



PAPCP

PARENTS ASSOCIATION OF PERSONS WITH CEREBRAL PALSY & ASSOCIATED DISORDERS
(In Pursuit of Sustained Livelihood of Young Adults)

www.papcp.org

Email: papcp.org@gmail.com

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Organization Overview

PAPCP, established in 2003, is a parent-led nonprofit dedicated to supporting adults (18 years and above) with Cerebral Palsy, Autism, Down Syndrome, and associated neuromuscular developmental disorders. In FY 2025–26, we supported 36 individuals aged between 18 and 59 years, providing a safe and empathetic environment for meaningful engagement and a life with dignity. PAPCP delivers education, therapy, vocational training, and lifelong support systems to individuals across socio-economic backgrounds.

Vision

Our vision is to achieve **inclusive living**, where challenged individuals have equal opportunities and full participation in a life integrated with society, with the best chance to lead happier and better lives. Our vision also includes establishing a **Residential Centre with health care and rehabilitation facilities**.

Mission

Our mission is to provide a work-cum-activity centre for young adults with intellectual disabilities in a socially conducive and empathetic environment, where they do not feel pressured, inferior, sidelined, or challenged, and where they can work with dignity and become contributing members of their families and society.

Profile of Beneficiaries:

- Male: 24 | Female: 12 (TOTAL 36)
- BPL Card Holders: 7
- Cheshire Home Resident: 1
- Wheelchair-bound: 9
- Eldest: 59 years | Youngest: 18 years
- Average age: 35 years

Objectives:

- Improved quality of life and daily engagement for 36 adult beneficiaries with various intellectual and developmental disabilities.
- Sustained vocational activity through the Sheltered Workshop.
- Enhanced confidence, social inclusion, fine-motor skills and work-readiness among beneficiaries.
- Continued employment and care ecosystem for PAPCP's 23 staff members, including 17 women and 6 men, of whom 3 are single parents and 8 belong to BPL families.

Legal & Compliance Credentials:

- Registered under Karnataka Societies Act
- Approved under Income Tax Sections 12A and 80G
- Registered under Persons with Disabilities Act, 1995
- Member of Parivaar (National Federation of Parents' Associations)
- Registered for DARPAN and eligible for CSR contributions under MCA

Alongside regular vocational activities, PAPCP organised focused programmes that strengthened skills, confidence, social interaction, community awareness, and inclusion for adult beneficiaries. The key initiatives are summarised below.



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Summary of Regular Activities Carried Out at PAPCP

FUNCTION	Frequency
Physiotherapist – Male	Daily – Individualised attention
Physiotherapist – Female	Daily – Individualised attention
Sensory Walk / Occupational Therapy	Daily – Individualised attention
Dance Therapy	Once weekly – Group
MUSIC Therapy	Twice weekly – Group
PAINTING & Art Therapy	Twice weekly – Individual and group
SPORTS Therapy	Twice weekly – Group
Vocational Activities	Daily PAPCP has thoughtfully grouped its wards into three need-based categories: ➤ High Support ➤ Pre-Vocational ➤ Sheltered Workshop ✓ Tailored Engagement: Within each category, products and activities are designed around the abilities of the members, enabling them to participate at their own pace. ✓ Skill & Income Building: This model helps build confidence, develop work habits, and contribute to modest income-generating opportunities. ✓ Social Inclusion: Our approach creates dignified pathways for adults with disabilities while raising awareness about caregiver challenges and bridging the gap between dependence and meaningful participation.



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Meet Our Staff, Caregivers, and Volunteers

