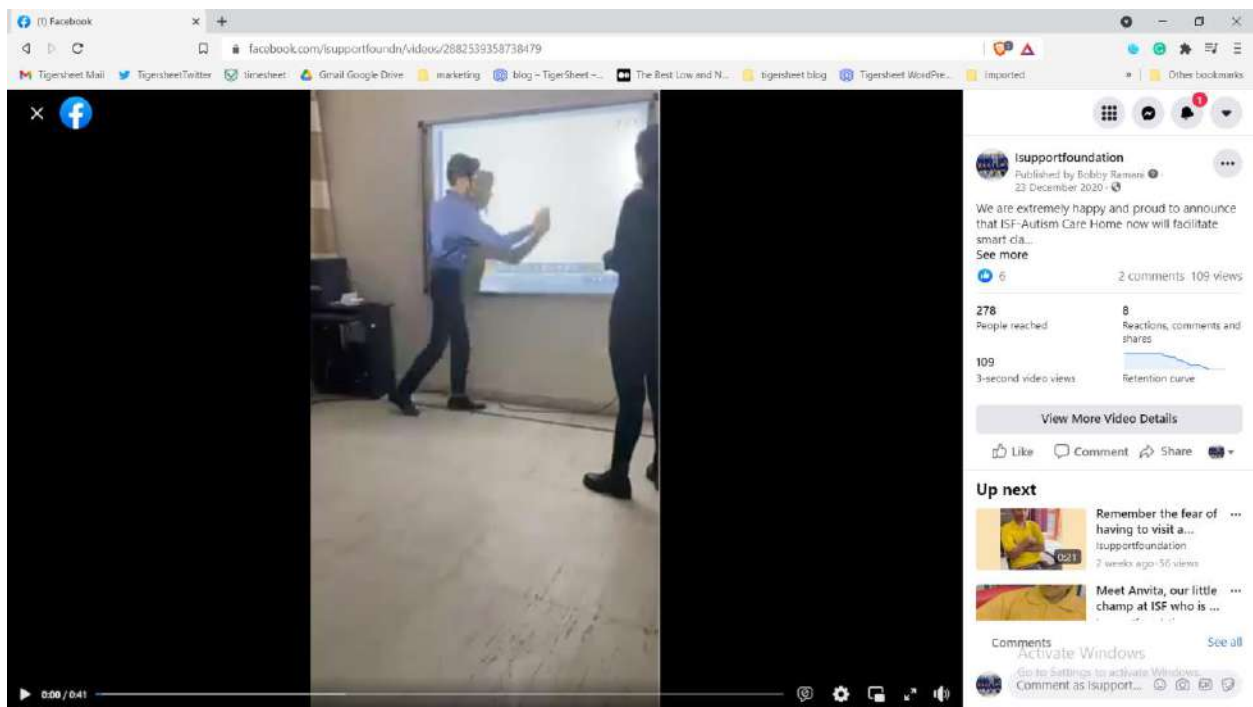
We are extremely happy and proud to announce that ISF-Autism Care Home now will facilitate smart class based curriculum for special kids.

We express our heartfelt thanks to our donor for his sheer generosity and contribution in making this a success.

You truly make a difference for us, and we are extremely grateful! The beautiful smiles of children are a testimony to that sir!

Together we can continue making our school an environment of excellence for our kids.

Thanks a lot!



24 December, 2020

🎄 MERRY CHRISTMAS EVERYONE 🌲

A year has passed 🗓️, and it's time again to:

Let's not look back 🙄

Let's focus on a fantastic 2021 🌟

Let's get good energy 🍀

As we approach the end of what has to be the most turbulent of years, *I Support Foundation (ISF)-Autism Care Home* wants to share with you all a message to say that we sincerely hope that you will have a peaceful, relaxing and safe Christmas and New Year.

Happy Holidays and Merry Christmas!

Thanks to everyone who supported our cause and believed in us in the year 2020. Thanks to all the team members, peers, and support groups who created value from challenges. Without your support and amazing work, nothing was going to happen. Thank you!

[#SeasonsGreetings](#) [#MerryChristmas](#) [#HappyNewYear](#) [#ISF](#) [#AutismCareHome](#) [#christmas2020](#)



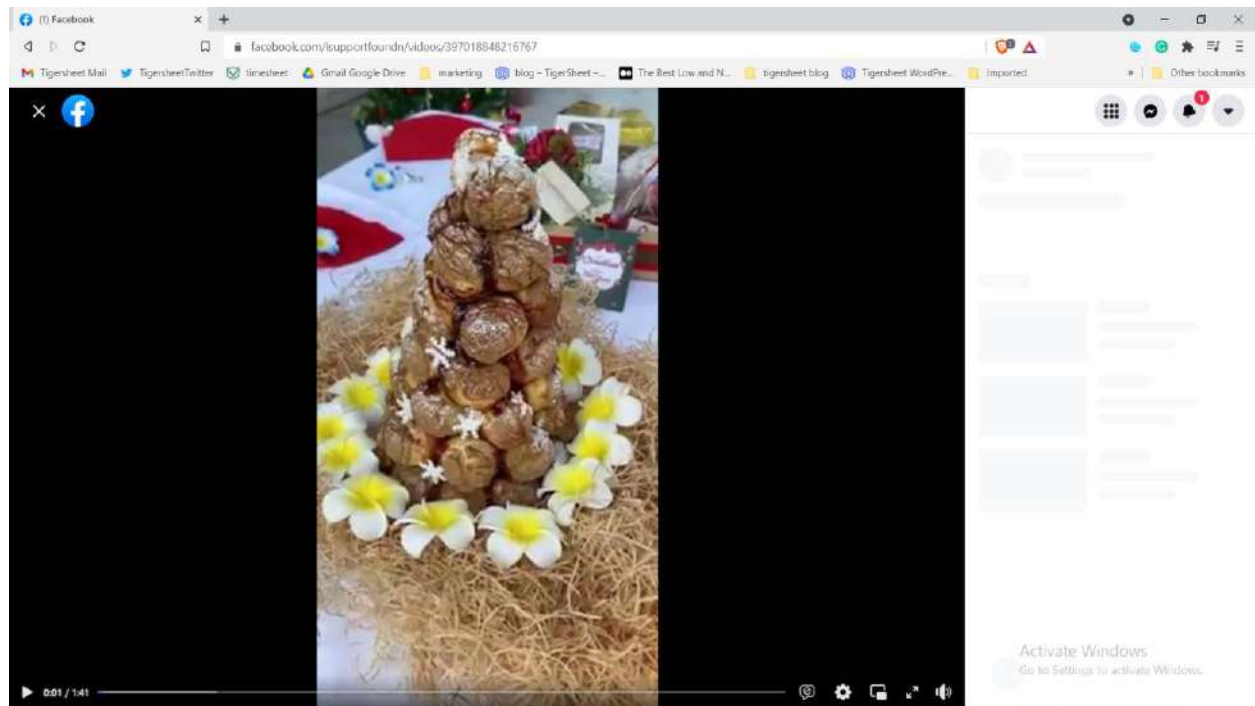
26 December 2020

The season of magic and miracle finally arrived with Christmas in the air! ISF had a gala celebration where our children did a cute performance singing and dancing on hallelujah.

ISF announced a short winter break till 17th January 2021, making kids smile and cheer with joy.

We hope with stepping out of this tough year, Santa comes and sparkles hope, love and his magic to 2021!

[#christmas](#) [#xmas](#) [#santa](#) [#autism](#) [#ISF](#) [#cheers](#) [#cheer](#) [#joy](#) [#carols](#) [#specialeducation](#) [#love](#) [#peace](#) [#happy](#) [#instagood](#) [#Autism](#)



30 December 2020

Wednesday Awareness with ISF

Early Intervention not only is helpful for the child but also has a great impact on the relationship between the child and parent.

It improves the developmental trajectory of the child and makes him independent.

Help your child, Help your Family!

[#ilearnthevirtualway](#) [#therapy](#) [#aba](#) [#theautismhelper](#) [#specialchild](#) [#ibelieveinyou](#) [#letsdoit](#) [#happy](#) [#aba](#) [#occupationaltherapy](#) [#happiness](#) [#peace](#) [#mentalhealth](#) [#asd](#) [#autism](#) [#covid_19](#) [#india](#) [#learntheaceway](#) [#earlyintervention](#) [#aba](#) [#ABA](#) [#appliedbehaviouranalysis](#)

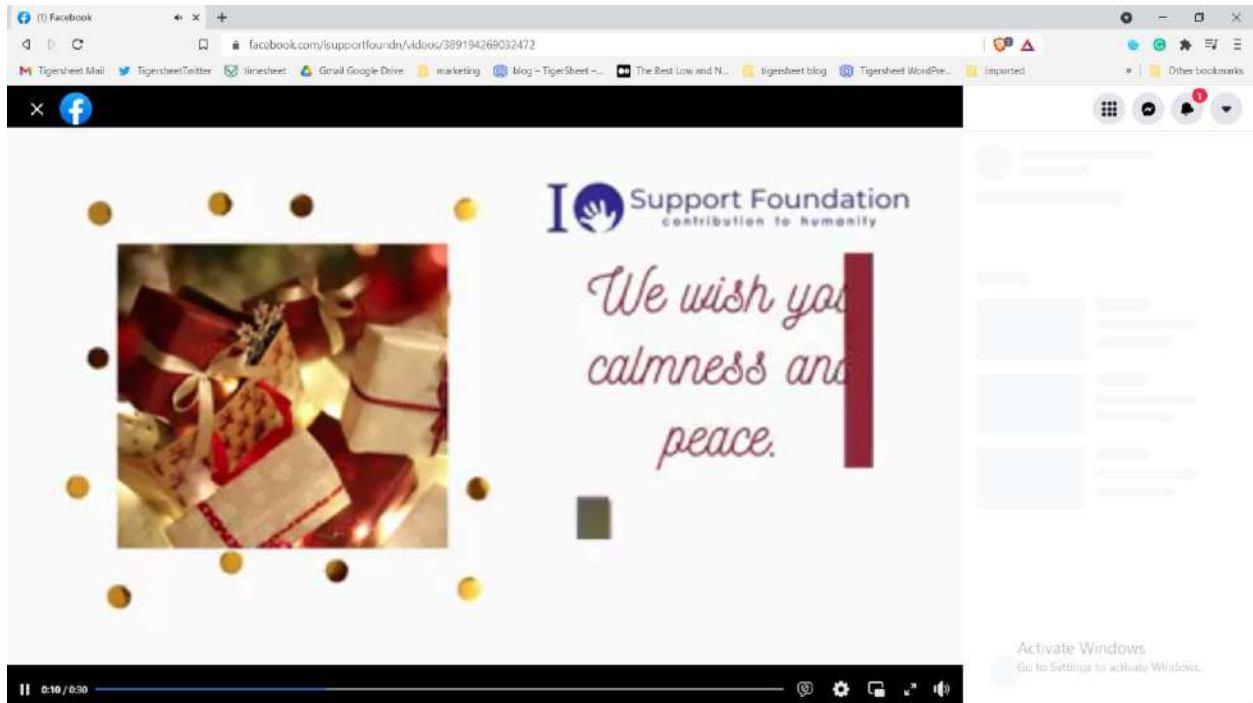


1 January 2021

2020 has been a difficult year for everyone and we are glad to turn the page and usher in a new year.

A very Happy New Year from the ISF Family to everyone out there! Here's hoping that 2021 brings you health and happiness.

[#ISF](#) [#Seasons](#) Greetings [#happyholidays](#) [#happynewyear2020](#)



3 January 2021

Surviving Winter Chills with Moisturizer& Hydration- The ISF Daily Diaries

It's fairly cold outside and with winter chills around, our skin can actually suffer a lot. The dry air and drying heat in our homes causes our skin to become increasingly dry and itchy.

But our children at ISF have donned their hats ready to combat the winter chill!As we can in the video, Aryan, at ISF is applying a moisturizer as soon as he gets out of the bath or shower that helps to keep the skin smooth, hydrated, and supple. A dash of petroleum jelly on the lips further makes the lips and skin happy this winter locking in the necessary hydration!

Here's wishing a Happy Winter from ISF 😊



4 January 2021

ISF has announced its much-awaited winter holiday break from 27 December 2020!

As we are entering the heart of the holiday season, please remember that your autistic child might experience the holidays differently. To your child, the holidays might mean a disruption in routines, needing to socialize more than usual (even if via Zoom), smells of cleaning supplies and holiday foods, and other disruptive sensory inputs.

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As you are making your holiday plans, remember to make adjustments for your child on the spectrum. They still need a schedule. A visual one is the best. Your child will benefit from having that schedule reviewed, maybe more than one time. Have it available for the child to look at throughout the day.

