

Shristi Special Academy®

Engage Enable Empower Persons with Disabilities and Carers

Annual Report 2023-24

- **3rd June, 2023**- 40, Volunteers from Accenture visited Shristi as Part of their CSR activity. They organized some games, fun activities, and cultural events for the students.
- **5th June, 2023**- Celebrated World Environment Day at Shristi. The event started with an Awareness walk from Channenahalli Bus stand to Shristi Campus. We donated some saplings to local villagers. 50 students and 6 team members attended the same.
- **18th June 2023**- 4 PWDs and 4 carers attended a cultural event organized by Mithra for Life at Cubbon Park
- **21st June, 2023**- International Yoga Day was celebrated at Shristi. 18 students participated
- **21st June, 2023**- Participated in International Yoga Day organized by NIEPED (National Institute for the Empowerment of Persons with Disabilities) at Secunderabad. 6 students participated along with 1 yoga trainer and 2 Carers and 1 sibling
- **1st July, 2023**- 8 students and 3 team members participated in an event at St. John's Auditorium in the memory of Dr. Ashok. Our students performed a group dance.
- **7th July, 2023**- 40 volunteers from IQVIA visited Shristi for the purpose of Day of Service. Organized some games for students.
- **18th July, 2023**- Dr. Adarsh and Dr. Nirmala, Pediatricians from RRMCH visited Shristi.
- **29th July, 2023**- 18 PWDs, 2 Carers and 4 Team members participated in Eco Therapy at Cubbon Park organized by Bengaluru Environment Trust.
- **5th August, 2023**- 20 students with Autism, 7 Carers and 4 Team members visited IME- Indian Musical Experience at JP Nagar.
- **10th August, 2023**- 76 students, 3 carers and 23 team members visited Flower show at Lalbagh on Independence Day.
- **19th August, 2023**- 150 students and 8 teachers from Government school Channenahalli and Jattipalya, visited Shristi as part of the celebration of Bag less Day.
- **24th August, 2023**- Mr. Anil Patil, Founder-Executive Director, Carers Worldwide, UK visited Shristi.
- **28th August, 2023**- 7 Students of Architecture from Dayanand Sagar Institution visited Shristi as part of their community services.
- **5th September, 2023**- Teachers Day celebration at Shristi.
- **30th August, 2023**- 5 Volunteers from OWC visited Shristi.
- **8th September, 2023**- Krishna Janmashtami celebrated at Shristi.
- **9th September, 2023**- 22 PWDs and 6 team members participated in Mithra Habba organized by Mithra Foundation
- **12th September, 2023**- 78 students, 6 carers, 39 Team Members participated in Music Concert by Mrs. M. D Pallavi, organized by Bhumiya Trust
- **20th September, 2023**- Ganesha festival celebrated at Shristi.
- **14th September, 2023**- Mr. Lakshmikanth, Principal, and a staff from Soundarya School, Nelamangala visited Shristi.
- **5th October, 2023**- 19 PWDs, 10 team members, 14 carers visited TRDC (Tirumala Rural Development Centre) at Jakkasandra, as part of the exposure visit, learn about Poultry form and Dairy, Gardening, residential set up for PWDs etc.
- **7th October, 2023**- 2 visitors from Shantiniketan school visited Shristi

