

# 2019-2020 ANNUAL REPORT

---



**TENDER HEART NGO**



# FOUNDER'S WORDS

---

I was privileged enough to do my quality education in good school and university. I believe that Sharing Is Caring and I wanted to share my education with others. Everyone in his or her lifetime should give something to other fellow human being to develop a society of love and care. This inspired the genesis of Tender Heart. I ventured to start school in a village that had least literacy rate and it was male dominating society where girls and women were not allowed to go out. This was big challenge to me physically and mentally. Many times men would come and threaten me with big sticks to deter me for what I had come to do. Most important for me was to change their mind-sets and bring them to accepting the fact that whatever I had come to do would better their lives and of their children.

**Renu Bali**  
Founder & Director

---

***EDUCATE***

***ENGAGE***

***EMPOWER***

**M**

**I**

**S**

**S**

**I**

**O**

**N**

# 4 MAJOR PROJECTS

## RURAL EDUCATION



## SPECIAL NEEDS



## WOMEN EMPOWERMENT

## WOOPIE WAY OUT OF POVERTY IS EDUCATION

# WOMEN EMPOWERMENT



Tender Heart functions in a community, where the women are trapped, within the 4 walls of-

PATRIARCHY

POVERTY

ILLITERACY

INEQUALITY

Tender Heart felt that the need to EMPOWER these women to counter this menace, by strengthening their economic security, and hence,

BREAKING THE 4 WALLS. To achieve that,

Tender Heart proposed to equip them with vocational skills. Handicraft Training and tailoring unit are the two major projects focussed towards the upliftment of this rural community.

# TAILORING PROJECT



The tailoring project commenced in August 2017 in collaboration with Rotary Club Aastha and Singer has been successfully running. 4 successful batches have been completed and it continues to train the rural women and the school dropouts girls of the community. Most of the girls are not allowed to continue their education after matriculation due to male dominance in their families. The women trained are working in their homes & earning livelihood and some are employed at the NGO for stitching work.



Certificates were given by Plasser India Limited to the rural women from adjoining villages of Bhatola region for successfully completing the training in embroidery, stitching, handweaving with macramé, paper handicrafts.

# MENSTRUAL HYGIENE PROJECT

Tender Heart in collaboration with Triar Health & Hygiene has taken a step towards menstrual hygiene by setting up a sanitary napkin manufacturing machine. This project aims to provide oxo-biodegradable sanitary pads at par with the established brands. The project aims to empower the local women from the surrounding villages by giving them employment and commission based earning on selling sanitary napkins. The project further intends to spread awareness about menstrual hygiene and encourage the use of hygienic and eco-friendly sanitary pads. In addition to this, special needs students are trained in packaging of sanitary pads.



# SUMMER CAMP IN DAULATABAD FOR UNDERPRIVILEGED CHILDREN

In collaboration with M3M foundation, Tender Heart had successfully organized a 5-day summer camp for underprivileged children in Gurgaon, from the 27th May to the 31st May. During this 5 day event, the children were able to participate in several activities such as dance, fun games, art and craft as well as reading session. The children also enjoyed the puppet show as well as magic show.

We truly appreciate M3M Foundation for their magnanimous support, to give those children an amazing week; full of smiles and happy moments.



# TRAINING & DEVELOPMENT APPROACHES

There are **60 differently abled students** at Tender Heart School. Tender Heart welcomes the special needs individuals with open arms and develops a program especially for them. The students are trained and encouraged to develop social skills that are vital to everyday life (ADLs). Apart from the ADLs, special attention is also given to develop instrumental ADLs such as managing money, moving within the community, taking prescribed medications, using the telephone etc.

Academics are taught as per their individual potential but we extensively focus on training them in various skill development programs that also aid in improving their behavioral skills along with creating work opportunities. Tender Heart is striving to make these individuals economically independent.

# SKILL DEVELOPMENT PROGRAMS AT TENDER HEART

## Sports Training

Tender Heart provides sports training to differently abled individuals. Apart from various district, state and national level competitions, our students compete in the *International Special Olympics*. Students are encouraged to participate in various training camps & Athletics Meet organized by Special Olympics Bharat. Proper support & assistance is provided by Special Educators for outstation training camps.



