



# **14th annual report**

## **2023-2024**

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# World Autism awareness day 02/04/2023

On World Autism Awareness Day, ALFAA hosted insightful events to educate about autism spectrum disorder (ASD). A seminar led by experts debunked myths about ASD, while residents shared their experiences. Interactive workshops, art exhibitions, and informational booths engaged the local community, providing resources and support for families affected by autism. ALFAA's efforts aim to raise awareness and promote acceptance, advocating for a more inclusive society where individuals with autism are valued and supported.



# Workshop on Financial n Future planning for our Special CHILD 27.May.2023

On May 27, 2023, ALFAA organized a workshop on financial and future planning for individuals with special needs. Led by experts in the field, the workshop aimed to empower families with the necessary knowledge and tools to navigate the financial complexities associated with caring for a loved one with disabilities. Topics such as special needs trusts, government benefits, and long-term care planning were covered, providing families with practical strategies to secure the financial well-being of their special children. Through this initiative, ALFAA continues its commitment to supporting families and ensuring the holistic care and future security of individuals with autism and other developmental disabilities.





# 11th Earth care Event 07.June.2023

On June 7, 2023, ALFAA enthusiastically participated in the 11th Earth Care Event, demonstrating our commitment to environmental sustainability and community engagement. Residents and staff joined hands to organize various eco-friendly activities aimed at promoting awareness and fostering a sense of responsibility towards our planet. From tree planting sessions to recycling drives, every effort was made to reduce our carbon footprint and inspire others to adopt environmentally friendly practices. Through this event, ALFAA emphasized the importance of environmental stewardship and the positive impact that collective action can have on preserving our planet for future generations.





# International Day of Yoga as on 21.June.2023

On June 21, 2023, ALFAA celebrated the International Day of Yoga with residents and staff participating in tailored yoga sessions led by experienced instructors. Through gentle stretches, breathing exercises, and mindfulness practices, participants experienced inner peace and relaxation, enhancing their overall well-being. Educational sessions highlighted yoga's therapeutic benefits for individuals with autism and other developmental disabilities, emphasizing its role in promoting sensory integration and emotional regulation. ALFAA reaffirmed its commitment to holistic care by incorporating yoga into its wellness program, fostering an environment where individuals can thrive physically and mentally.





# Kargil vijaya divas 26.July.2023

On July 26, 2023, ALFAA honored Kargil Vijay Diwas with reverence and gratitude, commemorating the sacrifices of our soldiers. Residents and staff paid tribute through activities like candlelight vigils and flag hoisting. These initiatives aimed to instill patriotism and appreciation for our armed forces' dedication to safeguarding our nation's sovereignty. It was a poignant reminder of the values of courage and service upheld by our veterans.





# Meeting the DC, Kolar 08 Aug 2023

On 8th August 2023, ALFAA had the privilege of meeting with the Deputy Commissioner of Kolar. This meeting was a significant milestone for our organization as we discussed key initiatives and support for enhancing the quality of life for autistic adults in the region. Engaging with local government officials is crucial for fostering collaborative efforts and securing necessary resources to continue our mission. The discussions were productive, and we are optimistic about the positive impact this collaboration will have on our residents and the broader community.





# Hindi Diwas 14.Aug.2023

On 14th August 2023, ALFAA celebrated Hindi Diwas with great enthusiasm and participation from our residents and staff. The event was organized to honor the rich linguistic heritage of our nation and to encourage the use of Hindi in daily communication. Our residents took part in various activities including poetry recitations, storytelling, and cultural performances, all in Hindi. This celebration not only promoted the importance of the Hindi language but also provided an opportunity for our residents to showcase their talents and build confidence.





# 15 Aug 2023-Independence Day celebration

On 15th August 2023, ALFAA proudly celebrated India's Independence Day with a series of vibrant and patriotic events. The day began with the hoisting of the national flag, followed by a rendition of the national anthem by our residents and staff. The celebrations included cultural performances such as dance, music, and skits that highlighted the spirit of freedom and unity. Our residents also participated in a special art and crafts exhibition, showcasing their creativity and patriotic spirit. The Independence Day celebration at ALFAA was a testament to our commitment to fostering a sense of national pride and community among our residents.





# Iscon Temple visit as 16 Aug 2023

On 16th August 2023, residents of ALFAA enjoyed a visit to the ISKCON Temple. The day was filled with spiritual activities, where they participated in rituals and took in the serene atmosphere of the temple. The residents engaged in enlightening interactions with the temple staff, adding to their understanding and appreciation of the spiritual practices observed. This visit not only provided a peaceful and reflective experience but also allowed the residents to connect with the broader community, making it a cherished and memorable day for all involved.





