



Reg. No Maharashtra/3731/Ratnagiri –F3718/Ratnagiri

# Aastha Social Foundation Ratnagiri

## Annual Report Year 2022-2023



लोकमत

वैकीच लक्षणे समजून घेतल्यास उपचार शक्य

### ‘स्वमग्न’ मुलेही जगू शकतात सर्वसामान्य मुलांसारखीच

**समस्या स्वभावगर्भात**

**भाग - १**  
**शोभा कोवडे**

लोकमत न्यूज नेटवर्क

रत्नागिरी : ० ते ६ या उद्योगदारीत स्वमग्न असलेल्या मुलांची लक्षणे वैकीच समजून घेतल्यास त्यांची निदान होऊन वैकीच उपचार होऊ शकतात. अशी मुले सामान्य मुलांसारखे आयुष्य जगू शकतात, हे जागतिक स्तरावरील सिद्ध झाले आहे. त्यामुळे अशा मुलांना समाजाच्या प्रवृत्तता येण्यासाठी वैकीच लक्षणे समजण्यास हवीत.

‘स्वमग्न’ म्हणजे ऑटिझम. १% बालकांमध्ये एक स्वमग्न बालक जन्मतः येते. मात्र ही जन्मघातमुक्त बालक मोठे होईपर्यंत स्वतःसाठी शोषणसोबत असते. त्यामुळे सामान्य बालकांसारखे दिवस असलेल्या मुलांमध्ये स्वमग्नतेची लक्षणे नाहीत न. याची खात्री करावयात हवी. अतिशय, अस्वस्थ किंवा निरवस्थी, निरर्थक हसणे, द्वार घुमणेची न

स्वमग्न मुले आपल्याच विचारां रमलेली असल्याने ती डडलण्या संपर्कात येत नाहीत, त्यामुळे त्यांच्या भाषा विकास होत नाही. आपल्याच विचारां ती रमून राहतात. त्यातून बाहेर पडण्यासाठी त्यांचा वैकीचोत्साह आणखीही जास्त असण्यास असते. स्वमग्न मुलांच्या प्रमाणातल्यानंतर महत्त्वाच्या दोन बाबत आहेत, त्या झाल्यास वैकीच या मुलांना उपचार मिळतील. ही मुले समाजाच्या मुख्य प्रवाहात येण्यास पात्रात येतात होईल.

- डॉ. साधवत शेंडे, मनोवैज्ञानिक तज्ज्ञ, रत्नागिरी

**ऑटिझम काय आहे ?**

ही मानस-व्यवहार विन शक्ति असणारी अडथळा, अधोस्तरात येत शील.

स्वमग्न मुलांची हेरादारी न करता त्यांना पालकांनी किंवा समाजात समजून घ्यायला हवे. याची सामान्य मुलांसारखी आदरपूर्वक स्वीकारणे करणे ही या मुलांमधील प्रमुख लक्षणे आहेत.

ही लक्षणे लक्षात आल्यास या मुलांना वाच उपचार, भौतिक उपचार आणि आवश्यक ती औषधोपचार मिळाल्यास ती सामान्य जीवन जगू शकतात. स्वमग्न मुले सामान्य बालकांसारखी दिसतात. त्यांची स्वरूपरचनेची तल्लक असते. त्यामुळे या मुलांना अस्वस्थता वापर करण्यासंबंधी शिकविल्यास असे मुले सामान्य मुलांसारखी जगू शकते.

बालकांसारखी दिसतात. त्यांची स्वरूपरचनेची तल्लक असते. त्यामुळे या मुलांना अस्वस्थता वापर करण्यासंबंधी शिकविल्यास असे मुले सामान्य मुलांसारखी जगू शकते.

