

# Human Rights Protection Cell and Welfare Association Annual Report, 2024-25

**“Let us make a state where every citizen contributes,  
to nation irrespective of his/her status  
And**

**That ideal state ensures free education, medical, security and justice  
available to its entire citizens irrespective of their status”.**

**Human Rights Protection Cell and Welfare Association (HRPC & WA), Una** is duly registered under Societies Registration Act 1860 (Regn. No. 02/2006 dt 26/08/2006). Also registered under PWD Act 1995 (now RPD Act, 2016), registered as Service Provider by HP Govt. under PWDV Act, 2005.

Since 2006, HRPC & WA is providing free legal service/ counselling to individuals/societies/ groups to protect/safe guard their human rights. We don't believe in number of cases handled/ solved/ resolved of human rights violations but we are committed to provide selfless service to all and sundry whose Human Rights are violated/dignity challenged.

During the year, 35-40 cases of domestic violence, police atrocities, land disputes, social injustice, drug addiction etc. were dealt with utmost care and with the help of District Administration; most of the cases were settled/ resolved amicably.

Every year in connection with World Human Rights Day i.e. 10<sup>th</sup> Dec, a public awareness function is organized to sensitize and aware the people about their Human Rights. This year a '**JAN CHETNA SAMAROH**' (Function) was organized on 10<sup>th</sup> December 2024 at Ashhraya Parodhaa (*Varisth Nagrik Suvidha evam Aavas Kendra*), V. & P.O. Charatgarh wherein participants were sensitized about the protection available to citizens about their Human Rights/ dignity. They were also advised to approach our organization, other sources to seek free legal aid in case their Human Rights are violated or challenged.

It is a matter of immense pleasure that our organization is carrying out the noble cause of protection of Human Rights and at the same time organization is running welfare projects namely "**Ashhraya**" **Special School for Children with Special Needs (CWSNs)** to mitigate the sufferings of Special Children/ their parents who reside in nearby villages/ towns of the area. All facilities like Education, training, uniform, lunch, alpaahaar, books, sports, physiotherapy, Speech therapy & transportation etc. are provided **free of cost**

**"Ashhraya Prodhaa"** (*Varisth Nagrik Suvidha evam Aavas Kendra*) to mitigate the sufferings of needy Senior Citizens and to enable them to live enjoyable life.

## **AARADHNA**

To provide self-employment to special persons (Divyangs), we are running **project "Aradhnaa" (SHG)** with the help of Maa Chintpurni Trust. SHG prepares Dhoop, Rui Batti & chunri. Profit earned is shared among SHG members.

## **ASHHRAYA (Home for Human Rights)**

'Ashhraya', a **Special School cum Day Care Center** is a Welfare project of Human Rights Protection Cell & Welfare Association, duly registered under Societies Registration Act 1860 came into existence with the enrolment of 17 blessed children in May 2010, with donations/ Grant in Aid from public/ Institutions/ Govt. At present (as on 31<sup>st</sup> March 2025) we have 95 blessed children on roll i.e. (67 Intellectually Challenged and 28 Hearing Impaired). The expenditure has also increased manifold however **this year we received Grant-in-aid under DDRS (GOI Project) which provided us some relief.**

The transparency of account and work are permanent attributes of the organization. The Grant-in-aid received is exclusively spent for catering the services of **only those Special children** who are listed under the particular project (Yojna).

ASHHRAYA, is also registered under Persons with Disabilities Act, 1995 (now **RPWD Act, 2016**).

Ashhraya is also registered organization of The National Trust, New Delhi. It is also affiliated with NGO PARIVAAR NCPO.

This, Special School is duly recognized by Dy. Director, Elementary Education, Una (H.P.) from Class I to Class VIII for the academic session 2024-25 & 2025-26.

### **1.) Aims & Objectives**

To mitigate the sufferings of Special rather blessed children (Mentally Challenged, Hearing Impaired, Multiple Disabilities) & their parents.

**We provide Services for:**

- Identification of children with Special Needs (CWSNs).
- Special Education & Physical training.
- Discover their hidden potential.
- Integrate children with Special needs into main stream of Society.
- To undertake special programme, activities for education & rehabilitation of persons with disability.
- To work for early intervention, prevention, medical rehabilitation, placement, economic self-reliance of Special Children.
- Counselling to parents & Community regarding myths & misconceptions about mental retardation/ physical disability.

**All Services are provided Free of Cost.**

### **Location**

Ashhraya is located at Sadyana Tobba, Dehlan-174306 Tehsil & District Una (H.P.) on Dehlan Badehar Road. Village Dehlan is situated at Nangal Una National Highway, 2 Km away from Mehatpur & 10 Kms from Una. Ashhraya is located at 1.5 Km distance from Shri Gurudwara Sahib Stop, Dehlan.

