

## **ANNUAL REPORT 2019 – 2020**

### **BACKGROUND**

Asha Trust, a Social Service Organization based in Thiruvallur District of the State of Tamil Nadu was established in the year 2006 to serve the poor and vulnerable communities for holistic development and empowerment.

Asha Trust is strives to work hard to realize these vision to fulfil the genuine needs of communities in the areas of health, education and rural development with serious efforts and proactive initiatives of Chief Functionary and Founder of this community based Civil Society Organization. Asha Trust has become an Institution to provide access to health care and education for the needy and disadvantaged women and children. Poverty alleviation and rural development are also focus of the organization so that poor could be empowered socially and economically.

### **Target Communities and Stakeholders**

Asha Trust core activities are primarily targeted towards providing services and creating entitlements for children, youth, women, agrarian families- small and marginal farmers, the old aged and the differently abled categories belonging to rural, tribal, socially backward communities and marginalized communities such as SC and ST and other needy people across its operational area without any discrimination based on caste, color, creed, religion or region..

### **Prioritized Sectors and Thematic Interventions**

Asha Trust prioritized thematic focus on education, health and sanitation, skill development, promotion of women Self Help Groups, micro enterprises and access to financial lending for SHGs, transfer of appropriate native and traditional technologies to the agrarian communities, watershed development, livelihood promotion and protection, adult literacy, rural and urban poor infrastructure development, welfare of the aged and differently abled.





## VISION AND MISSION OF ASHA TRUST

Asha Trust envisions *"an equitable and just society in which all vulnerable, deplorable and disadvantaged communities shall access to quality health care, education and food security—all basic services and productive resources without any discriminations"*

**Mission** is work towards creating a development platform built through peoples' collective initiative towards:

- ❖ Empowering most vulnerable and disadvantaged women, children, the elderly, the sick, the disabled and other vulnerable sections
- ❖ Addressing all forms of discrimination against women and children including abuse against children.
- ❖ Special protection for - the women, children, the elderly, the sick, the challenged, the vulnerable sections
- ❖ Mobilizing and organizing all vulnerable communities in to People's Association and facilitating collective actions to ensure justice, peace, equality and fraternity.

Given that development is a complex process requiring a strong focus on **"critical learning – action – reflection"**, sharing of knowledge and being responsive to the needs of the poor, Asha Trust places equal emphasis on the organizational development, simultaneously engaging itself in the process of capacity building of communities and staff to accelerate societal emancipation. Towards achieving this mission, Asha Trust has solicited appropriate partnerships with the community, like-minded organizations, Government institutions and the private sector, also seeking the support of development partners at local, state, national and international levels. The comprehensive mission statement aims at the following basic areas of people's human development:

- ❖ Empowering people to assert their entitlements
- ❖ Protection of child, women and free from violence and abuse
- ❖ Enabling their fullest participation in development
- ❖ Fullest and equitable opportunities for
  - Protection of child rights and education
  - Empowerment of women through socio-economic activities
  - Capacity building
  - Human resource development
  - Ensuring better living environment including protection of natural resources- water, land, commons and forests.
  - Strengthening relationships among family , neighborhood, community and society at large
  - Community consciousness on common cause and public interest
  - Democratic approaches and engage Local Self Governance units

## ASHA TRUST – OBJECTIVES

- **Organizing vulnerable and marginalized people** and promote community based organizations and Local Village Sangams ( Associations)
- **Capacity building to empower people, particularly women, children and the vulnerable sections**, to protect their legitimate rights
- **Mobilizing peoples' power and to initiate action against abject poverty** through peoples' participation and governance





- **Networking with individuals, organizations and institutions** at the local, regional, national and international levels to promote human development and human security with equity
- **Economic empowerment of poor families** through collective action
- **Fostering linkages between the government and the people** at all levels to promote community holistic development.
- **Promoting the value of sustainable development**, environment friendly living conditions by preservation of natural resources and safe environment and promote climate resilient agriculture with organic farming.
- Working for the protection of the rights-based on **human dignity, freedom and security of people with disabilities, the HIV / AIDS affected, the destitute and the deserted**