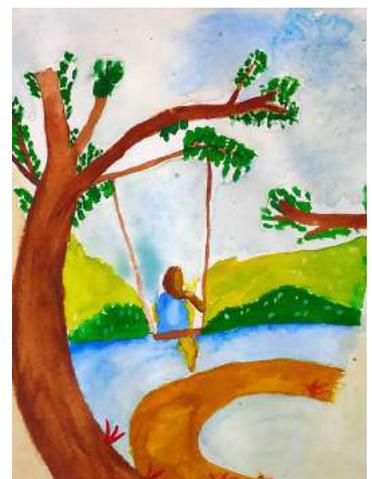
# Certified Computer Center

Special Needs students at Tender Heart are receiving computer training since 2016 as we are qualified by AMBA to train adults with moderate to severe intellectual disability. The aim of this project is to train the special needs community on basic computer skills of using MS office & data entry. The program is designed to create remote work opportunities through outsourced work.



# Learning Based Ability Enhancement Multimedia Program (LBAEMP)

Tender Heart started this 18-month certificate course in LBAEMP facilitated by AIMS Media Pvt. Ltd. in Sep 2019. The aim of this program is to educate & train the special needs through unique multimedia curriculum that not only will enhance creativity and cognitive development but will open doors for more work opportunities for the special needs.



# VOCATIONAL WORKSHOP

Vocational workshop room for special needs and underprivileged community has been sponsored by Aruna Abhey Oswal Trust, Shivalik Prints Pvt. Ltd., Sterling Generators Pvt. Ltd.



# Handloom Weaving

Tender Heart has successfully launched Weaving Program for special needs adolescents & young adults in August 2019 supported by PNB Housing Finance Limited. The aim of this project is to create livelihood opportunities for special needs community in addition to the physical and mental benefits of working on the looms.





## ACTIVITIES UNDERTAKEN

- Making of the bobbins on Charkha
- Preparing the warp/tana on the warp machine.
- Drafting & Denting on the loom
- Weaving

## Art & Craft, Painting

In the past, we had trained them to make and sell the products such as Aggarbati, Chalk, Dona, Newspaper bags, Envelopes, Basket, Candles, Madhubani Painting, Worli Art and Diary. Jasir, a trained Madhubani artist is supported by Tender Heart towards financial independence.



## School Canteen

There are two canteens in school successfully managed by differently abled students to develop their social skills & money managing skills. For Kavita, it is a way of earning livelihood as she makes delicious and different snacks on a daily basis.



# Participation In Art & Craft Melas



Tender Heart participated and showcased the handloom, weaved products made by differently abled students in the week-long Ekam Fest organised by ***National Handicapped Finance Development Corporation (NHFDC)*** under M/o Social Justice & Empowerment in New Delhi. The Fest was to promote craftsmanship and products of Divyang Entrepreneurs. The Fest was attended by various government dignitaries and ***Ms Smriti Irani, Minister of Textiles*** also visited our stall.



Tender Heart was proud to receive the Ekam Fest 2020 Award for the Best Stall from Shri Krishan Pal Gurjar, Minister of State for Social Justice & Empowerment.

# KALA GHODA ARTS FESTIVAL, MUMBAI



# SURAJ KUND CRAFTS MELA, FARIDABAD





# TENDER HEART HANDICRAFTS



Stalls at PNB  
Housing Finance  
Limited, Gargi  
College, To the  
New Noida





## FELICITATION OF INTERNATIONAL SPECIAL OLYMPICS WINNERS BY DPS, FARIDABAD

Tender Heart was invited by Delhi Public School to celebrate their achievements on their Bon Homie event. 9 special Olympics winners were felicitated with honor of recognition for their exemplary performances in International World Summer Games in Abu Dhabi 2019.

# UNIFIED ATHLETICS MEET



Tender Heart in collaboration with Special Olympics Bharat Haryana organized Unified Athletics Meet in The Shriram Millennium School, Faridabad to spread awareness and encourage the participation of parents, special needs students from different schools to come together at a single platform and explore the many possibilities & opportunities in sports available at national and international level. The event had the participation of 9 schools from Faridabad and 169 special needs participants who enthusiastically played in race, throwing events & relay race.



# A VISIT TO REMEMBER BY SPECIAL OLYMPICS INTERNATIONAL



Tender Heart's team & children were overjoyed when Mr David S. Evangelista, President and Managing Director, Special Olympics Europe Eurasia & his team visited our premises. He not only visited & appraised the work in each and every department, but played the Bocce game with students with a sporting spirit.