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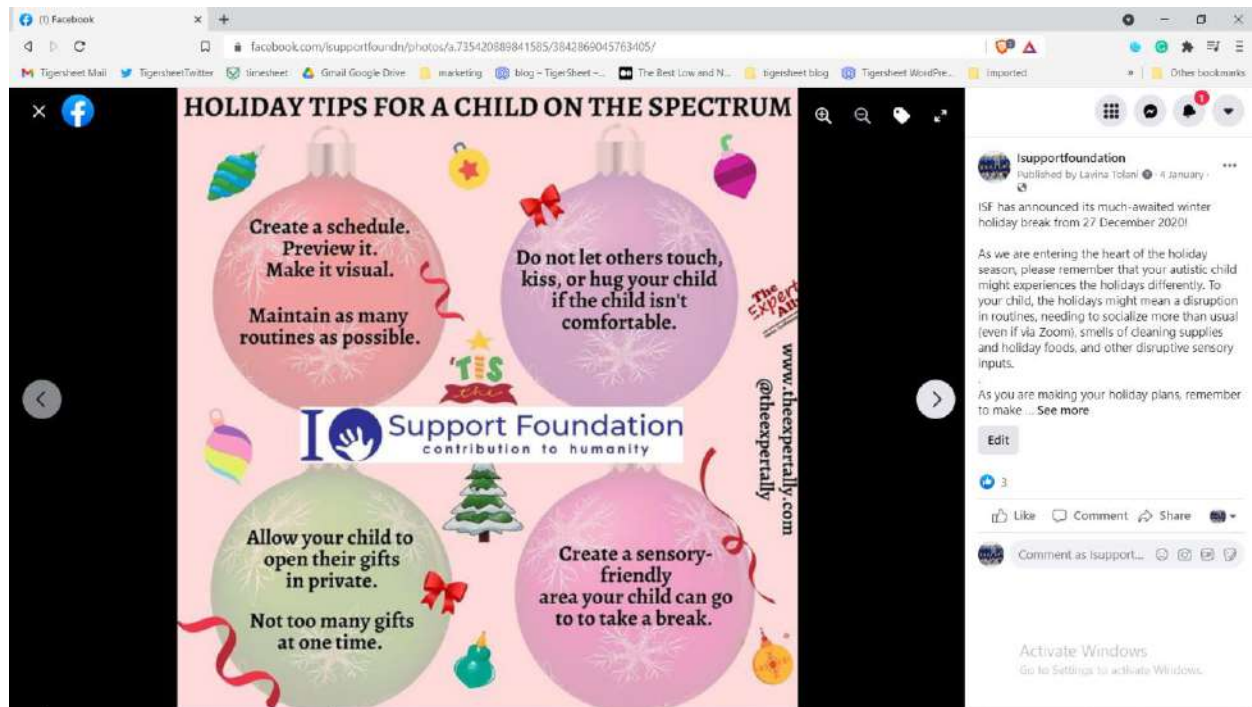
Follow @isupportfoundation for such tips and disability awareness

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[#neurodivergent](#) [#autistic](#) [#autismmom](#) [#autismmoms](#) [#aspiengirl](#) [#autismspectrumdisorder](#)
[#autismspectrum](#) [#asd](#) [#autismfamilies](#) [#aspergers](#) [#adhd](#) [#nonverbalautism](#) [#autismdad](#)

[#autismdads](#) [#anxiety](#) [#momlife](#) [#momstruggle](#) [#anxiety](#) [#family](#) [#adhd](#) [#tiredmama](#)
[#neurodiversityacceptance](#) [#mentalhealthawareness](#) [#worldmentalhealthday](#) [#ausome](#)

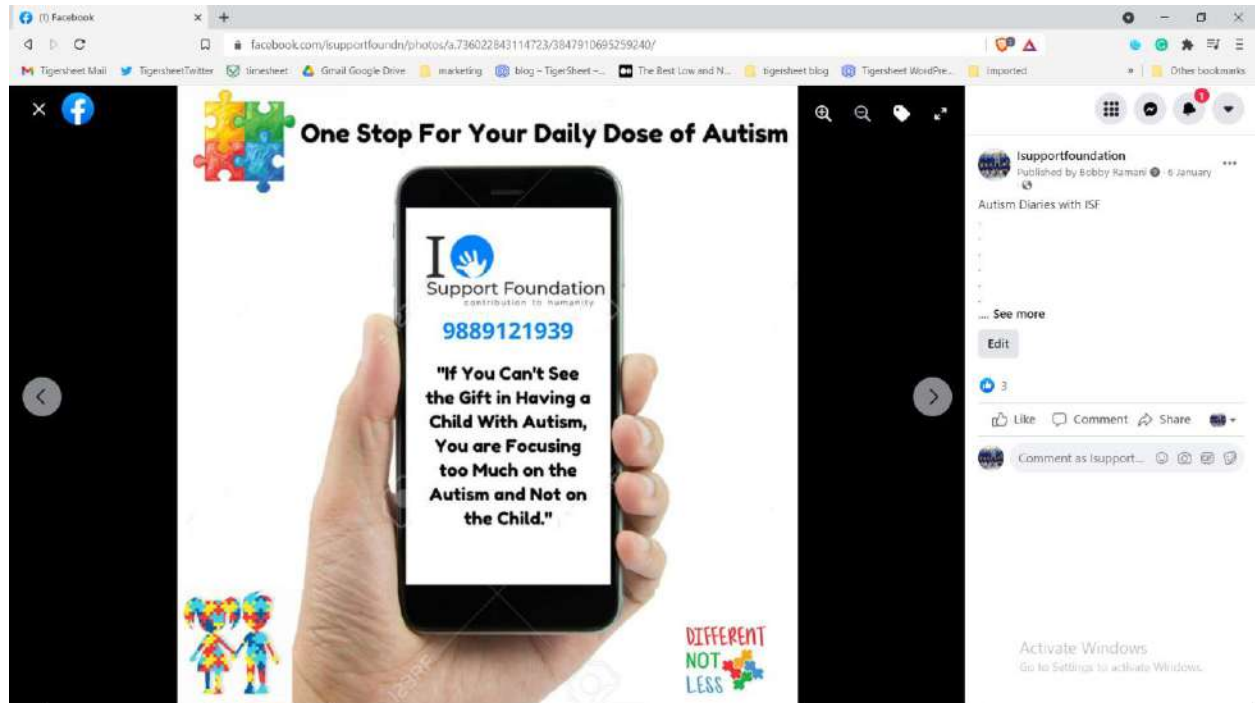


6 January 2021

Autism Diaries with ISF

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[#autismawareness](#) [#autism](#) [#autismacceptance](#) [#autismmom](#) [#autismfamily](#) [#asd](#)
[#specialneeds](#) [#autismlife](#) [#autismspeaks](#) [#autismlove](#) [#autistic](#) [#autismsupport](#)
[#autismspectrum](#) [#autismom](#) [#autismspectrumdisorder](#) [#adhd](#) [#autismparents](#)
[#actuallyautistic](#) [#autismdad](#) [#disability](#) [#differentnotless](#) [#love](#) [#neurodiversity](#)
[#autismadvocate](#) [#inclusion](#) [#autismcommunity](#) [#autismparent](#) [#autismrocks](#)

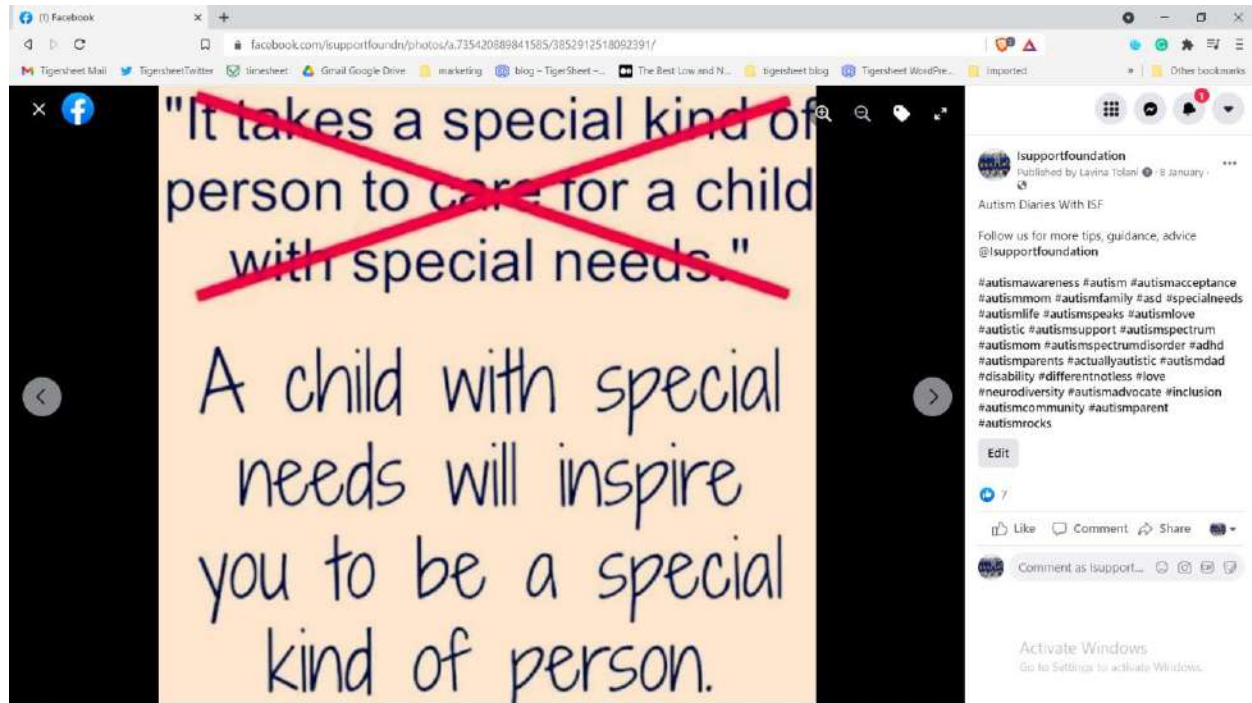


8 January 2021

Autism Diaries With ISF

Follow us for more tips, guidance, advice @Isupportfoundation

[#autismawareness](#) [#autism](#) [#autismacceptance](#) [#autismmom](#) [#autismfamily](#) [#asd](#) [#specialneeds](#) [#autismlife](#) [#autismspeaks](#) [#autismlove](#) [#autistic](#) [#autismsupport](#) [#autismspectrum](#) [#autismmom](#) [#autismspectrumdisorder](#) [#adhd](#) [#autismparents](#) [#actuallyautistic](#) [#autismdad](#) [#disability](#) [#differentnotless](#) [#love](#) [#neurodiversity](#) [#autismadvocate](#) [#inclusion](#) [#autismcommunity](#) [#autismparent](#) [#autismrocks](#)



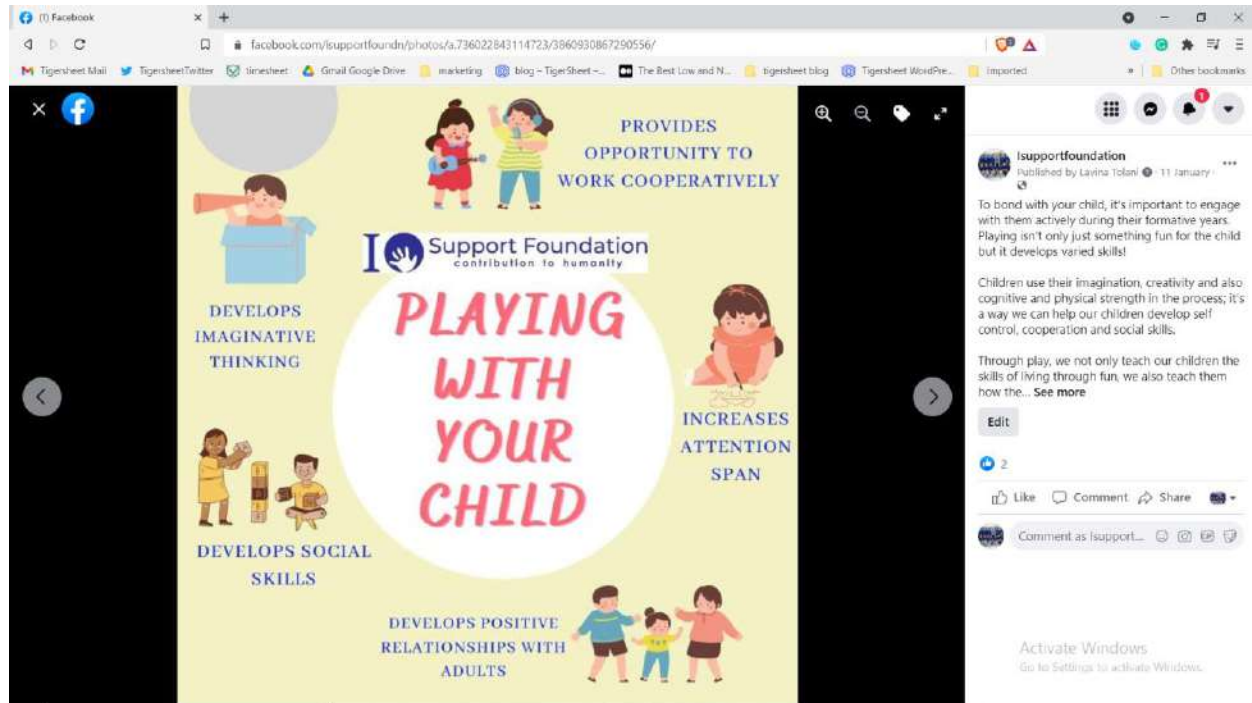
11 January 2021

To bond with your child, it's important to engage with them actively during their formative years. Playing isn't only just something fun for the child but it develops varied skills!

