

# EK PEHAL PUBLIC CHARITABLE TRUST

Address: - Gram & Post Madhupur Robertsganj Sonbhadra U.P-231216

# **Annual Reports - 2024-25**

## **Registration Details:**

Registration Number:	202101005006708
Date of Establishment:	25/06/2021
Income Tax Registration (PAN):	AABTE3674K
NITI Aayog Registration No.:	UP/2024/0389249
PwD Registration No.:	6032/R/OL/2025-26
CSR Registration No.:	CSR00067322
12A Registration No.:	AABTE3674EK20231
80G Registration No.:	AABTE3674KF20241

# **Correspondence Address:**

#### Kridha Hearing & Speech Clinic,

Near Prabha Guest House, Dharmshala Chauraha, Robertsganj, Sonbhadra, Uttar Pradesh – 231216

Mobile: 9687017277 / 7307133951Email: ekpehalngo1@gmail.com

• Website: www.ekpehalngo.in

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Centre

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# **Board Member: -**

Sr.	Name	Address	Email	Designation	
No					
1	Dr. Visheshwar Chauhan	Gram & Post Madhupur Robertsganj Sonbhadra UP- 231216	visheshwar92@gmail.com	President	
2	Dr. Ankita Tiwari	Shankheshwar Building Near IP Mart Madhupur Robertsganj Sonbhadra UP - 231216	ankita.tiwari.0908@gmail.	General Secretary	
3	Mr. Suresh Tiwari	MIG 128, Mahadev Parisar, Dhanvantri Nagar, Jabalpur - 421001	tiwari.suresh@gmail.com	Secretary	
4	Mr.Ajit Kumar	Madhupur, Robertsganj Sonbhadra - 231216	ajeetkumarsp@gmail.com	Treasure	
5	Mr. Mukesh Dwivedi	Parahi Robertsganj Sonbhadra 231216	mukeshduvey1999@gmail.	Media Coordinator	
6	Advocate Ravikant Pandey	Bhavanipur Road, Madhupur, Robertsganj Sonbhadra - 231216	rk.pandey.adv8@gmail.co m	Legal Advisor	
7	Advocate Manoj Kumar	Khairpur Karma Robertsganj Sonbhadra - 231216	mk3874421@gmail.com	Senior Legal Advisor	

## **Organization's Bank Account Details:**

Bank Name: State Bank of India

Branch: Madhupur

Branch Address: Madhupur, Robertsganj, Sonbhadra, Uttar Pradesh – 231216

**Account Number:** 42673425914

IFSC Code: SBIN0012728

# Introduction

#### **Our Belief:**

Ek Pehal believes that **timely intervention in childhood can transform the life trajectory of a child with special needs**. With the right support, these children can achieve their full potential and live a life of dignity and independence.

#### A Positive Message of Hope

"Every child is unique and full of potential. With love, support, and timely care, no dream is too big and no challenge insurmountable. At Ek Pehal, we believe in nurturing possibilities and shaping brighter futures for all."

Through these multidimensional efforts, **Ek Pehal Public Charitable Trust** continues to make a meaningful contribution toward building a more **just**, **inclusive**, **and empowered society**.

#### **Background of the Organization:**

The primary objective of *Ek Pehal Public Charitable Trust* is to make consistent and positive efforts towards the rehabilitation of persons with disabilities. It is a voluntary, non-political, non-profit organization, duly registered under the Indian Trust Registration Act of 1860 and also holds certifications under Sections 12A and 80G of the Income Tax Act. Additionally, it is registered under the Rights of Persons with Disabilities (PwD) Act.

The Trust operates in the remote areas of Robertsganj block in Sonbhadra district, Uttar Pradesh. It works towards empowering marginalized and impoverished communities through the formation and strengthening of community groups and committees. These efforts are carried out through training, education, and regular meetings, ensuring active participation of the target communities in claiming their rights and entitlements.

# OUR INTERVENTIONS, STRATEGIES AND PROGRAMMES \_\_\_\_\_

#### Vision of the Organization:

To contribute towards building a healthy, inclusive society where all sections of the community—especially the marginalized and underprivileged—receive equal opportunities for social justice, self-reliance, and holistic development.