It is located in rural area.

### 3.) **Establishment**

Ashhraya came into existence in May 2010 with enrolment of 17 Special Children. At present it has **83** Special Children (**67** Intellectually Challenged **28** Hearing impaired) in addition to 3 Home based Special children, which is very much on target.

Every year new academic session starts in Second week of April with Havan & Cultural function. This year new session commenced on 9<sup>th</sup> April 2024. School timings are from 08:30 AM to 02:00 PM. Children assemble at 08:30 AM Sharp for daily prayers & physical exercise. Academics, Speech Therapy and Physiotherapy start from 09:00 AM onwards as per specific needs of each child. Alpaahar is provided at 10:50 AM. Alpaahar contains Milk, Biscuits and fresh fruits as per availability. Mid-day meal is served to all the children at 01:40 PM. Meal is prepared within the four walls of "Ashhraya", which is duly checked by teaching staff on rotation basis before it is served to Special Children. Average attendance is 75% to 80%. Every Saturday is games/curricular activities day, special children learn art & craft, stitching, painting, music and play games of their choice. Volunteers/ Staff and special children do cleaning activity once in a week to keep premises neat and tidy.

Swachta Abhiyan is undertaken as a special drive at regular intervals.

Every facility like Education, Speech Therapy, Physiotherapy, physical Exercise, Transportation, Uniform, Books and Medical Care etc. is provided **Free of Cost.**

### 4.) **Infrastructure**

Land is donated by Gram Panchayat, Dehlan (Lower), building comprises of 4 Blocks, 2 Blocks are of two storeys building & 2<sup>nd</sup> Block are three storey building. In all there are 22 rooms, Mess, independent Physiotherapy Centre, Speech Therapy room, yoga hall, Principal Office, Admin Block, Aradhna Centre, Dispensary. It has play ground with medicinal plants. Ashhraya can accommodate more than 150 special children for Education, Physiotherapy, Speech Therapy, Indoor and Outdoor games etc.

3 additional new rooms with attached washroom facility have been added in the existing building for Aradhna Centre, Dispensary & Resource room. Lift facility has been made available to ensure hassle free movement for Special Children.

As a technical up gradation, we have a '**View Board**' to enable special children to learn through latest methods.

### 5.) **Faculty**

There are 17 well qualified, dedicated & committed volunteers comprising 7 Special Educators including Speech Therapist, 1 Science Teacher (Hony.) 1 Principal, 1 Physiotherapist (part time), 4 Drivers, 3 Mother helpers, headed by Principal Miss. Amarjeet Kaur (Divang) who take care of all needs of the Special Children.

### 6.) **Transportation**

#### 7.)

Special School has own arrangement for pickup & drop children at their doorsteps. There are 5 vehicles {1 Mini Bus and three school van (2 Tata Winger and 1 Maruti Eeco)} which operate daily to cater transportation needs. 1 vehicle (Scorpio) for Special Children from Amb Side.

