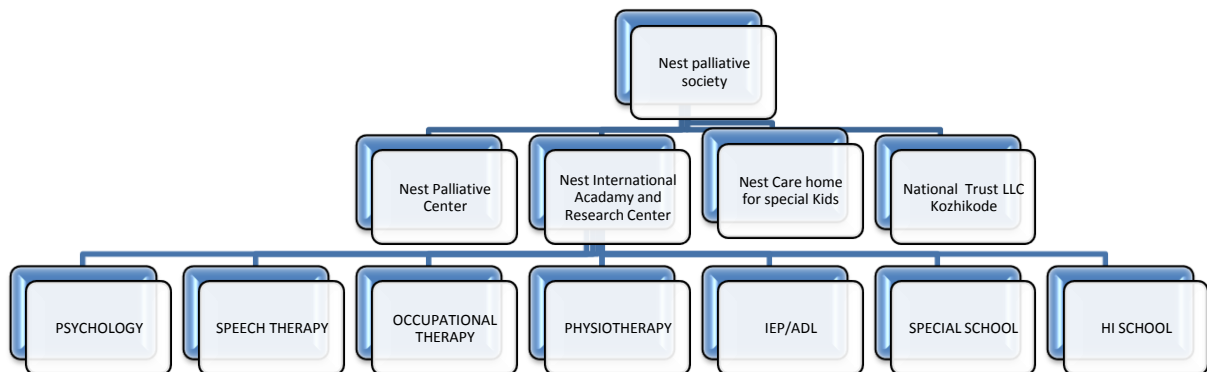

NEST
NIARC

NEST PALLIATIVE SOCIETY



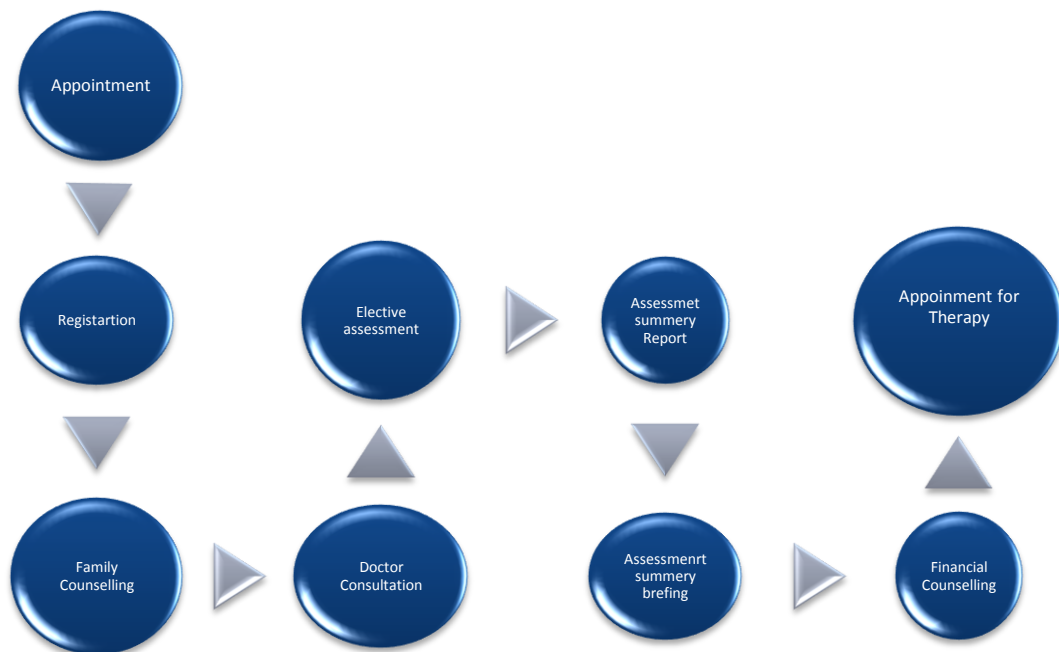
SCOPE OF SERVICES

- **ABOUT US**
- **DOCTOR CONSULTATION**
- **CLINICAL PSYCHOLOGY**
- **FAMILY COUNSELLING**
- **SPEECH THERAPY**
- **AUDIOLOGY**
- **PHYSIOTHERAPY**
- **OCCUPATIONAL THERAPY**
- **ADL/IEP**
- **SPECIAL SCHOOL**
- **HI SCHOOL**
- **NEST CARE HOME FOR SPECIAL KIDS**
- **NATIONAL TRUST KOZHIKODE LLC**