- **18th October, 2023-** Organized a Dental camp in collaboration with Dayanand Sagar Dental College and Hospital at Shruti. 50 PWDs, 9 parents, 20 team members benefitted.
- **19th October, 2023-** Carers Day was celebrated at Shruti.
- **20th October, 2023-** Ms. Michelle and Ms. Maria from Carers Worldwide visited Shruti. Ayudha pooja celebrated
- **3rd November, 2023-** Medical Camp was organized at Shruti in collaboration with RRMCH for students of below 16 years of age.
- **4th November, 2023-** 15 PWDs, 12 Team Members participated in Sports organized by ASHA at Basaveshwaranagar, Bengaluru.
- **4th November, 2023-** Volunteers from Accenture visited Shruti, organized some games and fun activities to the students.
- **8th to 10th November 2023-** 154 nursing students from M. S Ramaiah College visited Shruti as part of their community service.
- **17th November, 2023-** International Cerebral Palsy Day and Children's Day was celebrated at Shruti in collaboration with Acharya's NR College of Physiotherapy.
- **21st November, 2023-** 29 PWDs, 14 Carers, 8 Team Members visited Yana enterprises to observe a handloom set up.
- **28th November, 2023-** 24 PWDs and 6 Team Members Participated in Sports Day organized by Department for the Empowerment of Differently Abled and Senior Citizens, GoK on the occasion of International Day of Persons with Disabilities.
- **28th to 30th November-** 150 students from MS Ramaiah Nursing College visited Shruti as part of their community services.
- **1st December, 2023-** Pediatric Medical Camp organized at Shruti by RRMCH for below 16 years of age.
- **1st December, 2023-** 24 Carers and 1 Team member from Asha Special School visited Shruti to learn about Vocational Training.
- **2nd December, 2023-** 110 students from Sri Vagdevi Vidya Kendra visited Shruti as part of the Inclusion Program.
- **3rd December, 2023-** 30 students and 16 team members participated in celebration of International Day of Persons with Disabilities at Kanteerava Stadium.
- **7th December, 2023-** 30 Nursing students from Bright College visited Shruti as part of their community services.
- **8th December, 2023-** 19 volunteers from Accenture visited Shruti, organized fun activities for children.
- **8th December, 2023-** 3 visitors from Jain Art and Design College visited Shruti.
- **11th and 14th December, 2023-** 100 students from Acharya College of Graduate Studies visited Shruti as part of their educational visit.
- **21st December, 2023-** 33 Students, 2 Carers, 10 Team Members visited Dharithri School to learn about Vocational Training set up.
- **10th to 12th January, 2024-** 30 Students participated in various cultural competition like Music, dance, yoga, art, fashion show Kalaangana, organized by IRC, Bengaluru. Won 14 Prizes, 1 Award to School, 1 award to Best Special Educator, 1 Award to Best Care Giver and award to the best student.
- **12th January, 2024-** Organized a follow up, screening and assessment camp at Pavagada in collaboration with Narendra Foundation. Total 3 new cases assessed and 9 re assessment, 10 Psychological assessments completed.

- **31st January, 2024**- 19 Students, 7 Carers and 10 Team Members visited Seva -in- Action to learn more about Vocational Training and Placements and also Self Advocacy.
- **8th January, 2024**- 20 Carers and 18 Staff visited Nav Prabhuthi Trust, and ASHA special school to learn more about their work and services.
- **22nd February, 2024**- Day outing for 83 PWDs, 5 Carers and 36 Team members were taken to Ruppri's Resorts for annual picnic. All PWDs enjoyed at resorts.
- **24th February, 2024**- 20 PWDs and 19 Staff visited Indian Music Experience to learn about benefits of Musical Instruments.
- **9th March, 2024**- Women's Day celebrated at Shruti.
- **13th March, 2024**- On occasion of Women's Day, all 45 Mother Carers and 5 team members were taken to Ruppri's Resorts. Mothers enjoyed a lot at Resorts
- **23rd March, 2024**-39 Students and 4 staff from Swargarani school, Raja Rajeswari Nagar visited Shruti as part of Inclusion Program.

Running Programs:

- **2nd July, 2023**- 19 students, 9 team members and 4 carers participated in Bengaluru 10 K Marathon organized by Runners High, completed 5k run
- **8th October, 2023**- 15 PWDs and 12 team members participated in Bengaluru Marathon, completed 5 k.
- **9th December, 2023**- 24 students and 6 team members participated in Samarthanam Walkathon organized by Samarthanam Trust.
- **25th February, 2024**- 15 PWDs and 16 Team members participated in 5k Run at Cubbon Park, organized by Runner's High.

Stalls:

- 1st July, 2023- Products exhibition at NIMHANS convention Centre
- 3rd December, 2023- Product exhibition cum sale at Kanteerava Stadium

Festivals and Celebrations:

The following festivals were celebrated at Shruti: Annual Pooje, Sankranti, Gowri -Ganesh Chaturthi, Dasara, Children's Day, Deepawali, Kanakadasa Jayanthi, Kannada Rajyotsava, Independence Day, Women's Day, and Christmas.