Children use their imagination, creativity and also cognitive and physical strength in the process; it's a way we can help our children develop self control, cooperation and social skills.

Through play, we not only teach our children the skills of living through fun, we also teach them how they can engage with the world around them actively. 🌈

[#play](#) [#playtherapy](#) [#learning](#) [#learningisfun](#) [#asd](#) [#autismo](#) [#theautismhelper](#)
[#childrenofinstagram](#) [#therapy](#) [#therapistofinstagram](#) [#creativity](#) [#mentalhealth](#)
[#mentalhealthawareness](#) [#healthy](#) [#life](#) [#peace](#) [#happiness](#) [#autismcarehome](#)
[#isupportfoundation](#)



13 January 2021

Team ISF sends warm wishes to celebrate the spirit of Pongal, Lohri, Makar Sankranti and Bihu with zest and fervor.

May this harvest season bring you prosperity

And help you to fly high like a kite

Let us celebrate together. Happy Lohri...

ISF [#AutismCareHome](#) [#happy](#) [#pongall](#) [#makarsakranti](#) [#lohri](#) [#bihu](#) [#festivities](#) [#celebratelife](#) [#makarsankranti2021](#)



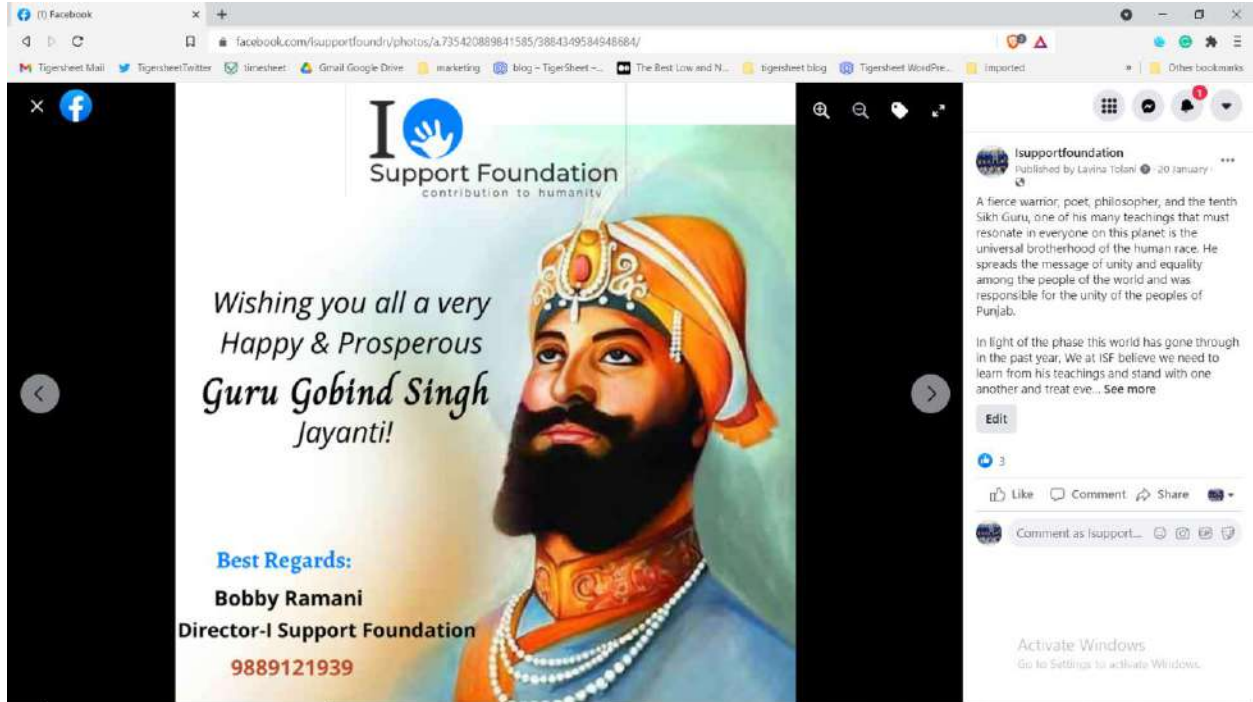
20 January 2021

A fierce warrior, poet, philosopher, and the tenth Sikh Guru, one of his many teachings that must resonate in everyone on this planet is the universal brotherhood of the human race. He spreads the message of unity and equality among the people of the world and was responsible for the unity of the peoples of Punjab.

In light of the phase this world has gone through in the past year, We at ISF believe we need to learn from his teachings and stand with one another and treat everyone as equal.

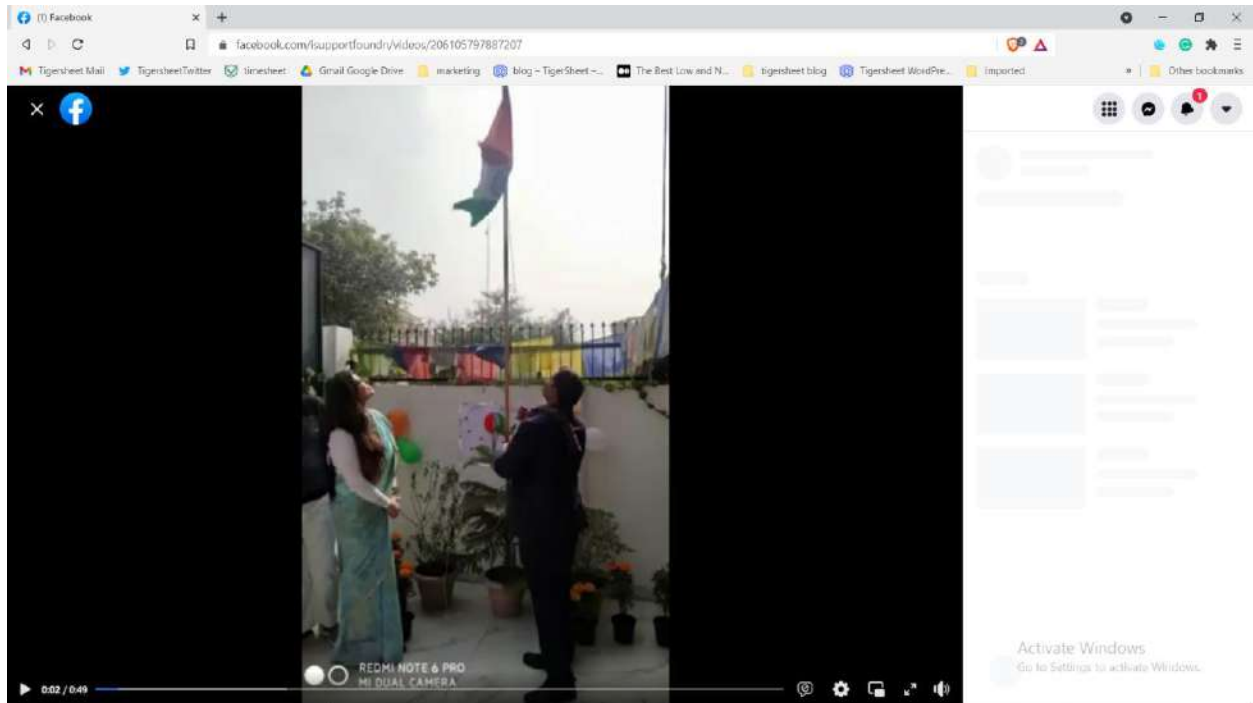
May Guru Gobind Singh Ji blesses you and your family with joy, peace, and happiness for eternity; may he inspire us to be a better human being. Happy GuruGobindSingh Jayanti!

[#Gurupurab2021](#) [#GuruGobindSinghJi](#) [#GuruGobindSinghJayanti](#) [#HappyGurupurab](#)



26 January 2021

आज 72वें गणतन्त्र दिवस के अवसर पर [Isupportfoundation](#) ऑटिज़्म के अर होम में मुख्य अतिथि डॉ अमित कुमार राय, उपनिदेशक, दिव्यांगजन सशक्तिकरण विभाग, उत्तर प्रदेश सरकार द्वारा ध्वजारोहण किया गया। इस अवसर पर संस्थान के विशेष बच्चों द्वारा सांस्कृतिक कार्यक्रमों की मनमोहक प्रस्तुति भी की गई। आप सभी को 72वें गणतन्त्र दिवस की ढेरों शुभकामनाएं 🙏
जय हिन्द वन्दे मातरम 🇮🇳



29 January 2021

ISF believes that it is a good metaphor for how we often conceptualize inclusion. We feel great about bringing persons with disabilities into our common spaces, activities, communities, etc. And then we expect them to get themselves included.

But we cannot assign all the work to them. It has to be a halfway street, and we need to meet in the middle. Everyone has work to do. But often we expect the person with a disability to do all the work. To learn our skills. To learn our needs. To learn our expectations. And then to learn to fit in.

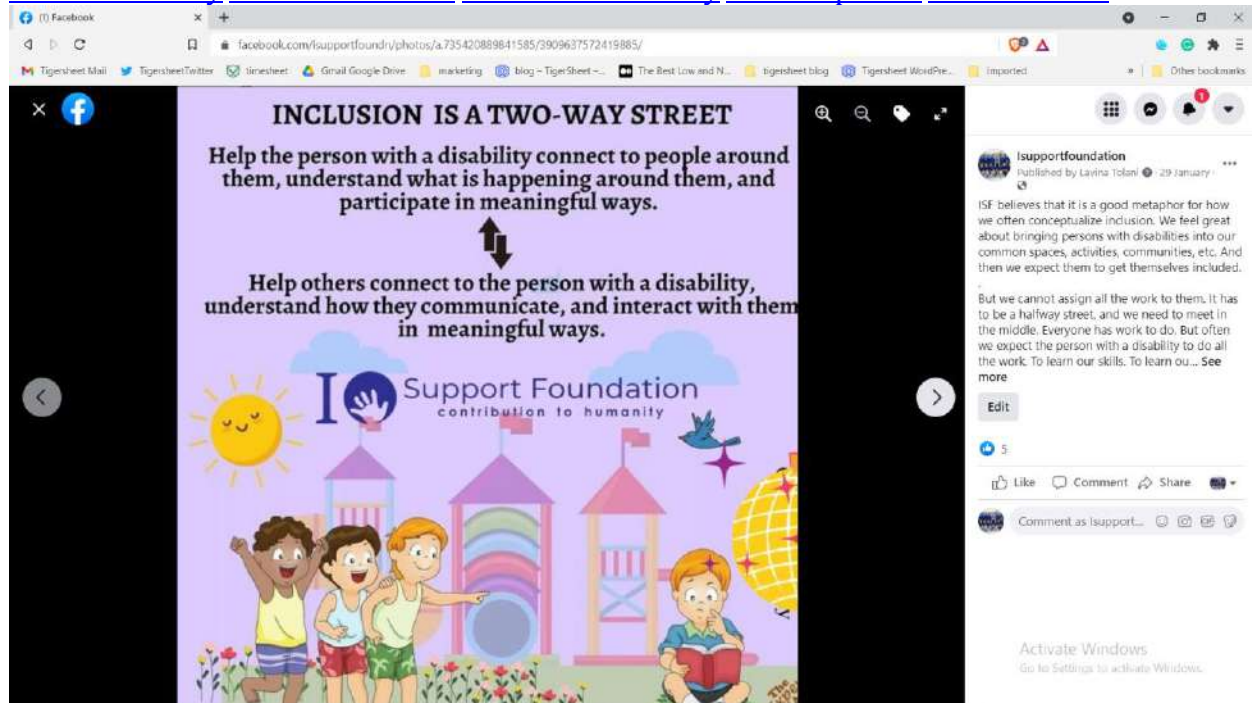
All of this is important, but we, the non-disabled, need to do the same thing. We need to learn how to make our spaces, our communities, our activities, and ourselves open to those who function differently. I am not talking about physical accommodations like ramps, although they are also very important.