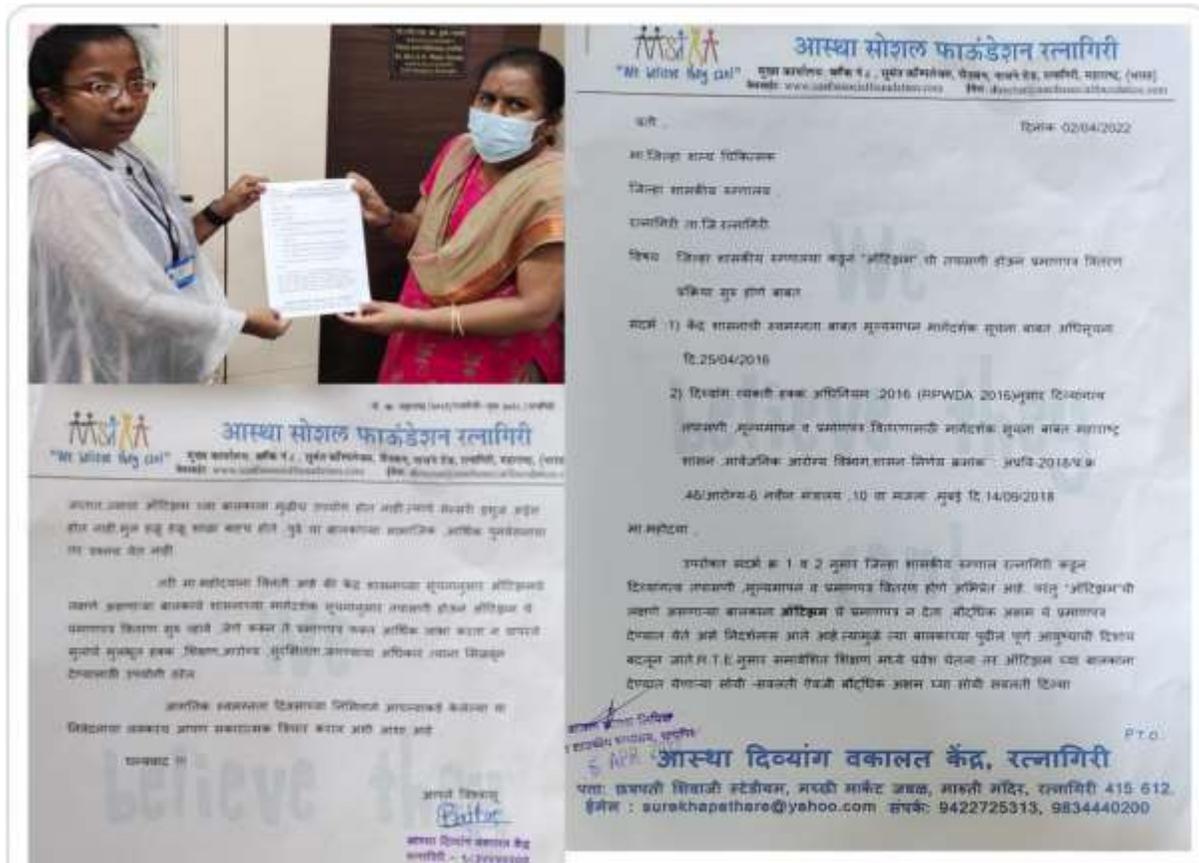
**जेव्ही नव्हतीच**

पुढी लक्षण मुलांच्या पाठगर्भातून दारूणा बाजूला त्या मुलांची पुढी जाईल, असे शोकाचे बाबलेने असे किंवा काळजातून बाजूला असा काळजातून आलाय. ही अशी शोकाची बाजूला मनोवैज्ञानिकदृष्ट्या त्याची काळ आणि पुढी पाहणे आहे ना. याची खात्री करून देत. त्यानंतर त्यांच्या वाढीनुसार भाषेसह त्यांच्यातील विविधतेचे वाच प्रकाश होऊन ना, ही ही घडविली येते महिन्यातून घडविले जात आहे. मात्र, त्यानंतर स्वमग्न मुलांसाठी आदरपूर्वक अस्वस्थतेची वेगळी विकसित झालेली नव्हती.