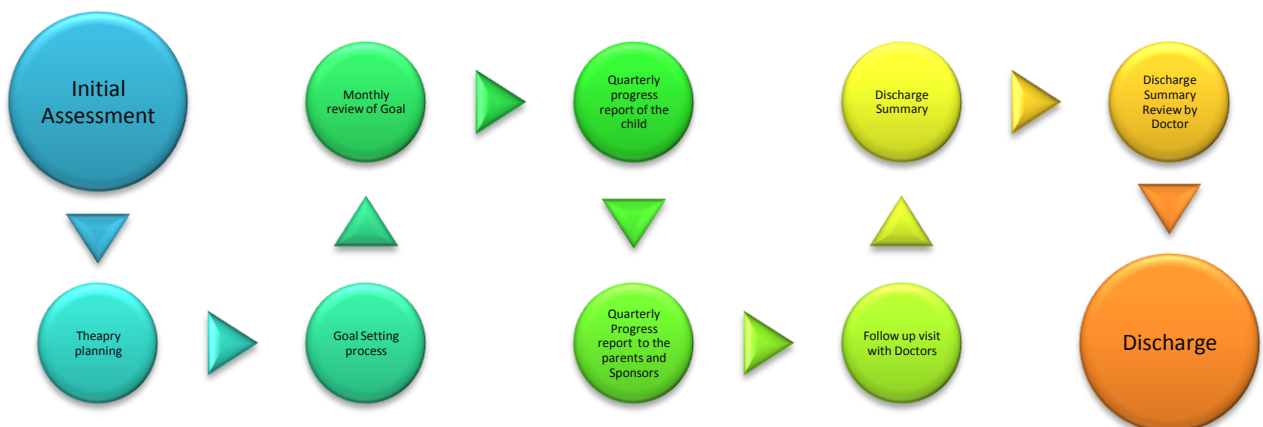
MANPOWER DETAILS

	NUMBERS
DOCTOR	1
CLINICAL PSYCHOLOGIST	1
PSYCHOLOGIST	8
SPEECH THERAPIST	6
PHYSIOTHERAPIST	5
OCCUPATIONAL THERAPIST	3
SPECIAL SCHOOL TEACHER	11
IEP & ADL THERAPIST	5
DANCE TEACHER	1
CRAFT TEACHER	1
TEACHING ASSISTANT	1
ADMINISTRATION	3
SOCIAL WORKER	1
ACCOUNTANT	3
FAMILY COUNSELOR	1
NURSE	2
SUPERVISOR	1
GUEST RELATION EXECUTIVE	1
CARE TAKERS	4
COOK	1
CLEANING STAFF	3
DRIVER	2
SECURITY	1

OPD PROCESS FLOW



CLINICAL PROCESS FLOW (THERAPY)



NEST NIARC STATISTICS (2020 -2024)

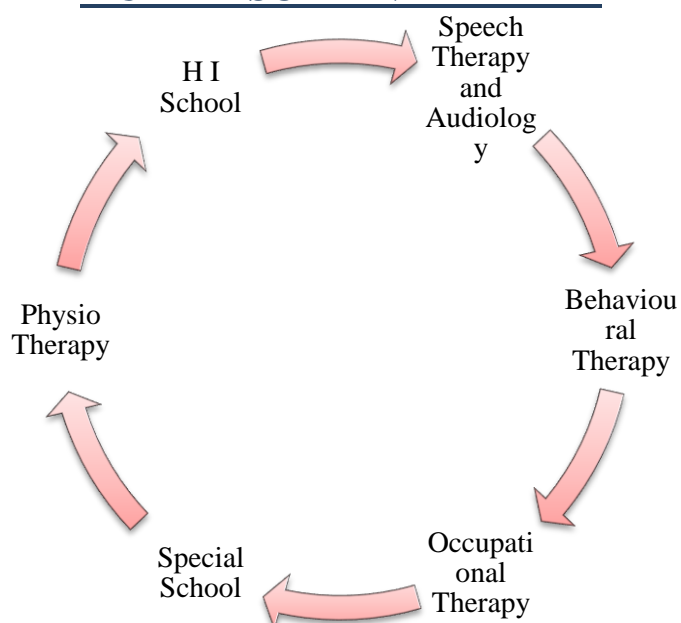
DOCTORS CONSULTATION	
Year	Numbers
2020	216
2021	246
2022	274
2023	265
2024 (Till July 2024)	178

SCHOOL STUDENT DETAILS		
Year	Special School	HI School
2020	112	17
2021	102	22
2022	108	21
2023	105	20
2024	108	NIL

Number of Cases (Department wise)					
Year	Psychology	Speech Therapy	Physio Therapy	Occupational Therapy	IEP/ADL
2020	106	140	49	17	44
2021	130	163	43	21	32
2022	181	191	47	31	29
2023	106	126	66	48	52

DEPARTMENT WISE THERAPY NUMBERS					
Year	Psychology	Speech Therapy	Physio Therapy	Occupational Therapy	IEP/ADL
2020	7312	6547	2586	2015	2182
2021	8404	7008	3155	1150	2768
2022	9601	7115	4867	1020	3178
2023	9810	7890	4723	1390	4550

MULTIDISCIPLINARY TEAM



DEPARTMENT OF PHYSIOTHERAPY

- ▶ Pediatric physiotherapist are specialist in the assessment, diagnosis, and treatment of disorders of movement and physiological issues, we treat children (infants up until the age of 19 years) in the areas of orthopedic, congenital malformations, neurology, and prematurity.
- ▶ Goals of treatment focus on components of the international classification of functioning disability and health, in particular that of participation and activity performance.
- ▶ Pediatric physiotherapy treatment is based on a number of hands on techniques ,exercise and interventions with the goal of addressing functional impairments including muscle tone ,strength ,co-ordination ,balance , and posture ,mobility and achieving an optimal range of motion .
- ▶ Five physiotherapist
- ▶ 70+ cases
- ▶ 40 + op cases
- ▶ Early intervention (0-3 years).
- ▶ School going cases (5-18 years).