We are talking about offering time, space, attention, patience, open-mindedness. Also, about adjusting how we do things so that the others can fit in naturally.

For a special child, that might mean pre-viewing tomorrow's circle and creating and practicing pre-loaded phrases they could use quickly. It would also mean explaining to the other children how this child communicates, explaining the value of everyone's participation, and what is needed for it. Which is to give this child time to use his prepared phrases or create new ones, to listen, and to respond. Then it'll be inclusion.

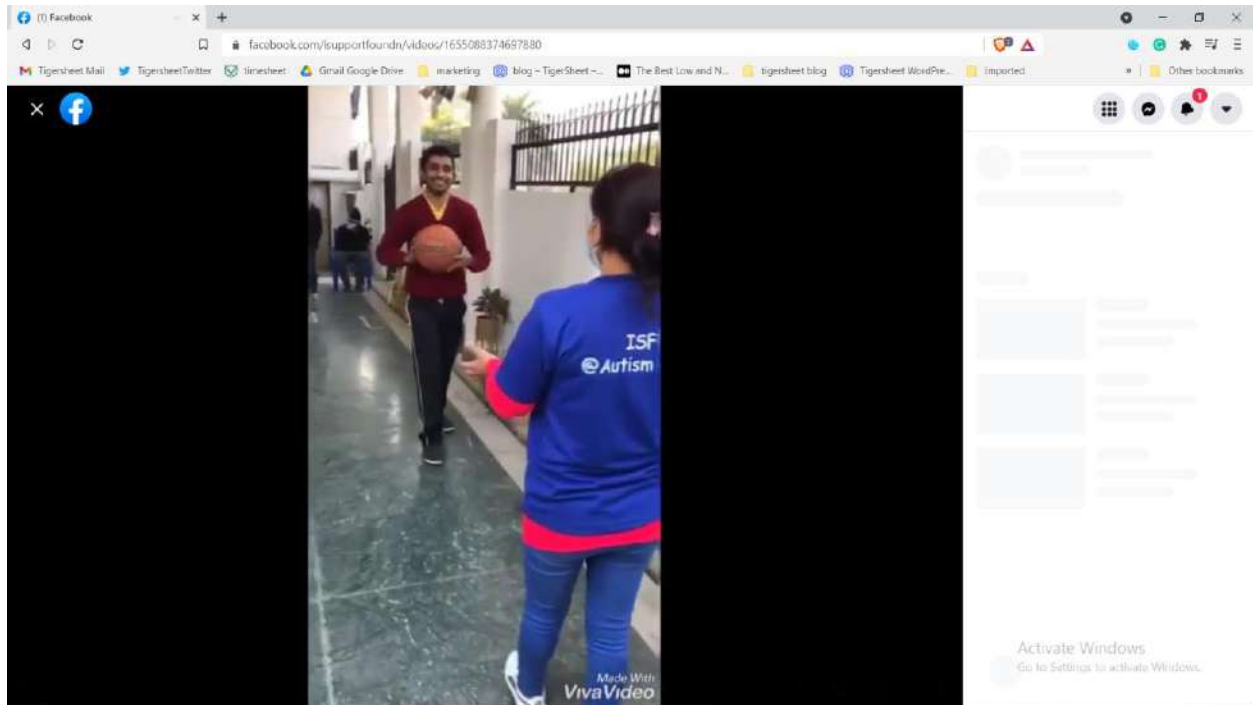
What are your experiences with inclusion, good or bad? Curious to know more about what helps and what doesn't.

[#ISF](#) [#AutismCareHome](#) [#Inclusion](#) [#autismawareness](#) [#autism](#) [#autismacceptance](#) [#autismmom](#) [#autismfamily](#) [#asd](#) [#specialneeds](#) [#autismlife](#) [#autismspeaks](#) [#autismlove](#) [#autistic](#) [#autismsupport](#) [#autismspectrum](#) [#autismmom](#) [#autismspectrumdisorder](#) [#adhd](#) [#autismparents](#) [#actuallyautistic](#) [#autismdad](#) [#disability](#) [#differentnotless](#) [#love](#) [#neurodiversity](#) [#autismadvocate](#) [#autismcommunity](#) [#autismparent](#) [#autismrocks](#)



1 February 2021

Young children with motor difficulties (DCD/dyspraxia, low muscle tone, ASD, and joint hypermobility) often face difficulties with basic ball skills needed for full participation in playground games and physical education (PE) that involve catching, throwing, kicking, and hitting. But, We at ISF make sure they do every bit of it through training and practice. Here, we can see Prakhar and Vishnu are learning catch and throw with their therapist/trainer. This is to help him develop their ability to predict the path of a moving ball and at the same time builds confidence by providing many opportunities for them to succeed.

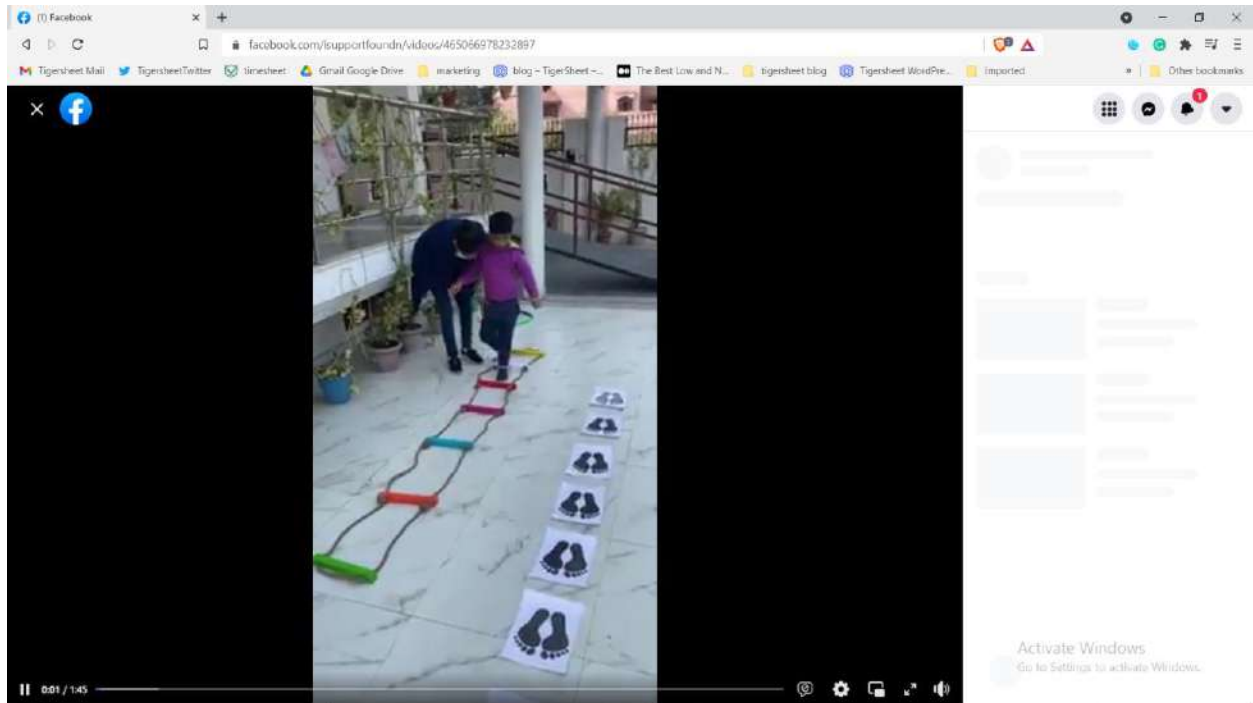


3 February 2021

Gross motor development!!

Today at ISF we had a fun session training our children by encouraging them to participate in different gross motor activities thus, providing them with an opportunity to practice using their muscles. These are a mix of activities that include hopscotch, obstacle course, waling along a directed path etc.

While children are at it, our trainers at ISF never forget to provide lots of encouragement and ensure the activities are the right challenge level and not too tricky thus making it a experience full of fun for kids.



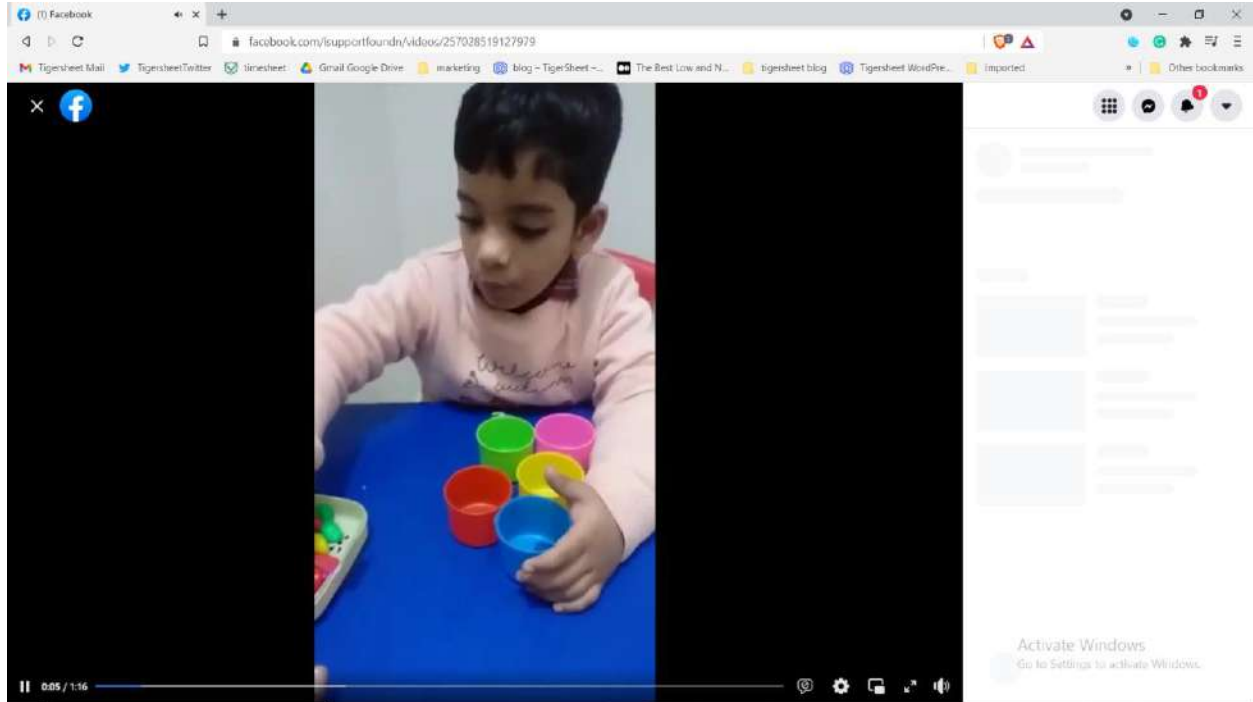
7 February 2021

TEACHING COLOR SKILLS IN THE CLASSROOM

Teaching basic skills is an important routine in ISF classrooms. And we make sure that teaching for children at ISF are a lot fun, hands on and educational all at the same time.

The child in the video is sorting and matching colors by placing beads into the containers of the same color. Learning colors is an important milestone in students' cognitive development which promotes decision-making skills and helps child to connect better with his surroundings.

[#ISF](#) [#AutismCareHome](#) [#ISFClassroom](#) [#Teaching](#) [#ColorRecognition](#) [#ColorTherapy](#)
[#Learning](#) [#Fun](#)

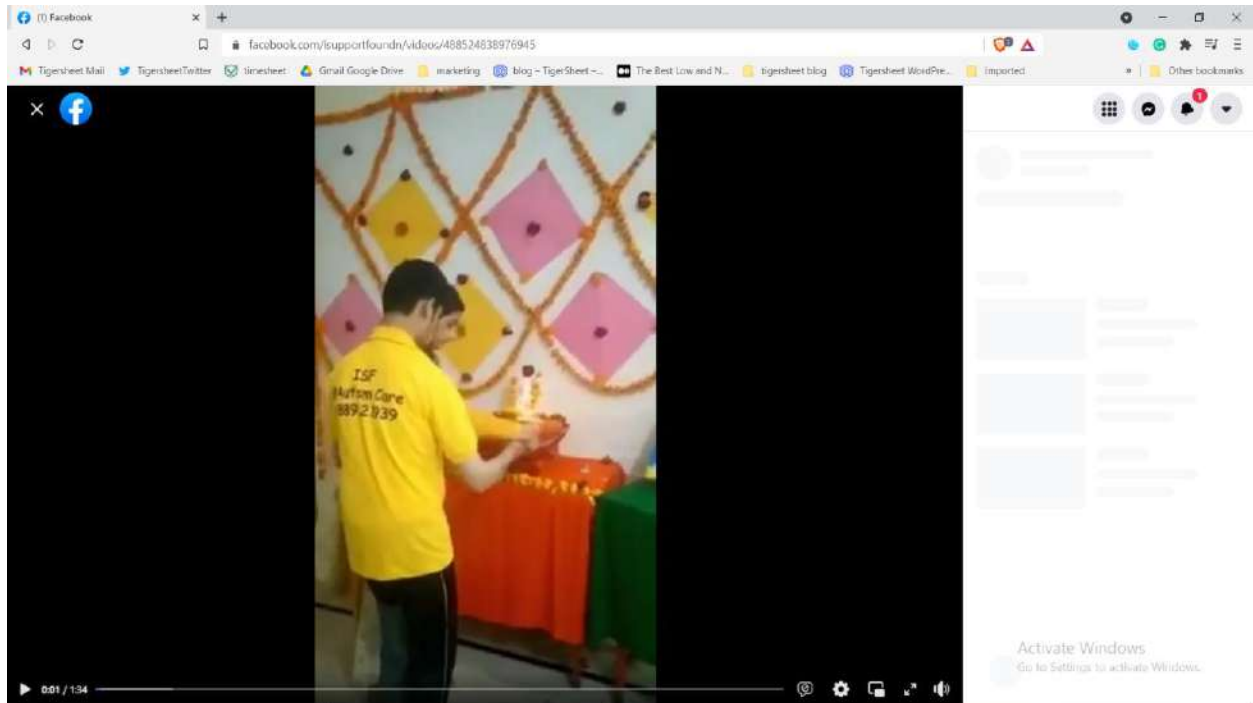


17 February 2021

May Saraswati maa endow us with knowledge, creativity, energy, love ,success and happiness.