## 8.)ACTIVITIES

<b>ACTIVITIES CONDUCTED DURING THE FINANCIAL YEAR 2024-2025 (1.4.2024 to 31.3.2025) IN CHRONOLOGICAL ORDER AT ASHHRAYA</b>		
<b>Month</b>	<b>Date</b>	<b>Particulars</b>
April	12.04.24	Medical checkup of Special Children by Dr.Jagjeet, A.M.O.,Govt. Dispensary, Jalgran.
	18.04.24	Birthday celebration of Mr. Aditya (Id)
	20.04.24	Yoga exercises by all Special Students present.
	24.04.24	Two Instructors from NCSC Una (Govt. Institution) visited Ashhrraya & identified 12 special children for vocational training."
	25.04.24	Distt.Judge visited Ashhrraya to oversee the activities.
	27.04.24	Deputy Director, Elementary Education, Una Mr. Devinder Chandel inspected Ashhrraya. He interacted with Special students and teachers.
May	01.05.24	Mr. Neeraj Sharma alongwith his family from Village Jakhera visited Ashhrraya & celebrated birthday of his son.
	04.05.24	All students and volunteers of Ashhrraya visited Ashhrraya Prodhua VPO Charatgarh to seek blessings of Senior Citizens residing there and also participated in 9 Kundi Gayatri Maha Yagya
	07.05.24	Mr.Mohit Kumar Former Team Member of Child Help Line visited Ashhrraya to distribute sweets & snacks. Birthday of Master Vishresh and Mr. Amit Ramawat Patron Ashhrraya was also celebrated through video conferencing.
	15.05.24	Medical Checkup of Spl. children by Dr.Jagjeet A.M.O. and her team, who came from Govt.Dispensary Jalgran.
	16.05.24	Grandmother of Mr. Parth Gautam, a student of Ashhrraya visited Ashhrraya to celebrate her birthday with Special Children.
	17.05.24	Sevadars of Kutia Sant Man Puri, Dehlan visited Ashhrraya and offered fruits & sweets etc.
	18.05.24	Mr.N.M.Nirmohi alongwith Spl.Teachers,Mr.Mohit & Mrs. Hemlata visited Chetna Sansthan,Bilaspur to attend Annual Meeting of Special Olympic Bharat.
	25.05.24	All Volunteers (Spl.Teachers & Non-teaching staff) alongwith special children visited Prem Ashram, Una for Medical checkup and issue of disability certificates to eligible students.
June	12.06.24	Mr.Vijay Kumar's parent of Ms.Heena visited Ashhrraya to donate Ceiling Fan.
	14.06.24	Dr. Rahul Bhardhwaj, Ms. Poonam Kumari alongwith Dr. Veenu Joshi visited Ashhrraya for imparting Yoga training. They also provided refreshments to all Students & staff as a token of gesture.
	20.06.24	On the occasion of Sthapna Divas of SAKSHAM, PTM was organized in which 40 parents participated. Mrs. Anita Sharma, DLSA, Una was the Chief Guest.
	21.06.24	(International Yoga Day) All Special Children & staff of Ashhryaa performed Yoga under the guidance of Dr. Rahul Bhardhwaj.

July	27.07.24	Our students Ms.Nishi, Mr.Raman & Mr.Nishant Chabba alongwith their Coaches Mr.Mohit & Mrs. Hemlata participated in BOCCI game organized by Special Olympic Bharat at Hamirpur, Anu. Both Boys & Girl team secured second position.
August	03.08.24	A meeting of SAKSHAM was held at Ashhraya, in which various members from Himachal State participated. Mr. Suresh Ayri, President, SAKSHAM (Himachal, Jammu & Kashmir) addressed the gathering.
	05.08.24	Member of Guru Gobind Singh Study Circle, Sector-2, Naya Nangal visited Ashhraya. They interacted with Special teachers, Principal & other dignitaries. They brought stationery items & refreshment for Special Children.
	09.08.24	Albendazole dose was administered to all Special Children by Dr.Jagjeet A.M.O. & her team.
	15.08.24	Independence Day celebration by hoisting Flag in the presence of Mr. Suresh Ayri, President, HRPC &WA, Baba Jeet Singh ji President, Swami Vivekanand Sewa Samiti, Dehlan along with Special Children & Staff. Principal alongwith Spl.teachers & students participated in function held at Sr.Govt.School (Boys) Una. Appreciation letter for NGO was received by Principal & Staff.
	17.08.24	Mr. Rahul Bhardwaj imparted Yoga Training to Special Children by performing various Asans and Pranayam. Rakhi Utsav was celebrated with fun & frolic. Brother Sister relationship promoted by tying Rakhi by Special sisters on the hand of Special brothers.
	23.08.24	Sumptuous lunch was arranged by Mr. AshwaniKalia,Gen.Secy.,HRPC & WA for Special Children to celebrate the birthday of his grandson.
	24.08.24	Krishna Janamashtmi Utsav was celebrated by reciting devotional songs. Special Children performed dances in colourful attire.
	28.08.24	Mr. Mohinder Soni, Executive Member, HRPC&WA, Una visited Ashhraya to interact with Special Children & volunteers. He distributed fruits & sweets to one & all.
Sept.	02.09.24	Parents of Mr.Sahil (HI) visited Ashhraya to offer Apples to one & all present at Ashhraya.
	04.09.24	Distt. Judge Mr. Naresh Ji visited Ashhraya to inspect. He checked various records & interacted with Special Children in their classes.
	05.09.24	Teacher's Day was celebrated. Special Children played the role of their teacher, which was enjoyed by Special Children.
	11.09.24	On the auspicious day of Radha Ashtomi, Mr. Ajit Kumar alongwith his colleagues from Indian Oil Corporation, Pekhuvela visited Ashhraya. He distributed Fruits to Special Children. He offered various stationery items for their use and also donated money for the welfare of special children.
	13.09.24	Mr. Abhishek Kumar and Mr. Om Prakash form SPM (State Programme Manager) Shimla & NRLM (National Rural Livelihood Mission) visited Ashhraya to interact with Special Children. They also elaborated their purpose of visit.