WHY PHYSIOTHERAPY IN CHILDREN IMPORTANT

- ▶ Physiotherapy in children can start at very young age (known as early intervention) ,which helps the children to rehabilitate as early as possible
- ▶ Physiotherapy services can be preventive, curative, supportive and remedial. There are three levels of Prevention, namely Primary, Secondary, and Tertiary. Primary prevention is aimed at preventing the occurrence of the disability. Secondary prevention helps in preventing the disability that has already occurred from deterioration and secondary complications. Tertiary prevention is providing supportive programs for the complicated disability and to maximize the residual ability.
- ▶ Physiotherapist work as a part of a wider team to ensure that they are treating the child as a whole and to support the child pre and post operatively , providing them with better surgical outcomes .they are also trained in recognizing when a child needs further medical interventions .
- ▶ A treatment session can include completing a standardized outcome measure (Peabody developmental motor scale, GMFM, BOT, MRC), working on balance and coordination, muscle strength ,gait training, stretching and maintaining joint range of motion, prescription orthotics and specialist equipment and so much more!

WHY NIARC???

- Detailed assessment with multidisciplinary team.
- Transdisciplinary approach.
- Case briefing.
- Unique treatment intervention.
- Well-equipped department.

DEPARTMENT OF PSYCHOLOGY

- 9 Staffs
- 8 Psychologists and 1 Clinical Psychologist
- Total 118 students attends therapy
- Main Conditions
 - ASD
 - ADHD
 - IDD
 - Behavioural Issues
- In behavioural therapy, individual sessions as well as group therapy sessions are conducted. In individual sessions qualified Psychologist and the child sits in a distraction free room and works on the SMART goals that have set priorly. Group therapy sessions are carried out for children with similar conditions and age groups with the guidance of Psychologist from the Department. Sibling therapy also carried out in the Department as significant improvements are visible when therapy goals have carried out with the help of normal siblings of the child. Parental concerns and mental health also a key area of focus in the Department and parental counselling sessions are handled every week to strengthen the mental health of each parent.

Therapy Services

- Behavioural Therapy
- ABA

Autism Spectrum Disorders (ASD)

Problems in 3 main areas

- Communication
- Social interaction

- Behaviour

Category

- Mild
- Moderate
- Severe

Severe ASD

- Fails to indicate needs
- Self-talk
- Self-laugh
- Lack of bowel and bladder control
- No recognition of parents
- No friends to share
- Dependent in all ADL
- Increased Sensory issues
- Self-injurious behaviours

Intellectual Developmental Disorders (IDD)

Mild, Moderate, Severe and Profound

- Unable to understand emotions
- Unable to recognize good and bad
- Abuse
- Dependency in ADL
- Childish behaviours
- No money, time, day, person concept
- Violent behaviours/ Sexual Behaviours

Behavioural Issues

- Violent Aggression
- Destroy properties
- Mobile addiction
- Theft

- Lying behaviour
- Rule breaking tendency
- Disobeying
- Cruelty towards animals and humans
- Drug use

Attention Deficit Hyperactivity Disorder (ADHD)

- Restlessness
- Inattention
- Tantrums
- Impulsivity
- Difficulty to restrain
- Quarrel with peers
- Fails to sit at school

Parental Issues

- Stigma
- Lack of hope
- Patience
- Husband and wife issues
- Financial burden
- Depression
- Suicidal thoughts
- Teasing

DEPARTMENT OF SPEECH

What is Communication Disorder?

- A communication disorder is impairment in the ability to receive, send, process, and comprehend concepts or verbal, nonverbal and graphic symbol systems. A communication disorder may be evident in the processes of hearing, language, Communication is necessary for many life functions, such as asking for wants and needs, emotional regulation, and the development of relationships.