S No	Name	Designation	Associated with PAPCP from
1	KEMPAMMA	CARE GIVER -1	01-Apr-03
2	GOWRAMMA	CARE GIVER -1	01-Jun-07
3	SANDEEP	PHYSIOTHERAPIST - M	01-Aug-09
4	RANGANAYAK	MUSIC THERAPY	15-Jun-12
5	SARAVANA	REHABILITATION GUIDE -2	21-May-13
6	KANAKRATNAMMA	REHABILITATION GUIDE -1	23-Dec-17
7	SHIVAMMA	CARE GIVER -3	17-Oct-18
8	DIPAK	CARE GIVER -1	01-Jan-19
9	KALPANA	REHABILITATION GUIDE -1	10-Jan-19
10	KOMALA	REHABILITATION GUIDE -2	15-Mar-19
11	ARCHANA	REHABILITATION GUIDE -1	17-Jun-19
12	MARIA SUJATHA	REHABILITATION GUIDE -2	10-Jan-20
13	PRIYA	DANCE THERAPY	01-Jun-20
14	PRABHAKAR	ACCOUNTANT	01-Aug-21
15	KAVITHA	CARE GIVER -3	10-Nov-22
16	SANJAY MALAKAR	CARE GIVER -2	15-May-23
17	KAMAKSHI	PHYSIOTHERAPIST -F	01-Jun-23
18	PRITI	SPECIAL EDUCATOR	12-Jun-23
19	CHANDRIKA	ARTS & CRAFTS THERAPY	16-Jun-23
20	MAMATHA	COORDINATOR	17-Jul-23
21	USHA RANI	REHABILITATION GUIDE -3	13-Dec-23
22	HELEN	REHABILITATION GUIDE -3	02-Apr-24
23	JHANSI	REHABILITATION GUIDE -3	05-May-24
24	MOHITTHA	REHAB 1/SW IC	02-Dec-24
25	BASAVARAJ	SPORTS THERAPY	01-Aug-25
26	MRS GEETHA PRADEEP	VOLUNTEER	Since 2011
27	MRS B GOMATHY	VOLUNTEER	Since 2024
28	MRS SUNANDA	VOLUNTEER	Since 2015
29	MRS RANI RAJPAL	VOLUNTEER	Since 2008
30	MR M BALAKRISHNAN	VOLUNTEER	Since 2008
31	MRS CHANDA MAZUMDAR	VOLUNTEER	Since 2023
32	MRS PRIYA VINAY KUMAR	VOLUNTEER	Since 2017
33	MRS ARUNA SHANKAR	VOLUNTEER	Since 2015



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List of Governing Body (EC) Members and Office Bearers: FY 2025–2027

S No	Name	Designation	Photograph	Brief
1.	AVM KMS Pradeep VSM (Retd)	President		Decorated retired Airforce veteran Commanded SDI Bangalore Associated with PAPCP since 2014
2.	Mr. A Bhavani Shankar	Vice President		Lawyer, Businessman & Agriculturist Associated with PAPCP since 2015
3.	Mr. V Jayaraman	Secretary		Retired Airforce veteran Telecom professional Associated with PAPCP since 2024
4.	Mr. K Suresh	Treasurer		Retired Canara Bank Professional Associated with PAPCP since 2018
5.	Mrs. Priya Vinay Kumar	Asst Secretary		Associated with PAPCP since 2017
6.	Maj. Rajeev Kembhavi (Retd)	Member		Retired Army veteran PAPCP founder member
7.	Mr. M Balakrishnan	Member		Associated with PAPCP since 2005
8.	Gp Capt Vinay Kumar (Retd)	Member		Retired Airforce veteran Telecom professional Associated with PAPCP since 2017
9.	Mrs. Geetha Pradeep	Member		Trained Special Educator Associated with PAPCP since 2014



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11.	Mrs. B Gomathy	Member		Trained Special Educator Associated with PAPCP since 2024
11.	Mr.Y V N Sarma	Member		Associated with PAPCP since 2023
12.	Mrs. Sunanda	Member		Associated with PAPCP since 2016
13.	Mr. LK Vaidyanathan	Member		EX-CEO & entrepreneur Associated with PAPCP since 2009
14.	Mr. Rajib Narayan Sur	Member		Software professional Associated with PAPCP since 2022
15.	Mrs. Nagamani V	Member		Enrolled and registered advocate with the Karnataka State Bar Council (KSBC) in Bengaluru Associated with PAPCP since 2022



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1. Seminar – “Together for Tomorrow” (14 June 2025)

- **Highlights:**

- *Managing Special Needs Adults* – Dr. Shobha Ramesh
- *Fund Raising & Legal Guardianship, UDID Cards* – Mr. Rajasekaran, KPACID
- *Will and Trust for Securing Future of PWDs* – Mr. Vijay Upendra, Propseva
- *Panel Discussion on Residential Facilities* – Experts from Samarthanam, KPACID & PAPCP members

- **Impact:** The seminar equipped parents and guardians with practical guidance on long-term care, legal safeguards, financial planning, and residential options for adults with disabilities.