	21.09.24	Yoga was imparted to Special Children. Mr. Ketan Sharma alongwith his family members visited Ashhraya to celebrate birthday of her daughter.
	30.09.24	Quizabled competition was organized by Special Olympic Bharat on-line. Our 28 Special Children Id Junior (21) Id. Senior (7) alongwith 23 volunteers, Lecturer Ms. Sangeeta Handa from S.V.S.DP.G. College Bhatoli assisted them to participate in competition.
Oct.	05.10.24	Monthly checkup by Dr. Navdeep Kaur, A.M.O. Govt Ayurvedic Dispensary.
	14.10.24	Parent Teachers Management (PTM) was convened. 25 parents were present in the meeting. Feedback/suggestions were invited for further improvement.
	16.10.24	Mrs. Sonia & her husband Brigadier_____ visited Ashhraya to meet special children. They interacted with special children & distributed Gifts & eatables.
	18.10.24	Special Child Vriti Dhiman/Paramveer celebrated their birthday at Ashhraya.
	19.10.24	Special Children performed Yoga exercises.
	27.10.24	Special Children of Ashhraya exhibited their handmade products at a stall provided by NFL in their Surbhi Mahila Milan Diwali Mela, held at NFL ground Naya Nangal. Special Children with the assistance of their teachers sold a good number of products.
	28.10.24	Special Children of Ashhraya along with Mr. N.M. Nirmohi, Director, Ashhraya Projects, Sh. K.P. Sood & Special teachers Mrs. Shamshad & Mrs. Raj Rani visited Vedanta International School, Chandpur to exhibit & sell their products.
	28.10.24	Mrs. Anit Sharma, District Welfare Officer, Una along with her family visited Ashhraya & distributed 30 track suits for the use of Special Children.
	29.10.24	Our Special Children along with teachers visited N.C. S. C. D.A. Una for exhibition of their hand made products.
	30.10.24	Worthy Deputy Commissioner, Una Mr. Jatin Lal, I.A.S, along with his family & District Welfare Officer Mrs. Anita Sharma visited Ashhraya to celebrate Diwali with Special Children. Cake ceremony was performed followed by lunch. In between Special Children displayed their bit by presenting Dance items.
Nov.24	07.11.24	To reach out parents of Special Children, an awareness camp was organized at Panchayat Samiti Hall, Amb, wherein they were sensitized about false myths about special children, Mrs. Monika Sharma & Mrs. Hemlata represented Ashhraya.
	12.11.24	Navneet Kaur's birthday was celebrated with fun & frolic.
	16.11.24	Master Harsh Kumar celebrated his birthday with school mates.
	21.11.24	85+ NCC cadets alongwith Capt. Ashwani Sharma & Ms. Monika Khanna from Govt. Collage, Una visited Ashhraya. They organized a number of games, sports, cultural events, which were enjoyed by Spl. Children.
	21.11.24	Mrs . Anita Sharma, Judge, DLSA Una visited Ashhraya to make aware about their legal rights & duties.

	30.11.24	Our special children participated in Annual Sports Meet of SBS Model High School Sadar pur (Garhshankar) by presenting remix patriotic songs. They were specially invited. Dr. Mohinder Gopal & Mr.N.M. Nirmohi accompanied them.
Dec.25	03.12.24	Our special children along with their teachers Mrs. Renuka & Mrs. Pardeep Kaur visited NCSCDA Una for celebration of International Disability Day. Shipping, Lemon Race, Hurdle Race, Musical chair games were organized on this occasion.
	05.12.24	Mr. Balbir Singh celebrated his grandfather's birthday with cake cutting ceremony. He also provided certain stationary items for the use of special children.
	07.12.24	Mr. Satish Aery from Bedehar visited Ashhraya. He brought RATION for special children.
	09.12.24	Distt. Judge, Una inspected Ashhraya. Ramdeep Singh special child celebrated his birthday.
	20.12.24	Routine monthly checks up Govt. Doctor.
	21.12.24	Our 10 special children along with Dr. Mohinder Gopal, N.M. Nirmohi, Special Teachers, Mrs. Pardeep Kaur & Mrs. Hem Lata attended Annual Function of Vedanta International School, Chandpur. Our special children presented dance on 'Desh Bhakti' songs.
	30.12.24	Mrs. Meenakshi, Focal Point Nangal visited Ashhraya alongwith her son to celebrate his birthday. She donated 26 track suits.
	01.01.25	Ashhraya School students alongwith Mr.K.P.Sood & their teachers Mrs.Pardeep,Mrs.Raj Rani visited District Court Una to present New Year cards to various District authorities i.e. Deputy Commissioner, Additional Deputy Commissioner, District & Session Judge, SDM, Deputy Director Elementary Education and other dignitaries.All authorities were impressed with their gesture and greeted them by offering sweets.  Mr. Nitesh Thakur (SDA Complex Shimla), Mr. Ritesh Nayar,Mr. Rohit Bhardwaj and Mr. Ram Dass, Indian Oil Corp. Ltd. visited Ashhraya to interact with Special Children. They distributed refreshment.
Jan.	02.01.25	Mrs. Meenakshi from Nangal visited Ashhraya to deliver Yoga Mat, football, speaker, stationery items for the use of Special Children. She visits every year to provide necessary items to Special Children.
	06.01.25	Birthday celebration of Anvi Spl.Child. Mr.Kpil Supdtt. Distt.Court Una visited Ashhraya & provided Sumptuous Lunch to all students and staff. Mr. Varinder Kumar from V PO Jakhera visited Ashhraya for donation for the welfare of special children.
	09.01.25	Birthday celebration of Mr. Jashan (H.I.) (New Admission)
	10.01.25	Special Children & Special Staff celebrated lohri in advance as school will remain closed on that day. Sh.Shyam Gopal (Jakhera) & Mr. Sahil (Sector-2, Naya Nangal) alongwith family members