HAPPY BASANT PANCHMI!!

[#BasantPanchami](#)



18 February 2021

ISF CLASSROOM DIARIES

Written expression, for students with autism, can be difficult both because of organizational deficits and motor or coordination difficulties. We at ISF use writing aids that not only help but also can be great fun to use for child.

In the video, the child is practicing drawing a sleeping line through hand therapy with his mentor. The child is given a pencil grip which is used to build stamina, while verbal repetition helps in memorization and clarity.

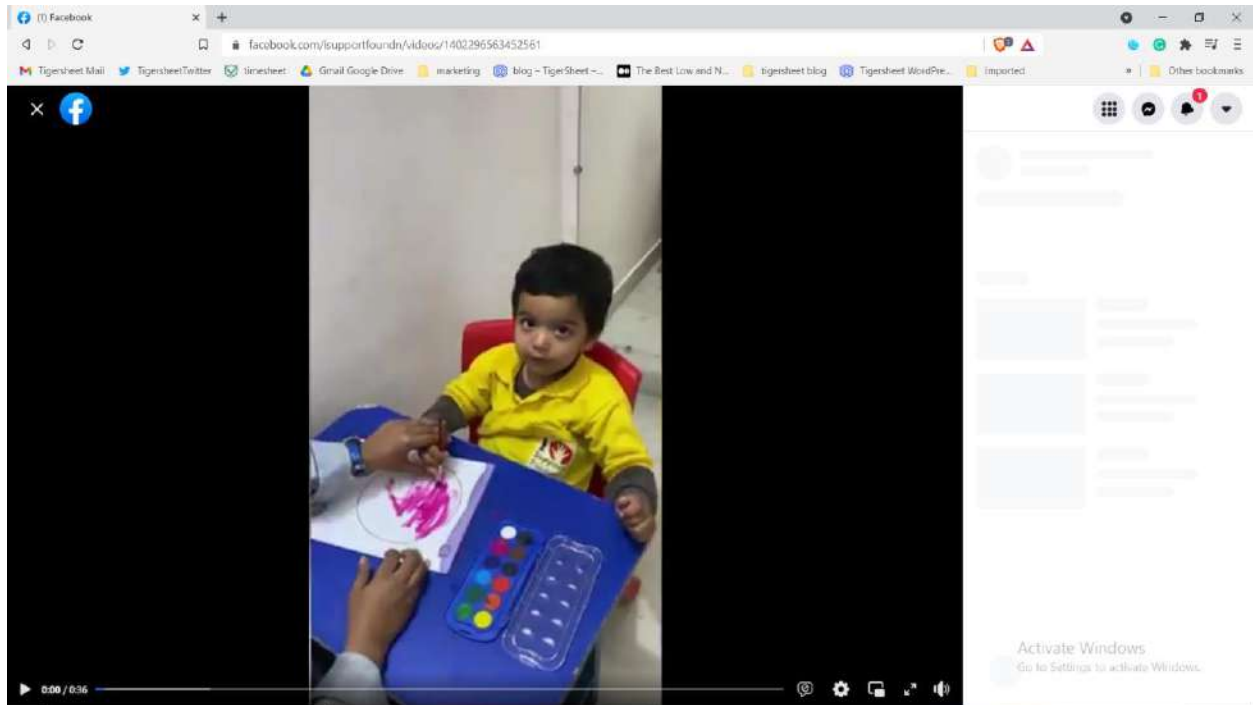


23 February 2021

Today @ISF

Teaching color recognition is an important part of autistic curriculum we follow at ISF. As children enter the early school years, they begin to not just recognize color, but use it in other learning tasks. Children often naturally sort items by color and one of the first ways that they develop and extend patterns is based on color.

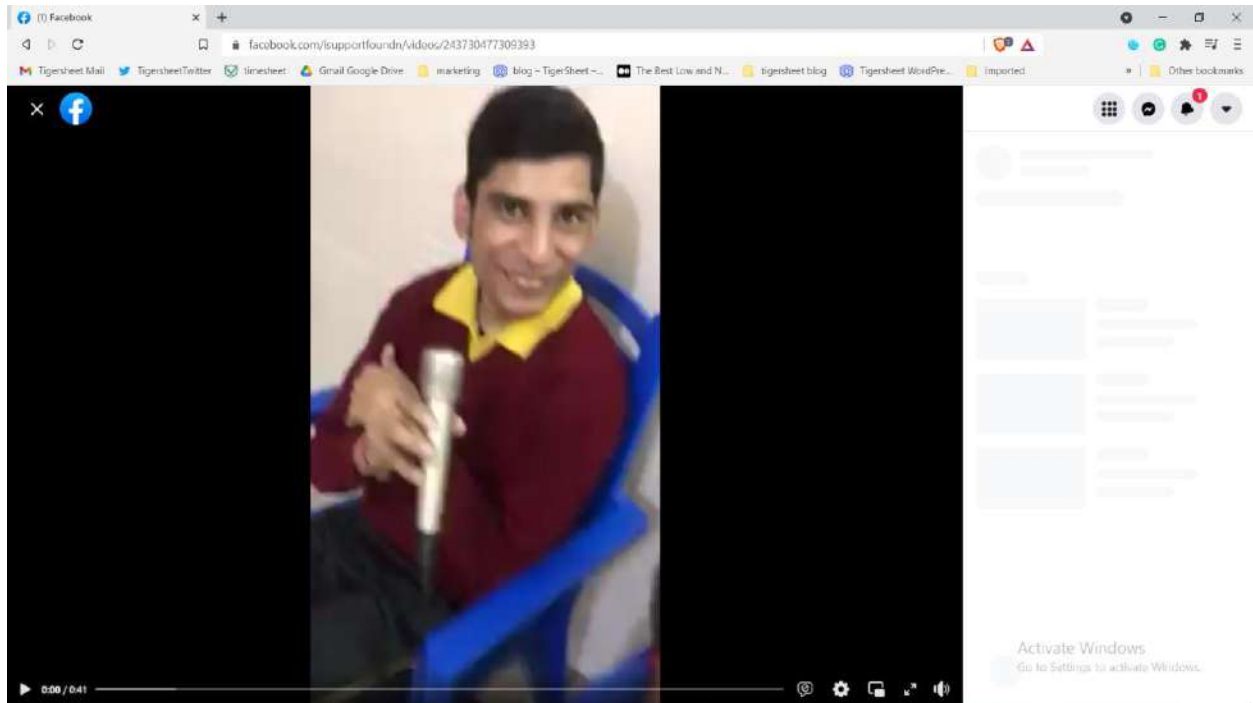
The child in the video, Aayansh is painting a circle with the help of his trainer who makes sure the child memorizes the color name as well making it all fun and interactive at the same time.



24 February 2021

Pawri ho rhi at ISF too 😊

Music can not only be a stress buster but also improve social communication and lift mood instantly! Watch Rathin humming & enjoying the song "Abhi to Party Shuru Hui" adding to the fun vibe at ISF evenings

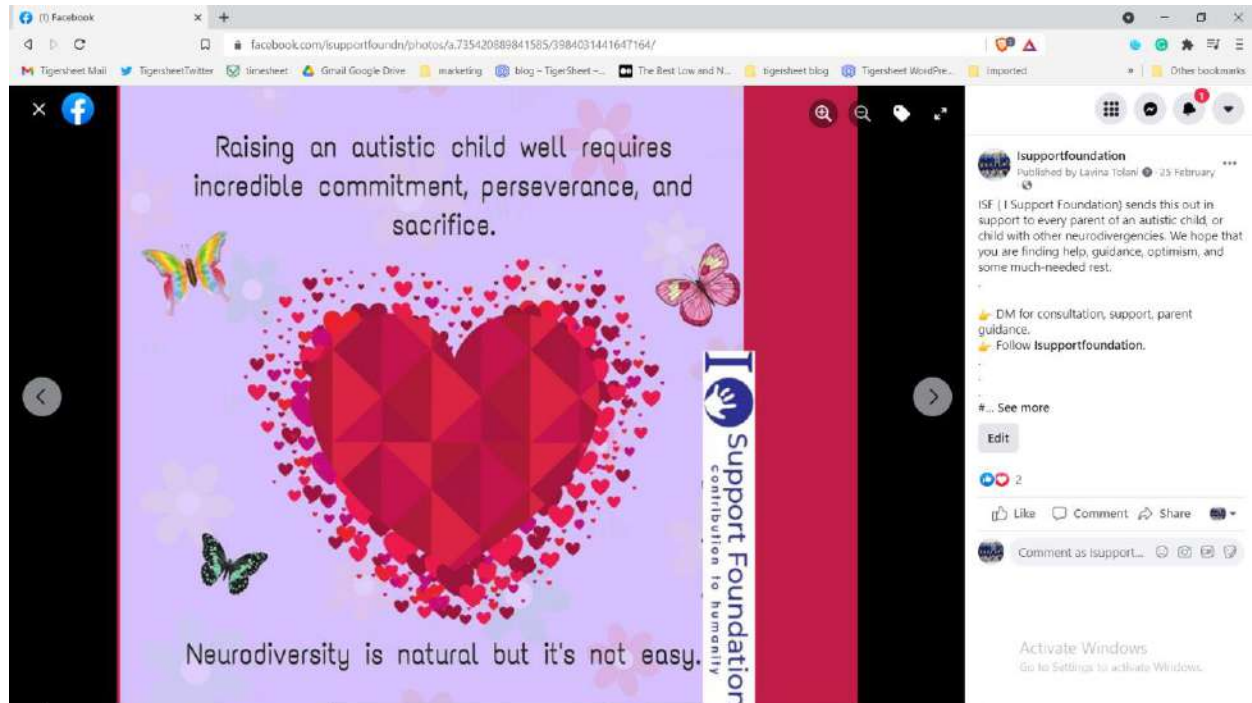


25 February 2021

ISF (I Support Foundation) sends this out in support to every parent of an autistic child, or child with other neurodivergencies. We hope that you are finding help, guidance, optimism, and some much-needed rest.