अनेक स्वमग्नी लक्षणी धोर संशोधकांची झालेली उदाहरणे आहेत. योग्य उपचार आणि हे वैकीच मिळाले तर ही मुले सामान्यतेतून शिकू शकतात.

2 April 2022 on the occasion of World Autism Awareness Day on behalf of Aastha Social Foundation Ratnagiri. On 1/04/2022, Aastha Therapy Center for Children with Special Needs held a "Press Conference" at 12 noon at Chhatrapati Shivaji Stadium. In this press conference, with the aim of creating awareness in the society on the occasion of World Autism Day, information about the symptoms, remedies, service facilities available in Ratnagiri district society was given through the newspaper. Journalists from print media and electronic media participated in

this press conference and all the newspapers on 2nd April in large number of news papers created awareness about autism.



On 06/04/2022, Aastha gave a appeal letter to the District civil Surgeon to start the process of distribution of 'autism' certificate in Ratnagiri District Government Hospital. Autism is also included among the 21 types of disabilities. The process of distribution of Unique Disability ID Card is done by the District Government Hospital. Children with autism symptoms are given a certificate of intellectual disability getting instead of a certificate of autism. Therefore, the direction of the whole life rehabilitation process of these special children is changed. Because the educational concessions to be given according to the disability have been mentioned in the UDID.



On 29-04-2022 Mr. Sachin Asha Subhash of Samaj Bandh Sanstha visited the Sanstha. Understand the information about the organization's work for the Dvyangjan. Samajbandh Sanstha is working on the issue of menstrual hygiene management of women. Women with disabilities and especially girls with intellectual disabilities, cerebral palsy, autism find it difficult to manage menstrual hygiene properly, This creates many problems. Their health problem worsens. Who will do their personal hygiene in this era? So sometimes the ultimate cruel and bitter decision to remove the uterus at an unwanted age is taken by the parents. Therefore, Samajbandh should prepare training modules for thees girls and women, caregivers and parents in collaboration with Aastha. Considering the different disabilities of girls and women, the problems faced by them should also be considered. After seeing the success or failure of a pilot project in Ratnagiri district, the activists of Aastha expressed the need to implement this project not only across Maharashtra but across the country.



On 18/09/2022, a camp for congenital anomalies screening and surgery in children was organized in association with Wadia Hospital Mumbai, Doctor Shrikant Shinde Foundation Mumbai, and District Government Hospital Ratnagiri. In this program, on behalf of Aastha, Surekha Pathare conveyed to the Guardian Minister Mr. Uday Samant that along with this, it is necessary to conduct camps for early diagnosis of all disabilities. Such as autism, intellectual disability, cerebral palsy, deafness etc. He also took a positive stance in this regard and promised that we will definitely see what can be done about it.



On 20/09/2022, a camp was organized at District Government Hospital Ratnagiri for obtaining Unique Disability ID Card for divyangjan of Ratnagiri. In this camp, for the disabled people who have not yet taken the Unique Disability ID Card, they were brought to the Civil Hospital on the initiative of the Gram Panchayat. These

persons with disabilities were registered by the Gram Panchayat on the Swavalamban website of the Central Government. All types of differently abled persons were screened for UDID in this camp. This camp was inaugurated by Chief Executive Officer of Zilla Parishad Shri. Ravikiran Pujar, Additional Chief Executive Officer, Shri. Yadav, Group Development Officer JP Jadhav, Doctors were present. Surekha Pathre worked on behalf of Aastha Social Foundation Ratnagiri for the smooth running of this camp.