- Children who suffer from a speech or language disorder can be greatly affected by their “non-typical” functioning.
- Nearly 1 in 12 children in the United States had some form of speech or language disorder during the year of 2016 (National Institute on Deafness and Other.
- Research suggests children with speech and language disorder are at risk for emotional, educational, and vocational difficulties later in life.
- They will experience literacy difficulties and have a lower educational attainment at graduation age. In regards to emotional development, children with a speech or language impairment tend to have lasting social and behavioral problems during and after therapy for the specific disorder they have been disclosed with. Overall, a child’s quality of life can be vastly affected in many areas due to a speech or language development.
- Children may have difficulty interacting with others or with social communication skills. They may struggle to use their language skills effectively to have conversations, play and interact socially with others. This can include poor eye-contact, difficulties taking turns in a conversation, difficulties keeping to the topic of conversation and showing awareness of the listener.
- Children may struggle to understand and make sense of words that they hear. They may struggle to follow instructions and make sense of the language they hear around them.
- Children may find it difficult to express their ideas, wants or feelings. They may have a small vocabulary for their age or have difficulty building up sentences and using correct grammar.
- Children may have speech which is difficult to understand which might include difficulty in making different sounds. They may have difficulty discriminating between speech sounds.
- Communication is essential for social skills and developing relationships with one another.
- Children who face a speech or language disorder may be at a disadvantage in
- Regards to either of these domains involving everyday life.
- Without the ability to maintain an interaction with others, parents feel as if a child will not be accepted by their peers
- Parents find that children have experiences with bullying and exclusion among their typical aged peers.
- “Any child that is slightly different is seen as a candidate for being picked on.....”

- A child will often become a loner because of this and his or her lack of ability to communicate with others.
- An important issue to consider is a parent's concern for the safety of his or her child. Because of a child's inability to express pain or distress, parents find their child's safety to be threatened. He has to be able to tell somebody that someone's doing something to him and who it is.
- Due to the stress of having a speech or language disorder, children often have
- emotional difficulties that can also affect others around them. Parents specifically express that frustration between both them and the child exacerbates whenever the
- Parent knows the child is trying to express him or herself, but he or she is unable to decipher the message.
- The inability for communication between the parent and the child to be successful causes the child frustration that can lead to behavior problems such as tantrums.

Using Augmentative and Alternative Communication

- Parents express positive feelings towards augmentative and alternative communication devices for a child with a speech or language disorder.
- Parents find AAC devices to be non-burdensome and have reported improved relationships among them and their child because of the device.
- AAC devices have been found to increase expressive communication and , in some cases, verbal communication

DEPARTMENT OF AUDIOLOGY

What is Audiology?

- Audiology is a branch of science that studies hearing, balance, and related disorders. Audiologists treat those with hearing loss and proactively prevent related damage. If hearing loss is identified, audiologists determine which portions of hearing (high, middle, or low frequencies) are affected, to what degree (severity of loss), and where the lesion causing the hearing loss is found (outer ear, middle ear, inner ear, auditory nerve and/or central nervous system).
- If an audiologist determines that a hearing loss or vestibular abnormality is present, they will provide recommendations for interventions or rehabilitation (e.g. hearing aids, cochlear implants, appropriate medical referrals). Audiologists can provide hearing health care from birth to end-of-life.

What is hearing Impairment?

- Hearing impairment or deafness is an inability to hear.

- It may occur one or both ears.
- It may occur due to genetics, aging, exposure to noise etc.
- Person suffering from this disease may often lead to depression, anxiety and health problems
- Hearing loss may temporary or permanent.
- Condition occur in hearing impairment is chronic ear infection.
- In India, more than 1 million cases of deafness is recorded per year.
- Word Health Organisation (WHO), reports that 5% of total world's population is suffering from the hearing loss.

Psychological effects

- Depression
- Anxiety
- An often false sense that others are angry with you
- Shame, guilt and anger
- Lack of concentration
- Worry and frustration
- Insecurity
- Embarrassment
- Self-criticism and low self-confidante
- Adjustment problems

Problems faced by hearing impaired students

- Social Concerns: Children who are deaf often tend to feel uncomfortable in the classroom when drawing attention to their hearing problem. They want to be like their friends with 'normal' hearing, so this drives them to mainly keep to themselves and prefer to not take part in classroom activities.

Academic implication of hearing loss

- Loss of classroom information and missed instructions
- Missed incidental learning opportunities
- Challenges with oral communication

- Challenges with written communication
- Increased gap over time between ability and achievement.

Social implications of hearing loss

- Social - emotional development.
- Child – parent interactions.
- Child – teacher-peer – interactions
- Awareness of social cues
- Sense of isolation and loneliness

The Challenges Faced By People With Hearing Impairment/Deafness!

- People suffering from hearing impairment or deafness face many challenges every day. They have problems in expressing themselves properly and responding to the people around them. This constant struggle may cause social and mental issues. While cochlear implants have improved the hearing of some people, many in the deaf community still rely on sign language for communication.

Here are some problems that make life more challenging when things are not audible.

