

27th Annual Report (2018-19) of Mithram Charitable Society

Today, Mithram Charitable Society is an institution that gives hope and relief to physically and mentally challenged persons. It is run under the supervision and leadership of parents of differently abled persons, and is one of the best institutions of its kind in India. Mithram is supported and financed by citizens from various fields of society. The following report elaborates on how the students of Mithram can be enabled to further exercise their rights to freedom and equality, and how they can be made more independent.

New Governing Body

1. Chairman – Mr. C.M. Easo
2. Vice- Chairman – Mr. James Pellissery
3. General Secretary – Mr. P.B George
4. Joint Secretary – Mr. Varghese George
5. Finance Secretary & Treasurer – Mrs. Aleyamma Mathew
6. Functional Secretary Mr. A. Umesh (Information and Public Relations)
7. Functional Secretary Mr. N.K. Cherian (Projects & Civil Works)
8. Functional Secretary Mrs. Susamma P.C. (Care Homes)
9. Functional Secretary Prof. V.C. Babu (Training & Rehabilitation)

Committee Members:

1. Mrs. Valsa Frank
2. Mrs. Maya P.S
3. Mr. M.V. Antony
4. Mr. K.E. Thomas
5. Mr. K.T. Varghese
6. Mr. P.M. Babu
7. Adv. K.J. Wilson

Activities:

This academic year, 14 Executive Committee meetings and 16 Steering Committee meetings were held , with a total attendance of 65%. Every Monday, a Co-ordinators' meeting is held, in which the planning and execution for the following week is discussed.

The academic year of 2018-19 was flagged off by a 5-day program which marked the finale of the Silver Jubilee program of 2017-2018. The Chief Guest for the first event was the Human Rights Commission Chairperson Justice Antony Dominic. The second event was the Sports Fest for the Disabled. The Chief Guests were the members of the Local Self-Government. Children from Adarsh Special School and St. Mary's School, Thalakde, performed various art forms along with students of Mithram. The third event was the awareness class for parents held by National Trust State Nodal Agency Co-ordinator Sri. D. Jacob and Assistant Co-ordinator Sri. Jos David. The President of Gama Panchayat, Chottanikkara, Smt. Omana Shashi was the Chief Guest. The fourth event was blessed by Kerala State Health & Social Welfare Minister Smt. K.K Shylaja. The meeting was presided by Adv. Anoop Jacob, MLA Piravom. Local Self-Governing Body Members were also present. The fifth event was honored by Cine-artists Sri. Jibu Jacob and Sri. Sethu. In commemoration of the Silver Jubilee, a souvenir was brought to light by our well-wisher Mrs. Dorien Sijbers. The 5-day program was brought to an end by the *Theyyam and Nadanpaatu* by 'Kanavu', Edakattuvayal.

MITHRAM VOCATIONAL TRAINING CENTRE

Mithram Rehabilitation Centre houses 102 differently abled children, of which 41 are residents of the Care Home, 51 are day scholars and 10 receive home-based training. Of the 102, 3 are under 18 years of age. 25 are females and 67 are males. Majority of the students cannot avail the job opportunities for the citizens over 18 years. Mithram believes that its Sheltered Employment Program will be more useful to them.

16 vocational units and 10 service units are currently active:

- Home Science & Housekeeping
- LED Bulb Assembling Unit
- Umbrella Making
- Pulvarizing Unit
- Paper Products Unit
- Tailoring
- Candle Making
- Detergent Production
- Screen Printing Unit
- Ornaments Making Unit
- Agricultural Unit
- Poultry Rearing
- Food Products Unit
- Rabbit Farming Unit
- Packing Unit
- Marketing Unit

Among the 16 production units, at least 67 persons are included every month in the Mazdoor List. Such persons receive an honorarium ranging from Rs.50 to Rs.600.00 depending on the works done, on the 5th of every month.