		visited Ashhraya to celebrate Lohri. They distributed Choclates, Toffee, Pastry, Moongfali Revadi etc.
	17.01.25	Mr. Anmol Kaushal (Former student of Ashhraya (alongwith his friend visited Ashhraya to celebrate his birthday.
	22.01.25	Mr. Kailash Chand Sharma (Morvadi Bhatoli) visited Ashhraya & donated stationery items, pack of Biscuits for the use of special children.
	23.01.25	Sub Fire Officer, Fire Station Una Mr.Suresh Kumar inspected Fire Safe-guards, Fire Fighting Systems. He also held a Fire Fighting drill/measure to be taken in case of fire. It was very useful exercise.
Jan.	30.01.25	Our students visited NCSC DA, Una alongwith their teachers. They presented Dance item & different game skills.
Feb.	01.02.25	Relative of our Special Teacher Mrs. Shamshad Begam visited Ashhraya to offer refreshments.
	05.02.25	Jhonson Lift staff visited Ashhraya to aware Special Children & staff regarding operation of newly installed lift. PPT was also displayed to depict various safe guards in case of any problem/difficulty observed.  Mrs. Anjana Raizada from District Court Una visited Ashhraya to celebrate her marriage anniversary.
	5.02.25	Mr. Baldev Thakur, a reporter from Naina Devi TV Channel (ND TV) visited Ashhraya to take holistic view of activities of Ashhraya. He interviewed Incharge, Ashhraya Dr.Mohinder Gopal, Special teachers, Special children in detail. He was very much impressed with the commitment and zeal of the Management to go extra for overall development of special children. A documentary was telecast thereafter to aware and sensitize the public at large particularly parents of special children.
	10.02.25	Stationery Items were provided to Ashhraya Special School by Mr. Ishak (Baddi) on his birthday. He visited Ashhraya alongwith his family members.
	14.02.25	Yoga training was imparted to special children under the guidance of Dr.Rahul Bhardwaj.
	19.02.25	Students alongwith their teacher Mr.Jasmer Singh (TGT Art) visited Ashhraya to interact with Ashhrayaa students.
	22.02.25	Manvi from Dehlan alongwith her family visited Ashhraya to celebrate her birthday.
	28.02.25	Mr. Sanjiv and Mr. Anand Kumar from CORD Sidhwari (Dharamshala) visited Ashhraya for identification of Deaf blindness in Divyangjan. They educated staff about Deaf blindness in detail. Aditi was identified as Deaf Blind accordingly. Sense International India was informed.
March	01.03.25	Twins Advitya & Atharav s/o Mrs. Shammi Thakur (Kharar) celebrated their first birthday through VC with Special Children.