# CLEANLINESS DRIVE BY DPS, FARIDABAD SCHOOL CHILDREN IN VILLAGE KHEDI KURD



# VISIT BY GBN SENIOR SECONDARY SCHOOL, FARIDABAD



# TEACHER'S DAY CELEBRATIONS

# JANAMASHTAMI CELEBRATIONS

# ENCAMP FOR THE SHRIRAM MILLENNIUM SCHOOL CHILDREN



# Annual Day Celebrations 2019



The parents, students & Tender Heart staff witnessed a wonderful annual program well curated by teachers and performed by special needs.

# Christmas Celebrations



30 school children had the opportunity to attend Art1st Education Summit Workshop at Indira Gandhi National Centre for the Arts, Delhi. Children had a fun learning day with story telling activities, art & craft.

# Progress in computer education for special needs



3rd phase of simulation training was conducted and students learnt to enter the dummy forms.



**World Disability Day Celebration: Delhi Public School invited the special needs students from Tender Heart and conducted the day with games & sports, art & craft, music & dance.**



Katy took the children to National Art Gallery, Delhi & Taj Mahal, Agra



Meals given to WOOPIE children by Katy



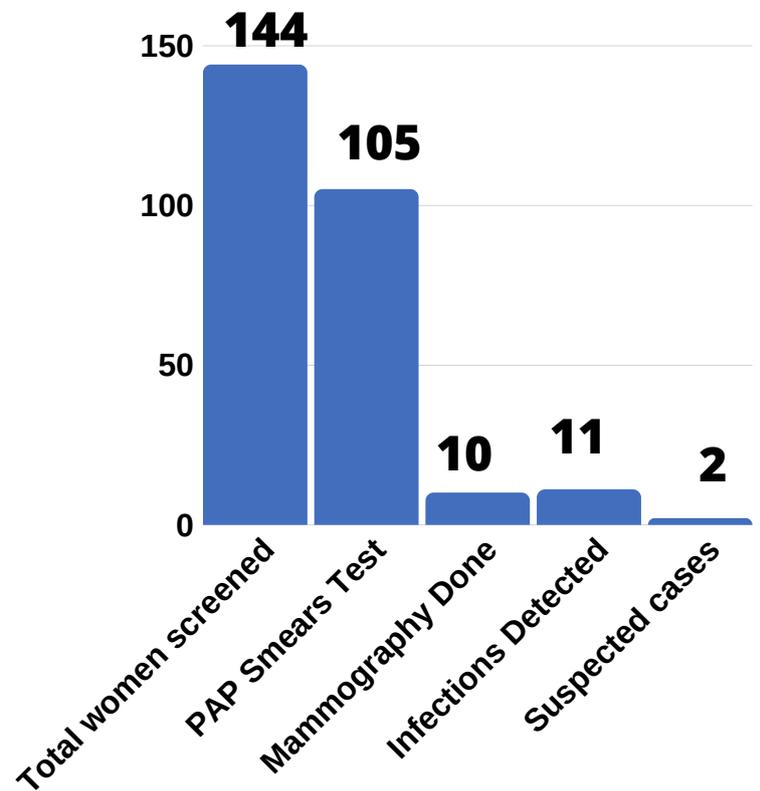
**Cooking classes started at Tender Heart**



Our dearest  
Volunteer Katy  
Fitzgerald's friend  
Kathy Freedman  
visited us with her  
family and also gave  
a treat to our  
WOOPIE kids.



# Cancer Screening Camp in villages



Breast cancer & cervical cancer screening camps were organized in villages Khedi Kurd, Faridpur, Sadpura, Neemka in collaboration with Artemis Health Sciences Foundation, Gurugram

# Dental Hygiene

A team of doctors from Sudha Rustogi Dental College on the occasion of National Toothbrushing Day showed the tooth brushing technique and educated about the importance of oral hygiene.



Dental checkup was done for special needs students by a team of doctors from Manav Rachna Dental College. Along with the checkup, the team engaged the students with coloring activity and the day ended with distribution of refreshments.

## Incinerator installation at village Bhatola

Students from the Enactus team, Indira Gandhi Technical University initiated this project towards uplifting and empowering the dying Pottery community by providing them with an opportunity to make the earthen sanitary napkin incinerators.

