

INTRODUCTION ABOUT THE ORGANISATION

Aadhar Gyan Dhatri Samiti is a non-profit organisation working in the City of Lakes, Bhopal (Madhya Pradesh) since 27th of September 2004. It is a Child Welfare Organization formed by Doctors, Therapists & Professional Counsellors and is devoted to assist and aid the growth of a child into a healthy & socially responsible human being. Young people are our human capital for the future, therefore child and adolescent health is our most important investment. Health is indivisible and requires holistic approach throughout an individual's life. We provide special health care to children and adolescents with developmental, emotional, behavioural, psychosomatic, neurodevelopment and educational problems in a child friendly environment through a multidisciplinary approach. Our multidisciplinary team comprises of developmental paediatrician, clinical psychologist, career counselor, counsellors, special educators, a physiotherapist, a speech therapist, occupational therapist, nutrition specialist, educational experts, and yoga therapist who have been trained and are experienced to work with children and their families. Aadhar mainly deals with Child Development, Psychological Counselling and Career Counselling. It runs a school for special needs children, a school clinic and an adolescent clinic. It caters to children with developmental, behavioural, emotional problems and learning difficulties from birth to 19 years. Aadhar also helps them with career selections as and when needed. It also provides counselling and training facilities to their families. Aadhar is the only centre authorised by CBSE for certification of children with Learning Disability.

Main fields Aadhar works on

- Aadhaar Child Development Clinic is for providing coordinated multi-disciplinary care to children with developmental disabilities.
- School Readiness is for children with special needs can be broadly classified into 3 categories (mild, moderate and severe) on the basis of their disability or special needs and individual education programmes customized for each of them. Broadly speaking, mild to moderate categories of children with special needs can be taken in the school readiness program after initiating early Intervention. On the basis of this classification, the tentative time-frame of mainstreaming these children is initiated. In special needs children the Developmental age rather than the chronological age and the acquisition of functional needs is taken as the criteria for entering School Readiness program.

- Aadhaar provides special health care to children and adolescents with development, emotional behavioural, psychometric, neurodevelopment and educational problems in a child friendly environment, environment through multidisciplinary approach.

Our multidisciplinary team comprised of

- Development Paediatrician
- Special educators
- Physiotherapist
- Speech Therapist
- Occupational Therapist
- Clinical Psychologist
- Career Counsellor
- Educational experts
- Nutrition specialist
- Yoga Therapist

In a nutshell Aadhar Centre focuses on...

- Children with Special needs and under performers
- Adolescents and youths for career counselling and mental health
- Parents for counselling through workshops
- School plus for under-performers, learning disability, career guidance and counselling
- Teachers – Training and guidance to understand child psychology and its needs
- Counsellor –Capacity building in counselling skills

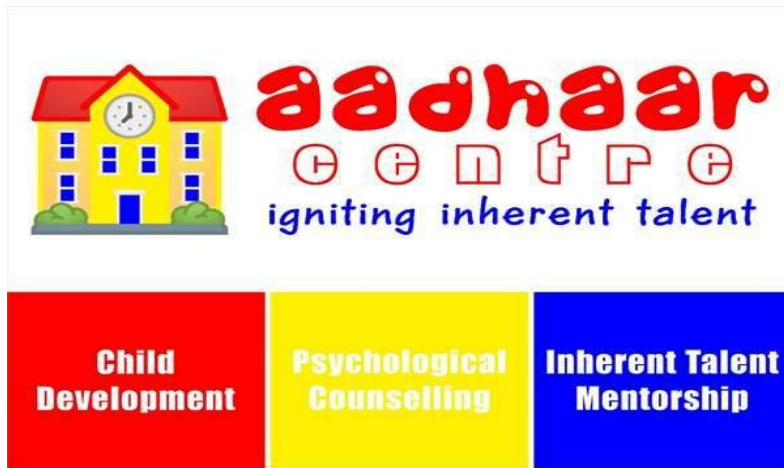
Annual Report-2019-20 NT Activities:

Activities (April, 2019–March, 2020)

1-2 April 2019: Autism Day Celebration and a new logo of Aadhaar was launched: A big

event was the unveil of the new look of aadhaar #igniting inherent talent what aadhaar stands for helping each individual discover their passion in life.