# Raksha Bandhan photos as 30.Aug.2023

On 30th August 2023, ALFAA celebrated Raksha Bandhan with great enthusiasm. Residents and staff participated in tying rakhis and exchanging sweets. The event was captured in joyful photos, highlighting the affection and unity within our community.



# Teachers day celebration 05 Sept 2023

On 5th September 2023, ALFAA celebrated Teachers' Day with heartfelt appreciation for our dedicated educators. The event included a special ceremony where residents expressed their gratitude through speeches, songs, and handmade cards. Our teachers were honored for their unwavering commitment and impactful contributions to the residents' lives. The celebration highlighted the important role teachers play in nurturing and guiding our residents, fostering an environment of learning and growth within our community.





# Amir Khan Production visit as on 16 Sept 2023

On 16th September 2023, ALFAA residents had an exciting visit to Aamir Khan Productions. The visit provided a behind-the-scenes look at the world of filmmaking. Residents had the opportunity to interact with the production team, learn about various aspects of movie production, and experience the vibrant atmosphere of a film studio. This visit was not only educational but also immensely enjoyable, leaving the residents inspired and thrilled by the creative process of cinema.





# **Ganesha Modual work shop as on 17.Sep.2023**

# Swachh Bharat Abhiyaan celebrate 01.Oct.2023

On 1st October 2023, ALFAA marked the Swachh Bharat Abhiyan with fervor and dedication. Residents and staff united to clean and beautify their surroundings, showcasing their commitment to cleanliness and hygiene. Through various activities and awareness initiatives, such as waste segregation and community clean-ups, ALFAA demonstrated its active participation in the national movement towards a cleaner India. The celebration of Swachh Bharat Abhiyan not only enhanced the aesthetics of the community but also fostered a sense of collective responsibility and pride among everyone involved.





# Goldman Sachs stall 11 October 2023

On 11th October 2023, ALFAA hosted a stall in collaboration with Goldman Sachs, offering residents a unique opportunity to explore various career possibilities and financial literacy resources. The stall featured informative sessions, interactive activities, and networking opportunities aimed at empowering residents with valuable knowledge and skills for their future endeavors. Through this partnership, ALFAA reaffirmed its commitment to providing holistic support and guidance to residents as they navigate their paths towards independence and success.





# Casa Grand stall sale 21.Oct.2023

On 21st October 2023, ALFAA hosted a stall sale in collaboration with Casa Grand. Our residents displayed their handcrafted items, including artwork and crafts, for sale. This event not only showcased their talents but also promoted awareness and support for our cause.





# Durga pandal visit 23 Oct 2023

On 23rd October 2023, ALFAA residents enjoyed a visit to a Durga Pandal, soaking in the lively ambiance and colorful festivities of Durga Puja. This cultural outing offered a glimpse into the rich traditions and vibrant celebrations surrounding the festival, fostering a sense of joy and camaraderie among the residents.





# Doddaballapur Land visit as on 25.Oct.2023

On 25th October 2023, ALFAA residents embarked on an insightful visit to Doddaballapur Land. This excursion provided an opportunity for residents to explore and appreciate the natural beauty and agricultural landscape of the region. Guided by knowledgeable staff, residents learned about farming practices, environmental conservation, and sustainable agriculture techniques. The visit to Doddaballapur Land not only offered a refreshing break from routine but also enriched residents' understanding of rural life and the importance of preserving our natural resources.





# JP Gadkari sir Book Release program 30.Oct.2023

On 30th October 2023, ALFAA had the honor of hosting a book release program for the esteemed author, JP Gadkari sir. The event celebrated the release of his latest literary work, offering residents an enriching opportunity to engage with the author and explore the themes of his book. Residents participated in discussions, book readings, and interactive sessions, gaining valuable insights and inspiration from Gadkari sir's expertise.

The book release program not only fostered a love for literature but also encouraged intellectual curiosity and lifelong learning among our residents.





# Cultural activity 25.Nov.2023

On 25th November 2023, ALFAA organized a vibrant cultural activity for residents. The event was filled with music, dance, and laughter, providing a joyful and memorable experience for everyone involved.





# Sports Day at Katireeva Stadium on 28 Nov.23

On 28th November 2023, ALFAA residents participated in a thrilling Sports Day event at Katireeva Stadium. The day was filled with excitement and friendly competition as residents engaged in various sports and games. It was a momentous occasion that celebrated teamwork, sportsmanship, and the spirit of healthy competition among our residents.





# World disability day 3 dec 2023

On 3rd December 2023, ALFAA commemorated World Disability Day with a series of empowering events. Residents and staff came together to raise awareness about disability rights and inclusion. Through seminars, workshops, and interactive sessions, the day highlighted the talents and capabilities of individuals with disabilities. It was a poignant reminder of the importance of creating a more accessible and inclusive society for all.





