

NIDAAN INSTITUTE OF REHABILITATION & TRAINING AND INCLUSIVE SCHOOL

RUN BY NIDAAN SEWA SAMITI (Reg. No. 28018/14)

ANNUAL REPORT 2019-2020

 B - 291 SHAHPURA, OPP. BANSAL HOSPITAL, BHOPAL 462039
CONTACT - 9826398520; 9826934500
Mitridaan@gmail.com
Www.nidaann.com
Midaan institute of rehabilitation & Training (NIRT)

ENROLLMENT OF NADAANS@NIDAAN



STATISTICS HUMAN RESOURCES@NIDAAN



VOLUNTEERS@NIDAAN



COMMUNITY OUTREACH PROGRAMME (Beneficiary)@NIDAAN



GENERAL INTRODUCTION

"NIDAAN" is an unaided non-government organization, dedicated for the cause of Mental Health of Individuals. NIDAAN works in one of the most neglected areas of health i.e. Mental Health. Mental Health is not a priority as a health as a health issue in any part of the world, more so in developing nations like India. NIDAAN thrust is twofold – one, to establish Mental Health within the main stream health paradigm of India and second, to 'speak for' a large population of people with mental illness and their right to a professional and inclusive system of care and treatment. NIDAAN INSTITUTE OF REHABILITAION AND TRAINING (NIRT) provides remedial intervention to children with special needs, especially those with learning disabilities, ADD/ADHD, Autism, Intellectual Disabilities, Hearing Impairment, Speech andlanguage, Impairments and Development Delays and multiple disablities. NIRT also provides programs for the enhancement of study skills and creative expression and training in National Institute of Open School (NIOS) Curriculum to all children with Special Need.

NIRT is providing all facilities under one roof to ID/LD/ADHD/ASD/Multiple Disabilities/ Mental Illness and CP children like Testing, Diagnosis, therapies like Occupational Therapy, Speech Therapy, Physio -Therapy, Multy Sensory Clinic, Activity for daily living, Life skills, Academics, Art & Craft, Music & Dance, Indoor & Outdoor Games, Theatre for Children, Yoga & Meditation for all, Pre vocational Training, Vocational Training, Computer literacy Program and preparing for Open School Examination(NIOS).

NIRT have a team of 24 dedicated members are working for the welfare of all these children. We organize screening camps in the communities (Durga Nagar, Ishwar Nagar, Baba, Nagar, Kolar Road, etc.)along with door to door survey to identify CWSN and mobilize them to the center through our vehicles. For these children all the services are provided Free. Throughout the year students from all the Universities and Schools keep coming and doing their internship with NIRT.

NIRT also beliefs in the welfare and rehabilitation of Children with special needs. They are born different from normal faultiest but their DEVINE POTENTIAL and STRENGTH to be channelized and, to transform them respected individual of main stream society.

MISSION

To reate a secure Inclusive Community of support, unconditional love, warmth respect to all person with different abilities and need, have access to Quality, all opportunities to reach to their maximum potential – To provide an experience of joy fulfillment and sat faction that accompanies self care, expression, confidence and community experiences.

VISION

Vision is to be an exclusive leader in the field of INCLUSION FOR ALL Connecting variety of Services to people with different abilities and needs along with their families. Our objective and goal is lifetime support and services in a very transparent manner to ALL at one place.

OUR CORE VALUES

Inclusion : We firmly believe the INCLUSION of every individual and value the DIVERSITY. Acceptance : We accept the DIVINE SOULS the way, they are. We respect and love them unconditionally. Sensitivity : We understand and value it in word and spirit. Honesty and : We firmly believe, what we preach we must practice – and work must speak Humility interms of Integrity happiness and blissful state of mind. Humility & Humanity : We are committed to deal human beings (Being Human) and Humanity Ready to Learn& Improve: "KAIZEN" is the buzz word believed by every member of TEAM NIDAAN Dedication & Devotion : Children are divine and the children of Nidaan, we call them "NADAANS OF NIDAAN" Transparency : We at Nidaan is committed to a total transparent culture, everything is KNOWN to everyone. (All stake Holders)

JOURNEY OF NIDAAN

NIDAAN started its services on 23.09.2013 with the counseling and training programmes along with the Examination Help Line Numbers for School students. The awareness and sensitization program for arents, teachers in school premises. The Diagnosis, Testing and Remedial Teaching one-to-one started from March 2016. The journey with class room and Centre based intervention started with three children in rented premises of Parijaat Complex, followed by E-1/204 is now reached to B-291(Shahpura) again in a rented building (Ground plus two upper floors) with all types of Therapies and activities. The premises is consisting of a Specious Hall (for Physiotherapy/OT/Sensory Activities).