On 26/27/28/29 September 2022, Dow Chemical sponsored and Bhagwan Mahaveer Impandikat Sahayat Samiti organized Assistive Devices Distribution Camp Aastha played a very important role. Dissemination of all information regarding this Camp to Registration of persons with disabilities. Facilitation of facilities for the divyangjan to come from home to the camp on the day of the camp. Coordinating up to real time by taking measurements. Coordinating tools up to the actual sahib tool time. Also, the workers of Aastha worked to stay in touch with the said material until the disabled person reaches home safely. Calipers, wheel chairs, CP chairs were distributed to the divyangjan intellectual disability, cerebral palsy, among other divyangjan .



In a program organized at MKV English School Ratnagiri on the occasion of World Divyangjan Day on December 3, students of the school honored Aastha as a working organization for the disabled. In this program, Shrim Surekha Pathre of Aastha, Shri. Sanket Chalke interacted with the students. In order to make the society sensitive towards

the Divyangjan, the life and problems of the Divyangjan, expectations from the society of the disabled were discussed. The children also took an oath that we will be sensitive towards the Divyangjan in the society.



In a program organized at Shamrao Page Hall Zilla Parishad Ratnagiri on the occasion of World Divyangjan Day on December 3, Aastha Social Foundation

Ratnagiri was felicitated by Hon'ble District Guardian Minister Uday Samant in the presence of all the chief officers of the district.



Social Justice and Special Assistance Department, Ratnagiri, organized a workshop on the Rights of Persons with Disabilities Act, 2016 on 04/12/2022 under Samtaparva. In this workshop, awareness was being created in the society about the various laws for the upliftment of the deprived sections of the society. Aastha Social Foundation Ratnagiri's Shreem. Surekha Pathare was present on the dais as an expert. The program was attended by district level department heads, heads of various organizations, divyangjan .



On behalf of Aastha Social Foundation Ratnagiri, on the occasion of International Women's Day, the program "Women and Disability"- A reflection was organized.

On 07/03/2023 Aastha Therapy Center for Children with Special Needs, Chhatrapati Shivaji Stadium, Maruti Mandir Ratnagiri at 11 AM on the occasion of International Women's Day organized the above program. The program reflected on the issue of women and disability. Vijaya Mestri, Sunita Golpakar, Sampada Kamble were present on the platform to raise the issues of blind women. Cerebral palsy Women Representative Sara and Samreen Karim Naik, Shri. Renuka Padyar, Shabnam Tehsildar, Shilpa Gothankar, Pallavi Panchal expressed their thoughts.

In the program, "Super Mom" who stood firmly behind her disabled children and made their lives 1. Samragji Sanjay Chalke, 2. Yogita Rajesh Padwal 3. Zarina Karim Naik, 4. Pritasha Prabhakar Ghosalkar were felicitated by Surekha Pathare, Secretary of Astha. Mr. Preeti Ratilal Patel, Manager OBC Corporation, who has done excellent work in overcoming disability, was also honored. Mothers of disabled children, women raised their questions in the press conference. Mainly there should be district level hostel for disabled girls and women, need of day-care unit for children, need of government to make special provisions for the health of disabled women, need of facilities for women according to the percentage of disability, need of mobility training for blind disabled women, job and business people. Women need travel facilities to take their disabled children to therapy, clinic, school, etc It was decided to give a written statement of this and many similar questions to the District Collector tomorrow on Women's Day. Parents Nurin Kazi, Akila Vasta, Reshma Tamboli, Mithali Nachankar, Vaishali Pawar, Kamini Gangan, Kanij Mahimkar, Rasika Zore, Samriddhi Neverekar, Amrita Lodh were present. Astha Heet Chintak Shri. Uma Dandekar, Shri. Shubhangi Atre, Shri. Samriddhi Patange worked as a volunteer in the program. All the workers of Astha under the leadership of Sanket Chalke saw the work for the success of the project.



Women and Disability, A reflection Statement of various demands of women as decided in this program On behalf of Astha Social Foundation, Shri. Surekha Pathare, Sampada Kamble, Shilpa Gothankar, and Pallavi Panchal. Given to Collector Ratnagiri.