The organization specifically focuses on early identification and early intervention models, as guided by the Rights of Persons with Disabilities (RPwD) Act, 2016. The aim is to create inclusive, barrier-free environments both at home and at the center for children and individuals with disabilities. Based on their unique needs, the organization offers specialized educational programs, adapted learning materials, assistive devices, vocational training, and curriculum modifications, all tailored to promote independent living and meaningful participation in society.

As per the RPwD Act, 2016, 21 types of disabilities are recognized. Among them, conditions like Autism Spectrum Disorder (ASD) and Cerebral Palsy require focused attention. Our surveys have revealed a higher prevalence of such cases in our service areas.

#### Holistic Development of Children with Special Needs

One of the primary focus areas of Ek Pehal is the **holistic development of children with special needs**. The Trust offers the following key services to support such children:

- Special Education
- Speech Therapy
- Occupational Therapy
- Music Therapy
- Physiotherapy
- Vocational Training

These services aim to strengthen the physical, mental, and emotional well-being of children with disabilities, enabling them to lead more self-reliant and satisfying lives.

#### Other Major Areas of Work

In addition to working for children with special needs, the Trust actively contributes in several other critical domains:

#### 1. Women Empowerment

Skill development programs, awareness campaigns, and self-employment initiatives are organized to help women become self-reliant and confident contributors to society.

#### 2. Environmental Initiatives

Through tree plantation drives, cleanliness campaigns, and environmental education, the Trust promotes sustainable living and ecological responsibility.

#### 3. Social Welfare

Efforts include support for the elderly, distribution of food and clothing to the needy, and organizing health awareness and medical camps.

#### 4. Computer Literacy

To bridge the digital divide, free computer education programs are run for children and youth, enabling them to build a better future in the digital age.

#### 5. Free Higher Education

In collaboration with the **Rosemine Educational Trust**, the organization provides **free higher education** to both mainstream and special-needs children, ensuring that financial limitations do not hinder their academic and personal growth.

### **Current Operational Areas:**

The organization is actively working across various development blocks and backward villages in Sonbhadra district. Through comprehensive surveys, it identifies persons with disabilities and marginalized women from Dalit communities. Programs are then designed to foster their social, economic, intellectual, and educational development.

#### **Core Activities:**

The Trust assesses the present condition of persons with disabilities and works to address their needs by focusing on personal, social, educational, vocational, and recreational skill development. Tailored intervention plans are created to resolve challenges and promote their overall well-being and integration.

# **Our Strategies**

The values that have guided EK PEHAL as an organization, helped us make decisions in the most challenging situations and navigate through the phenomenon of violence and abuse are:

#### Respect

We respect ourselves, express our opinions, suggestions and feelings with dignity. We listen to and welcome diverse perspectives and have a deep regard for others even when their beliefs are different from our own.

#### Accountability

We deliver what we have promised. We take responsibility for our own actions and outcomes. We are responsible for ourselves, the organization and all internal and external stakeholders.

#### **Transparency**

We are transparent about our values and policies, our failures and mistakes and openly share our ideas and knowledge with all internal and external stakeholders.

#### **Integrity**

We value being honest and true to ourselves and being authentic and consistent in our behavior, actions and words.

#### **Quality Driven Excellence**

We strive to become better than we are today by challenging assumptions, demonstrating agility and being thoughtful. We are forever learners and relentless in the pursuit of maintaining quality and evolving creative, innovative and effective solutions.

#### **Passion**

We are a passionate group of people who are not afraid to be hopeful, demonstrate enthusiasm and stand by our belief of an abuse-free world for children.

#### Perseverance

We believe everyone who takes an idea and makes it into something meaningful does it through hard work, tirelessness and diligence. We stay undeterred as we navigate through the phenomenon of violence and abuse undamped by discouragement, opposition or failure.

#### **Empathy**

We work towards creating a caring environment internally and externally – we connect, listen, think and respond deliberately by understanding diverse perspectives and circumstances.

#### Compassion

We make an effort to know our external stakeholders and act on that knowledge with positive intent to support them in their journey of healing.