-
- 👉 DM for consultation, support, parent guidance.
- 👉 Follow [Isupportfoundation](https://www.facebook.com/isupportfoundation).
-
-
-

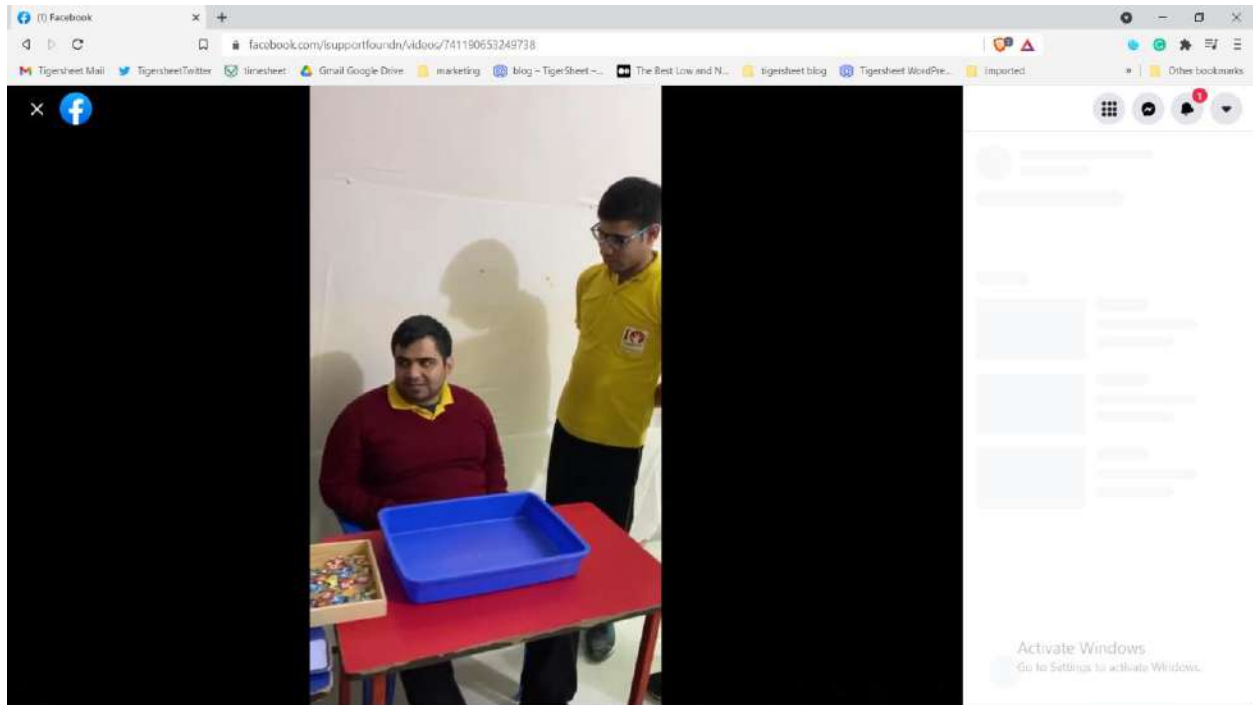
[#autism](#) [#autismacceptance](#) [#autismawareness](#) [#asd](#) [#autismo](#) [#autisme](#) [#autismrocks](#)
[#autismwarrior](#) [#autismjourney](#) [#autismparents](#) [#autismxcommunity](#) [#autismlife](#)
[#autismrocks](#) [#autismworld](#) [#autismmom](#) [#autismdad](#) [#autismfamily](#) [#autismstars](#)
[#autismspectrum](#) [#autismspectrumdisorder](#) [#aspie](#) [#aspielife](#) [#autismspectrum](#)
[#autismspectrumdisorder](#) [#aspiesofinstagram](#) [#specialneeds](#) [#neurodivergent](#)
[#neurodiversity](#)



27 February 2021

ISF classroom teaching involves a myriad of Kids activities that are fun and interactive and encourage participation. Sorting letters with name cards is one such activity which is great way to teach letter recognition.

Abhinav and Aditya are competing against each other to pick the letter cards and create their names. Watch the video and see who wins and forms their name first!

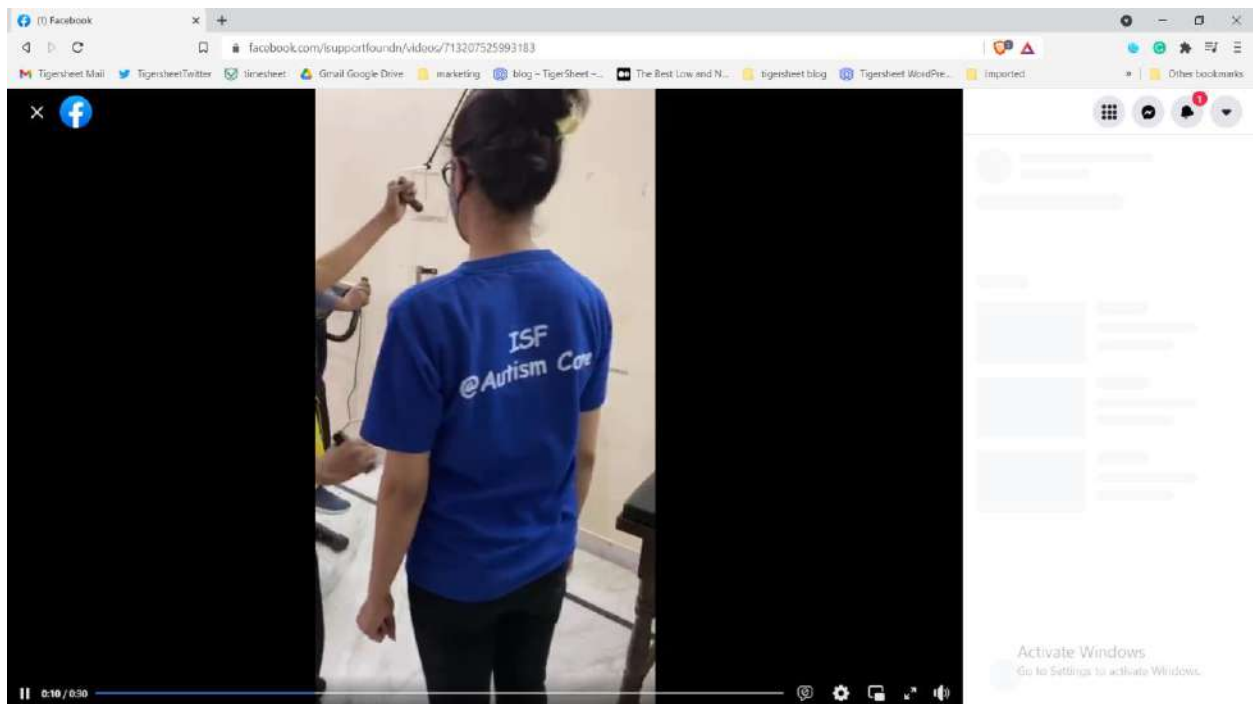


1 March 2021

"All progress takes place outside the comfort zone."

💪 Here is a glimpse of our power packed exercise session at ISF.

[#strongerthenever](#) [#gym](#) [#exercise](#) [#fitness](#) [#ISF](#) [#motivation](#)



2 March 2021

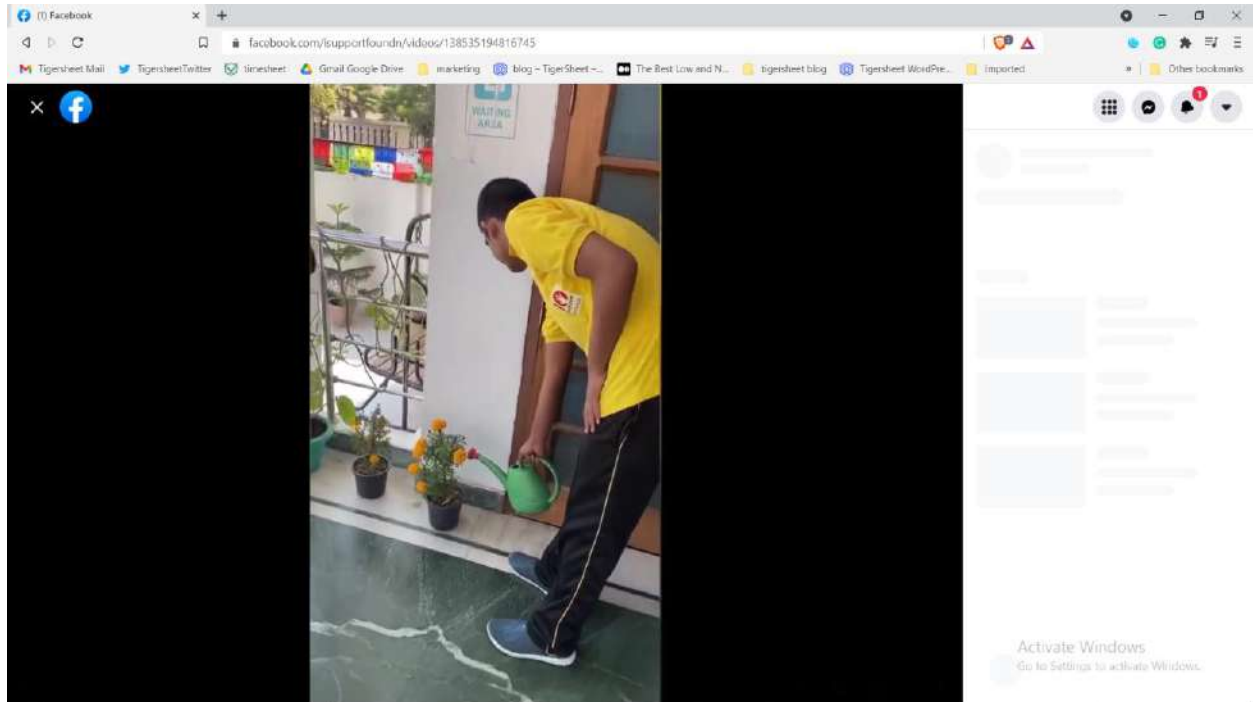
Gardening Shennaigans at ISF

There is no better feeling in bringing a plant birth back to life 🌱

Our children at ISF Autism care home have donned their hats to water the plants keeping the vibe green and clean!

Kudos to them and their little efforts 🥰

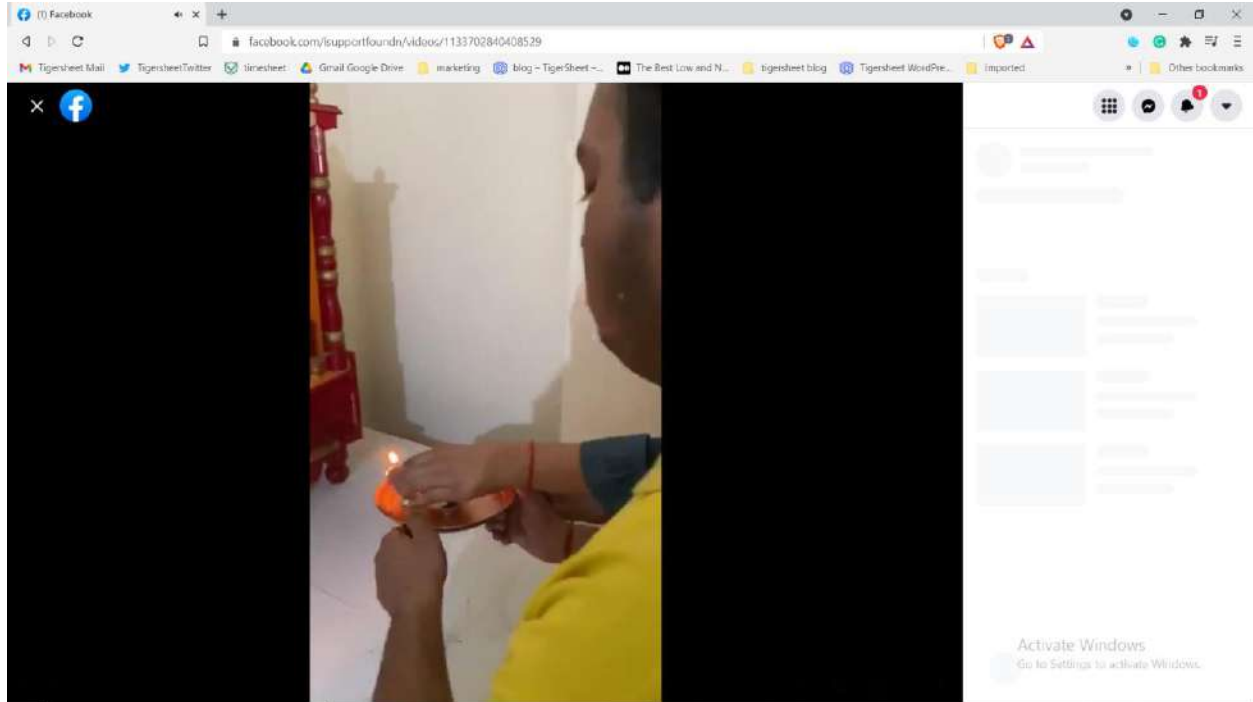
[#plantingdiaries](#) [#gardening](#) [#activityfun](#) [#ISFactivities](#) [#AutismHome](#)



6 March 2021

Everyday at 4 pm in the evening , we have a mandatory aarti session at ISF that creates a pure aura, full of divinity while we invoke prayers. Our children also look forward to the aarti scenes excitedly and are happy doing it 😊

[#ISF](#) [#AARTI](#) [#POOJA](#) [#GOD](#) [#ISFEvenings](#)



8 March 2021

We are happy and honored to announce that we have been featured at the prestigious "Page3star" Magazine.