**The following projects of the organization are being implemented in the field of divyang rehabilitation.**

1.Aastha Early Diagnosis and Early Intervention Center Ratnagiri:

Aastha Early Diagnosis and Early Intervention Center provides reading therapy, physical therapy, occupational therapy to children aged 0 to 6 years. List of divyang Children including disabilities like autism,cerebral palsy, intellectual disability who underwent therapy in the age group 0 to 06 in the year 2022-23 at Aastha Early diagnosis and Early Intervention Center.

- 1)Tejas Sanjay Neverrekar
- 2) Harsh Suraj Nachankar
- 3) Shreyansh Salil Arekar
- 4) Ammara Suhail Qazi
- 5)Rishiraj Amarrsingh Rathod
- 6) Ovi Bhikaji Orpe

- 7) Zayan Asil Mullaji 8) Arya Sushant Rewal 9) Jeet Sachin Mohite 10) Ayara Atif Hushaye 11) Chirag Vishwanath Chaugule 12) Arvi Aniket Jadha  
13) Soukhya Amol Chavan 14) Kavya Prashant Ghosale 15) Ayan Zamin Sai  
16) Other large ponds 17) Veer Kamlaji Hotkar 18) Sanskar Prashant Bhatkar  
19) Aditya Dutt Amit Talvankar 20) Shrish Satish Salvi 21) Pari Sandesh Chaudhary 22) Shifa Tausif Qazi 23) Dhiwan Mitesh Guardi 24) Pakale Shaurya Swaroop 25) Sanvi Kiran Bagway 26) Johan Mateen Jamblikar  
27) Fatima Sanam Bhombal 28) Junaid Abdulhin Zikra 29) Arham Asad Wadkar  
30) Ved Yogendra Sambare 31) Suhan Abdulmatin Qazi 32) Prabhas Prashant Potdar 33) Vedanta Prashant Phanse 34) Nirbhay Yogesh Tamhanekar  
35) Dhanvi Mangesh Khamkar 36) Shubhra Amit Katkar 37) Aryan Sumit Mulye  
38) Prince Kuldeep Wankhede 39) Manava Prakash Berde 40) Without Prakash Berde 41) Accomplish Prakash Lad 42) Pranjal Siddharth Shete  
43) Rajaratna Deepak Pawar 44) Kabir Deepak Pawar 45) Rohan Ansar Mapari 46) Jija Deepak Parkar 47) Aradhya Amit Pawar 48) Isa Farid Khot  
49) Samaira Swapneel Dabholkar

**2.Aastha Therapy Center for Children with Special Needs:** In Aastha Therapy Center for Children with Special Needs, children above 6 years of age are given speech therapy, Physiotherapy , occupational therapy. List of divyang children undergoing therapy in the age group above 06 years in the year 2022-23 is given below

- 1) Trisha Rajesh Bhujbalrao
- 2) Chhavi Mahendra Singh Meena
- 3) Tanvi Ajit Agre
- 4) Sidra Nasir Sakharkar
- 5) Armin Zakir Tamboli
- 6) Lalita Priyancip Parikh
- 7) Darshan Mangesh Mine
- 8) Yash Vikas Pawar
- 9) Sarthak Sandeep Shinde
- 10) Rehan Kader Qazi
- 11) Muktiyar Abbas Wasta
- 12) Zahid Ibrahim Majgaonkar
- 13) Nil Vishal Bhole
- 14) Alad Surekha Pathare
- 15) Ayesha Sajid Muqadam
- 16) Adiba Imran Mahimkar
- 17) Chinmoy Rajendra Mokadam
- 18) Meaningful Milind Nachankar
- 19) Vedanta Milind Nachankar
- 20) Darsheel Vinayak Page
- 21) Srinivas Rajendra Bandivadekar
- 22) Abdullah Mushtaq Manchekar
- 23) Sarthak Sachin Kambli
- 24) Viraj Deepak Chavan
- 25) Shardul Sharad Gothankar
- 26) Raj Sushant Surve
- 27) Tejas Anil Dandge
- 28) Ajay Ramesh Zore
- 29) Manish Shashikant Pawar
- 30) Devang Nagesh Desai
- 31) Khatija Nasrat Wasta
- 32) Astha Sainath Tandel
- 33) Prashant Vasant Pawar
- 34) Mohammed Asad Naikode
- 35) Aradhya Pandharinath Kilje
- 36) Prince Jaideep Kamble
- 37) Muzaffar Ibrahim Shah
- 38) OV Deepak Gangan