Incinerator - an earthen vessel which sustainably burns used sanitary napkins to ashes, which are biodegradable and does not cause any air pollution, the process can be done using any fuel. Burning sanitary napkins in this eco-friendly manner helps effectively in decreasing the volume of waste generated by a big fraction.



Tender Heart NGO comes as a support to this by installing the incinerator at village Bhatola. The village women were educated about the use and importance of using incinerators for safe disposal of sanitary pads.



# Volunteering can transform lives



Volunteer Katy Fitzgerald from Australia has been closely associated with Tender Heart since 2012. Every year, she engages the Tender Heart staff, children in art workshops and leave them with a strong learning experience.

# BENEVOLENT VOLUNTEERS

Betsy Freeman, Becki Shipley, Hannah Schmidt:  
Supported in Online fundraising.

Lucie Dufour & Manon Balagi: Involved in  
making Product Catalogue, Newsletter.

Mexican volunteers: Supported the teaching in  
WOOPIE program & special needs through sign  
language.

Katy Fitzgerald: For devoting her precious time  
at Tender Heart every year & raising money  
through photographic exhibition of the pictures  
that were clicked in India.

Anja Reil from Germany: For her great support  
in project writing & teaching WOOPIE children.

Natasha Chopra: Supported us in Handicrafts  
sale, online presence & networking.

**Tender Heart NGO  
Village Bhatola  
Sector -78**

**Faridabad, Haryana - 121002**

 **9350844393, 9718516337**

**Website:  
[www.tenderheartngo.org](http://www.tenderheartngo.org)**

**Follow us on**



**LinkedIn**

SL No.	Name of the Beneficiary	Date of Birth	Type of Disability	Activities	Year
1	Divyanshu	1/10/1993	Intellectual Disability	Weaving, Data Entry, Horticulture, Multi-media, Food & Beverage, Hospitality	2018-2020
2	Muktak Tavathia	4/9/1994	Autism	Soft ball game	2018-2020
3	Manu Swami	21/06/1996	Autism	Multi-media, Food & beverage	2018-2020
4	Vikram Singh	2/11/1994	Down Syndrome	Table Tennis, Data Entry, Food & Beverage, Hospitality	2018-2020
5	Piyush	15/01/2005	Autism	Soft ball game, Food & Beverage	2018-2020
6	Jitender Bhardwaj	20/05/2003	Down Syndrome	Bocce game, Racing, Food & Beverage, Hospitality	2018-2020
7	Naman Garg	27/09/2006	Down Syndrome	Bocce, soft ball game, Food & Beverage	2018-2020
8	Diwakar Bhardwaj	7/9/1999	Intellectual Disability	Racing, soft ball game, Horticulture, Food & Beverage, Hospitality	2018-2020
9	Keshav Bhardwaj	26/05/2001	Intellectual Disability	Racing, Bocce, Horticulture, Food & Beverage, Hospitality	2018-2020
10	Neeraj Bhardwaj	4/12/2002	Intellectual Disability	Bocce, Food & Beverage, Hospitality	2018-2020
11	Uttkarsh	11/11/1999	Intellectual Disability	Badminton, Floor Hockey, Multimedia, Horticulture, Food & Beverage, Hospitality	2018-2020
12	Aman Adhana	25/02/2005	Intellectual Disability	Soft ball game, Food & Beverage	2018-2020
13	Yash Sharma	2/12/2005	Hearing Impairment	Racing, Bocce, Food & Beverage, Hospitality	2018-2020
14	Shuhul Bhat	23/01/2008	ADHD	Horticulture, Soft ball, Food & Beverage	2018-2020
15	K.Sai Harsha	4/11/2002	Multiple Disability (Cerebral Palsy, Visually Impaired, MR)	Soft ball game	2018-2020
16	Vansh Tyagi	4/12/2006	Intellectual Disability	Horticulture, Multi-media, Running, Bocce, Food & Beverage, Hospitality	2018-2020
17	Jyoti Prakash Mishra	7/2/2009	Autism	Horticulture, Soft ball, Bocce, Running, Food & Beverage	2018-2020
18	Manas Mishra	24/01/2010	Autism	Horticulture, Soft ball, Bocce, Running, Food & Beverage	2018-2020
19	Ritesh Lakhani	21/10/1998	Intellectual Disability	Horticulture, Data Entry, Soft ball, Food & Beverage, Hospitality	2018-2020
20	Aryan Magazine	26/06/2004	Autism	Horticulture, Food & Beverage, Hospitality	2018-2020
21	Mayank Nanda	14/10/2009	Hearing Impairment	Food & Beverage, Hospitality, Running, Bocce, Soft ball, Horticulture	2018-2020
22	Krishna Agarwal	31/05/2008	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Hospitality	2018-2020
23	Praveen	20/10/1997	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Powerlifting, Handball, Handloom weaving, Basket ball, Data Entry, Hospitality	2018-2020
24	Sachin	11/11/2006	Hearing Impairment	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Handloom weaving, Basket ball, Data Entry, Hospitality	2018-2020
25	Prabhgun	17/07/2006	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce	2018-2020
26	Divyansh	8/10/2003	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Hospitality	2018-2020