Aadhaar centre light up blue on Autism Awareness Day. Enthusiastic volunteers campaign for its awareness which is a development disorder and to invite people for the awareness of Autism among people, the volunteers went on face painting campaign.



30 May 2019



Organised awareness creation seminar / workshop for teachers and parents of children with disability on Understanding Child Behavior and Managing Special Children at Witty International School Mumbai.

Dr Jagmeet Kaur Chawla made parents and young teachers understand the behavior in children and how to manage the difficult and challenging behavior like specific learning disability, Autism, ADHD and gave them tips how to handle such issues. It was very informative and interactive session.

16 June 2019: Organised interactive story telling session by Mrs Jyoti Pandey, a story teller of national repute with children of Aadhaar:

Mrs Jyoti Pandey, a story teller of national repute, she kept the children mesmerized with her story telling abilities. All were in amusement, was a enjoyable session leaving a wide smile on every ones face.



24th June 2019 : Organised short workshop on “You are not the only one” on importance of mental health by Dr Jagmeet with interns of Ansh at Aadhaar Centre:

The issues and challenges faced by the youth lead to mental health problems sometimes and need to empowering them through various initiatives to help them to

overcome these tribulations, in pursuit of this, conducted a workshop addressing physical, emotional and social changes in adolescence and youth. It was a participatory session to share their challenges and have open discussions on various issues like puberty, coping with distractions, stress, etc

e.



26th July 2019: Plantation Day celebrated by children of Aadhaar at Ecopark Laharpur and gratitude expressed to donors:

Child talent was correlated with the mother earth sufferings as every child is talented but can't show their talent due to physical or mental adversities as the mother earth sufferings are deforestation, global warming and water scarcity.



So in order to contribute to the nature in harmony and regenerate the powers of Nature, aadhaar has organized a plantation drive by children of special needs along with their parents.

2nd August 2019



Friday on 2nd August 2019 the children and staff of Aadhar Centre were delighted to welcome Ms Pooja Bhagchandani life and transformation coach | NLP Trainer | Pranic healer. We celebrated friendship day with our darling children. It was a thoroughly enjoying activity session leaving everyone with a smile on their faces.

14th August, 2019

Aadhaar centre celebrated Rakhi with sweet sweet children on 14th August 2019 - Happy Rakshabandhan to all of you



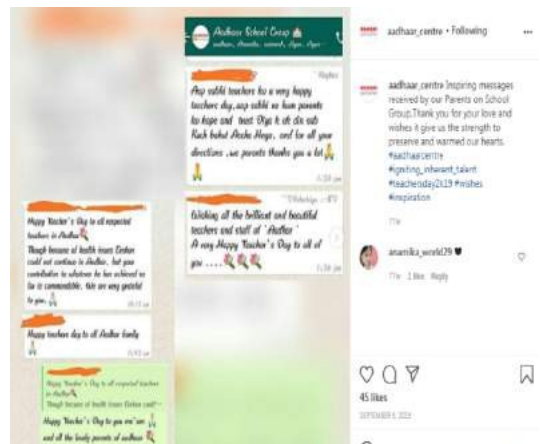
20 August, 2019



Helping hands to the special need children by Aadhaar

5th September, 2019

Inspiring messages received by our Parents on School Group. Thank you for your love and wishes it give us the strength to preserve and warmed our hearts.



15th

Birthday of Aadhaar foundation day was celebrated a successful journey of Aadhaar

29th October, 2019:



Diwali was celebrated with children at aadhar, a Laxmi puja was done, may Goddess Laxmi give you all a prosperous life

14th November, 2019



Happy Children's Day Celebrated Aadhaar on 15th November, 2019



30th Nov to 2nd Dec 2019: Central India's Exclusive Health Exhibition - Health Expo 2.0: Aadhaar has participated in this drive. The mission of the health expo is bringing all brands in health together to reflect how we bring people together for a healthier world.



to 02nd Dec

HIGHLIGHTS
 1.5 Lac Visitors
 65+ Stalls
 Targeted Audience
 B2B Opportunity
 Media Promotion
 Outdoor Promotion
 Online Promotion
 Radio Promotion
 Announcements
Venue:
 Bittan Market Ground
 Bhopal

In this HEALTH EXPO, We are proposing about 60 stalls and 4 main sponsor's display stalls from Central India and Madhya Pradesh. Our Mission is to bring all brands together in HEALTH EXPO 2.0 to reflect how we bring people together for a healthier world.