First floor is having front office, counseling and testing, Four Cubicles for oneto-one intervention, a Hall for Prayer and Meditation, Academic Room, Speech Therapy Room, Kitchen and Two Wash Rooms.

The Second Floor is having One Music Dance Room, Library, Indoor games, Speech Therapy Room and One Rest Room, attached Wash Room in all rooms.

We have made infrastructure as per requirement of Persons with Disability. Ramp and Wheel Chair is available to reach to the Ground Floor. Today (31.03.2020) we are having around 65 persons with disabilities and 26 Therapists, Special Educators, Physiotherapists, Music & Dance Experts, Arts & Craft Teachers and Supporting Staff. 9 students are on free tuitions and therapies 12 are given fee concession based on their economic status. Centre is bringing people from various parts of the city in its Van for early intervention.

FOCUS GROUP

(CHILDREN, ADOLESCENTS & ADULT) Children with Special Needs, Adults with multiple disabilities Students not performing in their Academics Facing learning difficulties Parents (Advocacy Program) Teachers (Training Program) Community People (Mobilization, Awareness, Screening) Other NGOs (For collaboration and cooperation) Persons with Disabilities listed in RPWD-2016 Mental Health Professionals (Training online and Physical space)



OT/PT Room@NIDAAN



12.3.19 INTERNSHIP IN NIDAAN

All the school and college students of Psychology to be part of team NIDAAN through Internship...experiential learning, meeting with renowned Psychologists, visit to centre of similar nature etc..





2.4.1919

On World Autism Awareness Day Nidaan team along with mind plus team led by Ms.Noorjahan comprising of Children, Educators and parents reached to DB city Mall and did the campaign for and in favour of the children with Autism.

Nidaan team members distributed blue ribbons also to all and asked them to wear it for these kids.Overall we have informed the common mass about it.



Blue Day celebrated at Centre. Mass awareness campaign along with children, Educators and involved the parents too for this event.





REMEDIAL PROGRAM FOR SLOW LEARNERS

Capsule Course of 45 hours

May 1- May 15, 2019 15 days 3 hours daily Fees: Rs. 2500/- Multi-sensory activities, Brain Gym, Grooming classes, Music and Dance

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Head Office: C-5 Parijaat Complex Bittan Market, Bhopal,India 462016
Special School: E-1/204 Opposite Metro Plaza, Arera Colony, Bhopal
⊕ www.nidaann.com ⊠ nirtnidaan@gmail.com
9826398520; 9826934500; 0755-4252832

01.05.2019

Funpathshaalaa @ Nidaan for Nadaans remedial program slow learners

• Multi-Sensory activities Brain Gym Grooming classes , Music and Dance



6.5.1919

Body Balancing and Concentration Techniques held today 6.5.19 at NIDAAN INSTITUTE OF REHABILITATION and TRAINING Bhopal MP during the first day of the Theatre Workshop started today for 15 days.



Second day 7.5.19 of Theatre Workshop going on at NIDAAN INSTITUTE OF REHABILITATION and TRAINING Bhopal MP for children of NIDAAN Listening Power, Rhythm, body Control and Energy Giving Exercise covered today





Nidaan provided a Capsule Remedial Classes for Children with Special Educational Needs.....all facilities under one roof..... Yoga, concentration techniques, Sensory Integration, speech therapy, personality grooming classes more emphasis on oral presentation skills along with Basic Literacy and Numeracy Skills etc.

Team Nidaan is well equipped with skills and positive attitude and Nidaan Centre is also spread in thousands of square feet and equipped with latest OT and PT equipment and TLMs.

Around 20 children attended the workshop comprising of children (ID,ADHD,ASD, LD, Mental illness, etc.) have enjoyed and the product was the "NukkadNatak" on Environmental Awareness.