The complete recordings are available for everyone's benefit. https://www.youtube.com/playlist?list=PLmXJk0UisknF7Mu0gUu0zlrOjCja3R4su (PLAYLIST)	

- **Coverage:** Doordarshan Chandana (City Roundup, 28.06.2025)
<https://youtu.be/4KYS81pLG2w?si=b1mDYNJaQbFLNRPf>



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2. Annual Sports Day (11 September 2025)

• Guests of Honour

- Mr. Prahlada Rao Srinivasa Murthy: Former Karnataka first-class cricketer and noted Kannada sports broadcaster, popularly known as “Jani Murthy”.
- Dr. Mahantesh G. Kivadasannavar: Founder Managing Trustee of Samarthanam Trust for the Disabled and a leading advocate for disability inclusion.

Impact: Sports Day promoted physical well-being, confidence, teamwork, and inclusion, celebrating the abilities of PAPCP’s adult beneficiaries.



Coverage: Doordarshan Chandana 20.09.2025 | 9.30pm | (06:30 minutes to 12:50 minutes)

<https://www.youtube.com/watch?v=SPPXMfv5ylw>



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3. Annual Cultural Day (13 September 2025)

- **Guests of Honour**
 - **Mr. Praveen & Mrs. Indira Dave:** Long-standing patrons of disability rehabilitation, with Mrs. Indira Dave championing special education through SSK.
 - **Mr. Bilal Ahmed & Mrs. Nasreen Ahmed:** Co-founders of Jute Cottage and committed supporters of community welfare initiatives.
 - **Mr. Vijay Upendra:** PropSeva leader supporting social development and rehabilitation-focused initiatives.
 - **Col. Subramaniam & Mr. Sudhir B.R.:** Rotary Club leaders advancing community service and disability-sector support.
 - **Mrs. Priya:** Special educator at SSK dedicated to education, rehabilitation, and empowerment.
 - **Mr. Vijay Sharaff & Mrs. Sharaff:** Industrialists and patrons supporting social welfare and rehabilitation programmes.
 - **Sqn. Ldr. Sanjay Joshi (Retd.) & Mrs. Uttara Joshi:** Community leaders known for their philanthropic commitment to social causes.
- **Impact:** Cultural Day encouraged creativity, self-expression, confidence, and social interaction among beneficiaries.



Sutta Mutta | City Roundup | 20.09.2025 | 9.30pm | DD Chandana



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<https://www.youtube.com/watch?v=SPPXMfv5ylw>



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4. Diwali, Christmas & New Year Sale – PAPCP

- **Impact:** The festive sales promoted vocational training, income generation, and public awareness through handmade products created by beneficiaries.



Innerwheel Bengaluru visited PAPCP on 10 Oct 2025 and purchased items for their members



Mount Carmel College Bengaluru Sale on 28 Jan 2026



NASDAQ – Bengaluru Office Diwali Sale on 15 Oct 2025



Diwali Products ready for dispatch 14 Oct 2025 at PAPCP



St. Joseph's College Christmas Sale on 19 Dec 2025



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5. World Disability Day (03 December 2025)

- **Activity:** Interaction with interns from St. Joseph's College, Bengaluru
- **Impact:** The interaction deepened youth sensitisation, gave interns practical exposure to rehabilitation, and brought fresh engagement to PAPCP members.





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6. Holi Celebration – Light Music (04 March 2026)

- **Celebration:** Holi brought colour, music, joy, and inclusive cultural participation to PAPCP's adult beneficiaries.
- **Performance:** Swaraswati Orchestra, led by Bearded Narsi and Divya Raghavan, performed pro bono and created an engaging musical experience for beneficiaries, parents, and staff.
- **Support:** The programme **was facilitated by** Ms. Guna Thantri, Whole-time Director, Qlar Technology India Pvt. Ltd., and a committed CSR partner of PAPCP.