# Student & Staff Blood test as 03.Jan.2023

On 3rd January 2023, ALFAA organized a blood test session for both students and staff members. This initiative aimed to promote health and well-being within the community by ensuring regular health check-ups and screenings. By facilitating easy access to blood tests, ALFAA reaffirmed its commitment to the holistic care of its residents and staff, prioritizing their physical health and safety.





# Sobk Meeting 10.Jan.2024

On 10th January 2024, ALFAA convened a significant meeting with the Special Olympics Bharat Karnataka (SOBK) chapter. This meeting was instrumental in strategizing and planning collaborative efforts to enhance sports and recreational opportunities for individuals with disabilities. Through discussions and brainstorming sessions, both organizations reaffirmed their commitment to promoting inclusive sports and fostering the holistic development of individuals with special needs. The meeting served as a platform for exchanging ideas, coordinating resources, and strengthening partnerships towards creating a more inclusive and supportive environment for athletes with disabilities.





# Lohri celebration

## 14.Jan.2024

On 14th January 2024, ALFAA celebrated Lohri with traditional rituals and joyful festivities. Residents and staff came together to enjoy bonfires, music, and delicious treats, fostering a sense of unity and happiness within the community.





# Ayodhya Celebration 22.Jan.2024

On 22nd January 2024, ALFAA commemorated the Ayodhya Celebration with reverence and joy, drawing inspiration from the Ayodhya temple.

Residents and staff gathered to offer prayers, engage in cultural performances, and share sweets, echoing the spirit of unity and harmony embodied by the temple. The celebration served as a meaningful reflection on the cultural and spiritual significance of Ayodhya, fostering a sense of community and togetherness among all involved.





# Republic Day celebration at campus site on 26 jan 24

On 26th January 2024, ALFAA campus site resonated with patriotism and pride as residents and staff came together to celebrate Republic Day. The day commenced with the hoisting of the national flag, followed by stirring renditions of the national anthem. Various cultural programs, including songs, dances, and skits, showcased the rich diversity and unity of India. Residents actively participated, expressing their love for the nation through their performances. The celebration culminated in a sense of gratitude and reverence for the ideals of democracy and freedom that Republic Day symbolizes.





# Doctor visit 10.02.2024

On 10th February 2024, ALFAA arranged a doctor's visit for residents' check-ups, emphasizing proactive health management.



# 14.02.2024-Doddaballapur Land visit

On 14th February 2024, ALFAA treated residents to a refreshing excursion to Doddaballapur Land. Amidst picturesque landscapes, they enjoyed leisurely walks and gained insights into sustainable living through guided tours. Engaging with local communities enhanced their appreciation for Karnataka's heritage. The visit served as a rejuvenating retreat, fostering gratitude for nature among ALFAA residents.





# 15.02.2024-Saraswati Pooja

On 15th February 2024, ALFAA reverently observed Saraswati Puja, honoring the goddess of knowledge, music, and arts. The atmosphere was filled with devotion as residents adorned the prayer hall with flowers and offered prayers seeking blessings for wisdom and learning. Students showcased their talents through musical performances, poetry recitations, and artistic displays, celebrating the essence of Saraswati Puja. The occasion fostered a spirit of intellectual pursuit and creative expression, inspiring residents to embrace the pursuit of knowledge and enlightenment in all aspects of life.





# 2024.02.22 Internship student Send off

On 22nd February 2024, ALFAA bid farewell to internship students with a heartfelt send-off. Residents and staff expressed gratitude for their contributions, wishing them success in their future endeavors.





# 08.03.2024 women's day celebration

On 8th March 2024, ALFAA joyously celebrated International Women's Day, honoring the achievements and contributions of women within the community. The day was marked with special events and activities dedicated to recognizing the resilience, strength, and achievements of women. Residents and staff came together to celebrate the spirit of womanhood through inspiring speeches, cultural performances, and interactive sessions. It was a momentous occasion that highlighted the importance of gender equality and empowerment, fostering a sense of pride and solidarity among all.





# 18.03.2024-WISPAD workshop on Project Management

On 18th March 2024, ALFAA hosted a WISPAD workshop focusing on Project Management. This insightful session provided residents with valuable knowledge and skills in planning, organizing, and executing projects effectively. Facilitated by experts, the workshop covered essential topics such as project planning, budgeting, and risk management. Through interactive discussions and practical exercises, participants gained a deeper understanding of project management principles and techniques.





# 24.03.2024- Holi

On 24th March 2024, ALFAA embraced the vibrant festival of Holi with exuberance. Residents and staff celebrated the arrival of spring with joyous festivities, including water balloons, vibrant colors, and traditional music. The spirit of Holi brought laughter and camaraderie, fostering unity within the community. It was a day of pure celebration, where residents created cherished memories of togetherness and harmony.

