

# ASHRAYA

## ACTIVITY REPORT

### 2020-2021



For **ASHRAYA**

Chairman & Exe. Trustee

## ASHRAYA – MISSION

Ashraya is a Residential Rehabilitation Centre For Physically & Mentally Challenged Children, hailing from Economically, Educationally & Socially backward communities. Ashraya's mission is to mould each challenged child into a self reliant and dignified individual with a will to successfully face the problems and challenges caused by their disabilities.

Ashraya is a Registered Charitable Trust commenced its activities in the year 2000 as a Residential Rehabilitation Home for the Children with Neuro Developmental Disorders hailing from Economically, Socially and Educationally backward communities.

Ashraya provides full of opportunities to its differently abled daughters affected with Neuro Developmental Disorders such as Mental Retardation, Cerebral Palsy, Autism and Multiple Disabilities, that helps them to overcome the limitations, train them to be independent and enable them to become a productive member of the society as any normal children of their age.



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## **ASHRAYA- ONLINE ACTIVITIES**

### **2020-2021**

Being a Residential Home for the Intellectually Challenged Children, Ashraya's Summer Vacation commenced from 25<sup>th</sup> March 2020 and all our Intellectually challenged daughters left for their home for Summer Holidays. Unfortunately by end March 2020 the Covid Pandemic spread throughout the Country.

As per the direction of the Kerala State Government the Educational Institutions were not allowed to open till date.

However Ashraya initiated Online Classes for its Intellectually Challenged Children from 1<sup>st</sup> June 2020 onwards even much before the State Govt. came out with this concept.

Ashraya is still continuing this Online Education Programme which includes the following Skill Training /Development programme.

1. Functional Reading, Writing & Arithmetic Skill Training.
2. General Knowledge.
3. Time & Money Concept,
4. Physical Exercise & Yoga.
5. Music & Dance.
6. Domestic activities.
7. Vocational Activities.
8. Recreational Activities.

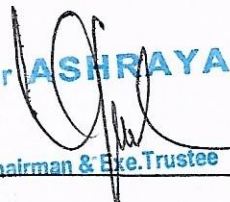
The response from the children and their parents are extremely good. All Ashraya daughters are actively participating in the Online training.

### **Out Reach Programme During Covid Pandemic Situation**

All Ashraya staff have been highly engaged during this pandemic period in contacting over 7000 families known to us in the State and enrolled in the Niramaya Insurance Scheme.

Ashraya could extend support both morally and material wise using the network of the great organization 'Seva Bharathy'. Those who required medicines, food, diapers etc.,etc. were supported with extremely well through Ashraya's efforts which are still continuing.



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### **Guidance & Counselling Programme For Parents & siblings of Intellectually Challenged Persons.**

Lot many parents who were finding it extremely difficult to manage their wards in the confined atmosphere enforced on them by the Pandemic were constantly counselled which they today thank Ashraya team since it brought down their stress level and gave them the much needed relief & peace.

### **Niramaya Health Insurance Scheme**

Ashraya is constantly providing guidance & support to all beneficiaries in submitting their Medical claims and addressing their grievances related to Claim reimbursement & related issues.

Till March 2021 Ashraya could contact and Enroll/Renew nearly 7000 beneficiaries to Niramaya Scheme which is the biggest contribution at Ashraya.

### **Conclusion**

Ashraya is able to provide the much needed care & support to its Intellectually Challenged Children and their families during this Covid Pandemic period. Ashraya provides Simple and interesting activities so that children are highly motivated & encouraged to participate in the Online Training Programme.



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