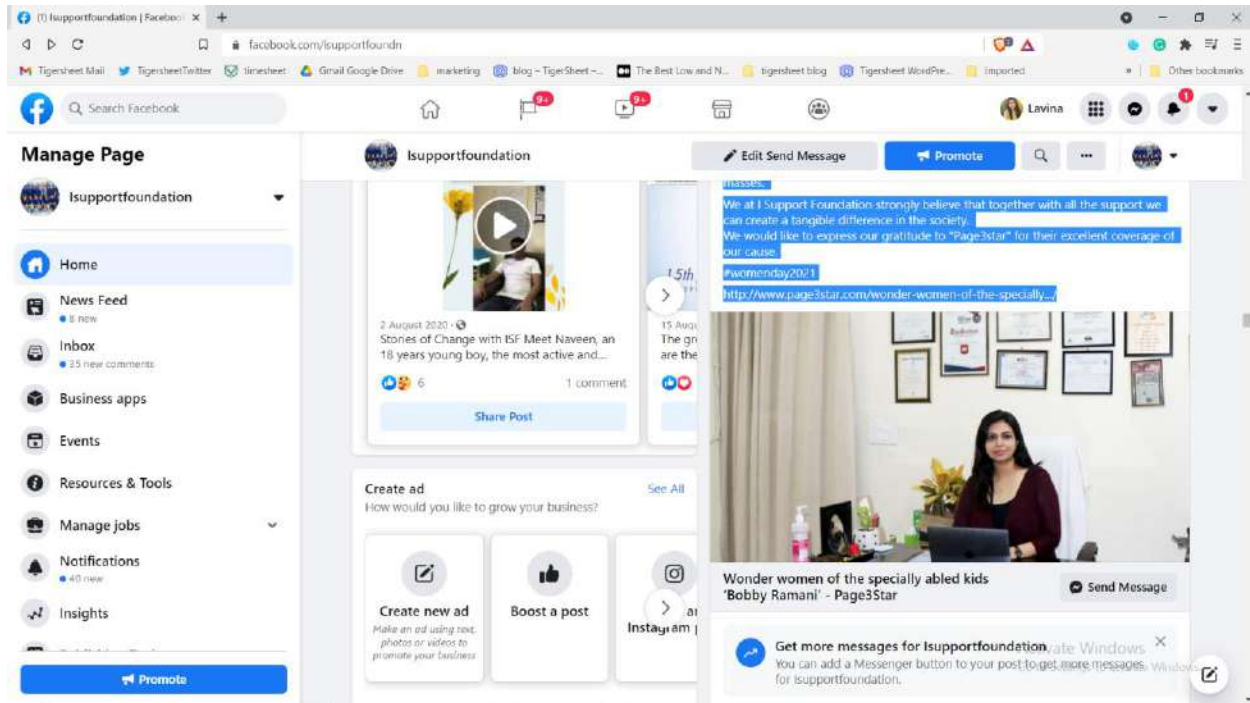
Thankyou for covering our story and helping us spread our mission and cause to the masses.

We at I Support Foundation strongly believe that together with all the support we can create a tangible difference in the society.

We would like to express our gratitude to "Page3star" for their excellent coverage of our cause.

[#womenday2021](#)

<http://www.page3star.com/wonder-women-of-the-specially.../>



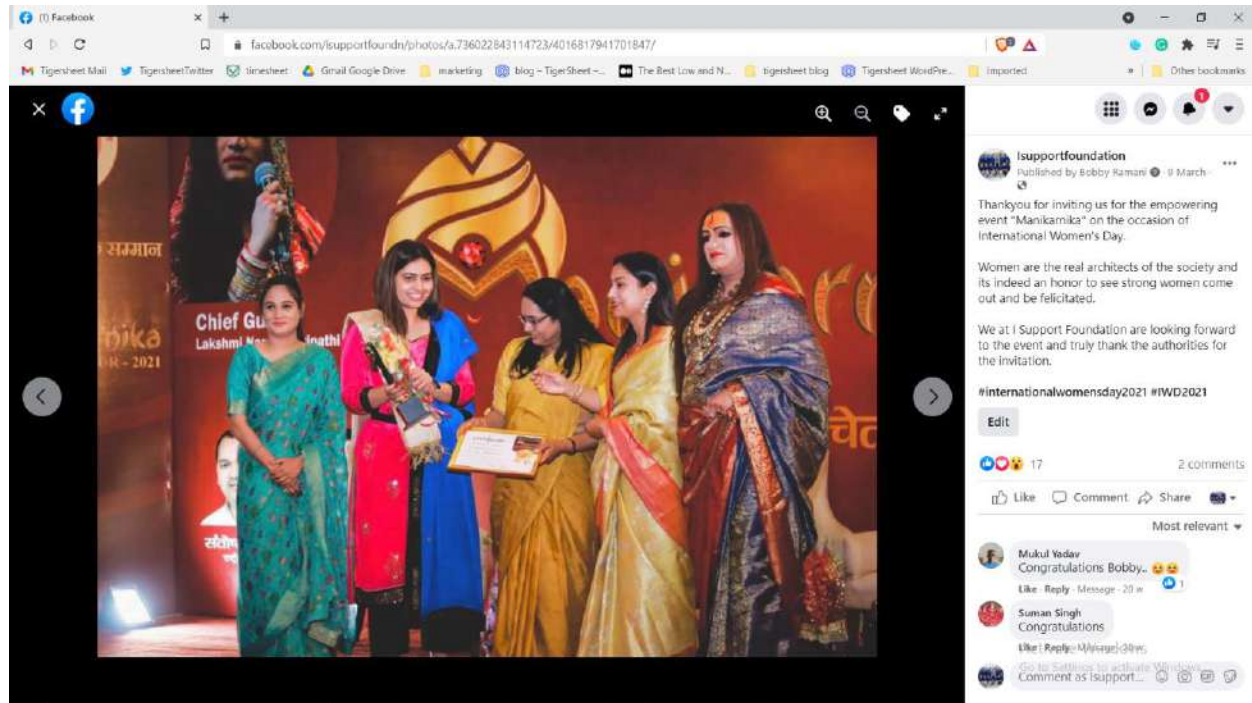
9 March 2021

Thankyou for inviting us for the empowering event "Manikarnika" on the occasion of International Women's Day.

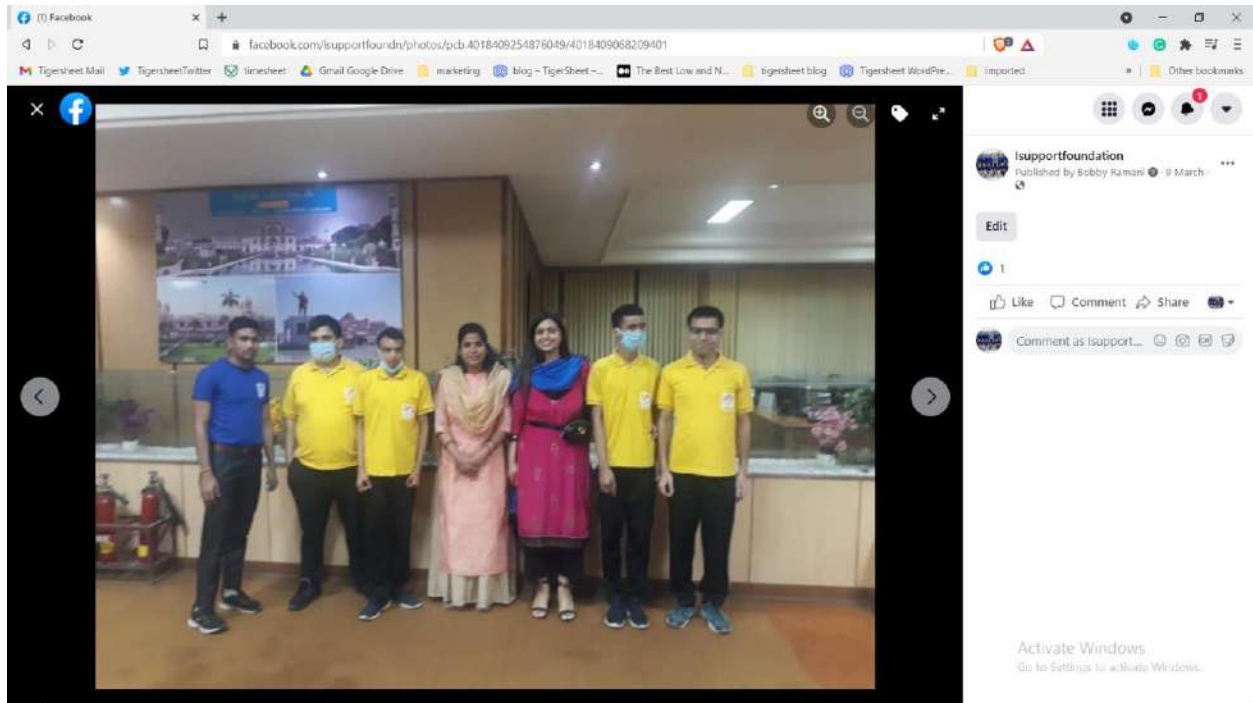
Women are the real architects of the society and its indeed an honor to see strong women come out and be felicitated.

We at I Support Foundation are looking forward to the event and truly thank the authorities for the invitation.

[#internationalwomensday2021](#) [#IWD2021](#)



We are happy and excited to announce provision of a Playstation(PS4) for our children at I Support Foundation- Autism Care Home that has been possible by the support of Canara Bank. We extend our heartfelt thanks to the institution for their sheer generosity. Video games are not only fun but can have numerous benefits. Playing video games involves a lot of quick reflexes that aids in hand eye coordination. Playing games is a continuous mind exercise that helps to understand patterns while inculcating to work together with team spirit!



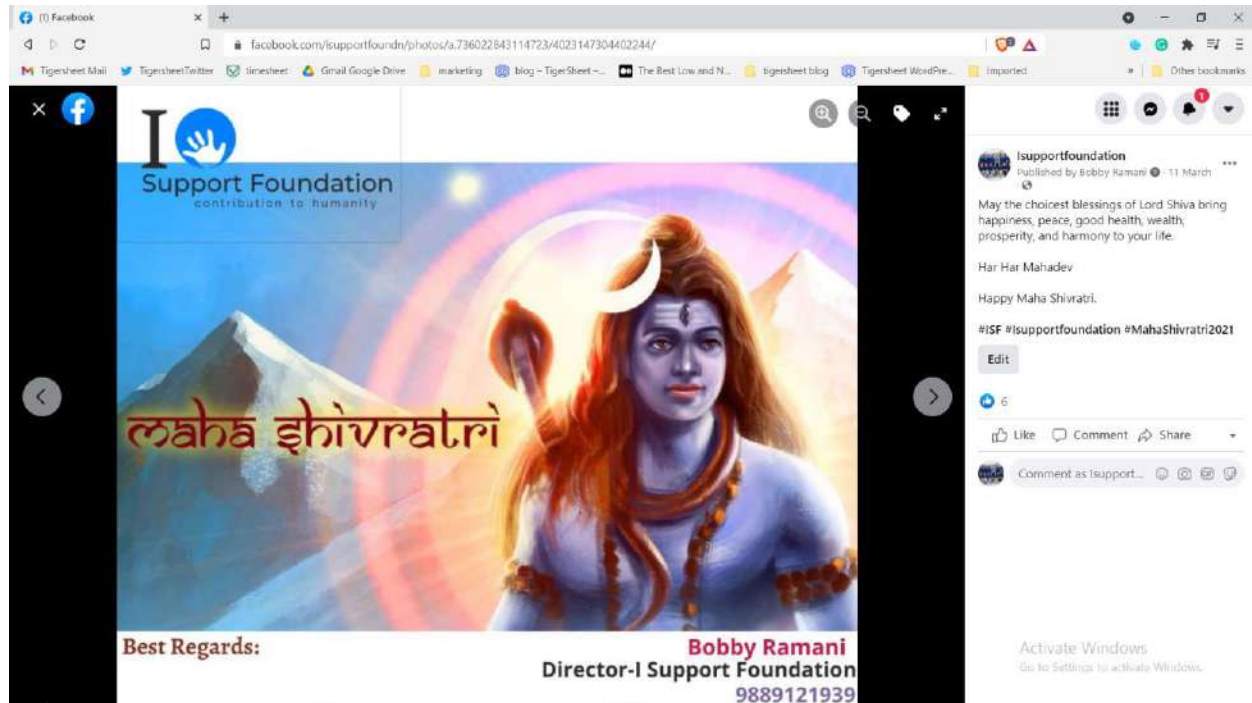
11 March 2021

May the choicest blessings of Lord Shiva bring happiness, peace, good health, wealth, prosperity, and harmony to your life.

Har Har Mahadev

Happy Maha Shivratri.