STAFF PATTERN

There are 9 Special Educators, 6 Vocational Assistants, 1 Physiotherapist, 1 Sportsmaster, 1 Music and Dance Teacher, 1 Instrumental Music Teacher, 1 Office Assitant, 1 Storekeeper, 1 Driver

Student Staff Parents Association (SSPA)

Every year, 4 general body meetings are held. Smt. Leelamma N.P. was elected as SSPA President and Joyce George was elected as student representative, Smt. Sreeja Suresh as Secretary and Smt. P. Santhi as treasurer. SSPA conducts Annual Tour every year. This year, it took place on 12.02.19 and the destination was Malampuzha, Palakkad District. 59 students, 19 staff and 21 parents took part in the tour. Transport and provisions together cost Rs.40,860.

Under SSPA Charity Fund: Rs.10,000 was given to the widowed mother of a student.

Rs.5,000 was given to one of the staff members for medical treatment.

Students donate Rs.20 onwards every month. One of the disabled staff members donate Rs.200 monthly.

School Bus

The school bus is very useful to the day scholars. The State Government order to fit all school buses with GPS was carried out with the help of a company 'Rapidgo'. The cost of maintenance of the school bus is more than the conveyance fees collected from day scholars, which remains a problem.

Noon Meal

Mid-day Meal Program conducted by the State Government is a blessing to Mithram. Mithram provides nutritious, delicious mid-day meal to our children. Sponsorship from well-wishers occasionally enable the management to provide especially diverse meals.

Saksharatha Mission

Mithram prepares children for 4th, 7th and 10th STD Equivalency Exam. This year, 6 students from Mithram passed the 10th STD Equivalency Exam.

Inclusive Education

St. Mary's School, Thalacode helps Mithram realize its dream project : Inclusive Education. The students and teachers of St. Mary's School interacts with our children and boosts their morale. They observed World Disabled Day & World Yoga Day with us. They introduced Student Police Cadets, *ManoramaNallapadam Project*, *MathrubhumiBalajanasakhyam* to us.

St. Mary's School conducted a 5-day *Sahithyacamp* (Arts camp) at Mithram. Our children enjoyed the camp very much, thanks to Smt. Charu Madam and her team.

Vayanavaram, (*Reading Week*) a literary festival usually conducted in normal schools was organized at Mithram with the help of students and staff of St. George High School, Arakunnam.

2 students from Mithram participated in Miss Kerala Special, conducted by JCI and *Parivar*, a parents' group.

SWASTH 2018, an arts and cultural workshop involving 3 special schools was conducted at Mithram.

Special Employment Exchange conducted a skill development class, in which 20 students and 6 teachers took part. The class involved LED Bulb manufacturing and Umbrella making.

Film shooting at Mithram: Cine-artists and Fr. David Chiramel, Chairman of Kidney Foundation spent a day with the children.

The life of the students at Mithram was documented and telecasted by Goodness TV in a show called "*Kanalvazhikal*".

Mithram observes every National Festival like Independence Day, Republic Day & Gandhi Jayanti.

Awareness & Training Classes

An awareness class was conducted by Smt. Elizabeth Philip of Raksha Special School.

A one-day workshop was conducted for the teachers by the National Trust.

A workshop was conducted by the ShastraSahithyaParishad, Thuruthikkara for teachers and parents.

Vocational training for teachers conducted, in which 2 teachers attended.

Officers from Krishibhavan, Mulanthuruthy visited Mithram and provided saplings and guidance for setting up fruits and vegetable garden

Other events:

During the Onam celebrations at BharathMatha College, Thrikakkara, Mithram team won a prize for *Chendamelam*.

Onam celebration at Mithram was graced with the presence of ThiruvaniyoorGramapanchayath President Sri. K.C. Paulose and Smt. Alice Jacob.

The *Navathi*(90th year birth anniversary) of Prof. Sanu Master, a patron of Mithram was celebrated.