NIRT LEARNING DISABILITIES EDUCATION IN SCHOOL

The RTE (Right to Education) states that all schools – have to equip themselves to cater to the special needs of all diverse learners. It is a constitutional right of all children to get educated in an inclusive set up. The schools now are required to upgrade their infrastructure and their resource personnel to be able to teach effectively. NIRT aims to equip the school to cater to the needs of every individual child, with different strengths and disabilities. NIRT will provide resource personnel such as LD Special Educators, Occupational Therapists, Speech Therapists, Counselling Psychologists, Vocational Education Experts in accordance with the need.

NIRT ASSESSMENT CAMPS IN SCHOOL

- · Focus on the strengths of the child
- Battery of tests appropriate for child's needs.
- · Multiple intelligences concept inbuilt.
- Takes inputs of interests and affinities of the child
- Due weightage on feedback from core people in the child's environment
- NIRT consists of Clinical Psychologists and Special Educators who are recognised by RCI and this recognition is the criteria for acceptance of Psycho-Education assessment at CBSE and other Educational boards.

ASSESSMENT TOOLS

- Neuro Developmental Profiling
- Intelligence Test
- Achievement Test
- Learning Disability Screening
- Attention & Concentration Issues
- Learning Style
- CHILD PLAN INCLUDES
- Detailed Cognitive Profiling
- Intellectual Level
- Academic Level
- Preferred Learning Style
- Detailed Remedial Management Plan/ Accommodation/ Recommendation



क्या आप आपके बच्चे के व्यवहार तथा पढ़ाई को लेकर चिंतित हैं ?

क्या आपके बच्चे में निम्न लक्षण दिखते है!

- क्या आपका बच्चा पढाई में कमज़ोर है?
- Handwriting खराब है?
- अंगुठा चूसता है?
- ध्यान नहीं लगता हैं ?
- पढाई में उत्साह नही है?
- स्पष्ट बोल नहीं पाता है /Speech Clearity नहीं है?
- Spelling mistakes अधिक करता है?
- अक्सर ज़रूरी बातें भूल जाता है?
- पहले अच्छे मार्क्स आते थे अब नहीं हैं?
- Motor Coordination की तक्लीफ़ है?
- चीज़ें घमा देता है?
- मरने या भाग जाने की धमकी देता है?
- Alphabets गायब करता हैं?
- गुस्सा करता है?

- उम्र के मुताबिक़ बुद्धि का प्रयोग नहीं करता है?
- Maths में कमजोर है?
- अपनी बारी आने का इंतज़ार नहीं कर पाता है?
- Exam Time में बार बार बुखार आता है?
- अधिक समय से तनाव में रह रहा है?
- उदास या चिंतित रहता है?
- पढने लिखने में Slow है?
- स्वभाव चिचिडा हो गया है?
- मोबाइल, टिव्ही, गेम्स का आदि है?
- बार बार फेल होता है?
- नींद में बोलता है ?
- पढाई कर सकता है पर करता नही है?
- गलत संगत का प्रभाव है?
- बिस्तर गीला करता है?

NIDAAN NIDAAN INSTITUTE OF REHABILITATION AND TRAINING

P Head Office: C-4 & C-5 Parijaat Complex Bittan Market, Bhopal, India 462016 Special School: E-1/204 Opposite Metro Plaza, Arera Colony, Bhopal 🖾 nirtnidaan@gmail.com www.nidaann.com **\$** 9826934500 ; 9826398520 ; 0755-4252832





NIDAAN INSTITUTE OF REHABILITATION AND TRAINING

NIDAAN SEWA SAMITI Run By

Providing Services to God's Special Children with Unique Minds and Endless Potential

सभी सुविधाएं उपलब्ध

- 10 वीं और 12 वीं के लिए एनआईओएस और ओपन स्कूल की तैयारी (NIOS & Open School Preparation For 10th & 12th)
- **Psychometric Testing** उपचारात्मक कक्षाएँ (Remedial
- Classes) अधिगम अक्षमता (Learning Disability)
- ऑटिज्म (Autism)
- स्पीच थेरेपी (Speech Therapy)
- जीवन कौशल माइल्ड MR के लिए (Life Skills for Mild MR)
- योग और ध्यान (Yoga and Meditation)