#### **Fairness**

We put in the effort, time and resource required to take just and equitable decisions for all internal and external stakeholders.

#### **Trust**

We have faith in human potential – both in being able to initiate change and to be resilient in the face of adversity

# Early Intervention in Child and Brain Development ————

Ek Pehal Public Charitable Trust plays a pivotal role in the area of **Early Intervention** for the holistic development of children with disabilities. This program is specially designed for children aged **0** to **6** years who may be experiencing developmental delays or disabilities.

#### **About Early Intervention**

Early Intervention refers to identifying and addressing developmental or disability-related challenges in young children as early as possible. The goal is to provide timely therapeutic and educational support to enhance their **physical**, **cognitive**, **emotional**, **and social development**.

#### **Key Services Offered Under Early Intervention:**

• Screening & Assessment:

Regular evaluations by professionals to determine the child's developmental level.

#### • Special Education:

Personalized education plans tailored to the child's abilities and needs.

#### • Speech Therapy:

Programs focused on improving speech and language skills through sensory language development techniques.

#### • Occupational Therapy:

Focus on developing motor skills to enhance independence in daily activities.

#### • Physiotherapy:

Therapies to strengthen muscles and improve body balance and coordination.

#### • Parent Counseling and Training:

Support and guidance for parents to help them understand their child's needs and become active partners in their development.

#### Home-Based Program:

For children unable to attend the center, personalized therapy and educational support is provided at home.

#### **Impact and Goals of Early Intervention:**

- Children become school-ready and more socially adaptive.
- Improvement in behavior, communication, and independence.
- Families become more confident and actively involved in their child's progress.

# Establishment of Comprehensive Rehabilitation Centre:

The *Ek Pehal Public Charitable Trust* has established the **Kridha Ability Development Centre** in the Madhupur area for children and adults with disabilities. The center is dedicated to providing **comprehensive rehabilitation services**, including various therapies and specialized education.

Under this initiative, the following services are offered:

- Speech Therapy
- Occupational Therapy
- Physiotherapy
- Special Education
- Music Therapy

The center also conducts continuous programs for the



**mental well-being of parents** of children with disabilities, ensuring they receive emotional support and guidance, which in turn reflects positively on the development of their children.

As per available information, this is the **first rehabilitation center of its kind in the Sonbhadra district**, where all essential therapies are provided **under one roof** by qualified professionals and trained specialists.

So far, the organization has successfully integrated around **32 children into mainstream society**. These children, along with their regular school teachers, are regularly monitored and supported by the Trust to ensure their continued progress and inclusion.

Additionally, through the **Community-Based Rehabilitation (CBR)** approach, the Trust has been conducting surveys in various rural and urban areas to **identify children with disabilities and provide necessary consultations**, thereby making healthcare and rehabilitation services more accessible, especially to families from labor and economically weaker backgrounds.

# Free Health and Medical Camp:

The *Ek Pehal Public Charitable Trust* organized a **free health and medical camp** to provide medical consultation and distribute essential medicines at no cost. The camp was conducted in the village of **Gadhaigadh**, where **hundreds of local residents** benefitted from the initiative.

During the camp, it was observed that a significant number of individuals were suffering from illnesses such as typhoid, primarily caused by contaminated drinking water. Special attention was given to pregnant women, who were educated about the importance of maintaining a healthy daily routine, proper nutrition, and the timely intake of essential



medications for the well-being of both mother and child.

Additionally, the camp featured an **Early Identification and Early Intervention program** specifically designed for **children with disabilities**. Emphasis was placed on the importance of **conducting hearing tests and necessary screenings immediately after birth**, as early detection plays a vital role in ensuring timely intervention and rehabilitation.

During the event, the Trust facilitated **free hearing tests for children and adults**, through which **a large number of individuals were screened and benefitted**. The initiative highlighted the Trust's commitment to early diagnosis, health awareness, and inclusive community development, especially among underprivileged and marginalized populations.