CONTACT US :
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 info@healthexpo2.0.com



25 December, 2019



Aadhaar Centre held a special session on Christmas for its volunteers, interns and staff and shared the joy of gifting-The greatest gift of all .is a -Human Life. Christmas was celebrated at Aadhaar Centre Bhopal with fun festivities and joy. Chitranshu Shrivastav an upcoming singer in Bollywood mesmerized the children with songs and all the children were overjoyed to meet Santa Claus. A surprise little guest Ahana with her parents Sachin and Parul came in from Mumbai to spread cheer and joy and distributed chocolates to all.

31 December, 2019

Aadhaar Centre held a special session in Christmas for its volunteers, interns and staff on the joy of gifting-The greatest gift of all..Human Life. A wonderfully inspiring and informative session was held by Dr Rakesh Bhargav of Kiran Foundation on CPR(Cardio Pulmonary Resuscitation) and Organ Donation. It was very well attended and every individual was taught the technique in a hands on demonstration with excellent participation and interaction by the youth.



19 January, 2020

Grandparents Day was celebrated with great love and festivities by Team Aadhaar today to commemorate Makar Sankranti, Pongal, Lohri and most importantly the love of little children for their grandparents.

In the coldy and balmy weather, the grandparents were at the venue full of anticipation and excitement. The grandparents were greeted by the sweet children of Aadhaar with application of tilak and showering of flower petals.The grandparents then played a few games.

31st January, 2020



Basant Panchami Celebrations at Aadhaar

3rd February, 2020



SSRI of Sophia College Mumbai hosted their last guest session for this year with a session by Dr Jagmeet Kaur Chawla Developmental and Adolescent Paediatrician and Director of Aadhaar Centre Bhopal. She addressed the second year students of Psychology on the topic of Developmental Psychology. It was a very well attended session and in her inimitable style, Dr Jagmeet interacted with the students in a wonderful way. She concluded her session by motivating them.

19th February, 2020

Dr Jagmeet Kaur Chawla Developmental Paediatrician and founder of Aadhaar Centre took a session for students of Disability Cell which included students of Psychology, Sociology and B Ed on Disability Awareness titled "Voices of a Practitioner" on 19th Feb 2020 at BSSS College Bhopal. It was a well attended session with great interaction by the students.



Dr Jagmeet shared her amazing experiences in dealing with challenged children and empowering them and their parents.

2 March, 2020



Aadhaar Centre Bhopal hosted a wonderful session on "Destressing through Art" by acclaimed art therapist Ms. Swati Rajoria on 29th February 2020 under its Customized Counselling Program for the parents.

It was very well attended by parents of children with special needs and therapists. Ms Swati took the participants on a beautiful journey of their own lives.



19 March, 2020:

In honor of Down Syndrome Awareness Month Doordarshan, Bhopal have called different sources related with Down syndrome. Prachi Pal, with special educators Mrs. Raksha Vighne and Mrs. Deepali Kekre at Doordarshan Down Syndrome event at the Bhopal Kendra. Also introduced with the child with downs syndrome Prachi Pal was also present with her mother and with aadhaar special educators. 21st January is celebrated as the Down Syndrome Day.

22 March, 2020

A special event was organised by Doordarshan at their Bhopal Kendra to spread awareness about DOWN SYNDROME on 18th March 2020. Children with Down Syndrome, Parents, Special Educator and Doctors gathered together to discuss on variety of topics ranging from early detection of the condition to Therapies to Government Schemes and aids.