	04.03.25	Distt. Judge Una visited Ashhraya for inspection.
	07.03.25	Dr.Ashwani Chaudhary, Medical Supdt. DMC&H Ludhiana alongwith Dr.Gurjeet Singh visited Ashhraya. They interacted with special children and all staff present and made aware that Free Medical Checkup has been arranged at NFL, Hospital, Nangal on 30.03.2025. They brought sweets for special children.
	15.03.25	Birthday of Mr.Shivaya S/o Mr.Gaurav Joshi (Badoli) was Celebrated with fun & Frolic.
	17.03.25	Birthday of Mr. Lakhvinder was celebrated with cake cutting ceremony.
	18.03.25	Mr. Sutinder Kumar Shastri (Barnoh)Distt.Convener, Gayatri Parivar, Shantikunj Haridwar celebrated his birthday with special children. Sumptuous Lunch was served to special children & staff.
	24.03.25	PTM was organized. 52 parents participated in the meeting. Mr.N.M.Nirmohi, Director, Ashhraya Projects conducted meeting. Parents were informed about Ashhraya activities particularly achievements of special children. Annual results were also announced. Certificates were handed over to those students who qualified 8 <sup>th</sup> class. Feedback/suggestions for further improvement were sought. Dr.Mohinder Gopal, Mr.Ashwani Kalia,Mr.K.P.Sood graced the occasion.
	30.03.25	DMC & H Ludhiana arranged free medical checkup camp at NFL Hospital Naya Nangal. Our 52 special students were taken to the Camp for checkup. Besides, free checkup, some of the students received Jute Bags containing refreshment, stationery items as a token of Gift. Special Children were pleased to have gifts. Ashhraya sent special thanks letter to the Organizers for this noble cause.

## **8.) SPORTS**

### **HUM ME HAI DUM** (हम में है दम)

Every year our Special Children participate in sport/cultural activities at District/ State Level organised by the Youth Affairs and Sports Department Govt. of Himachal Pradesh.

On July 27,2024, our students Ms.Nishi, Mr.Raman & Mr.Nishant Chabba alongwith their Coaches Mr.Mohit & Mrs. Hemlata participated in BOCCI game organized by Special Olympic Bharat at Hamirpur, Anu. Both Boys & Girl team secured second position.

## **9.) Pension for Special Children**

Ashhraya does not limit itself for merely imparting training, education or sports/culture activities but believes in overall development & progress of each & every child. With the sincere efforts of our Special Educator Mr. Mohit Kumar &Co-operation extended by Social Welfare Deptt. Una a number of Special Children has been provided with pension facility by Social Welfare Dept. Una.

## **10.) Inspection /Visits**

Annual, quarterly regular inspections were carried out by Social Welfare Deptt. Una/ Distt. / State Authorities.

## **11.) Profile**

Every child is special & different. Separate activity profile is maintained for each & every child. Weekly, monthly, quarterly and annual progress is recorded in the profile. Annual report of each child is submitted in which all traits, 5 fold developments are duly recorded. This gives a fair picture of the progress made by the special child.

In a next step to provide selfless service to old aged and needy persons, the Institution purchased land and complete construction has been scheduled in three phases. Phase I & II is complete & functional. Construction of Phase III is in progress.

## **ARADHANA**

A Self-Help Group was formed by Ashhraya, Dehlan with the financial help from “Maa Chintpurni Trust” under the noble guidance of Worthy Deputy Commissioner– cum-Commissioner (‘Maa Chintpurni Trust’), Una and Principal, National Career Service Centre for differently abled at Una. This project is financially meaningful for ‘*Divyangjans*’, Self Help Group. The product items of the group are Jyoti, Dhoopbatti, Chunari, Paper bags etc. and the profit after sale of products in the market is distributed to ‘*Divyangjans*’ as their earning.

The profit is distributed in the group. Production of other materials as per the market demand is also the goal of this group in future. The profits from the sale of the produced material will be beneficial for the economic progress of the disabled persons.

## **ASHHRAYA PRODHA**

### **(Varisth Nagrik Suvidha Kendra)**

Ashhraya Prodhaa (*Varisth Nagrik Suvidha evam Aavas Kendra*) at V.P.O Charatgarh District Una is functional. **9 ( 4 Male & 5 Female)** are residing permanently in Ashhraya Prodhaa.

Day Care Centre (*Varisth Nagrik Suvidha Kendra*) is catering free of cost services to Senior Citizens of the area for living enjoyable life.

Ashhraya Prodhaa (*Varisth Nagrik Suvidha evam Aavas Kendra*) at V.P.O Charatgarh, Distt. Una (H.P.) commenced its charitable services with the opening ceremony function held on the auspicious occasion of 10<sup>th</sup> April 2022 (Ram Navmi). Distinguished guests (very senior citizens ageing above 90), general public graced the function. On 9<sup>th</sup> September 2022 worthy Deputy Commissioner Una Shri Raghav Sharma handed over keys of a room at Ashhraya Prodhaa to its first beneficiary Mrs. Nirmla Devi in the presence of Shri Suresh Kumar Ayri, President, HRPC& WA along with Prodhaa Staff.