- **Public announcements**
 - A very common problem among the hearing-impaired people is the inability to hear public announcements. Public addressing systems in the railway stations and airports that notify us about the boarding or information about train delay are not audible to the deaf people.
- **Being startled easily**
 - People having hearing issues are easily surprised when somebody approaches them from behind. This is because they are unable to hear the vibrations on the floor when somebody is approaching them. They suffer from constant “jumpy” feeling.
- **Verbal communication**
 - People usually talk slowly when they are interacting with a hearing-impaired person, to communicate effectively. But as people with deafness have trained themselves to understand the words when spoken at a normal rate, talking slowly can hinder their lip-reading. This makes it harder for them to understand.
- **Interacting in the dark is difficult**

- Communicating in the dark or dimly lit places is a huge problem for people with hearing difficulties. This is because they rely on visual stimuli, sign language and lip reading for communication.

Support for people with hearing problems

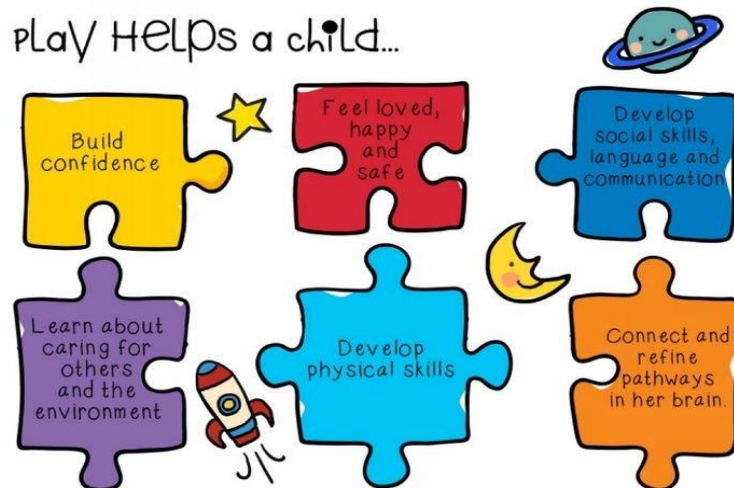
- The first step to help someone with hearing ailments is to take them to a specialist. They might be prescribed hearing aids or cochlear implants. Apart from these, you can take the following steps to communicate properly with them –
- Speak at a normal rate and do not exaggerate your lip movements
- Always maintain eye contact
- Keep your mouth uncovered while speaking. Use their name while talking to get their attention
- You can use simple sentences to convey what you want. Rather than repeating the sentences, rephrase the statements.
- When talking to a person with hearing issues always make sure the place is well lit and has no distracting background noise.

NEST SPECIAL SCHOOL

- Collaboration with Al Noor Training Centre, Dubai.
- There are 9 classrooms based on children's age. It include Pre-primary, Primary, Secondary, Pre-vocational and Care Group.
- 13 qualified teachers and 5 caretakers
- There are more than 100 students studying in our school this academic year.
- Each child attends various therapies like behavioural, speech, physiotherapy and occupational therapy.

Play Class

Children below four years are admitted in to the play school. Play and physical activities can help in their development of gross motor, cognitive, social and emotional skills. Play and friendships help our children to learn about sharing, cooperating, working out what other people feeling and making friends with other children. It also enhances the communication and socialization skills.



Once the child got admitted to the school, we plans need based annual goals and short term goals based on the findings from the assessment. After implementation of these goals we checks progresses after six months for school children. After checking the progress if any changes required for the goals based on the present situation we changes it. Annual evaluation is done by the end of the academic year.

Pre academics, pre writing, academics, co-curricular activities, sports, arts, craft, music, drawing, and co-curricular activities are included in the annual plans of the children. There are many students who got prices from the district and state level for their co-curricular activities.

Vocational Training

Children above 15 years get pre vocational training for their transition. Pre vocational skills are selected for the child based on their abilities and the training starts. The vocational training starts at the age of 18 years. There are more than 20 students who gets pre vocational training in our department.

ADL Therapy

Children who needs training in the area of Activities of Daily Living skills like toileting,bathing,brushing,eating,drinking,grooming, etc. we provide ADL therapy sessions. After the assessment the goals are selected based on the need of the child. In the ADL therapy session's one special educator gives training to one child. The number of sessions/week may vary from 2-5 depends upon the severity level of the condition. Once the ADL therapy sessions are allotted for the child, parents are informed about the duration and timings of sessions on the allotted days. Guidelines that should be followed for therapy sessions are well instructed to the parents and the assessment summary reports are handed over to the parents by CMO signed and sealed.

Each ADL therapy sessions lasts for 45 minutes in that last 5-10 minutes are taken for parental briefing about the importance of home based management Programme. Parents are advised to keep home diary for each child so that a clear home based management

Programme could be monitored effectively. Each therapists handle 8 sessions/day in the Department. Parents reported significant changes in the child's condition compared to the baseline condition. Progress review reports are handed over to the parents at the time of discussion and further plans and goals of therapy are clearly mentioned.

Individualized Education Programme (IEP)

This is a plan for the children who need individual training in the area of academics more than group sessions. The main purpose of an IEP is to meet the child's needs based on the development. In the IEP sessions, as in the ADL therapy sessions one special educator gives training to one child. Guidelines that should be followed for therapy sessions are well instructed to the parents and the assessment summary reports are handed over to the parents by CMO signed and sealed.