Organisations like Aadhaar Centre, Aarushi Foundation etc were present for the event. Named after English Physician John Langdon Down, the Down Syndrome is a genetic disorder caused when abnormal cell division results in an extra full or partial copy of Chromosome 21. Also referred as Trisomy 21, it differs in severity among individuals, causing lifelong intellectual disability and development delays.



28 March, 2020

Wonderful parents meeting online

The delighted voices and faces of our children took the energy level of our therapists to a fantastic high. Great interaction of parents with Team Aadhaar with resolving guests problems in dealing with their children in these difficult times.



30 March, 2020



During lock down Aadhaar has provided services. In these unprecedented times, we wish and hope all students are at home and stay safe and healthy. Aadhaar is committed towards the betterment of children and thus are available on WhatsApp and Skype whenever needed please feel free to contact us in case of any doubts or enquiries. Maintaining Social Distancing Aadhaar actively Working from home because we care for you.....

Beneficiary List:

Beneficiary wise contact no. of parent, address, name of child/adult, age, disability and developmental information							
S. No	Name	Age/Sex	Disability	Father's Name	Contact No.	Address	Progress
1	Devansh Thakur	8/Male	ASD	Umesh Thakur	7869493537	H.no 1480, Shankaracharya Nagar Bhopal	Average
2	Pushkar Yadav	12/ Male	ID	Sanjay Vadav	7898499930	86/2 Indira Colony Bagh Umraodula Bhopal	Good
3	Ankush Choudhary	7/ Male	MD	Upendra Chaudhary	9685213897	H. No. 283 In front of Ram Mandir Chuna Bhatti, Kolar Road, Bhopal	Good
4	Kunal Yadav	9/ Male	ID	Sanjay Yadav	882702804	Tulsi Nagar, Hinotiya H.no. 5	Average
5	Poonam Jatav	7/Female	CP	Rajesh Masuria	7067296418	Shahpura Chhawani H no. 153	Very Good
6	Deepak Sen	10.5/ Male	CP	Abhay Sen	8839173983	H.No. 10 Phase 1 Awadhpuri Rishipuram Bhopal	Average
7	Tanu Yadav	5/ Female	CP	Sunil Yadav	8349326882	H. No. 12 Shahpura Chawani Bhopal	Average
8	Prachi Pal	9/ Female	MR	Sunil Pal	883572804	H. No. 57/2, Bawadia Kala, Bhopal	Very Good

9	Vaishali Gangbhoj	7/ Female	CP	A K Gangbhoj	626044728	H. No. 148, Narmada Bhawan Priyadarshani Nagar Bhopal	Good
10	Aditya Singh Bisht	5.5/ Male	MR with CP	Umed Singh	7869258638	H.No. 391 Ganesh Nagar, Nayapura Kolar Road Bhopal	Good
11	Kaustubh	8.5/Male	CP	Vikal Shrivastava	9630022897	226 B – Sector Sarvadharam Colony, Kolar Road Bhopal	
12	Umer Khan	5/ Male	MR	Izaz Khan	7723852138	Block No. 3 H. No. 18 Shyam Nagar, Bhopal	V Good
13	Ubaida Khan	5/Male	MR	Mustaqeen Khan	9893612987	Masjid Bilal Parisar Shiv Nagar Colony T T Nagar Bhopal	Good
14	Umar Khan	4/ Male	MR	Izaz Khan	7723852138	Block No. 3 H. No. 18 Shyam Nagar, Bhopal	V. Good
15	Arpita Wakode	10/ Female	MR with CP	Amita Wakode	9755336194	H. No. 44 Jain Mandir Second Stop Bhopal	Average
16	Himesh Nihare	10/Male	CP	Satish Nihare		10 PC Nagar, Meera Nagar, Bhopal	
17.	Kusum Sharma	11/ Female	CP	Chandra Prakash Sharma	9826232242	Priyanka Nagar, House no. 22, kolar Road Bhopal	V Good
18.	Mohit Ahirwar	8/Male	CP	Anokhelal Ahirwar		Ajay Nagar, Shahpura, Bhopal	Good
19	Uzer Ullah	3.5/Male	Mild MR	Kifayullah a	9131091050	99, Jail Road, Jhada colony, Jehagirabad, Bhopal	Good