

ACTIVITY REPORT-2022-2023

INFORMATION ABOUT THE ORGANIZATION - The project was conceptualized in the year 2018-2019 by Dr Sanjay Kumar Sazzan, when he was working in his physiotherapy centre in Mangalabag, Cuttack. Every day he saw 10/12 patients having intellectual disability and their needs of physiotherapy, occupational therapy and clinical psychology. After that he formed a group of 7 like-minded people who are interested to support and strengthen the intellectual disabled persons for living with dignity. Then the group felt the need to establish a care centre for mentally retarded persons in Cuttack District. The Care centre was started in May 2012 and initially 8 mentally retarded persons were come for support of special education, P&O, physiotherapy, Occupational therapy Clinical Psychology support. Currently got a scope to work for 127 disabled and staff providing day care, Therapeutic and Special education services.

Currently centre functioning at CR Naidu

Lane, College square, Canal road, Cuttack- 753003 & it offers a very safe environment. under society act 1860 & RPwD registration of 311/SSEPD 2019-BBSR on dated 13.02.2019.

SERVICES AVAILABLE IN DESTITUTE / ORPHANAGE CHID -

“THE HOPE” a non government organization runs a Care Home for intellectual Destitute/orphanage/ disable persons with few activities. Objective of this activity is to improve the skills if possible with a different style. Here we celebrated some activities with their involvements like Ganesh Puja Saraswati Puja, Raja doli Celebration, Independence Day, International Disabled Day and other observable days.



ACTIVITY TIME TABLE

Time	Daily Routine
8 AM	House Keeping
9 AM	Attendance
9.30 AM	Prayer
9.45 AM	Check up & distributing Medicines if required & Juice/biscuit
10.00 AM	Physiotherapy, occupational therapy, special education
1.00 PM	Lunch
1.30 PM to 2.30 PM	Game, Drawing & Craft Class & special activity
3 PM to 4.30 PM	Dance, singing Class & Yoga
4.30 pm to 5.00 pm	Making progress report of child
5.00 PM	Closing of the day

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SAFETY RULES OF REHABILITATION CENTRE

1. Mixing of male and female Enrolments as well as staff is selectively and under observation.
2. Caregivers and security guards watch over entry and exit gates.
3. The rooms/yards of the Enrolments are regularly checked for any stolen food or potential harmful objects.
4. Log of every person is recorded upon his entry and exit of facility.
5. Corporal punishment of residents is banned.
6. Caregivers are assisted with psychologists while dealing with hyperactive children.

TRAINING ON EARLY- HOME THERAPY BY MOTHERS: - We have organized regular training on early intervention of autism for mothers having autism child. As we know mother can improve a child's overall development. Children who receive **autism**-appropriate education and support at key developmental stages are more likely to gain essential social skills and react better in society. This year "*The Hope*" has organized 13 trainings on early intervention of Autism-home therapy by Mothers. In this training 59 mothers have trained on how to manage the 3 years of age autism child before they are eligible to attend pre-school.

A formal diagnosis of autism requires an evaluation by an experienced psychiatrist, psychologist, neurologist, or developmental pediatrician (a pediatrician who specializes in developmental disorders). It was discussed that after diagnosed possible symptoms of autism may be observed by a parent and how to contact with pediatrician for screening tests which can help to determine the child is at risk of having Autism. .

Two common misconceptions are that if a child can talk or is affectionate then they cannot have autism. That is not true. Some people diagnosed with autism have normal language, and many are affectionate to friends and family. However, the common cores of all



types of autism spectrum disorders are delays or impairments in social understanding and social relationships.

Speech Therapy: This will be beneficial to all autistic children, but often only 1-2 hours/week is available, so it probably has only modest benefit unless integrated with your home and school programs. As discussed earlier, sign language it will also be very helpful in developing speech. Speech therapists should work on helping the child to hear hard consonant sounds such as the "c" in cup. It is often helpful if the therapist stretches out and enunciates the consonant sounds.

Occupational Therapy: It will be beneficial for the sensory needs of these children, who often have hypo- and/or hyper-sensitivities to sound, sight, smell, touch, and taste & include sensory integration of Physical Therapy: Often children with autism have limited gross and fine motor skills, so physical therapy can be helpful.

Developing Friendships: Although young children with autism are seem to prefer to be by them, one of the most important issues for older children and adults is the development of friendships with peers. It can take a great deal of time and effort for them to develop the social skills needed to be able to interact successfully with other children, but it is important to start early. In addition, bullying in middle and high period can be a major

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problem for students with autism, and the development of friendships is one of the best ways to prevent this problem.