Students helped in arrangements like cleaning and arranging the classrooms and the premises, putting rangoli, flower decorations and helped in kitchen in preparing food (peeling and cutting vegetables) etc.; all these activities being part of their Life Skills training.

Trainings and Meetings

1. **5th June, 2023**- Kayaka Education (P) Ltd, Rajajinagar. Organized a training session on Introduction of their programs and trainings and benefits. 19 team members benefitted.
2. **24th June, 2023**- 65 parents attended Training session. Mr. Natesh from Carers Worldwide trained parents about importance of Carers Group Formation and Mr. Neelakanta from Kayaka orient the parents about Basic Computer Training and Spoken English Training Classes.
3. **12th July, 2023**- 24 parents and 21 team members participated in Training on Understanding the Communication Needs of Children with Autism by Dr. Shubha Kashinath.

4. **6th July, 2023**- 21 Team members attended an online Training session on Introduction about AVAZ app.
5. **23rd August 2023**- 20 parents attended Parent Empowerment Training on “Behavior Challenges in Adults and Adolescents” organized by Shristi. Mrs. Suchit Somashekaraiah train the parents.
6. **6th September, 2023**- 11 parents attended training session on “ Importance of Home Program” organized at Shristi by Mrs. Suchita Somashekaraiah.
7. **13th September, 2023**- 29 Parents and 16 Team Members attended training on “What is Cerebral Palsy” by Mrs. Gayathri Subhash, Director Programs.
8. **20th September, 2023**- 23 parents and 7 team members attended training on “Needs and Expectation of Parents and Importance of Home Program” by Mrs. Suchita Somashekaraiah
9. **27th September, 2023**- 21 parents, 14 team members and 16 OT students attended the Training on “Importance of Employability Training” by Mrs. Suchita Somashekaraiah.
10. **4th October, 2023**- 56 parents, 11 team members attended training on “Planning a schedule for your child on working days- Before and After school and holidays) by Mrs. Suchita Somashekaraiah.
11. **10th and 12 October, 2023**-19 Team members attended Training session by Dr. Shabanam from MAITS (Multi Agency International Training and Support).
12. **16th October, 2023**- 2 Team members attended a workshop at NIMHANS organized by Carers Worldwide Resource Person Mrs. Michelle.
13. **8th November, 2023**: 38 parents participated in training on “ Government Benefits” by Mr. Umapathi , Principal.
14. **5th December, 2023**- 25 Carers, 4 team members attended workshop on Understanding Behavioral Challenges in Adolescents and Adults with Disabilities by Mrs. Suchita Somashekaraiah.
15. **5th December, 2023**- 15 Carers and 11 Team Members participated in Online training session on “Importance of Personal Hygiene” by Enfold Proactive Health Trust.
16. **13th December, 2023**- 31 Carers and 15 Team Members participated in Training on “Pre-Requisite Skills for Learning Academics” by Mrs. Gayathri Subhash, Director Programs.
17. **20th December, 2023**: 13 Carers and 6 team members attended training on “Menstrual Hygiene” by Dr. Rashmi H R.
18. **3rd January, 2024**- 15 Carers and 2 Team Members attended Training session on “Safety Needs and Personal Hygiene” by Mrs. Suchita Somashekaraiah.
19. **3rd February, 2024**- 23 team members and 2 carers attended a workshop on “ Behavioral Challenges in Children, Strategies and guiding principal” at Spastics Society of Karnataka.
20. **21st February, 2024**- 17 Fathers with their PWDs and 12 Staff visited Indian Social Institute as part of the training “Father’s Empowerment Training” for below the age of 16 years.
21. **28th February, 2024**- 16 Fathers with their PWDs and 12 Staff visited Indian Social Institute as part of the training “Father’s Empowerment Training” for above the age of 16 years.
22. **5th March, 2024**- 43 Carers and 7 Team members attended training on “Behavioral Challenges in Adults with Disabilities” by Dr. Manohari, Psychiatrist. Organized by Shristi.
23. **16th March, 2024**- Mr. Umapathi, Principal and Mr. Srinivas Kumbale, Family Counsellor attended workshop at Malleshwaram. Workshop was about “Mental Illness and Mental Health Act” organized by Carers Worldwide.