"Not Sympathy, But Support" Every year, the Kridha Ability Development Centre organizes a grand Disability Awareness Program on the occasion of World Disability Day. The event features active participation from children, parents, and

members of the organization, who take part in various engaging activities such as:

- Speeches
- Dance performances



• Fancy dress competitions

The program also includes insightful sessions led by **eminent guests and medical professionals**, who share valuable information and ideas aimed at **reducing the severity and impact of disabilities** in future generations through awareness and early intervention.

This event witnesses a **large number of participants** from the community and plays a vital role in promoting **social inclusion** and creating a more **supportive and empathetic society** for persons with disabilities.

# World Autism Awareness Day – Awareness Program by Kridha Ability Development Centre ————

On the occasion of World Autism Awareness Day, Kridha Ability Development Center organized a special awareness program for parents to educate them about Autism (Swaleenta). The session focused on how technology can be used as a tool to bring

positive behavioral changes in children with autism.

Ms. Pragya Bhardwaj, Director of The Pencil Path Foundation,

was invited as a guest speaker. She explained how minor changes in daily routine and a shift in **social mindset** can help children with autism develop better behavior and



communication skills. The parents were encouraged to be more patient and adaptive in their parenting techniques. The program saw active participation from many attendees, creating a vibrant and supportive environment.

#### About World Autism Awareness Day: World Autism Awareness Day,

celebrated every year on **April 2nd**, is an internationally recognized day declared by the United Nations. The day aims to **increase understanding, acceptance, and support for individuals with autism**. It promotes early diagnosis, inclusive education, accessible healthcare, and equal rights for individuals on the autism spectrum.

#### Ek Pehal Public Charitable Trust's Role on World

# **Autism Awareness Day:**

**Ek Pehal Public Charitable Trust**, which has been working actively in the disability sector since 2021, marks **World Autism Awareness Day** with a series of impactful initiatives:

- **Awareness Sessions** for parents, educators, and the general public about the early signs, challenges, and interventions related to autism.
- Workshops and Talks with therapists, psychologists, and special educators to discuss inclusive strategies for autistic individuals.
- **Technology-based Demonstrations** on how assistive tools and apps can enhance learning and behavior in children with autism.
- Community Engagement Activities, such as art, music, and social interaction programs to break the stigma and encourage inclusion.
- **Blue Campaigns**, where volunteers and staff wear blue and illuminate buildings in blue lights to spread awareness and solidarity.

Through these initiatives, **Ek Pehal Public Charitable Trust** strives to create a **more inclusive**, **understanding**, **and compassionate society** for children with autism and their families.

# Free Disability Assessment and Medical

# **Camp**

On the occasion of **World Hearing Day**, *Ek Pehal Public Charitable Trust* organized a **Free Hearing Assessment Camp** at *Employees State Insurance Hospital, Renukoot*. The camp included services such as **hearing tests**, **physiotherapy**, **occupational therapy**, **speech therapy**, and **special education assessments**.

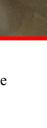
The initiative benefitted individuals facing challenges related to **hearing, speech, mobility**, and **social interaction**. Dr. Ankita Tiwari delivered an awareness message emphasizing the importance of protecting hearing health. She advised avoiding loud noises, earphones, and pollution, and encouraged regular ear check-ups. She also highlighted the importance of early hearing assessments for young children who do not respond to sounds and recommended visiting hearing and speech specialists.

The event witnessed the presence of **Dr**.

the presence of Dr.
Visheshwar
Chauhan, Mr. Sunil
Kumar Maurya
(ESIC), Chief
Medical Officer Dr.
Ashutosh Dutt
Tripathi, Dr.
Akhilnand, Dr.
K.C. Gupta, Dr.
Anand Kumar

Patel, and Mr.
Anurag Kumar.





Hundreds of people benefited from the camp, and the active participation of the entire **ESIC hospital staff** played a commendable role in making the event successful.

# **Parents Training Program**

Kriddha Ability Development Center regularly organizes Parent Training Programs for parents of children with special needs (divyang children). The objective of these programs is to help parents better understand their child's needs, developmental milestones, behavior management techniques, and communication skills. This initiative not only accelerates the child's development but also empowers the entire family.

#### **Objectives of the Parent Training Program:**

1. To create awareness among parents about the special needs of their children.



2. To provide information about

therapeutic and educational interventions.