Each IEP sessions lasts for 45 minutes in that last 5-10 minutes are taken for parental briefing about the importance of home based management Programme. Parents are advised to keep home diary for each child so that a clear home based management Programme could be monitored effectively. Each therapists handle 8 sessions/day in the Department. Parents reported significant changes in the child's condition compared to the baseline condition. Progress review reports are handed over to the parents at the time of discussion and further plans and goals of therapy are clearly mentioned.

As NIARC consists of a well-qualified multi-disciplinary team of professionals, review meeting with all the respective professionals and parents are carried out under the supervision of Chief Medical Officer. Every therapist explains regarding the improvements and areas of focus to the parents and feedback from the parents are taken. A fruitful discussion and goal revision has been carried out under the guidance of CMO. Progress review reports are handed over to the parents at the time of discussion and further plans and goals of therapy are clearly mentioned.

NIARC HI SCHOOL

It has been 5 years since NIARC HI School started its operations with the aim of educational advancement of children exclusively for hearing impaired children. 2020 of Kerala Govt

The award for the best institution for hearing impaired children is just one of the school's accolades. NIARC School has done such admirable work in this field that it has received such a huge recognition from Kerala government within a short span of time.

NIARC School is under the supervision of experts from Central Institute for the Deaf (CID) which is based in America and has more than 100 years of experience in this field.

The ultimate goal of NIARC is to bring mainstreaming in education and all other fields of children using hearing aid, cochlear implant etc. The intellectual development of children is different from that of adults and its rapid growth occurs in the first 2-3 years. Therefore, training for children with hearing loss, like any other child, is effective. The truth is that the best training at an early age will yield the best results. Therefore, the secret of NIARC is to provide the best training to the children at the earliest.

Admission is completed after conducting auditory, verbal and psychological assessment for every child who comes to NIARC under the leadership of Chief Medical Officer Dr. Soumya Viswanath. After that, apart from class training, IEP (Individualized education program), auditory, verbal, occupational and behavioural therapy are also provided to each child as per the need.

Unlike the traditional way of assigning children to classes according to their age, Niarc School is different. Here the IQ level of the children is

The classes are determined by considering LEARNING and ACADEMIC SKILL.

The biggest feature of NIARC is that no sign language is taught, so with short term activities, the children can return to mainstream schools as soon as possible and participate in extracurricular activities like any other child.

It is also possible to become partners. Apart from academic subjects like English, Malayalam, Mathematics, Hindi and Environmental Studies, Music, Computer, Painting, Physical Education, Dance, NIARC follows a curriculum that includes. One of the reasons for this achievement is that the academic specialists and speech therapists at NIARC try to make changes in learning abilities based on the individual needs of each child.

NIARC also tries to address the concerns of the parents and conduct classes at regular intervals to reach out to them.

DEPARTMENT OF OCCUPATIONAL THERAPY

Occupational therapy is skilled treatment that helps people become successful in their everyday occupations. Often independence is the goal and can be achieved through skilled treatment in rehabilitating lost motor or cognitive function, adaptive equipment, home modifications, and client and caregiver guidance.

Therapy Services:

- Sensory integration therapy helps for children who have functional difficulties with oral, auditory, and/ or tactile aversions.
- Appropriate activities for children who have functional difficulties with fine motor and gross motor skills.
- ADL training appropriate for who struggle with bathing, dressing, toileting, self-feeding, manipulation toys.

- Play therapy helps to improve Social Skills, Cognitive Skills, Play Skills, and Pre-writing skills.
- Neurodevelopmental therapy for improving developmental patterns.

Parent Objective:

- Parents will have increased knowledge and confidence about sensory diet strategies.
- Parents will develop increased confidence in child's ability and their parenting abilities when sensory processing difficulties arise day to day.

Child Objective:

- Child will increase successful participation in self-care skills, play skills, cognitive skills and social situations.
- Child will have an increase in self-confidence, competence, trust about their abilities and quality of life.
- Child will increase successful participation in family routines, adaptation to environment, restoration of function.

Nest Care Home for Special Kids

We are thrilled to introduce our new project, Nest Care Home for Special Kids, launched in September 2021. This initiative is dedicated to providing comprehensive, interdisciplinary rehabilitation services to differently-abled children below 6 years, with a focus on orphaned, surrendered, or abandoned kids.

In collaboration with the Women and Child Development Department, Government of Kerala, our project aims to empower these special children, enhancing their physical, cognitive, and emotional development. Our holistic approach combines medical care, therapy, education, nutrition, and psychological support, tailored to each child's unique needs. 7 children from our home have found forever families through intercountry adoption; out of 17 children in our care. This achievement highlights our commitment to providing a nurturing environment, facilitating successful adoptions, and transforming lives.