It may not be out of place to mention that we were able to establish Varishth Nagrik Suvidha Kender (वरिष्ठनागरिकसुविधाकेंद्र) with grant -in aid by H.P. State Govt. The Id. Director, Mr. Vivek Bhatia, Dept. of Social Justice, Empowerment, SC/ST & Minorities, Govt. of Himachal State, Shimla visited this centre in Feb. 2022. Media helped in propagating aims & objectives of वरिष्ठनागरिकसुविधाकेंद्र in District Una. We have a group of **58** Senior Citizens/ beneficiaries, enjoying **the free day- care services**: Physiotherapy (Tuesday), Bhajan- Kirtan (Once a week), Yoga & meditation (Once a week, usually holiday), Get-together (Baithak, Monthly) at 'Ashhaya Prodhaa', Daily newspaper- and religious, other books- magazines are available at centre.

"Havan" is Performed in the premises every second Sunday of the month regularly.

With the almost 3/4<sup>th</sup> completion of the building during FY 2024-25, we aim to provide charitable services to more senior citizens, including inmates who are in need of care. We can accommodate 70-80 Senior Citizens.

Day care services like Physiotherapy / Counselling / Medical care are being provided on regular basis. Every Tuesday Physiotherapist & every Saturday Govt. Doctor visit the Centre. Sr. Citizens do visit Centre for meditation /yoga /spiritual songs. Recreational facilities are being provided. Monthly meeting of Sr. Citizens is also held to seek their feedback/suggestions for further improvement.

<b>ACTIVITIES CONDUCTED DURING THE FINANCIAL YEAR 2024-2025 (1.4.2024 to 31.3.2025) IN CHRONOLOGICAL ORDER (ASHHRAYA PARODHAA)</b>	
<b>Date</b>	<b>Particulars</b>
2/4/2024	Initiation of the construction work of Phase III i.e." C/O <b>Common Facility Centre near Multipurpose Building at Old Age Home</b> , Charatgarh District Una (HP)
17/4/2024	Celebration of Ram Navmi in the presence of local villages at VNSK-cum-Old Age Home.
1/5/2024 to 4/5/2024	With the active support and patronage of Sh.Sutinder Kumar Shashtri District Convener Gayatri Parivar Haridwar and his team member viz. Sh. Onkar Chand Sharma, Sh. Banka Ram Sharma, Sh.Sanjeev Rattan, Mrs. Kamalsheel,Sh.Ajit Jaswal, Sh.Dhani Ram, Mrs.& Mr.Ashok Sharma, Mr.Mahesh Kumar, Mrs. Poonam Sharma & Sh. Amar Singh Rao, 9 Kundi Gayatri Maha Yagya evam Prgya Puran Katha Vachan by Pragya Puran Vachak Shashikant Shastri Member, Gayatri Parivar, Shantikunj Haridwar took place in the presence of devotees, senior citizens of near-by villages from May 01 , 2024 to May 04/2024 (4 days). Special Children & ALL staff of ASHHRAYA Special School Dehlan came all the way from Dehlan to offer Poorn Ahuti in the Gayatri Maha . Bhandara (भंडारा) was also served on the conclusion of Pragya Puran Katha.