One of the best ways to develop friendships is through shared interests such as boy scouts, robotics clubs, school plays & band and school newspaper. Those activities provide peers with whom a child can share his or her favorite interests. Friendships can be encouraged informally by inviting other children to the home to play, with parents or therapists helping to supervise and support those playgroups.

TRAINING ON EARLY INTERVENTION WITH IDENTIFIED CHILDREN WITH DESTITUTE/ ORPHANAGE/ DISABLED- SCHOOL TEACHERS

Though education is the neurobehavioral problem of children, so the teachers encourage play and social interaction, focus on nonverbal communication. Leave “space” for your child to talk. Simplify your language; Follow your child's interests. The objective of this activity is educational interventions (programs) that are intended to result in global improvement in autism and to review the status of the evidence regarding their effectiveness. Behavioral techniques that limit their aim to changing specific areas of functioning in autism will not be reviewed. Our daycare group had the support of a child care worker and the day-care centre received training on programming assistance for children with special needs. Results showed short-term language improvements in children in the parent group and an increase in the parents’ knowledge of autism. So we are interested to continue our work to strengthen the centre. Our mission is to strengthen service systems to ensure that children with disabilities like Autism and their families receive and benefit from high quality, culturally appropriate, and family-centered supports and services. The center addresses this mission by working primarily with its own & then the state agencies responsible for ensuring Early Identification services.

OBSERVATION OF INTERNATIONAL DAY OF PERSONS WITH DISABILITY: The International Day of Persons with Disabilities (earlier International Day of Disabled Persons/World Disability Day) is celebrated every year on 3rd December since 1992. Proclaimed and promoted by the United Nations, this international observance is marked the world over to intensify efforts aimed at sustained effective action with a view to improving the situation of persons with disabilities.

For India which is home to over 70 million people with disabilities, with few rights, few entitlements, and even fewer opportunities, this day assumes a greater significance, creating visibility and awareness on the issues faced by people with different disabilities before a larger audience.

As the objective of “The Hope” is to strengthen its core area of work on “Health & Disability” so the Chief functionary has participated the observation of International day of persons with Disability was organized by District Administration in Cuttack district of Odisha state. Objective is promoted early identification, care & support, Home Based Care for persons living with Autism, CP & MR.

OBSERVATION OF CHILDREN DAY: - The **World Children Awareness Day** was observed across the **world** on November 14, **2022** with an aim to encourage the Member States of the United Nations to take measures to raise **awareness** about **destitute/ orphanage/ disabled** throughout the **world**. The **theme** of **World Children Awareness Day 2022** was 'Inclusion, For Every Child

This year on 14th Nov 2022 “The Hope” has organized one awareness camp with its disabled child and their parents to strengthen the skills of the mothers how to support through Home Therapy. “The Hope” took a resolution to draw attention towards the challenges faced by women and girls with orphanage/disabilities and specifically with Girl Child with Autism who are more vulnerable in their adulthood.

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Dr Sanjay kumar Sazzan, Chief Functionary has chair this program and advice to all the mothers present here that how they safe their children from gender based violence. The gender based violence majorly because of discrimination and stigma based on gender and disability. He concluded the meeting with sharing a story of “Panchatantra “and vote of thanks.

BEST PRACTICES

Customized Case Management: For prevention and intervention strategies to be effective, “The Hope” targets the key issues facing the organization. In our experience, very few staffs assist their clients in establishing multi-year goals with a documented approach to measuring results. We need to verify and short out the situation.

Modify the Work Environment: We can do effective alternative to hiring/training a new employee or dealing with lost productivity in this arrangement whenever a replacement is not found.

Integrate Solutions that Support our Goals: Long-term, a focused strategy and a combination of both prevention and intervention supports, will contribute to effective wellness and disability management. Most service providers and insurance carriers offer a suite of complimentary services. So our next plan is to introduce the programs under The National Trust for welfare of the persons with Autism, Cerebral palsy, Mental retardation and multiple disabilities.