## **ACTIVITIES CARRIED OUT WITH THE NATIONAL TRUST DISABILITIES:**

### **SPECIAL SCHOOL FOR THE MENTALLY RETARDED CHILDREN A UNIT OF ASHA TRUST**

#### **STAFF & CURRICULUM:-**

At present we have strength of 5 staff fully trained special educators who have experience and expertise in teaching and 3 non – teaching staff. The staff are following guidelines and pedagogy developed by the Department of Special Education of the National Institute for the Intellectually Disabled based in Hyderabad to teach Intellectual Disabled children. We impart free education facilities to our target area children. Students are trained not only to acquire, learn academic curriculum but also to develop their innate talents and unique skills, by taking an active part in the co – curricular Therapy. **We have 31 children- in this special school directly benefiting as they are coming from poor and marginalized background in and around Tiruvallur.**

#### **ARTS AND SPORTS:-**

Sports and arts are indeed enabling tools for motivating children to achieve simple tasks in their personal, social and academic life and also able to liberate from their daily woes by creating joyful childhood and meaningful human interaction and relationships.

#### **VOCATIONAL TRAINING**

Vocational Training has been gaining the important place in the field of special education. The ultimate aim of the Asha School for the Intellectual Disabled Children is to rehabilitate the students and make them a useful member of the society. Vocational training is given in various trades as Envelop cover making, chalk making and phenyl making.

#### **TRAINING, R FRESHER COURSES AND MEETING:-**

Since most of our education is done in the classroom setting, our teachers had the occasion to attend One day valuable seminar on Inclusive Education & Continuous Rehabilitation Education Programme on Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities conducted by Asha Trust. Staffs meetings are conducted monthly once. Parents meetings are held once in three months.





The training and regular meetings are useful for teachers to enrich their skills and gain motivation to teach intellectually disabled children with much more interest and concern. Parents have expressed their happiness after noticing progress and these meetings have provided space for them to share their issues and know what is going on in the school.

***Asha Vikaas Day Care Centre- Institutional Care for children in Need without disconnecting family bonds—Supported by National Trust***

The natures of the PwD enrolled so far in the Asha Vikaas Day Care Centre is covering the following disabilities.

1. *Autism,*
2. *Cerebral Palsy,*
3. *Mental Retardation and Multiple Disabilities* who completed age of 10 years or more.

***Totally 31 children are covered in the Day Care Centre.***

***Asha Vikaas Day Care Centre- Institutional Care for children in Need without disconnecting family bonds.***

Asha Vikaas Day Care Centre is one of the important projects run by the Asha Trust, a Social Service Organization to provide institutional care during the day with right mix of parental care at home after the day care service thus children are accessing professional special education, therapy and vocational support at day care center and parental affection and care at home.

Various activities were implemented and accomplished for the last one year with the active financial and technical support extended by the National Trust, New Delhi.

The Persons with Disabilities (PwDs) have been *identified from the rural, remote, and difficult to reach surrounding areas who have not accessed these services so far as there was no opportunity and affordability for them* and those children were included in our day care center as we are running this support service with the help of the National Trust.





The objective of this project is to expand the range of opportunities available to a Person with Disabilities attaining the age of 10 years for enhancing interpersonal and vocations skills as they are on a transition to higher age groups. The center is also aimed at to provide care giving support and Special Education to Persons with Disability in the Vikaas Centre. In addition to this, it is also supporting the family members of the PwDs with disabilities covered under the National Trust Act to get some time during the day to fulfil other responsibilities.

The natures of the PwD enrolled so far in the Asha Vikaas Centre are ***Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities*** who completed age of 10 years or more. Various activities such as Motivating them to do self-activities, Occupation therapy, Physiological and Psychological development activities, ***Yoga, Exercise*** and related activities are integrated continuously for the last 12 months with the help of trained and experienced professional Educators and social workers. 31 children, 11 girls and 20 boys were engaged in the day care centre.

#### Vocational Training

We are arranging various vocational trainings and technical skill trainings based on the interest and capabilities of the children in the Vikaas Centre. After completing the training, we are planning to set up Work Centre and engage our children in in-house production and sales and marketing support would be done by Asha Trust so that these children are gaining some fruitful employment along with child safety and security. Three PwDs namely **R. Sarathkumar, G. Gopinath and S. Arun Kumar** were adequately trained, successfully completed the training and placement has got in Sarathy Bikes in Bike Wash Section as assistants with Rs 6000 as monthly salaries and they have started their work. 10 PwDs are engaging in producing Floor Mat made up of waste cloths and selling at Rs 150 apiece as they are attractive.