16/5/2024	जिला विधिक सेवा प्राधिकरण ऊना की सचिव श्रीमती अनिता शर्मा ने VNSK Avam आश्रय प्रोधा, वृद्ध आश्रम चड़तगढ़ का आकस्मिक दौरा किया और आश्रम की गतिविधियों का जायजा लिया। उन्होंने आश्रम में रह रहे बजुर्गों और उपस्थित अन्या वाजुर्गों से उन्हें मिलने वाली सुविधाओं के बारे जानकारी ली और बेहतरी के लिए उनको दिए जा रहे भोजन/नाश्ते का भी निरीक्षण किया। आश्रम के स्टाफ से भी उन्होंने पूछताछ की और उनको आवश्यक दिशा निर्देश दिए।
4/8/2024	Sh.Prem Chand s/o Sh. Sant Ram,(Beneficiary) Sant Narankari Bhawan Railway Road, Nangal who was residing in Old Age Home Charatgarh since 14 <sup>th</sup> March,2023 left for heavenly abode on 4/08/2024
21/8/2024	आश्रय पुरोधा चड़तगढ़ में विश्व वरिष्ठ नागरिक दिवस मनाया गया। इस समारोह की अध्यक्षता जिला विधिक सेवा प्राधिकरण की जिला न्यायालय सचिव मैडम अनिता शर्मा ने की। इस अवसर पर जिला सचिव ने वरिष्ठ नागरिकों को सम्मानित किया। वरिष्ठ नागरिकों को पेश आने वाली समस्याओं के निदान के बारे में जानकारी देते हुए कहा कि बुजुर्ग हमारी धरोहर है और उनकी सेवा में कोई कमी नहीं आनी चाहिए।
19.09.2024	Baba Karam Yoga Anand, Shiv Mandir Rakkar,Una was residing in Oldage Home since 19.05.2024 left for heavenly abode on 19/09/2024.
01/10/2024	i) Secretary, District Legal Services Authorities (DLSA) Ms. Anita Sharma visited VNSK-cum- Old Age Home to celebrate International Day for Older Persons. She discussed various aspects/rights about the Legal services for senior citizens and other Govt. welfare schemes for the old age persons. ii) Ms.Anita Sharma Distt. Welfare Officer, Una visited Old Age Home to celebrate International Day for Older Persons.
27.10.2024	Ld Addl.CJM Vishal Kaundal organized a camp with the Senior citizens and the beneficiaries of Old Age Home and appraised the legal rights/services of the Senior citizens.
28/10/2024	On dated 28 <sup>th</sup> October,2024, Smt.Sonia w/o Sh. Ranvir Kumar resident of Vill.& P.O. Koyenda Distt.Shekhpora Thana Ariyari Bihar Patna who arrived for permanent shelter at Charatgarh. As she was not a Senior Citizen hence she was handed over to One Stop Centre Una through Police Deptt. Mehatpur District Una.
31/10/2024	Sh. Jatin Lal, IAS Deputy Commissioner, Una visited Ashhraya Parodhaa VNSK-cum- Old Age Home to celebrate Diwali festival with the Senior citizens & the beneficiaries residing in Old Age Home. He was impressed with the way the team takes care of the senior citizens.
23.11.2024	On dated 23 <sup>rd</sup> November,2024, Sh.Santokh Singh resident of Samthen (Golthai) Bhakhra who was found abandoned in the village on the initiative of local villages he was rescued by Old Age Home personnel. Subsequently he was handed over to his son and relatives by completing all formalities.
10/12/2024	Celebration of Human Rights Day at VNSK-cum- Old Age Home. Various aspects/rights relating to senior citizens were discussed in the meeting.

11/12/2024	Sh. K.L.Verma Block Development Officer, Una along with technical team visited VNSK-cum- Old Age Home to review of all ongoing works under various components i.e. VMJS, MGREGA, SBM etc. Progress of work monitored and future planning was discussed.
20/02/2025	Ld Addl.CJM Vishal Kaundal visited Old Age Home on the occasion of "World Day of Social Justice" and apprised about legal rights/services available to Senior citizens. The Senior citizens and the beneficiaries were advised about the importance & purpose of the day.
21/3/2025	Secretary, District Legal Services Authorities (DLSA) Ms. Anita Sharma visited VNSK-cum- Old Age Home and interacted with the beneficiaries residing at the center/non-residents. She enquired from the Senior citizens of their well-being and had the round of the center to check the facilities available to the beneficiaries. She also appreciated the cleanliness & services of Centre.
30.3.25	DMC & H Ludhiana arranged free medical checkup camp at NFL Hospital Naya Nangal. Inmates from Ashhraya Prodhaa were taken to the Camp for checkup.

**APPRECIATION: -HIGH COURT OF HIMACHAL PRADESH, SHIMLA**

It is to place on record that no shortcoming/ deficiency were noticed in your institute during the inspection conducted by the Ld. District and Session Judge, Una on 28.05.2018 hence; this appreciation certificate is being issued for the commendable work done by you as per the direction of Hon'ble Justice Committee, High Court of Himachal Pradesh.

Sd.  
(Rakesh Kainthla)  
District and Session Judge

**Conclusion: -**

The basic underlying principle is "Who owns Ashhraya, Ashhraya own him/her". It is Home for Human Rights. Ashhraya stands for "Shelter". It is open for all needy members of our human family irrespective of caste, creed, status etc. (PROJECT ASHHRAYA IS LOCATED IN RURAL AREA)

Of course, this project is only 14 years old and has a long road (objectives) to travel (attain). It is neither one Man's dream & idea nor one's ambition. Let us join together to mitigate the suffering of special children, deprived section of our human society.

"My **ability** is stronger than..My **disability!!**"

"Let us do it together, together we can."

“ उठो जागो और तब तक मत रुको जब तक लक्ष्य की प्राप्ति न हो जाये ”

**Ashhraya (आश्रय)**  
**SadyanaTobba,Dehlan**  
**Distt. Una (H.P) 174306**