ହୋପସୋସାଇଟିର ଦିବ୍ୟାଙ୍ଗ ସଚେତନତା ଶିବିର

• ଭୁବନେଶ୍ୱର, ପିଏ-ଏସ

କଟକ ମାହାଙ୍ଗା ରୁର ଷ୍ଟିଡ ବୁଦ୍ଧିମାତ୍ରା ଗ୍ରାମରେ ନ୍ୟାସନାଲ ଟ୍ରଷ୍ଟ ଷ୍ଟିଡ ଅଧିନରେ ହୋପ ସୋସାଇଟି ଓଡ଼ିଶା ଦିବ୍ୟାଙ୍ଗ ସଚେତନତା ଶିବିର କାର୍ଯ୍ୟକ୍ରମ ଚଳିଛି । ଗାର୍ଲ ସମାଜର ଆବଶ୍ୟକତା ଶିକ୍ଷଣ ଦିଆଯିବାକୁ ଲୋକ ଆସିବାକୁ ଲାଗିଥିବାବେଳେ ୨୫୦ ଅଭିଭାବକଙ୍କ ଉପସ୍ଥିତିରେ ବେଲେ ୧୮ ଟଙ୍କା ଦିବ୍ୟାଙ୍ଗଙ୍କୁ ସମର୍ଥନ ଦେବାପାଇଁ ସାମାଜିକ କର୍ତ୍ତାବ୍ୟକୁ ପୂରା କରିବାକୁ ଲୋକଙ୍କୁ ପ୍ରୋତ୍ସାହିତ କରାଯାଇଥିଲା । ନ୍ୟାସନାଲ ଟ୍ରଷ୍ଟର ମେମ୍ବର ଡେବିଡ଼ାଟା ଆଶିଷ କୁମାର ଗୁପ୍ତା ଅତିଥିଭାବେ ଯୋଗଦେଇ ସମର୍ଥ ଷ୍ଟିଡ ଦିବ୍ୟାଙ୍ଗଙ୍କ ମତାମତ କଲେ । ଡେବିଡ଼ାଟା ଗୁପ୍ତାଙ୍କ ଅନୁମୋଦନ ଦିବ୍ୟାଙ୍ଗ ପ୍ରମାଣପତ୍ର ବେଳେକିରାରେ ପାରିବା, ଲିଭାଇ ପାରିବାପାଇଁ, ସୁରକ୍ଷାପ୍ରାପ୍ତି କାର୍ଯ୍ୟକ୍ରମରେ

ଦିବ୍ୟାଙ୍ଗଙ୍କ ପ୍ରକାର କରାଯିବ । କାର୍ଯ୍ୟକ୍ରମରେ ଅନୁମୋଦନ ମଧ୍ୟରେ ଡାକ୍ତର ସୁଧାଂଶୁ ମହାପାତ୍ର, ହୋପ ସୋସାଇଟିର ସେକ୍ରେଟାରୀ ଡାକ୍ତର କୁମାର ସତ୍ୟଜିତ ପ୍ରମୁଖ ଯୋଗଦେଇଥିଲେ । ନିରଞ୍ଜନ ବସନ୍ତରା, ଏସ୍ ଗ୍ରାସ୍ ଖସ୍ତା କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳନା କରିଥିଲେ ।



PHYSIOTHERAPY UNIT FOR SENIOR CITIZEN AND DISABLED CHILDREN



Cultural activity of education

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Differently-abled children take part in a drawing competition



Diwali celebration with Special child



Building a strong Special Education



Classroom activities for special needs student

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Celebrated Independence Day at Hope



Media coverage of World Disability Day

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Work Plan

- ✓ Maintains a track record of accurate diagnosis.
- ✓ Provides treatment based on the patient's unique needs.
- ✓ Supports patients and their families by counseling them.
- ✓ Recommends a cost-effective treatment plan.
- ✓ Aims to achieve desired results within a short time period.
- ✓ Suggests a comprehensive post-discharge plan for speedy recovery.
- ✓ Help children recognize and describe what makes them feel safe and unsafe, safe and unsafe feelings are sometimes referred as to 'yes' and 'no' feelings.
- ✓ Refrain from using commonly used terms such as the 'good touch' and 'bad touch' as this might seem ambiguous to children and misguide them.
- ✓ Help child identifying a 'safe adult' both at home and school. Make it point to name this 'safe adult' and provide adults who are identified as 'safe adults'.
- ✓ Capacity building of grassroots organizations in the field of disability, development, rehabilitation and Assistive technology.
- ✓ Undertaking R&D in appropriate assistive technology and making assistive devices more accessible and affordable. Realizing the aspirations of the Convention on the Rights of Persons with Disabilities (CRPD), Incheon Strategy to 'Make the Right Real' for Persons with Disabilities and all related national legislations.

FUTURE PLAN OF DESTITUTE/ ORPHANAGE CENTRE

- With proper medical intervention preparing medical profile of every Enrolments.
- Capacity building of staffs/Resources to handle CP & MR cases.
- Improving infrastructure of the building as per needs.
- Preparing a comprehensive education & rehabilitation plan for every Enrolment.
- Organizing more than 30 medical & Rehabilitation camp in rural area of other district of odisha.
- Setting up a vocational training center for skill building of Enrolments.