#### NATIONAL TRUST, LOCAL LEVEL COMMITTEE NGO MEMBER, TIRUVALLUR DISTRICT

In 2019-2020, 18 legal guardianship certificates were issues successfully by identifying, establishing rapport, and persuading them to apply for certificates. Thus, they have accessed the certificates and 43 legal guardianship applications were issued by identifying, establishing rapport and persuading them to apply for certificates

***So far in Thiruvallur district, 496 legal guardianship certificates have been issued to protect children. We have provided Nirmaya Health Insurance ID Card for 59 new beneficiaries enrolled in this year and 65 have renewal from the National Trust for these four Disabilities.***

Asha Trust is registered under National Trust Act. We are also local Level Committee NGO Member. We deal with the welfare of persons with Autism, cerebral palsy, Mental Retardation and multiple disabilities. In Thiruvallur district we are conducting social awareness programme and parents meeting to disseminate information about the available welfare schemes and programmes of the National Trust Act so that parents could be able to use and benefit out of it. Parents are also



aware of entitlements of their children and also programmes for parents. After conducting all these programmes, we appoint Legal Guardianship to the persons of PwDs of all these categories.

**These meetings are conducted on Every Monday on Public Grievance Day at the District Collector Office were conducted in coordination with District Differently Abled Welfare Officer. They also conduct on every Monday Weekly ID Card Camp in Government Hospital and we have associated with them regularly.**

#### CONCLUSION

For the work accomplished for the children with disabilities, and close engagement with the National Trust and District Differently Abled Welfare Officer and District Collector, we have received the appreciation certificate and please find the certificate here APPRECIATION CERTIFICATE

The above are the activities carried out in April 2019 period and 2020 till March.

\*\*\*\*\*

For ASHA SCHOOL FOR THE MENTALLY RETARDED CHILDREN



  
Managing Trustee



**SEPARATE SHEETS ATTACHED FOR THE ACTIVITIES PERFORMED RELATED  
TO THE NATIONAL TRUST DISABILITIES**

**Asha School for the Mentally Retarded Children:**

<b>Year</b>	<b>: 2019 -20</b>
Autism	: 1
Cerebral Palsy	: --
Mental Retardation	: 29
Multiple Disabilities	: 1
<b>Total no. of students</b>	<b>: 31</b>

**Asha Vikaas Day Care Centre:**

<b>Year</b>	<b>: 2019 -20</b>
Autism	: --
Cerebral Palsy	: --
Mental Retardation	: 30
Multiple Disabilities	: 1
<b>Total no. of students</b>	<b>: 31</b>

**Appointment of Legal Guardianship:**

<b>Year</b>	<b>: 2019 -20</b>
Autism	: --
Cerebral Palsy	: 1
Mental Retardation	: 40
Multiple Disabilities	: 2
<b>Total no. of beneficiaries</b>	<b>: 43</b>

### **Niramaya Health Insurance:**

<b>Year</b>	<b>: 2019 -20</b>
Autism	: 1
Cerebral Palsy	: 1
Mental Retardation	: 50
Multiple Disabilities	: 7
<b>Total no. of beneficiaries</b>	<b>: 59</b>

### *Children's Day Celebration on November 14, 2019*







*World Disabled Day Celebration on December 3, 2019*





*Diwali Celebration on October 25, 2019*



*Pongal Celebration on January 11, 2020*





*Our Children's Participate and Receiving Certificate in the District Level Sports Meet on February 19, 2020*







The image shows a variety of children's art projects on a light-colored tiled floor. The central focus is a large poster titled 'Green Day Celebration' in a cursive font. To the left, there's a pink poster 'SAVE EARTH' by Sowmya featuring a recycling symbol and a green plant. Next to it is a yellow poster 'SAVE TREES' by A. Aswini with three smiling trees and the text 'THEY WILL SAVE YOU'. Above this is a poster 'SAVE WATER SAVE NATURE' with a tree and water droplets. To the right, there's a poster 'MANGO TREE' with a drawing of a mango tree. Other smaller drawings include a tree with a recycling symbol, a tree with a water drop, and a tree with a leaf. There are also some small green objects, possibly leaves or small plants, scattered around the posters.

Green Day  
Celebration







*Red Day Celebration on October 7, 2019*

















*Conducted Dental Camp for our Children on September 12, 2019*









*X-Mass Day Celebration on December 23, 2019*













*Parents Awareness Meeting conducted about the National Trust Act on September 9, 2019*