27	Shivam	21/01/2004	Hearing Impairment	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Handloom weaving, Basket ball, Data Entry, Hospitality	2018-2020
28	Siddharth	11/11/2005	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Basket ball, Data Entry, Hospitality, Sanitary Napkin Packaging	2018-2020
29	Akki	28/12/2001	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Hospitality	2018-2019
30	Harsh	23/10/2005	Intellectual Disability	Soft ball	2018-2020
31	Lalit	20/12/1997	Locomotor Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Data Entry, Hospitality	2018-2020
32	Himshuta Raina	25/11/1999	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Cycling, Basket ball, Data Entry, Hospitality	2018-2020
33	Om Prakash	15/12/2006	Hearing Impairment	Food & Beverage, Horticulture, soft ball, Running, Bocce	2018-2020
34	Tejinder	11/3/2004	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Basket ball, Hospitality	2018-2020
35	Veenita	16/05/2007	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce	2018-2020
36	Prashasti Jaina	4/4/2004	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Badminton, Hospitality	2018-2020
37	Hardik Singh	17/05/2005	Autism	Food & Beverage, Horticulture, soft ball, Running, Bocce, Badminton	2018-2020
38	Lakki Ahirwal	2/3/2014	Hearing Impairment	Food & Beverage, Horticulture, soft ball, Running, Bocce	2018-2020
39	Shivam Chopra	2/11/1997	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Data Entry, Multi-media, Hospitality	2018-2020
40	Kavita Sharma	27/11/1982	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Data Entry, Hospitality	2018-2020
41	Ridhi Parihar	24/09/1998	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Badminton, Hospitality	2018-2020
42	Pranjal Choudhary Parashar	18/07/2005	Autism	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Badminton	2018-2020
43	Sagar Bihal	29/05/1997	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Data Entry	2018-2020
44	Jai Aswal	27/12/2001	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry	2018-2020
45	Krishna Bedi	10/5/2007	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry	2018-2020
46	Love	10/5/2013	Autism	Soft ball, Running, Bocce	2018-2020
47	Piyush Kumar	19/06/2006	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Badminton	2018-2020
48	Garv	3/9/2005	Intellectual Disability	Food & Beverage, Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry	2018-2020
49	Tanmay Agarwal	29/11/1997	Intellectual Disability	Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry	2018-2020
50	Rajan Bhatia	20/11/2005	Autism	Running, Bocce, Soft ball	2018-2020

51	Himanshu Kumar	26/01/2008	Hearing Impairment	Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry, Sanitary Napkin Packaging	2019-2020
52	Devashish Singh	5/11/2012	Autism	Running, Bocce, Soft ball	2019-2020
53	Debajit Saha	3/4/2000	Intellectual Disability	Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry, Sanitary Napkin Packaging	2019-2020
54	Deepak	4/6/1993	Intellectual Disability	Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry, Handloom Weaving, Hospitality	2018-2020
55	Khusboo	8/8/2005	Hearing Impairment	Horticulture, soft ball, Running, Bocce, Handball, Badminton, Data Entry, Handloom Weaving, Hospitality	2018-2020
56	Ameer Ahmad	2/8/2013	Intellectual Disability	Bocce, soft ball, running	2018-2020
57	Pashin Khurana	10/11/2004	Intellectual Disability	Badminton, Hand ball, Running, Basketball	2020
58	Sahil Mahajan	12/3/1987	Intellectual Disability	Hand ball, Running, Basketball	2020
59	Suryanshu Singh	24/02/1997	Intellectual Disability	Hand ball, Running, Badminton	2020
60	Krish Singh	16/10/2003	Intellectual Disability	Hand ball, Running, Basketball	2020