**4)Aastha DvyangHelpline Ratnagiri** : Following is the list of Divyangs who have obtained UDID through Aastha Divyang Helpline.2022-23

- 1) Priyanka Suresh Pawar
- 2) Ovi Bhikaji Orpe
- 3) Chirag Vishwanath Chaugule
- 4) Baby Jalala Mujawar
- 5) Ajit Dhondu Chavan
- 6) Tanvi Ajit Agre
- 7) Akshay Dhondu Chavan
- 8) Niaz Fakir Kalsekar
- 9) Pratik Ganpat Surve

- 10) Aniket Suresh Chiplunkar 11) Gaurav Prafull Pawar 12) Abdullah Mushtaq Manchekar 13) Supriya Akash Kodwilkar 14) Dilip Shankar Gudekar
- 15) Lavanya Arjuna Machivele 16) Yashodeep Dinesh Chalke 17) Sarita Shantaram Bendke 18) Ramesh Maruti Girkar 19) Sunil Baburao Londhe
- 20) Sangeeta Vasant Sawant 21) Abdul Rehman Sail Mogul 22) Habiba Sahim Tandel 23) Shardul Sharad Gothankar 24) Muzaffar Ibrahim Shah 25) Lalita Premsukh Parikh 26) Rakshada Mahesh Dalvi 27) Prashant Vasant Pawar
- 28) Halim Anas Mastan 29) Abdul Majeed Gafood Haju 30) Sharad Kashiram Desai 31) Chandrapal Chandrakant Jadhv 32) Saud Mahmoodmia Diwekar
- 33) Darsheel Vinayak Pages 34) Sharafuddin Suleman White 35) Babya Subhash Main 36) Wasik Bashir Alji 37) Alhad Pankaj Joshi 38) Shripad Balaji Jawaran 39) Tulsi Ramesh Libe 40) Pramod Mahadev Mohite 41) Mosin A Sattar Syed 42) Ayaan Jameer Sai 43) Nidhi Pramod Mohite 44) Zainab Nisar Sherkhan 45) Vishnu Mahadev Gore 46) Mira Mukund Gore 47) Suvarna Sahadeva Dhamane 48) Bhagyashree Bhargava Kamat 49) Arjun Mohan Goltakkar 50) Well done Mhaskar 51) Rohan Vinay Guruv 52) Anant Laxman Kamerkar 53) Kanchan Ramesh Surve 54) Dwija Shailesh Lodh 55) Arpita Ajit Guruv 56) Samran Mohammad Shafi Patankar 57) Arun Dattaram Khanwilkar 58) Ved Yogendra Sambare 59) OV Deepak Gangan 60) Chinmoy Rajendra Mukadam 61) Saili Sumit Bhosale 62) Laxman Krishna Bhosale 63) Nuaj Khalil Shaikh 64) Dhondu Ganpat Advilkar 65) Shahab Mehbub Pathan 66) Ashoka Mahadev Shivagan 67) Suchita Suryakant Fadtare 68) Yash Ramesh Lanjekar