Our tailored approach combines:

- Medical Care: Regular health check-ups, vaccinations, and medical interventions
- Therapy: Occupational, physical, speech, and sensory integration therapy
- Education: Specialized education programs for cognitive development
- Nutrition: Balanced diet and nutrition planning for healthy growth
- Psychological Support: Counseling and emotional support for children and caregivers

Our Impact

- Provide a safe and nurturing environment for differently-abled children
- Enhance quality of life through comprehensive rehabilitation services
- Empower children to reach their full potential
- Support families and caregivers through training and counseling

Our goals include:

- Enhancing developmental skills and independence
- Promoting social inclusion and community participation

- Supporting family reunification and adoption

We believe that every child deserves love, care, and opportunities to thrive. Nest Care Home for Special Kids is committed to making a positive impact in the lives of these precious children.

NEST Care Home For Special Kids Therapy Details for the Period August 2023 to July 2024	
Department	Sessions
PHYSIOTHERAPY	1123
SPEECH	418
PSYCHOLOGY	770
IEP	222
OCCUPATIONAL THERAPY	121

**NATIONAL TRUST LOCAL LEVEL COMMITTEE KOZHIKODE
(LLC-KOZHIKODE)**

National Trust appoints Nest as Convener of its Kozhikode District LLC July 19, 2022. As a member, Nest ensures the committee's effective operation, aligning with the National Trust Act. This appointment recognizes Nest's commitment to empowering individuals with disabilities and promoting inclusive communities

<u>NATIONAL TRUST LOCAL LEVEL COMMITTEE KOZHIKODE (LLC-KOZHIKODE)</u>		
S.No	Description	No
1	Public Hearings	14
2	Legal Guardianship	500
3	Permission Granted For Property Related Applications	78
4	Newly Enrolment Under Niramaya Health Insurance Scheme	178

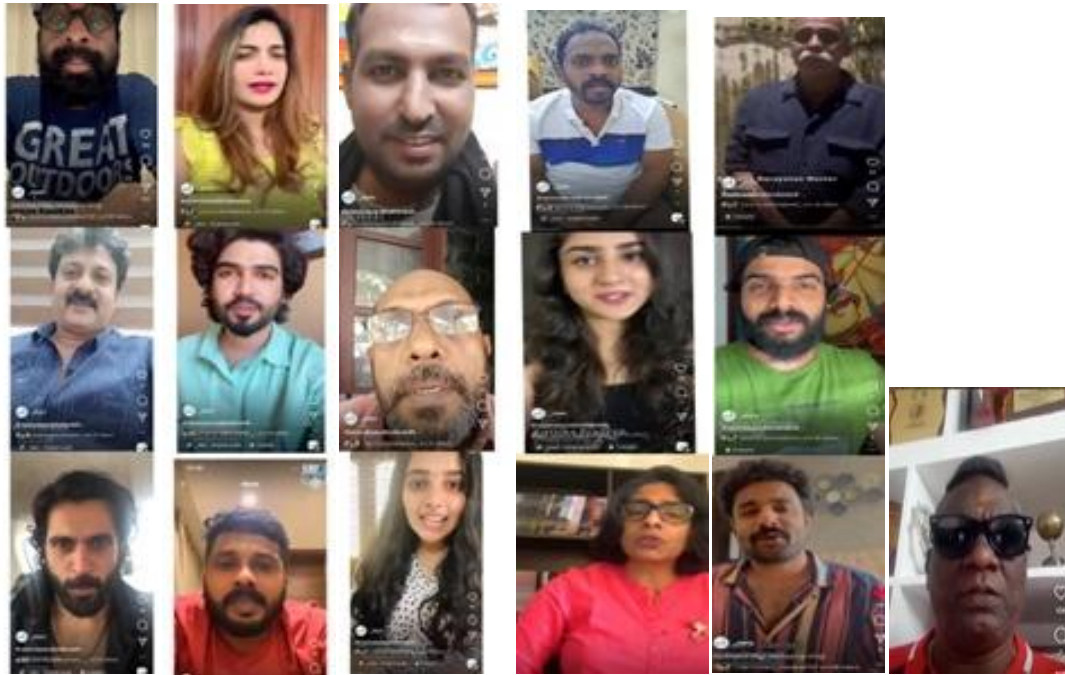


NIARC Officials Receiving State Best Rehabilitation Institution Award for the Year 2023 from the Minister of Tourism & Public Works Kerala



NIARC Officials Receiving State Best Rehabilitation Institution Award for the Year 2020 from the Minister of Health & Family Welfare Kerala

NIARC Honored with State Award: - We are thrilled to announce that NIARC has been bestowed with the esteemed State Award by the Government of Kerala, not once, but twice - in 2020 and 2023! This remarkable recognition acknowledges our outstanding contributions and achievements in the field of disability and rehabilitation.



“Nammalanu Ulkollendathu” (We Must Include) Social Awareness Program

“We Must Include” Social Awareness Program In observance of World Disability Day, our social awareness program launches a month-long social media campaign promoting inclusivity and equality for people with disabilities.