- Integration)
- **Vocational Training**
- संगीत और नृत्य धेरेपी (Music & Dance Therapy)
- करियर परामर्श (Career Counselling)
- विशेष आवश्यकता चाले बच्चों के लिए रंगमंच (Theatre for Special Children)
- इंडोर और आउटडोर गेम्स (Indoor and Outdoor Games)

Team NIDAAN

- **Clinical Psychologists**
- Rehabilitation
- Psychologists
- Counselling Psychologists
- Special Educators (ASD, LD, ID)
- Educators
- Audiologist and Speech Therapists
- **Play Therapists**
- Grooming Experts
- Music Therapist Physiotherapist



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- ऑक्यूपेशनल क्षेरेपी
 - (Occupational Therapy)
 - संवेदी एकीकरण (Sensory

Congratulations Aditi

Cleared NIOS 10th Exam in first attempt



Some of our Educators Team went for a day's fun and entertainment to Cresent...16.6.19 Rejuvenation is must...Nidaan runs as usual during summer too.





20.6.19 Our little Angel Ms.Esha Nigam from Nidaan painted these so beautifully. Love and blessings Team NIDAAN





25.6.19..

Mango Day celebrated at Nidaan Institute of Rehabilitation and Training Bhopal MP on 25.6.19.students children (All enrolled students ID,ADHD,ASD, LD, Mental illness, etc.)had learnt the various kinds of Mangoes and enjoyed the mango treat.







On 2.7.19

On 2.7.19 Nidaan kids celebrated birthday of Aakansha girl child from SOS village. This year we have three girl children from Village for their Grooming and Remedial Program throughout the day. Aakansha was very happy and we all shared her happiness together.Children from Nidaan made beautiful card for her and got it signed by teachers and friends. All these three children are identified as Intellectual Disabled (ID).







10.7.19

Children enjoying a blissful life in NIDAAN...drawing, painting, colouring, birthday celebration , INCLUSIVE group...all are welcome...we are one...we are wonderful creations of God....



The second se



15.8.19

NIDAAN Institute of Rehabilitation and Training run by NIDAAN SEWA SAMITI shifted to its new premises on 15.8.19 (73rd Independence Day) at B-291 Shahpura.

All the Facilities under one roof (Occupational Therapy, Physiotherapy, Speech Therapy, Remedial programmes, Multi Sensory activities, phonics, music, dance, theatre, art and craft, yoga, aerobics, vocational training, preparing for NIOS examination, grooming), for the children of Special Needs like (ID,ADHD,ASD, LD,

Multiple Disabilities, etc.









30.8.19





5.9.19 Nadaans at Nidaan celebrated Teachers' Day at B 291शाहपुराBhopal.



11.9.19

Grand celebration of OnamSadya was celebrated in NIDAAN. Few children also joined us to share the joy and happiness.Nadaans of Nidaan performed their LUNGI DANCE along with other teams performed Kerala Folk art forms and Bharat Natyam. what a feeling of Joy when they received the thunderous applause from the audience, assembled to celebrate ONAM. Love and blessings to all our children champs.





13.9.19 गणपतिविसर्जनat NIDAAN





30.9.19

October Month is dedicated to Mental Health Awareness. More events will be added by end of the day to include all age groups.



6.10.19 Enjoy Garba by the entire team of Nidaan at Sai Temple Bhopal on 6.10.19







22.10.19

First time Nidaan was going to have an exhibition cum Sale of Diyas made by the children of Nidaan.





27.10.19 Diwali celebration at Nidaan



13.11.19

• On 13.11.19 NIDAAN SEWA SAMITI got a prominent place in City Bhaskar. It came as pleasant Surprise and also as an Encouragement forEntire Team Of Nidaan for pure and pious work towards Humanity.



NIDAAN We Care.. 14.11.19 NIDAAN INCLUSIVE SCHOOL at BHOPAL children celebrated their day on 14.11.19 at School, People's Dental College Campus with SIP institution Full on Masti, Dhamaal, laughter, giggling, smiling, cheer and joy बच्चोकेमुस्कुराहटमेंईश्वरकावासहोताहै।

16.11.19

Music and Dance is part of Nidaan Inclusive School. The beauty is one to one involvement of Educators and Therapists and the positive vibration spread through giggle, smile, laughter every where.