69) Govind Shankar Kharat 70) Pratik Pramod Sonwadka 71) Mohammad Asad Sameer Naikode 72) Yasin Ahmed Kotwadekar 73) Ajit Purushottam Tendulkar 74) Arun De Radaye 75) Anil Tukaram Rasal 76) Karthik Vishal Palkar 77) Sagar Ashok Pawar 78) Rupali Sagar Pawar 79) Anil Sadanand Surve 80) Ruhan Ansar Mapari 81) Sushila Suresh Lohar 82) Witness Rajesh Pawar 83) Manish Shashikant Pawar 84) Uday Shekhar Salvi 85) Junaid Abdulhai Zikra 86) Dhanv i Mangesh Khamkar 87) Champa Naval Singh Bohra 88) Bharat Rambhau Lohkare 89) Shilpa Ramchandra Gothankar 90) Pallavi Prabhakar Panchal

**Niramaya Card Renewal, New Card and Medical Claimed Children List for Niramaya Arogya Bima Year 2021-22 under National Trust through Aastha Divyang Helpline with the help of other RO**

Renewal-1) Alhad Pankaj Joshi 2)Yash Vikas Pawar 3)Raj Vinod Chavan 4) Armin Zakir Tambol 5) Trisha Rajesh Bhujbalrao 6) Maria Sajid Muqadam 7) Adiba Imran Mahimkar 8)Raj Sushant Surve 9)Manish Shashikant Pawar 10)Wafa Murad Bondre 11)Rehan abdul kader kaji 12)Vedanta Milind Nachankar 13)Sarthak Milind Nachankar 14)Zahid Ibrahim Majgaonkar 15)Mallika DevduttSivalkar 16) Karan Prakash Bhosale 17) Raj Manoj Ghosalkar 18)Aditya Netaji Kamble 19)Atharva Naresh More 20) Shambavi Rishikesh Sardesai

**Enrollment for new niramya card-**01 Swarangi Ashish Bhide 02 Anuj Ravindra Kolge 03 Yash Rajendra Khatu 04 Jui Jitendra Chavan 05 Sarthak Sandeep Shinde 06 Shami Shamling Guruv 07 Sanchi Prashant Naik 08 Tejay Anil Dandge 09 Security Chandrakant Patil 10 Safa Shakir Hodekar 11 Abdullah Salim Hodekar

**List of beneficiaries who have availed Medclaim under Niramay Arogya Bima through Aastha Divyang Helpline**

1) Alhad Pankaj Joshi 2 )Adiba Imran Mahimkar 3)Trisha Rajesh Bhujbalrao  
4)Manish Shashikant Pawar 5) Vedanta Milind Nachankar 6) Sarthak Milind  
Nachankar 7) Zahid Ibrahim Majgaonkar 8) Tejay Anil Dandge 9) Payal Vilas  
Udeg 10) Armin Zakir Tamboli 11) Karan Prakash Bhosale 12) Rehan Abdul Qadar  
kaazi 13) Darshan Mangesh Main 14 )Shami Shamling Guruv 15) Anuj Ravindra  
Kolge

**5 Aastha Divyang Advocacy Center Ratnagiri :** Through this center, advocacy is done at the required level on behalf of the Divyang on various issues of the Divyang .

**6 Aastha Divyang Awareness Center Ratnagiri:** Through this department awareness is created regarding the necessary information for the Divyang according to the situation.

**7 Aastha Divyang Job, Business Guidance and Training Center Ratnagiri:** Through this department, advice, counseling and training are provided to the Divyang regarding job, business, self-employment.

**8 Aastha Divyang Assistive Device Library Ratnagiri:** Astha Divyang Assistive Device Library Ratnagiri provides assistive devices required by the Divyang at a nominal rate on rent. It benefits many poor needy Divyang persons.

**9 Aastha Divyang Art, Sports and Cultural Center Ratnagiri:** Through this department, various activities are implemented to provide opportunities and platforms for art, sports and cultural participation of the Divyang. In this, for the first time in the history of Ratnagiri, the Ratnagiri District Blind &Deaf and Mute Cricket Team has been formed.

**Thank you...**