This initiative aims to: 1. Highlight challenges faced by individuals with disabilities and society's role in addressing them. 2. Challenge preconceived notions and stereotypes surrounding disabilities., 3. Foster individual commitment to inclusivity and support.

Breaking Barriers: Inclusion encompasses various aspects of life, including, Education, Employment, Social relationships, Cultural and religious activities, Recreation and sports, Building Confidence. Our campaign emphasizes that self-confidence, born from inclusivity and acceptance, is the strength of every individual. Unfortunately, this fundamental right is often denied to people with disabilities.

[Many prominent people were part of this campaigning]

Harisree Ashokan(Actor), Dr.I.M.Vijayan(Indian Football player), Asif Saheer (Indian football player)-Sminu sijo(Cine artist), -Antony Varghees(Cine artist). Balu Varghees (Cine artist) , Kalpetta Narayanan Master(Writer). Riyas salim(Big boss fame), Rahman (Cine artist), Vinay Forrt(Cine artist), Sajeer koppam (Singer), Naula power (Teacher in Malaysia), Dr. Archana (Social media influencer),Surabhi lakshmi (Cine artist), Vishnu Unnikrishanan(Cine artist), Appunni sasi(Cine artist), -Appu (Cine artist), -Yogeendra hariprasad (Singer, pineapple express music band),-Joohi jayakumar (Social media),NP pradeep (Indiana football player).Rajeev pillai (Cine artist). Samad pokkad (secretary IUML, Kozhikode),-Jabir muhammad(Social media influencer) , Rajesh paravoor(Cine artist). Devaraj (Cine artist). Dilsha prasannan(Bigboss winner)



Basic Life Support Training at NIARC

Aster MIMS Hospital Emergency Medicine Team conducted a Basic Life Support Class for the staff at NIARC. Through a demo, they clearly showed how to provide essential primary care to

someone involved in an accident, including:



World Down Syndrome Day

Dr. Jayaraj NK inaugurated the event, joined by esteemed guests Dr. Soumya Vishwanath, General Secretary T. K Yunus, Chairman Abdullah K, and Dr. Anjana (PTA President). This observance sought to raise awareness and foster inclusivity for individuals with Down syndrome, supporting

the global initiative.



NIARC Organizes Filled Field Trip

Under the guidance of the management, NIARC recently organized a delightful field trip to Thonikadavu lake and Kozhikode Beach, combining learning with leisure. Teachers and children joined forces for a day of: Social bonding, mental relaxation, enjoyable experiences.



"Venal Mukulamal"

"Venal Mukulamal" Summer camp was conducted from May 1, 2023 at NIARC. The aim of Venal Mukulamal Camp is to develop training plans by fully understanding the problems of the children

and making every parent understand how to train the children at home and how to overcome the behavioral problems that occur unexpectedly. In his inaugural address, MLA said that NEST-NIARC is the pride of our region, which provides international standard care and training for the all-round development of differently-abled children.



One Day Cohabitation Summer Camp

HI school students and their parents participated in the Euphoria'23- One Day Cohabitation Summer Camp organized by NIARC School for the academic year 2022-23. This program was organized to improve the mental health of children and parents.



Eye Examination Cam-

22 June 2023 NIARC and Koyilandy Trust Eye Hospital jointly organized a free eye checkup camp for school students, parents and staff.



NIARC Staff Induction Program

Under the guidance of Chairman, Mr.K.P Ashraf, an induction program was conducted for new staff members. The comprehensive training session covered essential information and skills required for their roles, ensuring a smooth transition and successful integration into the NIARC team.



Independence Day celebration

NEST International Academy & Research Centre proudly celebrated India's 77th Independence Day honoring the nation's freedom and sovereignty. The event was marked by patriotic spirit, flag-hoisting, and festivities.



'Aravam 2023' - Onam Celebrations

The two-day Onam festivities, 'Aravam 2023', commenced with Kozhikode Ass.nt Collector Pratik Jain's inaugural address. The event featured events for students, parents, and staff, Traditional Onam Sadya on both days, Flower arrangement competitions. The celebrations showcased unity, cultural heritage, and joy, making 'Aravam 2023' an unforgettable experience."



Kerala State Disability Commissioner
visited NIARC

Kerala State Disability Commissioner Mr. Panchapakesan visited Niarc and spent time with the children despite his busy schedule.



Physiotherapy Two Day Workshop

A two-day workshop for therapists was conducted under the leadership of Dr. Feroz Khan (former IPA Chairman), and the first day was a hands-on workshop. The second day was conducted as physical medicine and rehabilitation workshop.



SPORTS DAY CELEBRATIONS



POST OFFICE VISIT



Launch of Mid-Day Meal Program

A nutritious mid-day meal scheme was introduced for the students of Special School, promoting their health and well-being."



NSS Day celebration

NSS students from SARBTM College, Mapayur AVAH and Boys Higher Secondary School Koilandi visited NIARC and Nest Care Home Nest Palliative Care on the occasion of 24th September 2023 NSS Day