On 16.11.19 around 12 children and 5 Educators and therapists from Nidaan Inclusive School attended the children's day celebration at BSSS

Sports, colouring, drawing , music , dance and Dhamaal

Once again Full On Enjoyment in complete INCLUSION that's along with slum Children, children from other special school.





17.11.19

Nidaan Inclusive School's children of all age group participated in the Winter Games organised by Rotary Club mid town on 17.11.19 at TT Nagar Stadium, this is the second time our kids are part of this event.Nidaan in NEWS.

18.11.19



सपनो को पूरा करना है



निदान इंनक्लूसिव स्कूल से कक्षा 8वीं की छात्रा पूजा रावत जो मानसिक रूप से दिव्यांग है। पूजा ने बास्केटबॉल और 50 मीटर रेस में प्रथम स्थान प्राप्त करने के बाद कहा की में सपनों को जीतना चाहती हूं। मेरा सपना है की मैं नेशनल लेवल में भाग लूं।



18.11.19

Purity, Serenity, Positivity at Nidaan Zone.Vibration, fragrance of love and warmth. Everyone...Everywhere...All in one frame...Fully INCLUSION.





24.11.19

The young representatives of the Diagnostic Services Committee joined the youth programmes of the television and addressed their experiences. This program was broadcast24.11.19. The big-talented physiotherapists of the Surbhi Nidaan group are And the effectiveness that they have made is that they are more effective, but you do things that are complete and self-resonant.

30.11.19

Random Clicks at various occasions at Nidaan Inclusive School, most happening and vibrant school for all children.

All therapies like speech, occupational, Physiotherapy, multi sensory spa, academics grade level need based, music, dance, aerobics, mediation, pre vocational skills under one roof at B 291 Shahpura BHOPAL

We are team of 22 peopleavailable from 10-6 at Campus on all working days.









09.12.19

The children from Nidaan Inclusive School made the greeting cards, daily they came up with great ideas and all the ideas were unique and acceptable, no comments, all were welcomed, be it any art best known to them, teachers were also there to assist them.



19.12.19

NIDAAN INCLUSIVE SCHOOL at Bhopal

Team of 25 members taking care of around 56 children with special needs like Autism, Learning Disability, Down Syndrome, Intellectual Disability, Genetic Disorders etc. where in 16 children are given all the therapies and facilities Free Of Cost, they are from nearby community and belong to economically weaker section



25.12.19

Christmas celebration by NIDAAN Kids at centre and also they have visited NavChetna Bhopal.

They have performed a drama and enjoyed the delicious feast.



17.01.2020

CammunitySurvey By Nidaan Teamalong with Interns From BSSS College Bhopal(M.P.), nearby Community at Priyanka Nagar, Kolar Road where Gas Victims are rehabilitated. Team did the work of Survey and Screening too.





25.01.2020

Nidaan "KALANJALI" First annual Cultralprogramme of Nidaan Inclusive School are held on 25.01.2020 at SammanBhawan Bhopal (M.P.)



5.2.2020

Three students from Nidaan Inclusive School BHOPAL along with two coaches are in Delhi for a week's training camp representing MP for Power lifting game organised by Special Olympics BHARAT Sincere Gratitude to MrEheteshaamji

Team Nidaan and all well wishers wishes them a grand success





17.02.2020

Nidaan is invited for a focussed group discussion at AtalBihari Institute of Good Governance and Policy Analysis held at their office on 17.2.20 at 11.30am Various govt Officials from PWD, Social Justice, Urban Development, BMC, and selected NGOs from Bhopal and other parts were present to discuss on Policy Framework for People's with Disabilities of MP and to fecilitate the Policy's objectives.

NIRT is represted by domain expert Ms Kala Mohan , she has raised the various issues and challenges faced by ASD, LD, ID, CP and ADHD children, etc.



8.3.20

Dance move by Nidaan Inclusive School children on 8.3.20 at Regional Science Centre Bhopal









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Head Office & School Campus : B / 291, B Sector, Shahpura, Bhopal, 462016 URL: www.nidaann.com | Email: nirtnidaan@gmail.com Call: 9826934500 | 9826398520 | 0755-4252832