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7. College Interns in Action

- **Partner:** St. Joseph's College, Bengaluru
- **Impact:** Interns supported daily activities, strengthened PAPCP's engagement capacity, and gained meaningful exposure to disability care and rehabilitation.



COLLEGE INTERNS in ACTION
St. Joseph's College - Bengaluru



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8. Picnic – Rupi's Resort (14 March 2026)

- **Impact:** The outing offered recreation, social bonding, and community exposure beyond the centre environment.





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9. Health Camp (24 March 2026)

- **Impact:** The camp supported preventive health care through medical screening, awareness, and timely follow-up for PAPCP beneficiaries and staff.

The tests include the following:

Screenings included ESR, fasting glucose, HbA1C, rheumatoid factor, Vitamin B12, Vitamin D, urine analysis, complete blood count, iron profile, renal profile, lipid profile, liver profile, thyroid profile, ECG, and gender-specific tests such as PSA, testosterone, and CA-125.

The camp benefited 29 adult beneficiaries and 25 staff members.



HEALTH CAMP – PAPCP-24 MARCH 2026





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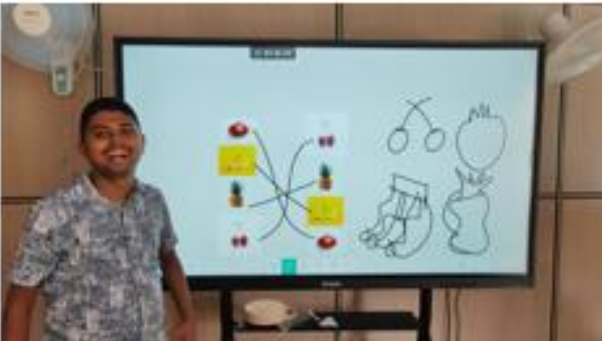
10. CSR Support

- **Canara Bank:** Supported PAPCP with a porta cabin under its CSR initiative and enabled participation in the Canara Bank Marathon.
- **Orient Express Financial Services:** Provided an interactive digital board installed in the CSR-supported cabin, giving beneficiaries a new and engaging learning experience.
- **Impact:** CSR partnerships strengthened infrastructure, expanded learning opportunities, and enhanced PAPCP's ability to serve its beneficiaries more effectively.

Porta Cabin by Canara Bank CSR



Canara Bank Marathon – PAPCP Participation



Interactive Digi Board by – Orient Express CSR



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11. Acknowledgements

Fiscal Year 2025–26 was defined by purposeful action across our educational, cultural, health, and recreational pillars. Together, these initiatives reinforced PAPCP’s commitment to advancing the rehabilitation, dignity, and empowerment of adults living with cerebral palsy and associated disorders. Strategic alliances with corporate entities, educational institutions, and peer NGOs—bolstered by increased media coverage—have significantly elevated our organizational footprint.

We remain deeply grateful to government organisations, individual supporters, and institutional CSR partners. We wish to acknowledge the foundational support of the following departments and organisations, whose commitment and contributions have been instrumental to our operational sustainability:

- **Department for the Empowerment of Differently Abled and Senior Citizens**, Government of Karnataka (Under the Ministry of Women and Child Development, led by **Hon’ble Minister Smt. Laxmi R. Hebbalkar**)
- **Ministry & Secretariat of Women and Child Development**, Government of Karnataka (Led by **Hon’ble Minister Smt. Laxmi R. Hebbalkar**)
- Mini Bal Bhavan Authorities (**Bal Bhavan Society, Karnataka** — Led by **Chairman Sri B.R. Naidu**)
- **Rotary Club** – Jeevan Bima Nagar, Indra Nagar, Bangalore
- **Inner wheel** - Bangalore
- **MediaTek**
- **QIPL**
- **Columbia Sports**
- **CLEO**
- **IPInfusion**
- **AKK (Anga Karunya Kendra)**
- **EuroMonitor**
- **Infinity Labs Limited**
- **Zoho Corporation Private Limited (India)**
- **Orient Exchange and Financial Services Private Limited**
- **Canara Bank**
- **Sobha**

Thank you for your trust and sustained partnership. We look forward to achieving even greater milestones together in the coming year.



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Jeevan Bima Nagar, Bangalore 560 075
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