- 3. To teach practical techniques that can be implemented at home with the child.
- 4. To explain the role of parents in the child's social, cognitive, and language development.
- 5. To reduce mental stress and promote a positive mindset among parents.

#### **Key Benefits of the Program:**

#### 1. Improved Child Development:

When parents learn and apply the right techniques in daily life, the child's cognitive, linguistic, social, and physical development improves significantly.

#### 2. Enhanced Communication Skills:

Parents are introduced to new methods of communication – such as sign language,

use of pictures, AAC devices, etc. – which enhance the child's ability to express and understand.

#### 3. Increased Parental Confidence:

Training boosts the confidence of parents in raising their child. They become more capable in making informed decisions and selecting appropriate support services.

#### 4. Positive Family Environment:

As family members begin to understand the child better, the overall family atmosphere becomes more supportive and positive.

#### 5. Support for Social Inclusion:

Through training, parents play an active role in integrating their children into mainstream society – such as enrolling in schools, participating in sports, and other activities.

#### 6. Emotional Support and Networking:

These programs provide an opportunity to meet other parents, share experiences, and create an environment of emotional support and collective problem-solving.

#### Role of Kridha Centre:

Kriddha Ability Development Center conducts these programs with the help of trained therapists, special educators, psychologists, and speech-language experts. The sessions include workshops, lectures, group discussions, demo sessions, and one-on-one counseling. These programs are organized at regular intervals – such as monthly, quarterly, or annually.

#### **Conclusion:**

The Parent Training Program organized by Kriddha Ability Development Center is a powerful initiative that not only supports the growth and development of children with special needs but also empowers and strengthens their parents. Such programs help raise awareness in society and serve as a strong step toward inclusive education and living.

# Success Story ——

The First Pearl of Mainstreaming: Master Vidit Sharma, a 3-year-old child, came to the organization along with his parents. Their concerns included that the child could not sit in one place, frequently repeated spoken words, avoided eye contact, did not play with other children, lacked social interaction, and was unable to follow given

instructions.

After a detailed diagnosis, it was found that Vidit was on the Autism Spectrum. Following this, he underwent a comprehensive one-year program at the center that included Occupational Therapy, Speech Therapy, and Special Education.



Significant improvements were observed in Vidit's development through this therapy plan. He was able to achieve all the developmental milestones appropriate for his age and was eventually ready to attend school.

Today, Vidit goes to a regular school, studies with mainstream children, and is even the **captain of his class**. With continued support, he is on the path to becoming a responsible and contributing citizen of the country.

This transformation was made possible through the dedicated efforts of the organization's therapists and the active support of his parents.

#### The Second Pearl of Mainstreaming:

Master Kanishk Pathak came to the organization at the age of 4, where he was diagnosed with **mild-level Autism**. Through the dedicated efforts of the therapists at **Krudha Ability** 

**Development Centre** and the unwavering commitment of his parents, Kanishk has now become a part of mainstream society.

Despite living far from the center, his parents never missed a single therapy session and continued to bring him regularly without any breaks. As a result of this consistent effort, Kanishk was able to start school at the right age, just like any other child.

This inspiring journey is a testament to the power of early intervention, consistent therapy, and strong parental involvement.

#### **Stars on Earth:**

Master Yatharth Kesari, a 5-year-old child, came to the organization with his parent due to difficulties in behaving like other children in his class and challenges in learning. Upon assessment, it was found that he had a **Learning Disability**.

After nearly one year of **special education**, Yatharth began learning effectively alongside children of his age. Thanks to the early identification and appropriate intervention by the therapists at the center and the timely support of his parents, Yatharth is now successfully integrating into mainstream society.

There are countless children like Yatharth in our community hidden gems—who are living with



invisible disabilities, often unnoticed. It is crucial to **recognize these children early** and bring them into the mainstream through the right support and rehabilitation.