MITHRAM CARE HOME

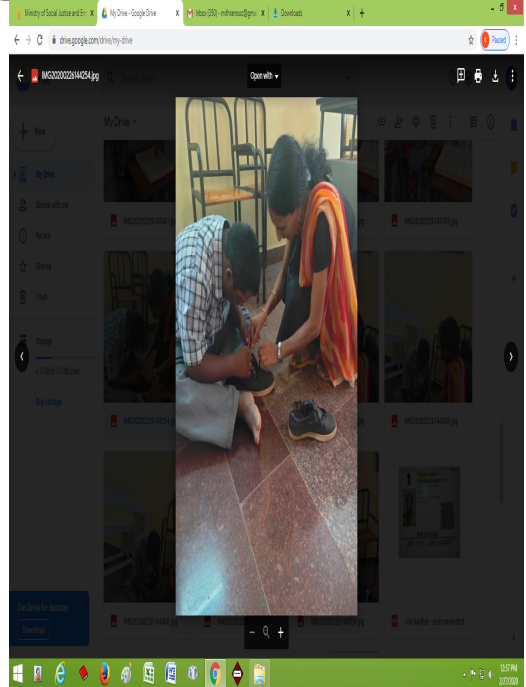
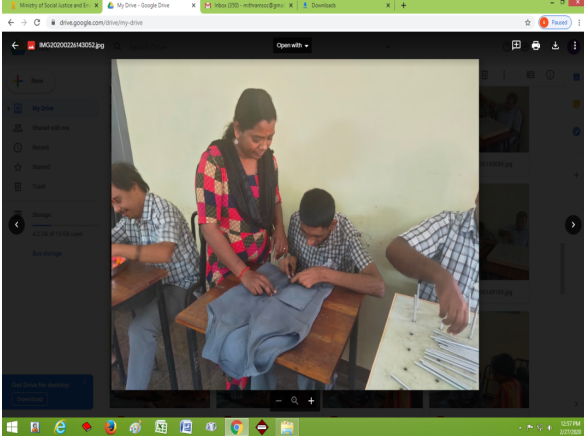
Mithram is providing residential care home facility since the beginning of the institution. At present 41 inmates (35 male and 6 female) are staying under the care of 1 Warden, 2 Assistant Wardens, 6 Caretakers. 2 Cooks, 1 Helper, 2 Sweepers are also available. Mithram has received the mandatory registration from Orphanage Control Board.

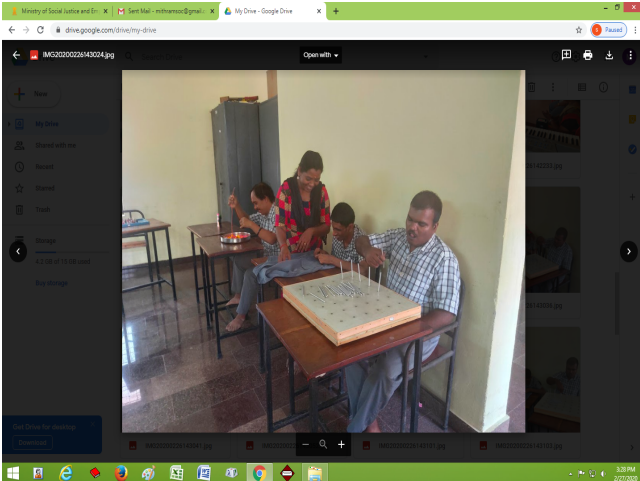
MITHRAM SPECIAL SCHOOL ACTIVITIES (2018-19)

<u>Disability</u>	<u>No. of beneficiaries</u>	<u>Activities</u>	<u>Frequency of activity</u>
Autism	13	ADL Training, music, dance, drawing	Daily
Mental Retardation	57	painting, physiotherapy, computer training, Occupational therapy	Daily 3 days/week 3 days/week 1 day/week
Cerebral Palsy	5	Music, dance, ADL Training, vocational Training, computer training Saksharatha classes physiotherapy,	Daily 3 days/week 3 days/week
Multiple Disabilities	17	drawing, painting sports, instrumental music ADL Training, Music, computer training, Occupational therapy Dance, Saksharatha Classes Physiotherapy ADL Training, Music, Dance, computer training, vocational training	Daily 3 days/week 3 days/week 1 day/week

Saksharatha classes,
drawing, painting
Physiotherapy
Sports, instrumental
music







Mithram stresses on the concept of 'Inclusive Education'. We discourage seclusion of differently abled persons and promote their integration into society. And to that effect, the basic facilities and the campus of Mithram are well-maintained, hygienic, eco-friendly and disabled-friendly.

We hereby present this Annual Report on behalf of the Executive Committee for approval.

Thank you

P.B. George,

General Secretary
29.09.2019