[#ISF](#) [#Isupportfoundation](#) [#MahaShivratri2021](#)

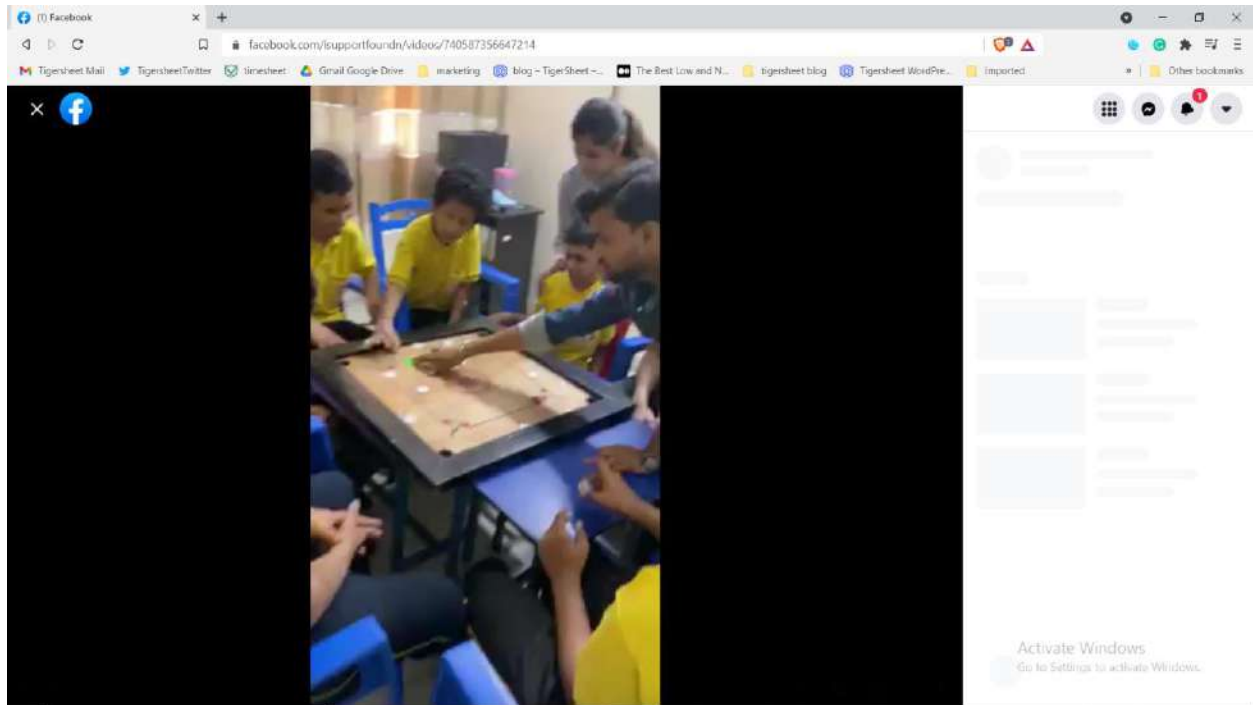


19 March 2021

Ever heard ..."All work and no play makes jack a dull boy " ..well that's so true. While classroom teaching are a must, it is the correct curricular activities that are equally essential.

Here is a fun carom session at ISF Autism Care Home where kids are all pepped up enjoying the game while their mentors make sure they are active and assisted.

[#ISF #CAROM #FUN #ACTIVITY](#)



21 March 2021

Today is #WorldDownSyndromeDay which aims to create a global voice for advocating for the rights, inclusion, and wellbeing of people with Down syndrome.

I Support Foundation takes this opportunity to thank all our partners, support groups, contributors, and helping hands who contributed generously to help in the advancement of special children. You are the pillars on which our small efforts thrive. We remain committed to making a change in the life of children with special needs helping them live a dignified life.

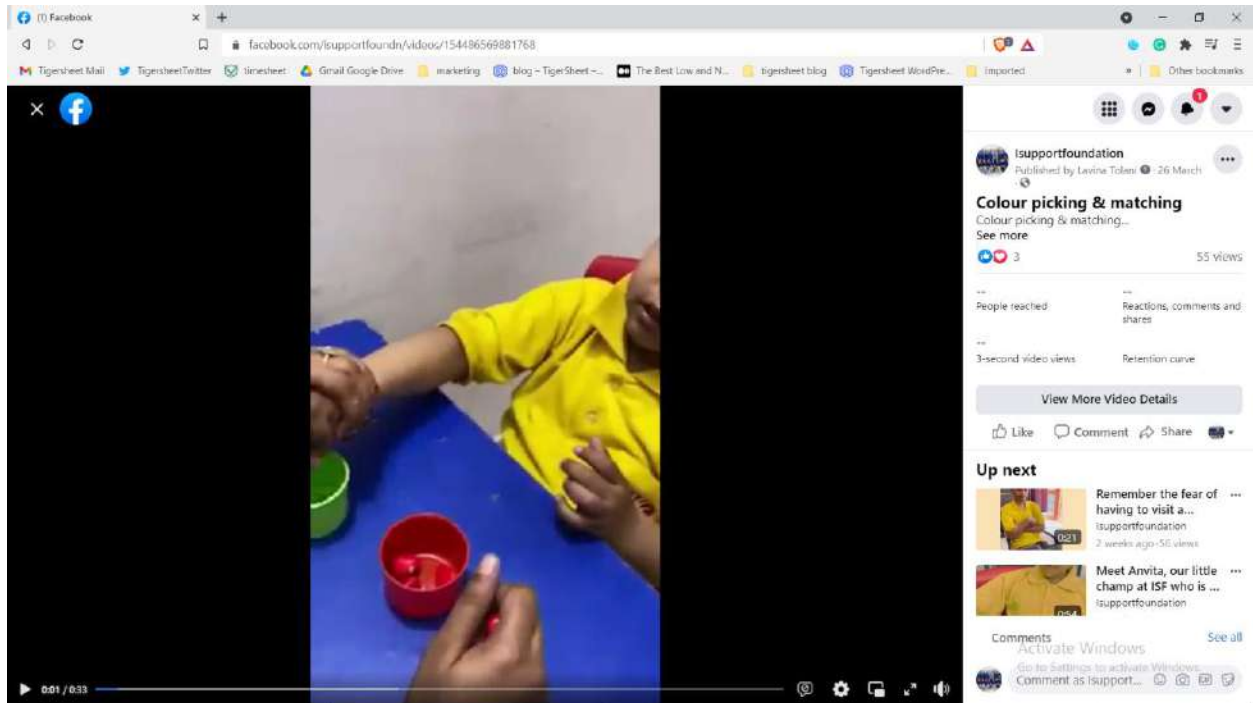
[#worlddownsyndromeday](#) [#autism](#) [#isupportfoundation](#) [##ISF](#)



26 March 2021

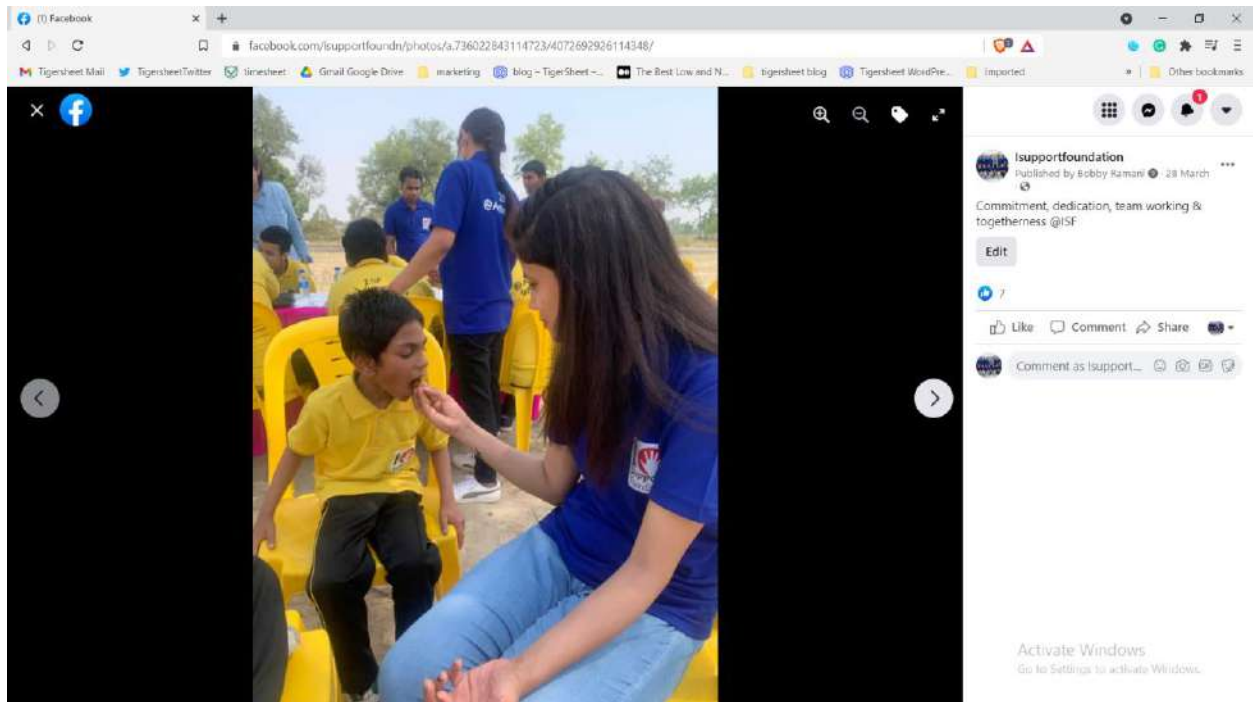
Colour picking & matching

Learning color is an important milestone in student cognitive development. As children enter the early school years, they begin to not just recognize color, but use it in other learning tasks. Here the child in the video is seen practicing colour identification using beads & containers with the help of his teacher who makes him speak and match colors at the same time for memorization and clarity.



28 March 2021

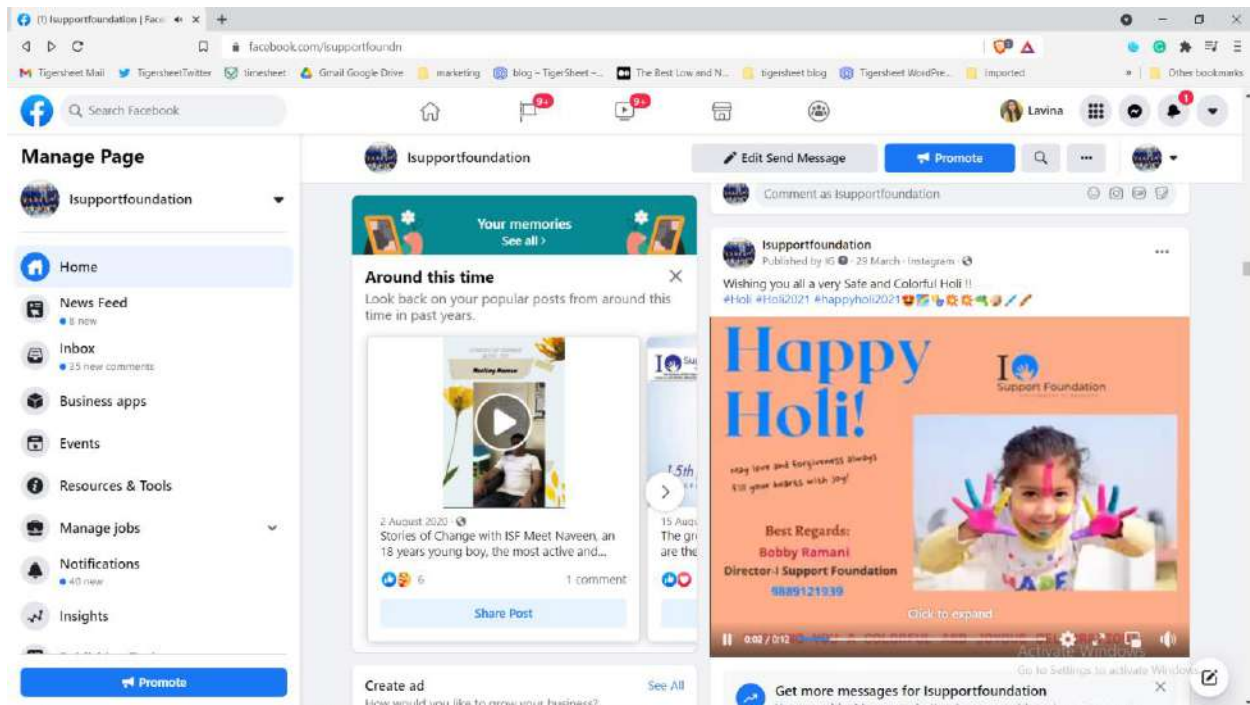
Commitment, dedication, team working & togetherness @ISF



29 March 2021

Wishing you all a very Safe and Colorful Holi !!

[#Holi](#) [#Holi2021](#) [#happyholi2021](#) 🥰🌈👑☀️☀️🚰🎨🖌️



30 March 2021

Glimpse of [#holicelebration](#) at ISF [#holi](#)