## BALANCE SHEET AS AT 31<sup>ST</sup> MARCH ,2025

#### Name of the Trust – EK PEHAL PUBLIC CHARITABLE TRUST

Registration No: IV54/2021 U.P

#### EK PEHAL PUBLIC CHARITABLE TRUST MADHUPUR,ROBERTSGANJ,SONEBHADRA(U.P.) BALANCE SHEET AS ON 31ST MARCH, 2025

LIABILITIES		AMOUNT	ASSETS	AMOUNT
Capital Fund:			FIXED ASSETS:	
Opening Balance	77,673.00		Almira	9,300.00
Fund Introduced	-		Furniture & Fixtures	12,600.00
Add: Excess of Income over	12,150.00			12,000.00
Expenditure		89,823.00		
			CURRENT ASSETS:	
			Cash and Bank Balance	67,923.00
		89,823.00		89,823.00

Compiled on the basis of Information & explanation produced to us For : ANUGRAH & ASSOCIATES

For: EK PEHAL PUBLIC CHARITABLE TRUST

(Secretary)

Date: 10.06.20 5 IV5Al Place: Sonebhadra UDIN:-25436414BMGTMM2899

CHARTER A LESS ENTANTS

#### INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING: 31ST MARCH, 2025

#### EK PEHAL PUBLIC CHARITABLE TRUST MADHUPUR, ROBERTSGANJ, SONEBHADRA (U.P.) INCOME AND EXPENDITURE ACCOUNT

(FOR THE YEAR ENDED 31ST MARCH 2025

EXPENDITURE	AMOUNT	INCOME	AMOUNT
To Donation & Distributions	5,10,965.00	By Donations	14,75,965.00
To Printing & stationery	6,875.00		
To Program & Events	6,81,434.00		
To Festival & Celecration Exp.	19,854.00		
To Misc. Exp.	1,876.00		
To Electricity Exp.	20,854.00		
To Wages & Hire Charges	96,985.00		
To Sweeping & Cleaning Exp.	18,746.00		
To Salary of Worship Men	48,750.00		
To Pooja Exp.	8,596.00	The second secon	
To Tools & Equipments	41,859.00		
To Service Charges	3,700.00		
To General Exp.	3,321.00		
To Excess of Income over Expenditure	12,150.00		
	14,75,965.00		14,75,965.00

Compiled on the basis of Information & explanation produced to us

For: EK PEHAL PUBLIC CHARITABLE TRUST

(Secretary)

Date: 10.06.2025 Place: Sonebhadra

(Presider

For: ANUGRAH & ASSOCIATES CHARTEREDASSEQUNTANTS

UDIN:-25436414BMGTMM2899

# STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDING $31^{\rm ST}$ MARCH 2025

#### EK PEHAL PUBLIC CHARITABLE TRUST MADHUPUR,ROBERTSGANJ,SONEBHADRA(U.P.) RECEIPT AND PAYMENT ACCOUNT

(FOR THE YEAR ENDED 31ST MARCH, 2025)

RECEIPT	AMOUNT	PAYMENT	AMOUNT
To Opening Cash and Bank Balance	55,773.00	By Donation & Distributions	5,10,965.00
		By Printing & stationery	6,875.00
To Donations	14,75,965.00	By Program & Events	6,81,434.00
		By Festival & Celecration Exp.	19,854.00
		By Misc. Exp.	1,876.00
		By Electricity Exp.	20,854.00
		By Wages & Hire Charges	96,985.00
		By Sweeping & Cleaning Exp.	18,746.00
		By Salary of Worship Men	48,750.00
		By Pooja Exp.	8,596.00
		By Tools & Equipments	41,859.00
		By Service Charges	3,700.00
		By General Exp.	3,321.00
		By Closing Cash and Bank Balance	67,923.00
	15,31,738.00		15,31,738.00

Compiled on the basis of Information & explanation produced to us

For: EK PEHAL PUBLIC CHARITABLE TRUST

(President)

Date: 10.06.2025 Place: Sonebhadra For: ANUGRAH CASSOCIATES
CHARTERED ACCOUNTANTS

UDIN:-25436414BMGTMM2899



A heartfelt thank you to our donors, partners, volunteers, and supporters for your generous contributions and unwavering support. Your dedication helps us continue making a meaningful impact in the lives of those in need. We are deeply grateful for your trust and commitment to our cause.

Together, we look forward to a brighter future.



# **Contact Now**

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